

Address: 2468 West 11<sup>th</sup> Avenue Eugene OR 97402  
Telephone: 541-484-4234 Fax: 541-484-4583

The Confederated Tribes of Siletz Indians

## The Eugene Area Office Newsletter

August 2018

Office hours: Monday through Friday, 8:00 - 4:30

OPEN THROUGH LUNCH HOUR

Nuu-wee-ya'

(Our Words)

Introduction into the Athabaskan Language

Open to all Tribal Members of all ages

Location, Dates, times:

Siletz CC	August	No Classes
Eugene A/O	August	No Classes
Portland A/O	August	No Classes
Salem A/O	August	No Classes

These classes will begin with basic instruction and will progress over the year. It will also be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our Ancient Languages. For more information call:

Bud Lane at the Siletz Cultural Department

(541) 444-8320 or 800-922-1399 ext. 1320; or email [budl@ctsi.nsn.us](mailto:budl@ctsi.nsn.us)



**We are here to help you with your concerns and answer your questions.**

**However:**

Persons under the influence of drugs or alcohol are not permitted on CTSI property or at Tribally sponsored activities.

Physical or verbal abuse, harassment, the use of foul language or intimidation will not be tolerated. Threatening phone calls are reported immediately to supervisors and to the police.

Anyone choosing to exhibit any of the above behaviors may be refused services and, when warranted, will be asked to leave premises.

**Thank you for your cooperation...**

**Tribal Administration**

Tribal children are in need  
Of foster parents for:  
Permanent care,  
Temporary foster care,  
OR Short-term emergency care.

Contact:

Debra Brown  
Foster Family Coordinator  
CTSI – Siletz Indian Child Welfare  
541-444-8336  
[debrab@ctsi.nsn.us](mailto:debrab@ctsi.nsn.us)

### EAO Mini Library



**Available: Native Books to checkout  
Come by and check out a book to read**

#### Returnable Bottle Deposit

Are you tired of having to stand and put your bottle and cans into a machine!

You can donate your bottles and cans to the Siletz Youth Tribal Council at the EAO

Contact Nick or Nora @ 541-484-4234

**!!MAIL ORDER SERVICE AVAILABLE!!  
WE CAN NOW PROVIDE MAIL ORDER  
SERVICE TO**

**ALL SILETZ TRIBAL MEMBERS:  
LIVING WITHIN THE 11 COUNTY SERVICE  
AREA**

Please note that this service is **not eligible** for the “Auto-Fill” program. ALL “Auto-Fill” prescriptions must be picked up at the pharmacy. THANK YOU PHARMACY STAFF

#### **COME MEET WITH DIABETES PROGRAM DIRECTOR**

If you have diabetes or pre-diabetic, and would like to meet with Chris Sherrod, you can call him and set up a time for you to meet with him. You can contact Chris by calling:

541-484-4234 x1647

## EMERGENCY HOUSING ASSISTANCE FUNDING FOR 2018

Entire application must be complete before assistance can be provided. Assistance cannot exceed \$1,500.00 and participants may only access this program once every 3 (three) years. This program serves CTSI tribal members looking to avoid foreclosure, facing eviction and those that are homeless, anywhere in the United States of America. There is no waiting list for this program. Funds will be available once funds are received each fiscal year and will be offered based on a first-come, first-served basis. When funding has been exhausted, applications will no longer be accepted. Applications are available through the Siletz Tribal Housing Department, the CTSI website and all area offices

**2018**

### Low-Income Energy Assistance Program (LIHEAP)

**~OPEN~**

***Crisis/ Regular heating  
For All Siletz Tribal Households***

**Please contact Nora Williams-Wood for more  
information or to make an appointment:**

**541-484-4234 or 1-800-922-1399 Ext 1750**

**Notary Public (Free Service)**

**Call to set up an appointment**

**Contact: Nora Williams-Wood**

**Siletz/Eugene AO**

**541-484-4234 or 1-800-922-1399 Ext. 1750**

**Please make sure document is completely  
filled out, except for your signature and  
what Notary fills out. Current ID required**

Chinook Winds Casino Resort

Sign up for an electronic

newsletter: [www.chinookwindscasino.com](http://www.chinookwindscasino.com)

## Need Rental Housing?

The Siletz Tribal Housing Department encourages you to apply for the Low Income Rental Program waiting list in Siletz (1,2,3,4 bedroom) and Lincoln City (2, 3 bedroom) - Neachesna Village).

Applications can be obtained at any Tribal area office (Eugene, Salem, Portland, Siletz) or access on-line from the tribal website, [www.ctsi.nsn.us](http://www.ctsi.nsn.us) follow links; Tribal Services-Housing-Low Rent Apartments & Home Ownership.

For any questions call

1-800-922-1399 Ext 1322 or (541) 444-8322

FAX (541) 444- 8313

### Email Reminders

**If anyone would like reminders of special meetings, cultural classes or special events, etc. at Eugene Area Office, please contact Nora to be put on email list or email her. (541) 484-4234 or email: [noraw@ctsi.nsn.us](mailto:noraw@ctsi.nsn.us)**

### Lane County Veterans Service Office

Providing services: to Veterans, dependents and their survivors. Providing advocacy and facilitating access to benefits including for Disability compensation, Widows/Survivors Benefits, Non-Service Connected Pensions, Education benefits, and access to VA Medical services.

**Address:** 165 E 7<sup>th</sup> Avenue, Suite 200 Eugene Oregon 97404

**Telephone:** (541) 682-4191

**Website:** <http://www.lanecounty.org/HSC/veteranservice.htm>

### Oregon Telephone Assistance Program

<http://www.puc.state.or.us/PUC/rspf/otapapps.shtml>

You can fill out online or mail application in.

If, you or know someone who receives:

Food Stamps, TANF, SSI or OHP they may be eligible for a reduction on their telephone bill.

**Good things  
happen in your  
life when you  
surround  
yourself with  
positive people.**

**- ROY BENNETT**

## SILETZ ELDER NEWS

Use this number to contact the Elders Program, **541-444-8225**, be sure to leave your name, phone number and brief message and you will get a call from the Elder staff.

The next Introduction to the Athabaskan Language Class will be held September 5, 2018. **No class will be held in August.**

The next Elder's Council Meeting is scheduled for Saturday September 22, 2018 at 1:00 pm and will be held in the Aces Room at the Golf Course. **There will be no Elder's Council Meeting in August.**

The Chinook Winds Entertainment for August, 2018 is Rodney Carrington. The Rodney Carrington show is August 3 and 4 at 8:00 pm. Call Chinook Winds Casino Resort Winners Circle to request tickets, 1-888-244-6665.

We are still waiting to hear if we will be doing the huckleberry picking event this year. We will keep you posted if and when that is scheduled.

There will be a Diabetes Support Class on August 23, 2018. Class will start at 6:00 pm and a light meal will be served. Contact Adrienne Crookes at 541-484-4234 for more information.

The area office is continuing its noon walking group. The group meets on Tuesdays and Thursdays and walkers will walk from 12:15 pm until 12:45 pm.

The Summer Food Rescue Program started in July and continues in August. Free fresh produce is available every week at the Eugene Area Office. Bring a bag or cooler. The best time to pick up produce is on Tuesday between 3:30 pm and 4:15 pm. Contact Adrienne Crookes for more information.

The Annual Nesika Illahee Pow-Wow is August 10-12, 2018. Read a flyer attached to The Eugene Area Office Newsletter July 2018 for more information.

The OHSU Casey Eye Institute Mobile Clinic will be at the Eugene Area Office on Sunday, August 26, 2018. They will be providing free vision screening from 9:00 am to 5:00 pm. Contact Adrienne Crookes for more information at 541-484-4234.

Jim Swanson, 541-683-8766

[jimswanson38@comcast.net](mailto:jimswanson38@comcast.net)

## *JOM: Youth News and Notes*

### Mini Culture Camp:

Monday 8/6, 4:30-7:30 pm, Eugene Area Office: Bring your own projects or come and use office materials for necklace making, moccasins, baskets, and bear grass weaving. PLUS, snacks, drinks,

### School Supplies Distribution:

Beginning Friday August 20, Eugene Area Office: Siletz and JOM students attending grades K-12 are eligible to receive basic school supplies. Drop in anytime during business hours to pick up supplies and please allow time to update registration forms.

### Wildlife Safari:

Wednesday August 15, depart Eugene Area Office 9 am: Come along on a trip to the Wildlife Safari. Lunch, snacks, and park admission will be provided and rides are available. Call to sign up and see flyer for details.

### End of Summer Beach Trip:

Tuesday August 23, meet Eugene Area Office: Join kids from other area offices for an end of the summer trip to Pacific City. Snacks, drinks, and lunch provided. Transportation is available, call ahead to sign up.

### August

### Youth Activity Calendar

August 6: Mini Culture Camp, 4:30-7:00 pm

August 20: School Supplies Distribution Begins, EAO

August 15: Safari Trip, depart EAO, 9:00 am

August 23: End of Summer Beach Trip, departure EAO, time TBA

Late August: Huckleberry Gathering Trip, TBA

Get updates on upcoming events by signing up for the Youth Activities Email List!  
Contact: [nickv@ctsi.nsn.us](mailto:nickv@ctsi.nsn.us)

## *Higher Ed/AVT: News and Reminders*

### Higher Ed and Adult Vocational Training

The deadline for the 2017-18 school year was June 30, 2017. Students interested in attending a clock-hour school are still eligible to apply.

2019-2020 Deadlines:

\*Submit FAFSA by January 31, 2019; Submit application by June 30, 2018

### Adult Education

The Adult Education Program offers Siletz tribal members not already enrolled in a formal education program funding to assist with the cost of GED classes and testing, obtaining or renewing professional licenses, and other employment enhancement classes. Call for details.

Want to finish a project from Culture Camp?

Been meaning to start on a new outfit for pow wow?

Couldn't make it over to culture camp?

Come to:

# Mini Culture Camp

at the  
Eugene Area Office

MONDAY AUGUST 6

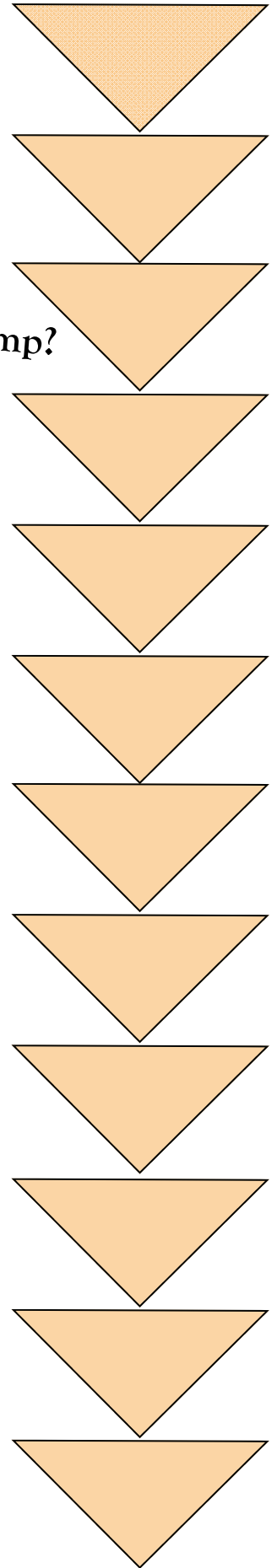
TIME: 4:30-7:00 PM      -EUGENE AREA OFFICE

Bring your own unfinished project or come and  
use office materials for:

- Baskets
- Moccasins
- Bear Grass Weaving
- Dentalia Necklaces
- Pine Nut Necklaces
- AND MORE

A light meal and door prizes will also be provided

FOR MORE INFORMATION CONTACT NICK VILES - 541-484-4234 /NICKV@CTSI.NSN.US





Confederated Tribes of Siletz Indians

Tribal Maternal, Infant, & Early Childhood Home Visiting Program

Naytlh - 'a "We Carry the Children"



*Our home visiting program provides parenting and life skills for successful and positive parenting. We serve native families that are either expecting or have infants under the age of twelve months, continuing through the child's third birthday. We travel throughout the 11 county service areas of the Confederated Tribe of Siletz Indians. The model and curriculum we provide is called Family Spirit and was developed by the John Hopkins Center for American Indian Health. We are funded by the Tribal Maternal, Infant, Early Childhood Home Visiting Program (TMIECHV).*

*Family Spirit is Evidence based and culturally sensitive to native families. Parents gain knowledge and skills for their developing infant through 36 months of age. We also focus on goals and healthy living for parents as a support system for the family as a whole. The program consists of 63 lessons over a 39 month period and is divided into six modules. The modules are broken into these categories: Prenatal care (9 lessons), infant care (16 lessons), your growing child (11 lessons), toddler care (9 lessons), my family and me (6 lessons), and healthy living (12 lessons). While this may seem like a big commitment the lessons vary from 30 minutes to 90 minutes and some can be combined together as we work with your schedule. Family Spirit suggests we deliver at least 32 lessons to our families in order for families to benefit from the evidence based curriculum. For the full benefits of the program we would like to provide all 63 to our families. As a thank you for participating in our program we offer some incentives which we will be happy to share with you upon the enrolled in our program.*

*During your participation if you feel like the timeline of lessons is too often we can adjust the home visits to accommodate your schedule while still keeping the programs timeline in mind. We are a voluntary program that delivers home visits in the comfort of the homes of our families. If you would like to get more information and or meet our home visiting staff would love to schedule a home visit to give you a full overview of the program.*

**CONTACT INFORMATION**

**2468 11<sup>th</sup> Ave., Eugene, Oregon (Covering Eugene and surrounding areas)**

*Jessica Phillips, Program Coordinator/Home Visitor: (541) 484-4234 or (541) 222-9503*

**201 SE Swan Avenue, Siletz, Oregon (Covering Siletz and the coastal range)**

*Danelle Smith, Home Visitor: (541) 444-9603 or (541) 270-1027*

**3160 Blossom Drive NE Ste. 105, Salem Oregon (Covering Salem, Portland and surrounding areas)**

*Lori Christy, Home Visitor: (503) 390-9494 or (541) 272-2241*



Confederated Tribes of Siletz Indians

Tribal Maternal, Infant, & Early Childhood Home Visiting Program

Naytlh - 'a "We Carry the Children"



Having a child brings big changes in your life. The Siletz Home Visiting Program is available to parents who are pregnant or have given birth within the last year. This program is voluntary, and it is free! There are no income requirements.

**The Siletz Home Visiting Program offers:**

- 🌸 The latest information about how babies grow, develop and learn both physically and emotionally;
- 🌸 Ways to bond with your baby;
- 🌸 Information about how to keep your family healthy;
- 🌸 Tips for parents about infant sleep, play, attachment, and many more;
- 🌸 Information about other community resources, like breastfeeding support and car seat installation;
- 🌸 Culturally sensitive needs of families; and
- 🌸 Home visits for parents and their children.

If you are interested in hearing more about the Siletz Home Visiting Program in your community, please complete the information below. Someone from the Siletz Home Visiting Program will contact you!

<input type="checkbox"/> <b>Self-Referred</b>
Person making referral: _____ Date: _____
Agency: _____ Phone: _____
Name: _____
Home phone: _____ Cell phone: _____
Address: _____
City: _____ State _____ Zip Code: _____

Please mail or fax completed form to:  
2468 W. 11<sup>th</sup> Avenue. Eugene OR 97402  
FAX: (541) 484-4583  
Call (800-922-1399) ext. 1752 or local (541) 484-4234 to learn more about  
the Siletz Home Visiting Program.



# Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to assist members of **ANY** federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.

## Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment



For more information about the STVRP, please inquire at 1-800-922-1399. Services are provided in all area offices, however to inquire about services, ask to be transferred to the office nearest you that is listed below.

### EUGENE AREA OFFICE

2468 West 11<sup>th</sup>  
Eugene, OR 97402

### SALEM AREA OFFICE

3160 Blossom Dr NE, Ste 105  
Salem, OR 97305

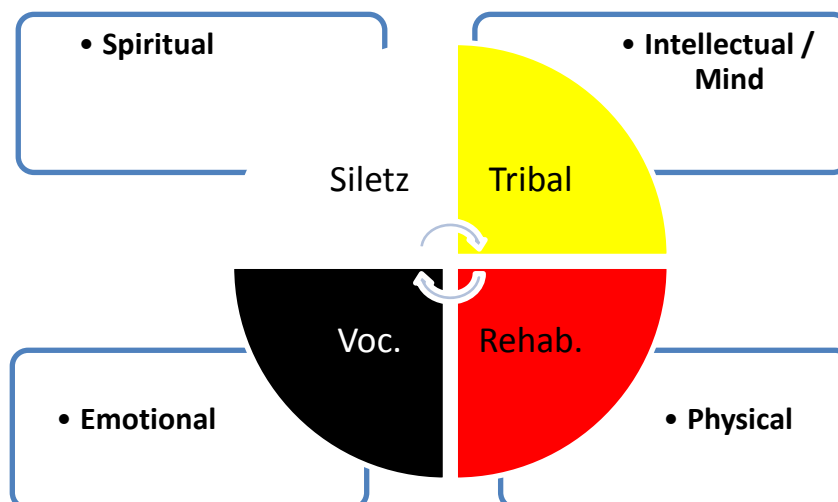
### SILETZ ADMIN. OFFICE

201 SE Swan Ave  
Siletz, OR 97380

**EUGENE OFFICE** – **JERAMIE MARTIN**, Program Director

**SALEM OFFICE** - **DANA RODRIGUEZ**, Program Aide; **TONI LEIJA**, Counselor/Job Developer

**SILETZ** – **RACHELLE ENDRES**, Counselor/Job Developer





# 477 Self-Sufficiency Program

**Norma Trefren, Intake Specialist/Job Coach x1756**

**Jenifer Jackson, Tribal Services Specialist x 1755**

The Confederated Tribes of Siletz Indians 477 Self-Sufficiency Program offers Work-Experience (WEX), On-the-Job Training (OJT), Classroom Training (CRT) and Direct Placement (DP), General Assistance (GA) and Temporary Assistance for Needy Families (TANF) services to eligible clients. If you are interested in any of the above programs please contact Norma to schedule an appointment at x1756.



## **TSS staff administrative hours**

**Monday through Friday**

**8:00am - 9:30am**

Phone calls will be passed to their voice mail during this time unless previous arrangements have been made.

## **Phone Messages:**

As a reminder when you leave a phone message please leave your name and number, SSP staff will return your call as soon as they are able, unless you are experiencing an emergency and arrangements can be made to assist you.

## **Long Distance Calls:**

You may now reach SSP staff through the 1-800-922-1399 number, please ask to be transferred to Norma **x1756** or Jen **x1755**

## **Schedules:**

**Norma's hours:** M-F 8-4:30pm  
Work Experience, Summer Youth Employment, On-the-Job Training, Classroom Training, Direct Placement, Emergency Assistance, TANF Youth Services

**Jen's hours:** M-F 8:00-4:30pm  
General Assistance and TANF

\* Lou Carey x1751 will be available to assist clients with some needs when Jenifer and Norma are out.

**Please remember that 477-SSP staff may be out of the office at other times than listed above to meet with employers, complete home visits, client support services, etc... so please call to schedule an appointment.**

## **Clients are required:**

**To meet with Tribal Services Specialists each month**

**You will need to call and set up an appointment**

## WEX/Grant Assistance

### Dates to remember in August 2018

Tuesday	July 31 <sup>st</sup>	WEX Timesheets Due
Wednesday	August 1 <sup>st</sup>	TANF/GAF
Monday	August 6 <sup>th</sup>	Self-Sufficiency documentation due
Thursday	August 9 <sup>th</sup>	Nesika Illahee Pageant
Friday-Sunday	August 10-13	Nesika Illahee Powwow
Friday	August 10 <sup>th</sup>	WEX Payday
Tuesday	August 14 <sup>th</sup>	WEX Time Sheets Due
Thursday	August 23 <sup>rd</sup>	Diabetes Support Class 6-8pm
Friday	August 24 <sup>th</sup>	WEX Payday
Tuesday	August 28 <sup>th</sup>	WEX Timesheets Due

**\*All CRT and childcare timesheets are due a day early the week before a holiday\***

**Services available to eligible enrolled federally recognized tribal members and descendants:**

**Please contact Norma at 541-484-4234 or 1-800-922-1399 x1756 to discuss programs, eligibility or to schedule appointment**

*All components are offered on a budgetary basis*

### **Classroom Training (CRT)**

**CRT** services are available for Vocational Training, GED completion, a term of Higher Ed.

### **Direct Placement**

**DP** is available to any tribal member who has obtained full time employment and applies within seven days of the hire date. Service provides clothing and tools necessary for work.

### **On-the-Job Training (OJT)**

**OJT** is available to any tribal member seeking employment. It is a reimbursement to an employer for half of a hired employee's wages, up to \$4,500.00 or 6 months, whichever comes first.

### **Work Experience (WEX)**

**WEX** can be used to obtain current training and skills to be a valued employee. 480 hours paid at minimum wage.

# Siletz Community Health



## Siletz 1-800 Numbers

Siletz Central Office	1-800-922-1399
Siletz Community Health Clinic	1-800-648-0449
Siletz Contract Health	1-800-628-5720
Siletz Behavioral Health	1-800-600-5599

Siletz Contract Health registration forms and Chemawa Indian Health Center applications are available at the Eugene Area Office. If you have questions regarding eligibility for services, you may contact:

**Adrienne Crookes**  
Community Health Advocate  
541-484-4234

## Oregon Health Plan (OHP) Applications

Available at the Eugene Area Office

You may qualify for the Oregon Health Plan! OHP provides health care coverage to eligible, low income Oregonians. If you would like to apply, you may stop by and pick up an application, or apply online at [OregonHealthCare.gov](http://OregonHealthCare.gov)  
Telephone 1-800-699-9075

We are here to assist you with any questions that you may have about OHP.

**Contact Adrienne Crookes,**  
Community Health Advocate, at 541-484-4234

## Siletz Mail Order Pharmacy

If you need a prescription refill, please call the Siletz Community Health Clinic Pharmacy 7-10 days before you run out of your prescription. This allows the pharmacy time to contact your health care provider, if necessary, and to mail it to you.

Call **1-800-648-0449** and enter **ext 1624**. Follow the voicemail instructions. If you need assistance, you may call Adrienne Crookes, Community Health Advocate at 541-484-4234

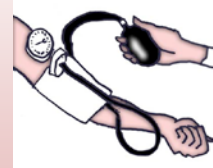
# Siletz Community Health

## Blood Pressure Screenings



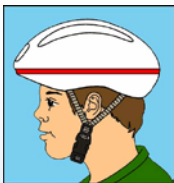
At the Siletz Eugene Area Office

Have you had your blood pressure checked lately? High blood pressure puts you at risk for heart attack, stroke, and other health problems.



Feel free to come in and get it checked.

To make an appointment with Adrienne Crookes, CHA, call 541-484-4234.



## Bicycle Helmets

Are available at the Eugene Area Office

Parents, protect your little ones! Siletz household member children who are between the ages of 3-17 are eligible to receive a free helmet. Children who are not the legal dependents are not eligible for this service. Youth are encouraged to take care of their helmet and to return for a new one every other year or earlier if they:

- 1.) Need a larger size
- 2.) Sustain a fall that causes the helmet to hit the ground.

To be fitted for a helmet you may contact Adrienne Crookes, CHA, at 541-484-4234

## Attention Tribal Parents and Child Care Givers!

**Did you know 3 out of 4 child safety seats are used incorrectly?**



If you are unsure if your child's car seat is installed correctly, you may stop by the Siletz office and have it checked by a CTSI Child Passenger Safety Seat Technician.

Free car seats are available to the legal dependents of Siletz tribal members.

To make an appointment with Adrienne Crookes, call 541-484-4234. She will be available to provide information and assist in properly installing your car seat.

Siletz Tribal Youth

## Visit **Wildlife Safari with us!**

**On Thursday, August 15<sup>th</sup>**

1790 Safari Road  
Winston, OR 97496

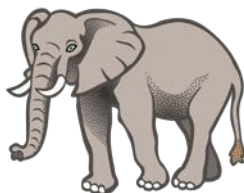
Wildlife Safari is a 600 acre drive-thru animal park in Winston, OR. It is home to over 500 animals from many different species. Escape on a wild safari drive through the park and get up close to the ostrich, lions, zebra, bison, elk, bear, and many other animals. End your journey at the Safari Village which features a petting zoo!

There is no cost to you for this adventure.  
You must **RSVP by August 7<sup>th</sup>**. Call early as we have limited space.

We will meet at the Siletz office in Eugene at 8:30 a.m.,  
2468 W. 11<sup>th</sup> Ave., and depart by 9:00 a.m.  
Tribal staff will transport youth to and from Wildlife Safari.  
Pick up by a parent or guardian will be at Siletz at 4:00 pm.  
A brown bag lunch will be provided.

*Parents are invited to participate!*  
Drive your family and meet us at the park.

**For more information or to RSVP contact  
Nick Viles or Adrienne Crookes  
541-484-4234.**





# Diabetes Support Group

Thursday, August 23rd

From 6:00-8:00 p.m.

At the Siletz Tribal Office  
2468 West 11<sup>th</sup> Avenue  
Eugene, OR



Did you know that Native Americans are more than twice as likely to become diabetic than the rest of the U.S. population? Native Americans are more likely to develop complications from diabetes once they have the disease.

Come learn about modest lifestyle changes you can make to get healthy. Learn about nutrition, exercise, and how to lose weight and keep it off.

Everyone is welcome! You don't have to be pre-diabetic, or have diabetes to attend. A light, nutritious meal will be provided.

For more information you may contact  
Adrienne Crookes, Community Health Advocate, at 541-484-4234

OHSU Casey Eye Institute Mobile Clinic  
is coming to the Siletz office  
on Sunday, August 26, 2018  
9:00 a.m.-5:00 p.m.

2468 W. 11<sup>th</sup> Ave. Eugene, OR

You are invited to come in for a *FREE* vision screening.

The Eugene area office and the Diabetes Program are partnering with the Casey Eye Institute to hold a mobile eye examination clinic in Eugene. An all-volunteer staff of eye doctors, technicians, and assistants will be here to serve tribal members and their families, with or without diabetes.

For some members of the community, access to high quality medical care appears beyond their reach. This 33-foot, fully outfitted mobile ophthalmology unit will be here to serve you.

We are limited to 40 eye exams, so call early to get on the list!

Contact Adrienne Crookes or Nora Williams-Wood at  
541-484-4234

We will schedule an appointment for you.  
Please allow 2 hours to complete this  
no-cost comprehensive eye exam (a  
\$450.00 value). There is no cost to  
you for one pair of glasses.



For more information about the mobile van, visit [ohsucaseyeye.com/outreach](http://ohsucaseyeye.com/outreach)

# Farmers Market Food Rescue



## Siletz Tribal Members:

If you or your family would like to share in some fresh organic produce, you may pick it up at the Siletz office on Tuesdays between 3:30 and 4:15 pm. This is *free* produce. A staff person will be on hand to distribute what we receive. Please bring your own bags or cooler to transport your food. Any produce that is not picked up at this time can be picked up later on in the week; it just will not be as fresh. You may call ahead and check on the availability of produce.

Siletz Office: 541-484-4234  
2468 W. 11<sup>th</sup> Avenue, Eugene

(ask for: Nora, Jessica, or Adrienne)

# Heatstroke Safety Tips

Everything you need to know to keep your kids safe from heatstroke.

Sometimes babies sleep so peacefully that busy parents can forget they are even there. Other times, we might be tempted to leave kids in the car while we run into the store or dash off to do an errand. Children can also end up alone in cars if the doors or trunk are left unlocked. However it happens, 37 kids die each year from being unattended in a vehicle. That's why children should never be alone in a car. It can lead to heatstroke, which causes serious injury or even death. Young children are particularly at risk since their bodies heat up three to five times faster than an adult's.

Here's how we can work together to keep this preventable tragedy from happening.

## Reduce the Number of Deaths from Heatstroke by Remembering to ACT

- **A:** Avoid heatstroke-related injury and death by never leaving a child alone in a car, not even for a minute. And make sure to keep your car locked when you're not inside so kids don't get in on their own.
- **C:** Create reminders. Keep a stuffed animal or other memento in your child's car seat when it's empty, and move it to the front seat as a visual reminder when your child is in the back seat. Or place and secure your phone, briefcase or purse in the backseat when traveling with your child.
- **T:** Take action. If you see a child alone in a car, call 911. Emergency personnel want you to call. They are trained to respond to these situations. One call could save a life.



**Heatstroke is the leading cause of non-crash, vehicle-related deaths for children. On average, every 10 days a child dies from heatstroke in a vehicle.**

## Teach Kids Not to Play in Cars

- Make sure to lock your vehicle (doors and the trunk) when you're away from it. Keep keys and remote entry fobs out of children's sight and reach.
- Teach kids that trunks are for transporting cargo and are not safe places to play.
- If your child is missing, immediately check swimming pools, vehicles and trunks. Get kids who are locked in cars out as soon as possible. If you can't do so quickly, dial 911 right away. Emergency personnel are trained to evaluate and check for signs of heatstroke.

## Go a Step Further: Create Extra Reminders and Communicate with your Child Care Provider

- If you regularly drop your child off at child care, create a calendar reminder on your phone or computer to make sure you've done so.
- Make arrangements for your child care provider to call you right away if your child doesn't show up at the expected time. Be especially careful if you change your routine for dropping off children at child care. Heatstroke incidents often occur when people's routine is disrupted.



# Job Fair

**MONDAY, AUGUST 6, 2018**  
**12:00 PM - 4:00 PM**

**WHERE: CHINOOK WINDS CASINO RESORT CONVENTION CENTER**

**ON THE SPOT INTERVIEWS WILL BE CONDUCTED**  
**APPLICANTS MUST BE 16 OR OLDER TO APPLY**

**FULL TIME & PART TIME POSITIONS**

**STARTING MINIMUM WAGE: \$11.00 PER HOUR**

## COMPANY BENEFITS

### Paid Time Off

Accrued Bi-weekly

All-purpose Leave

SELL BACK OPTION

### Employer Paid

25k Life Insurance

Short Term Disability

Long Term Disability

Employee Discounts

Discounted Rate for Fitness Center Membership

### FREEBIES

Paid Breaks

Flu Shot

Health Screening

Paid Jury Duty

Employee Shuttle

Golf

On-Site Check Cashing

Uniforms

Employee Assistance Program

Employee Dining Room

**“EMPLOYMENT IS BETTER AT THE BEACH”**

**B**e Passionate and Determined **E**mbrace Change **A**ccountability **C**ustomer Service **H**appiness





# Red, Teal and Purple Dress Dance

Wear these colors and dance to bring awareness and healing for those affected by violence in our communities.



Please join us as we dance to honor ALL SURVIVORS and those we have lost to sexual assault and domestic violence.

Dance to restore traditional values of respect for men, women, and children in our communities. Dance for yourself, dance for a loved one, dance for our ancestors, dance for our future free from violence!

**Where:** Nesika Illahee Pow-Wow

**When:** Saturday, August 11th

**Time:** After 1:00 Grand Entry

The CARE Program has limited red shawls and arm bands to dance with for those who want to show their support.

Sponsored by the Siletz Tribal CARE Program



CONFEDERATED TRIBES OF SILETZ INDIANS

# Annual Nesika Illahee Pow-Wow

August 10~12, 2018

Pauline Ricks Memorial Pow-Wow Grounds  
Government Hill, Siletz, Oregon



## Categories & Payouts:

Adult / Golden Age ~ \$600-500-400-300-200

Teen ~ \$300-250-200-150-100

Youth ~ \$150-100-75-50-25

*(Teen & Youth Preliminaries Occur Friday Night)*

## Specials:

Team Dance, Round Bustle, Women's Basketcap

**THURSDAY  
AUG. 9**

6:00 PM:  
Royalty Pageant

**FRIDAY  
AUG. 10**

Noon~5:00 PM:  
Memorial / Giveaways

6:00 PM:  
Presentation of Crown

7:00 PM:  
Grand Entry

**SATURDAY  
AUG. 11**

10:00 AM:  
Parade

*(Dance Competition Points  
Awarded for Parade  
Participation)*

1:00 PM & 7:00 PM  
Grand Entry

**SUNDAY  
AUG. 12**

NOON:  
Grand Entry  
& Salmon Dinner

All Dancers & Drummers Welcome

**Alcohol & Drug-Free Event ~ All are Welcome to Attend!**

Vendor registration is required. Camping fee: \$25 + \$5 per pet. Campground open Thursday at 7:00 am. No Campfires. For more information, contact Buddy Lane: 800-922-1399, ext-1230.

**REMINDER**  
**Early Season Archery Tags**  
**Deer and Elk**  
**Available Starting**  
**August 6, 2018 8:00 AM**

Natural Resources Office

First Come First Served

Available via mail starting August 7

Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions

**REMINDER**  
**Elder Antlerless Deer Hunt**  
**Applications Due**  
**August 31, 2018**

Applications available at the Natural Resources office and on the Tribal website under Natural Resources  
Open to Tribal Elders age 55 and older

Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions

**REMINDER**  
**Deer General Rifle Tags**  
**Available Starting**  
**August 20, 2018**

Natural Resources Office

First Come First Served

Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions

**REMINDER**  
**Youth Antlerless Deer Hunt**  
**Applications Due**  
**August 31, 2018**

Applications available at the Natural Resources office and on the Tribal website under Natural Resources

Open to Tribal youth age 12-17 who have a valid Hunter Safety Card

Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions

# August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31 Time Sheets Due  Food Rescue 3:30-4:15pm	1  USDA Distribution Siletz 9-3	2 GA/TANF  USDA Distribution Siletz 9-3	3  USDA Distribution Siletz 9-3	4
5	6 Self-Sufficiency Documentation Due  USDA Distribution Siletz 9-3  CW Casino Job Fair 12-4pm  EAO Mini Culture Camp	7 Food Rescue 3:30-4:15pm  USDA Distribution Siletz 9-3	8	9 Nesika Illahee Pageant	10 Pay Day  Nesika Illahee Pow Wow	11 Nesika Illahee Pow Wow  Red, Teal and Purple Dress Dance 1pm After Grand Entry
12 Nesika Illahee Pow Wow	13	14 Time Sheets Due  Food Rescue 3:30-4:15pm	15 Wildlife Safari Depart EAO @ 9am	16	17	18
19	20 USDA Distribution Salem 1:30-6:30pm  School Supplies Distribution Begins  Deer General Rifle Tags Available	21 USDA Distribution Salem 9-6:30pm  Food Rescue 3:30-4:15pm	22 USDA Distribution Salem 9-6:30pm	23 USDA Distribution Salem By Appt. Only  End of Year Summer Beach Trip  Diabetes Prevention Group 6-8pm	24 Pay Day	25
26 OHSU Casey Eye Institute Mobile Clinic 9-5pm EAO	27	28 Time Sheets Due  Food Rescue 3:30-4:15pm	29	30	31 Youth Antlerless Deer Hunt Application Due  Elder Antlerless Deer Hunt Application Due	



# USDA distribution dates for **AUGUST** 2018

## Siletz

WEDNESDAY	AUGUST 1	9:00 AM-3:00 PM
THURSDAY	AUGUST 2	9:00 AM-3:00 PM
FRIDAY	AUGUST 3	9:00 AM-3:00 PM
MONDAY	AUGUST 6	9:00 AM-3:00 PM
TUESDAY	AUGUST 7	9:00 AM-3:00 PM

## Salem

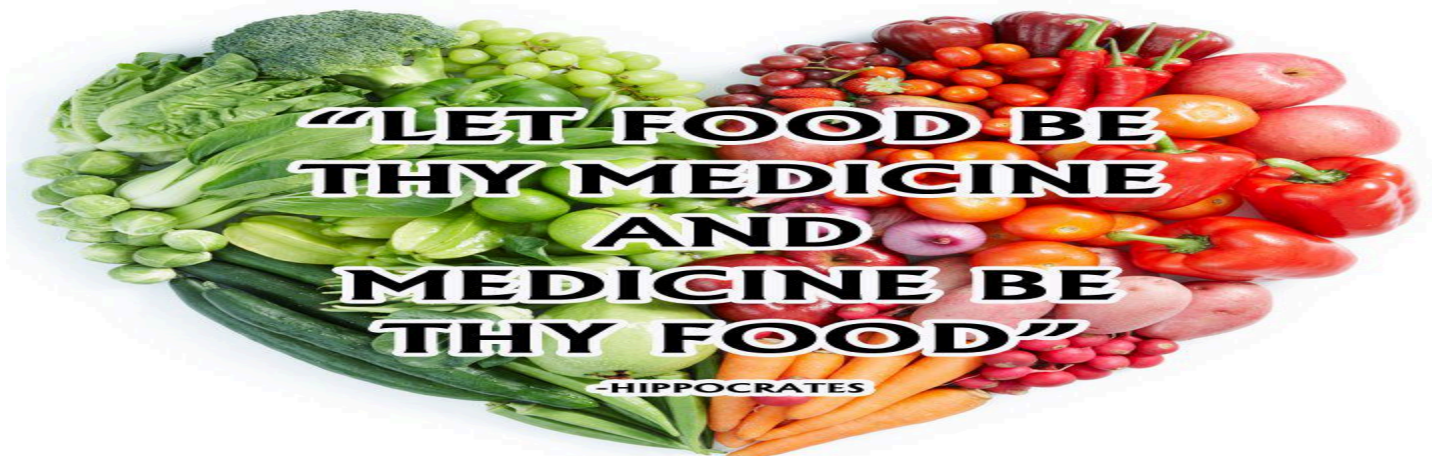
MONDAY	AUGUST 20	1:30 PM – 6:30 PM
TUESDAY	AUGUST 21	9:00 AM – 6:30 PM
WEDNESDAY	AUGUST 22	9:00 AM – 6:30 PM
THURSDAY	AUGUST 23	<b>BY APPOINTMENT ONLY</b>

At the Siletz warehouse, we have started distributing the APPLESAUCE CUPS! How do you like them? Are they more useful than the canned applesauce? What other changes/conveniences would you like to see in the food package? Let us know your wants and we can submit them to the FOOD PACKAGE REVIEW TEAM.

**LIKE us on Facebook at Siletz Tribal FDPIR.** We would like to see more people sharing their recipes on our FB.

Joyce Retherford, FDP Director  
541-444-8393

Lisa Paul, FDP Clerk/Warehouseman  
541-444-8279





The Confederated Tribes of Siletz Indians  
The Eugene Area Office Staff  
541-484-4234 1-800-922-1399

Lou Carey, A/O Supervisor x1751  
Nick Viles, Education Specialist/JOM x1757  
Jessica Phillips, Program Coordinator/THV x1752  
Jeramie Martin, Program Director/STVRP x1385  
Jenifer Jackson, Tribal Service Specialist/477SSP x1755  
Norma Trefren, Intake Specialist/Job Coach/477SSP x1756  
Adrienne Crookes, Community Health Advocate x1753  
Nora N Williams-Wood, Clerk x1750  
Gloria Stott, Elders On-Call Transport



The Confederated Tribes of Siletz Indians  
The Eugene Area Office  
2468 West 11th Avenue  
Eugene Oregon 97402