

Portland Potlatch

SEPTEMBER 2016

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Portland Area Office Closures

Labor Day, Monday, Sept 5th

AND

All Treaty Day, Thursday, Sept 9th

Siletz Run to the Rogue 2016

Remembering Our Ancestors, Sept. 9th, 10th, & 11th

Join the Confederated Tribes of Siletz Indians on the 20th annual relay run from Siletz, Oregon to the Rogue River in Southwestern Oregon. This journey is in memory of our ancestors that were forcibly removed from their homeland and relocated to the Siletz Reservation. This year's run will start on the morning of Friday, Sept. 11th at Government Hill in Siletz. For more information and participant applications, contact Buddy Lane at 1(800) 922-1399 X1230 or Buddyl@ctsi.nsn.us.

Need to Call Contract Health?

If you have questions about your eligibility for Siletz, Contract Health Services (CHS), please call your assigned CHS technician at (800) 628-5720. Your worker is assigned to you by your last name. Please refer to the list below to determine who you need to speak with when contacting contract health.

Trish Carey A-G X1651
Misty Hammet H-O X1329
Joella Strong M-Z X1649

Important Dates

- Fri., Sat., Sun., 9/9—9/11, Run to the Rogue
- Fri., 9/16, Regular Council—8 AM
- Sat., 9/17, Elders Council—I PM

Community News

Portland Area Office Beading Group

You are invited to join us for an informal gathering, to bead, learn and visit: Generally, each participant self supplies their own beading materials.

Wed., Sept. 14th, 2016
10:00 AM—2:00 PM

For more information, Please call Sherry Addis.

Elder's Shopping Day



The next elders shopping day is:

Sept. 8th & 20th at 10 AM

To reserve your spot on the bus for the next shopping day, please call your Elders program Area Representative, Kay Steele at: (503)760-4746

Fort Hoskins, Offers History on Passage to Siletz



In 1856 the U.S. army established Fort Hoskins with the goal to protect and monitor safe passage for bands of native tribes that would later become the new Siletz Indian reservation. The fort is located in Hoskins, Oregon near Kings Valley and Corvallis.

This Park includes a fully covered picnic area that is ideal for Siletz families and their events, mainly due to the ties it holds for the Siletz people, including

displays featuring prominent Siletz tribal ancestors (Hoxie Simmons, Thomas Jackson, Mollie Carmichael and her mother Yanna), who had passed thru or had lived on this land many years ago, which was especially true for Hoxie Simmons who was an ancestor born in Kings valley in 1872 and had spent time on this land.



Remnants of the fort still remain even 150 years later. And serves as a reminder of one of many pieces of history for the Siletz people.



Thank You for Your Service!

We would like to take this opportunity to say thank you and best wishes to one of our treasured co-workers; Patti McKinney! Patti worked for the Siletz

tribe for over four years as our Tobacco Prevention Education Program (TPEP), Coordinator. Her last year and a half of service was spent working at PAO. Patti has been a hard working, highly regarded employee and individual who contributed much to the area office, and as a member of the team. We will miss her kind spirit and wish her well in her new endeavors!

Pow-Wows and Events

The Neerchokikoo Honoring Pow-wow



Sept. 10th at 11:00 AM
NAYA 5135 NE Columbia Blvd.
Portland, OR 97218

Join us at NAYA to honor members of the community for their contribution to the important work of enhancing the lives of youth, families and Elders. Come together to celebrate Native culture and tradition.

“Dancing in the Square” Pow-Wow

Fri., Sept. 23rd, 12 PM—7 PM



**Northwest Portland Area
Indian Health Board**
Indian Leadership for Indian Health

The NW Portland Area Indian Health Board (NPAIHB) and other local

Indian organizations will be hosting an “American Indian Day Celebration” at the Pioneer Courthouse Square in downtown Portland. The event will celebrate American Indian cultures and raise awareness of the challenges that American Indian people face in this Country. This Pow-Wow is free and open to the public. Grand entry is 3:00 PM. For more information, call (503) 416-3269 or visit:

<http://www.npaihb.org>

4th Annual Jim Pepper Native Arts Festival Sept. 24th—11 AM—7 PM

Founded in 2013, this festival honors the memory of Jim Pepper, a contemporary Native American jazz musician raised in Portland who was an innovator in jazz-rock fusion as well as world music. The lineup features his collaborators from far and near. The 4th annual Jim Pepper Native Arts Festival will take place on Saturday, September 24 at Parkrose High School, from 11:00 a.m. to 7:00 PM. See more at:

www.jimpepperfest.net

PAO Summer Picnic-Potluck 2016

Every year Portland Area Office staff, tribal members, their families, and community members gather together to reconnect before the new school year begins.

This year the CTSI-PAO Picnic was held on August 24th at Mt. Scott Community Park in the heart of SE Portland. The weather provided a perfect setting of the varied activities, including native crafts for adults and youth, bingo, dessert contest, and a wonderful barbeque/picnic.

We want to thank everyone who came, tribal members, visiting guests and especially our volunteers, staff who diligently worked before, during and after the picnic to ensure another successful event. We would like especially thank, Angela Ramirez from Enrollment for attending and making tribal IDs for those who needed them, Fish Martinez for commencing our picnic with a drum song, and Kim Lane from the Siletz CARE program, attending and sharing resources about the program and helping out with the picnic.

We hope you will enjoy the following pictorial reminder of this year's event.



Healthy Traditions (HT)

September Cooking Class

Food mixes in a jar—learn how to make food mixes for later use or gifting

**September 6th at 10 AM
Portland Area Office**



You will enjoy learning how to prepare, preserve and serve healthy and tasty foods for yourself and your families.

To ensure adequate supplies are available, class sizes are limited. Please call as soon as possible to reserve your spot in class.

2016 Parke Diem

A Citywide Work Party in Portland Parks

PAO-HT encourages all tribal members and their families to support their local parks October 14th and 15th.

The Portland Parks system has been a strong partner with the Portland metro community and provides us one of our Siletz tribal community gardens, free! You can sign up and volunteer at:

www.parkediem.org

Most Often Requested Numbers

Confederated Tribes of Siletz Indians	(800) 922-1399	Siletz Behavior Health	(800) 600-5599
Salem Are Office	(503) 390-9494	Chinook Winds Casino Resort	(888) 244-6665
Eugene Area Office	(541) 484-4234	Chemawa Health Clinic	(800) 452-7823
Contract Health Services	(800) 628-5720	Grand Ronde Health & Wellness Center	(800) 775-0095
Siletz Community Health Clinic	(800) 648-0449	Bureau of Indian Affairs	(800) 323-8517

Community Health



Diabetes Support Group

Our September Diabetes Support Group will be providing healthy salads, fruits and veggies. All tribal members are welcome.

Wed., Sept. 28th 2016
Noon to 2:00 PM

Contract Health Update

Remember to update your contract health services form each year! Call the Portland Area office and we can send you the form. You are always welcome to come in to complete it. Especially if you have moved, have a new phone number or even a new primary care doctor, please update your information.

Exercise Program

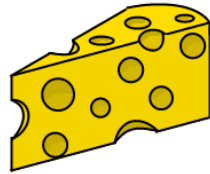
Diabetes Fitness Memberships slots are still available

With our updated Diabetes Grant the PAO has additional Fitness Membership slots available to tribal members with Diabetes or at risk for Diabetes. Call Verdene for an appointment to fill out the application and apply for a slot on a first come first serve basis, (503)-238-1512

Cheese: The Super Food for Your Teeth

We all know that cheese has dietary value. It

has many essential nutrients including high quality proteins, calcium, phosphorous, zinc, vitamin A, riboflavin and vitamin B12. Cheese can also help prevent Osteoporosis and can strengthen bones and tissue. Cheese also contains Conjugated Linoleic Acid and Sphingolipids, substances that can help prevent cancer.



It sounds like cheese is a miracle food, doesn't it? Well, now there is another reason to eat cheese a snack. Did you know that cheese just might help prevent tooth decay?

According to a recent study in General Dentistry, a peer-reviewed journal, eating hard cheeses can help fight cavities by increasing the pH level in your mouth. So next time you find yourself in the dairy aisle, consider the benefits to your teeth as you make each selection.

September is "America on the Move" month!



Run to the Rogue Exercise Challenge 2016, concluded on September 1st, just in time for run to the rogue (see page 1).

Participating in run to the rogue will put to good use, the habits and developed by our exercise challenge. Additionally, many past participants of run to the rogue have felt a stronger re-connection to our ancestors and the spirit of our culture. We want to see our tribal members thrive!

Siletz Tribal Head Start Enrolling Now!

Siletz Tribal Head Start is in the process of accepting new applications for the 2016-2017 school year. We have Head Start Centers in Portland, Siletz, Lincoln City and Salem.

If you or someone you know has a child who will be 3-4 years old by September 1, 2016, application are available at your local Siletz Area Office, or by calling: (541) 444-8376 or 1 (800) 922-1399. Send in your application as soon as possible. See page 15 for a copy of the application.

Tobacco Prevention

Secondhand Smoke is toxic

Cancer Causing Chemicals
All are extremely toxic

- Formaldehyde (Used to embalm dead bodies)
- Chromium (Used to make steel)
- Benzo(a)pyrene (Found in cigarette tar)
- Polonium-210 (Radioactive and very toxic)
- Lead (Once used in paint)
- Vinyl Chloride (Used to make pipes)
- Cadmium (Used in making batteries)
- Carbon Monoxide (Found in car exhaust)
- Hydrogen Cyanide (Used in chemical weapons)
- Butane (Used in lighter fuel)
- Ammonia (Used in household cleaners)
- Toluene (Found in paint thinners)

Toxic Metals
Can cause cancer
Can cause death
Can damage the brain and kidneys

Poison Gases
Can cause death
Can affect heart and respiratory functions
Can burn your throat, lungs, and eyes
Can cause unconsciousness

Secondhand smoke has more than 4,000 chemicals.

Many of these chemicals are toxic and cause cancer.

You breathe in these chemicals when you are around someone who is smoking.

Secondhand smoke
It hurts you. It doesn't take much. It doesn't take long.

September 2016 Planting Guide

Whether you're a seasoned gardener or a first timer, September can still be a good opportunity for fall planting and winter cover crop. The list below is referenced from Portland Nursery's planting guide. The list is broken down by vegetables that may be directly sewn outdoors or planting pre-grown starts outdoors.

Seed Outdoors:

* Indicates
Cover Crops:
Arugula*
Asian greens*
Beets
Cabbage (for spring)
Endive
Fava beans*
Garlic (cloves)*
Lettuce*
Kale
Onions (sets)*

Radish*
Salad greens*
Shallots (bulb)*

Plant Starts

Kale
Lettuce
Salad greens
Sorrel

Behavioral Health — Alcohol & Drug Program

Philosophy:

The Siletz Tribal Alcohol and Drug Program views alcoholism, chemical dependency, and other addictions as a progressive illnesses. When left untreated they can cause emotional, mental, physical, and spiritual problems for the person, family, and community. Addictions are treatable and staff is personally dedicated to providing culturally relevant treatment services.

Services Include:

- Evaluation/Assessment
- Referral to appropriate resources
- Alcohol/other drug education
- Cultural/traditional Individual, group, or family counseling

- Adolescent treatment
- Women's specific treatment
- Intervention
- Recreational therapy
- Urinalysis/saliva testing
- DUII rehabilitation services

Andulia's New Schedule:

Salem—Mon. thru Weds. 8 AM—4:30 PM

Portland—Thurs. & Fri. 8 AM — 4:30 PM

When Andulia is unavailable, Counselors from other area offices (Salem, Siletz, or Eugene) can assist.

**Recognize
Acknowledge
Forgive**

If you or someone you know needs substance abuse treatment, recovery is possible. For drug and alcohol information and treatment referral call Andulia WhiteElk

**Help is
Available &
Confidential**

Athabaskan Language

Nuu-wee-ya'
(Our Words)



**Portland Area Office
Monday, Sept. 19th
6:00 – 8:00 PM**

These classes begin with basic instruction and progress over the year. They are also a refresher course for more advanced students. Come and join other members of your community and tribe in learning to speak one of our ancient languages.

Any tribal members who need assistance with cultural projects, please bring them prior to class if possible.

We also have equipment in the Cultural Department available for use in grinding and drilling shell or pine nuts or other applications. If you need to use the equipment, call the number below to set up an appointment. For more information, please contact Bud Lane.

Many Athabaskan language lesson are available to tribal members, in print and audio, online:

www.ctsi.nsn.us

Body Parts

Head	Si's
Hair	Si'
Forehead	Nin'-k'vt
Face	Nin'
Eye	Naa-ghe'
Eyelid	Bee-le'
Nose	Mi~sr
Cheeks	Nii-pash
Throat	K'wvs-tr'e'
Neck	K'wvs
Chest	Sri'
Arms	K'waa-ne'
Hand	La'
Fingers	La'sak-'e
Fingernail	La'sak-'e or K'wvn-yu
Belly	Met
Buttocks	t'a'
Leg	Ts'ee-ne'

The language samples are provided for your use online. To confirm proper pronunciation go to the Siletz Talking Dictionary at:

www.siletzlanguage.org

September 2016

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
				1	2	3
4	5 Labor Day All CTSI Office's Closed	6 H.T. Cooking Class 10 AM	7	8 Elders Shopping Day 10 AM SSP Meeting 4 PM	9 All Treaty Day All CTSI Office's Closed Run to the Rogue September 9th—11th	10
11 Run to the Rogue	12	13	14 Beading Group 10 AM—2 PM	15	16 Regular Council 8AM	17
18	19 Athabaskan Language Class 6 PM—8 PM	20 Elders Shopping Day 10 AM	21	22 Education Bowling Trip 6:30 PM	23	24
25 Elders Council 1 PM	26	27	28 Diabetic Lunch 12 PM—2 PM	29	30	

2016-17 Siletz Tribal Head Start Enrollment Application

CHILD'S NAME _____ Social Security # _____ - _____ - _____

Child's Sex: M F 3. Child's Date of Birth: ____/____/____ AGE NOW

Returning Student: Yes No. Does child have any condition which may be considered a disability or special need? Y/ N Explain:

Is child descendent/member of a federally recognized Indian Tribe? Y/ N Roll # _____ Tribe _____ (Please attach verification).

Are You Homeless? Y/ N Homeless children means individuals who lack a fixed, regular, and adequate nighttime residence; For Example, are living in motels, hotels, trailer parks, or camping grounds due to the lack of alternative adequate accommodations, or are awaiting foster care placement.)

PARENT/GUARDIAN NAME(S):

1. _____ DOB ____/____/____

2. _____ DOB ____/____/____

Street Address: _____ City: _____

Zip Code: _____

Mailing Address: _____

City: _____ Zip Code: _____

Telephone #'s: Home:() Work:()

Bus Pick-up and drop-off address if different from above: _____

A preference for enrollment can be given to families which face any of the following conditions: single parent household, parents separated or divorced, child is a victim of abuse or neglect or child suffers a non-handicapping medical condition, foster child, sibling who attended the program. If your family meets any criteria and you want to claim that preference, please list the qualifying condition(s) here:

LIST ALL OTHER HOUSEHOLD MEMBERS BY NAME and DATE Of Birth :

Total # Household members _____

Please add additional families members to the back of this application

1. _____ 2. _____

3. _____ 4. _____

FINANCIAL STATEMENT (You Must attach verification of these benefits.) Check all that apply:

____ Employed ____ Unemployment—General Assistance—Child Support—TANF - Veteran's Benefits—Social Security—Disability—College Grants/Scholarships—Other, explain

TOTAL GROSS MONTHLY INCOME

\$ _____ (YOU MUST attach verification)

With my signature I certify that the above information is complete and accurate:

Signature: _____ Date: _____

Siletz Tribal Head Start is an equal opportunity program and open to all children regardless of race, color, age, sex, handicap, or national origin. Any person who believes she/he has been discriminated against should write to the Secretary of Agriculture, Washington, DC, 20250.

477 Self-Sufficiency Program

SSP Monthly Meetings

The 477 Self Sufficiency Program's (SSP) new mandatory monthly group meeting for all SSP clients.

The Purpose:

These mandatory monthly meetings will allow clients to talk and share what is happening on their journey to self sufficiency. This will support clients in knowing that they are not alone and they have the same issue, concerns, questions and struggles as others. This will empower clients to talk with each other and come up with solutions together.

The format:

The meetings will be self directed by participants with prompting and facilitation from staff when necessary. Topics will be open to work, school, goals, family, resources, etc. We will also facilitate quarterly workshops

The meetings will be no longer than 2 hours. Snacks or meals may be provided (if applicable).

These meetings will be held on the 2nd Thursday of every month at 4 PM.

The list below indicates all remaining 2016 meetings:

- September 8th
- October 13th
- November 10th
- December 8th

Mission Statement:

To assist eligible clients in attaining self-

sufficiency. The 477 Self Sufficiency Program will serve the following groups as they work towards this goal: Siletz needy families, Native American, Alaskan Native, Native Hawaiian.

Program components include: cash grant services, emergency utility assistance, job training, job retention services and other supportive services which are subject to budget cycle availability.

The Program Manual lists all available components in detail and the requirements of each which is also available at the CTSI website:

www.ctsi.nsn.us

Contact a Tribal Services Specialist for more information about current components that are available.

Your Success is Important to Us

If you have questions or to apply, please call the Portland Area Office (503) 238-1512 and speak with Anna Renville X1412, or Tamra Russell X1411.

Parking at the Portland Area Office (PAO)

When visiting the Portland Area Office, please note that Blue parking spaces are for siletz tribal members, staff and visitors. Overflow parking is available on SE 128th Ave.

Education and Youth Update

Youth Night Bowling & Pizza



Please join us for an evening of bowling.
Thursday, September 22nd at 6:30 PM, AMF PRO 3400 Lanes 303 SE Powell Blvd

To sign up, please call Katy, so we know how many people will be attending (503) 238-1512.

Education Programs for Native American Students

Portland Public School Indian Education Program:

Title VII Indian Education serves as the bridge between families and the district, by providing a rich array of programs and services for students, teachers and parents curriculum and instruction that support District staff.

We support Native parent/family involvement by promoting parent empowerment and advocacy to ensure fair and equitable access to educational services throughout the Portland Public Schools. The Indian Education Project office is located at: Jefferson High School, 5210 N. Kirby, Portland, OR 97217.

For information you can call (503) 916-6499.

Native American Youth and Family Service

Founded by the community, for the community, NAYA is a family of numerous tribes and voices who are rooted in sustaining tradition and building cultural wealth. We provide culturally-specific programs and services that guide our people in the direction of personal success and balance through cultural empowerment. Our continuum of lifetime services create a wraparound, holistic healthy environment that is youth centered, family driven, elder guided. For Information about their programs you can go online to:

www.nayapdx.org

Beaverton Indian Education Program:

For information about Beaverton's Title VII program you can contact Louise Wilmes at (503)356-4627 or email Louise at:

louise_wilmes@beaverton.k12.or.us.

Siletz, Johnson O'Malley Program (JOM)

The Siletz Johnson O'Malley Program is a federally funded program whose mission is to address the needs of Native American students, both educationally, culturally and to be advocate for our all our Native youth. The JOM Program can help provide financial assistance for enrichment programs, sports, regalia and youth activi-

ties. To be eligible students must be between the ages of 3 and 19, attending a public school, and be either enrolled in a federally recognized Tribe or show they are one quarter blood quantum. If you would like to obtain services through the JOM program you can fill out a JOM application and turn this into Katy at the Portland area office. Applications can be found online at:

www.ctsi.nsn.us:

go to Tribal services, youth and print out the JOM/Supplemental application and request form).

College Preparedness: In High school



If you are entering high school this year there may be ways in which you can start preparing for college now. Start by checking out your school to see if they offer an "ASPIRE" program, attend college bound workshops and meetings and let your school counselor know you are interested in pursuing pathways to college. Find out more about what you love doing by volunteering and being involved volunteer activities that are helping other. By your Junior and Senior year hopefully you have scheduled your SAT or ACT tests. Visit web sites like

www.aspire.com

to get ideas how you may involve yourself to be prepared to not just go to college but to have it paid for through scholarships. Find out about taking the pre-SAT tests.

SAT Tests for High School Students



The SAT is a standardized assessment of students' critical reading, mathematical reasoning and writing skills. Nearly every university in the U.S. uses the test as a common scale for evaluating a students' college readiness. Taking the SAT is an important step in the college process. Fee waivers are available to low income 11th and 12th graders.

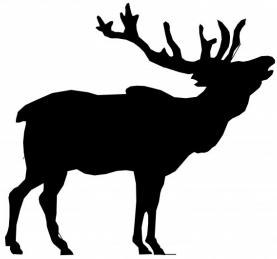
Students will need to register almost a month before the test. For example: The test is given on the 1st of each month. There are seven opportunities to take the test during the school year, waiver are available. For information or to register visit:

www.collegeboard.com

And also talk with your high school advisor.

Natural Resources

2016 Elk Tag Drawing Info



The annual drawing for the Tribe's elk rifle tags will be held on Monday, October 3rd at 5:00 pm in the Tribal Council chambers. Applications will be available starting on September 6th and are **due September 23rd** in the Natural Resources office. Applications can be picked up at the Natural Resources office, downloaded from the Tribe's website (Tribal Services/Other Departments/Natural Resources), or they can be mailed to you by calling the Natural Resources office. Each person must fill out, sign and turn in their own application. This year we have 25 tags each for the first and second season bull hunts and only 9 tags for the various cow hunts. If you have any questions, call Natural Resources Manager Mike Kennedy at 541-444-8232 or 1-800-922-1399 ext. 1232.

Cut Wood For The Elders Day

The Tribal Natural Resources Committee and Natural Resources Department will sponsor the last "Cut Wood For The Elders Day" of the year on **Saturday, September 17th**. The woodcut will be held on

the Tribe's Logsden Road Property between the Tribal Food Distribution Warehouse and the Tribal Vehicle Storage Yard in Siletz. We need lots of volunteers to help cut, split and deliver firewood for Tribal elders. Bring your chainsaws, hydraulic wood splitters, splitting mauls, axes, and lots of energy. Even if you don't have any of those we can use the moral support! Lunch, drinks, and snacks will be provided. We will start at **8:00 AM** and go until mid-afternoon.

The goal of this event will be to deliver firewood to as many elders as possible. The Elders' Program maintains a list of elders that burn wood for their winter heat. People willing to haul firewood to elders outside of the Siletz area, please contact the Elders Program Clerk at 1-800-922-1399 ext. 1261 or 541-444-8261 to be paired up with an elder in need. We especially need folks who can haul wood to the Eugene, Salem, and Portland areas. Elders in need of firewood should also contact the Elders Program Clerk to get their name on the delivery list.

If you have parents or grandparents that burn wood in the winter to stay warm, you need to help out at this event! Come help replenish those wood piles for the coming winter. **This is the last woodcut of the year!**



Portland's 3rd Annual Salmon Celebration



This Year's celebration will be held at Westmoreland Park, and is coming up on October 2nd from 11 AM to 4 PM.

The Crystal Springs Partnership, Portland Parks & Recreation (PP&R), Portland Bureau of Environmental Services (BES), as well as non-profit and business partners invite all to a free, public celebration of Crystal Springs Creek. We will celebrate the creek and the restoration that has helped bring wild salmon back to the city.

The Salmon Celebration coincides with the Sellwood-Milwaukie Sunday Parkways bike ride presented by Kaiser Permanente. Similar to last year's ride, the route takes us to Westmoreland Park where the Salmon Celebration is held. New for this year, Sunday Parkways takes riders to the City of Milwaukie. Details of the Sunday Parkways ride are here:

www.portlandoregon.gov/transportation/67625

The Salmon Celebration will include a Native American blessing and drumming, a traditional salmon bake (with samples!), storytelling for all ages, fun and educational inter-cultural activities, and ways to get involved in this special, urban watershed. The event will be free and open to all. Details of the Salmon Celebration on

the Crystal Springs Partnership website are here:

www.crystalspringspdx.org/index.html

Details on Facebook are here:

www.facebook.com/events/1578057335821319/

As co-chair of the Crystal Springs Partnership, I am proud to help pull the community together for this event. In 2014 we featured the re-opening of Westmoreland Park, including the restoration of Crystal Springs Creek and construction of the wildly-popular Nature Play area. In 2015 we continued to celebrate the creek and its habitat for wildlife and people in the rejuvenated Westmoreland Park, and welcomed the constant stream of cyclists of Sunday Parkways enjoying the neighborhoods and parks of Southeast Portland.

This year, we continue to celebrate the restoration of the creek and the importance of this area to many cultures. With the new Bybee and Glenwood bridges in view from Westmoreland Park, we appreciate the investment in natural areas in the city. And, in a route not exactly as a fish would swim, the Sunday Parkway ride takes bikers to Milwaukie, to where Johnson Creek meets the Willamette River – a place familiar to fish on their annual migration to Crystal Springs Creek.

We hope to see you on October 2nd, and at future Salmon Celebrations!

Karl Lee, for the Crystal Springs Partnership

Published by the
**Confederated Tribes of
 Siletz Indians of Oregon
 Portland Area Office**

Portland Area Office
 12790 SE Stark St., Suite 102
 Portland, OR 97230

Phone: (503) 238-1512
Fax: (503)238-2436

Hours:
 Mon—Friday
 8:00 AM—4:30 PM

www.ctis.nsn.us



BEAR SV-GVS



Are You In the Loop?

The Portland Area Office now uses an auto-dialer system to contact tribal members about upcoming events and urgent notices (Salmon Distribution). If you are a head of household, and have not been notified by our system, you may need to update your phone number with the tribal Enrollment department. Even if you have updated your address recently, you may not have updated your phone, which is just as important, as the Siletz tribes also utilizes phone communication frequently.

Is Your Newsletter Coming to the Right Address?

We frequently receive new mailing address lists from Enrollment. If you have not updated your new address with enrollment your newsletter could be misdirected. If you or someone you know is not currently receiving their newsletter (we send one per household), please contact Enrollment: (800) 922-1399, X1258 to update your mailing address.

How to Get Your Newsletter Faster and In Color?

All Area Office newsletters are now posted for immediate downloading at our tribal website:

www.ctsi.nsn.us

Any tribal member who would like to be notified when the new issues is posted may contact Andrew Johanson, PAO clerk to be added to the notification email. Then you can download and print a color version with a few clicks of your computer keyboard.



Portland Area Office Staff:

Name/ Title	Contact Information
Sherry Addis Area Office Supervisor	(503) 238-1512, X1419 sherrya@ctsi.nsn.us
Katy Holland Education Specialist	(503) 238-1512, X1418 katyh@ctsi.nsn.us
Andrew Johanson Area Office Clerk	(503) 238-1512, X1400 andrewj@ctsi.nsn.us
Verdene McGuire Comm. Health Advocate	(503) 238-1512, X1413 verdenem@ctsi.nsn.us
Anna Renville Tribal Service Specialist	(503) 238-1512, X1412 annar@ctsi.nsn.us
Tamra Russell Tribal Service Specialist	(503) 238-1512, X1411 tamrar@ctsi.nsn.us

Other CTSI Numbers:

Name/ Program	Number	Name/ Program	Number
Angie Butler Voc. Rehabilitation	503-390-9494 X1872	Bud Lane Cultural Program	800-922-1399 X1320
Casey Godwin LIHEAP Coordinator	(800)-922-1399 X 1311	K.C. Short DPA/ IDA Housing	800-922-1399 X1316
Mike Kennedy Natural Resources	800-922-1399 X1232	Cecelia DeAnda Elders Program	800-922-1399 X1261
Andulia WhiteElk SAO Addictions Coun-	(503) 238-1512 X 1414		

