



# THE DRUMBEAT

## March 2018 Newsletter Salem Area Office

Confederated Tribes of Siletz Indians, 3160 Blossom Dr N. Suite 105, Salem, OR 97305

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Community Calendar

Beverly Owen, Area Office Supervisor, x1851  
Cindy Jackson, Area office Secretary, x1850

[bevo@ctsi.nsn.us](mailto:bevo@ctsi.nsn.us)  
[cindyj@ctsi.nsn.us](mailto:cindyj@ctsi.nsn.us)

**Our office hours are Monday through Friday 8:00am – 4:30pm.** We are closed on Federal and Tribal Holidays. We would appreciate it if you could make it into the office in plenty of time to complete your business by the close of business.



**The position of the Tribe on coming into any Tribal Offices under the influence of drugs and/or alcohol is that it will NOT be tolerated. That also includes threats of any kind and/or unruly behavior. If you exhibit any of this type of behavior, you will be asked to leave.**



We do not accept collect calls. An option is to call 800-922-1399 number and asked to be transferred to our office.



We have a 5¢ per page charge for copies, faxes and printed materials.

**Note: If the documents are specifically requested by a Tribal program there will be no charge.**



If you would like to receive your newsletter via email, call Cindy or email her and make that request. Our newsletter is also available on Facebook as well as the Tribal website.



## Special Days This Month



# Announcements & Community News

## In the Spotlight

*Each month we will spotlight a particular style of powwow dance.*



### Men's Traditional

For most spectators, this is the "authentic" looking Powwow dance. The outfits of each dancer look very old and presumably used in the days pre-colonization. It's a very powerful dance and one that shows Native American history in all its glory. Some items used by the dancers are passed down from grand-fathers, to fathers, to sons and even older than that. The bustles on the backs of the dancers are usually made from Eagle feathers or some other type of raptor. This is one dance that should not be missed.



ADVOCATE: Kim Lane 541-444-9679  
kiml@ctsi.nsn.us

OUTREACH: Kira Woosley 541-444-9680  
kiraw@ctsi.nsn.us

**TOLL FREE: 1-800-648-0449**

The CARE Program offers confidential, safe and culturally appropriate education and advocacy services to Native American victims of domestic violence, sexual assault, dating violence and stalking, as well as victims associate with Native families, such as a non-native spouse.

An advocate is available to provide assistance to access services, including personal protective orders, shelter or housing, Tribal program information and other program resources.

It is the Program's mission to educate and empower our community to live a healthy, non-violent lifestyle that strengthens spirit for future generations.

Tribal Members can now go into any Area Office to have a picture taken for a Tribal ID done. Your picture and signature will be sent to Siletz where the actual ID will be made and mailed to you. You must have an appointment for an ID Card. Call Bev to schedule an appointment.



## Willamette University Social Powwow

**March 10<sup>th</sup> 4:00-10:00pm**

Willamette University Cone Field House  
439-499 12th Street SE  
Salem, OR 97301

*Admission is Free - Public Welcome!*







## 2018 College Students Summer Internship Program New Deadline!

The deadline to apply for the Tribe's 2018 College Students Summer Internship Program has been moved up to March 16, 2018. Selecting students earlier will allow more time to develop relevant work site placements so students can start internships in late June or early July.

To be eligible you must be at least a half-time student attending a two-year or four-year college and in good academic standing.

Applications will be mailed to known students, but if you do not receive an application, please contact Assistant General Manager Bonnie Petersen or the Education Specialists at any tribal Area Office to request an application.

This program assists tribal students with locating internship placements to gain work experience in their field of study. There are ten slots available for 2018. Students may work up to 360 hours at tribal minimum wage and can be placed within or outside of the Tribe. Students selected for the program must complete an orientation, criminal history background check, and drug screening (Note: the Tribe does not recognize Oregon laws allowing the use of medical or recreational marijuana). Placements can begin in June, but must be completed by September 28, 2018.

Students should send a completed application and an unofficial copy of transcripts to:

***By Mail:***

CTSI  
Attn: College Internship Program  
P.O. Box 549  
Siletz, OR 97380

***By Fax:***

541-444-2307

***By E-mail:***

[collegeinterns@ctsi.nsn.us](mailto:collegeinterns@ctsi.nsn.us)

**Deadline for applications to be at the Siletz Admin is  
4:30pm on March 16, 2018.**



## Elk Tag Opportunity

The Tribal Natural Resources Department will once again be offering a limited number of Landowner Preference (LOP) elk tags to Tribal members for this fall's hunting season. As a landowner, the Tribe is eligible to participate in the State's LOP program. Based on the number of acres that the Tribe owns, we can get 6 additional antlerless elk tags from the State. These LOP tags are not related to the Tribe's Consent Decree tags that we receive each year. They are based solely on the Tribe being a landowner.

There are a number of important differences between the LOP tags and the Tribe's regular tags. These are summarized in the table below.

Per **General Welfare Ordinance of 11-16-17**  
Elder stipends are no longer taxable income. If you wish to see the entire ordinance go to the Tribal website:

[www.ctsi.nsn.us](http://www.ctsi.nsn.us)

Go to tab Government Listings  
Then down to Tribal Ordinances  
Go to General Welfare Ordinance 11-16-17

### GENERAL WELFARE ORDINANCE

Siletz Tribal Code § 10.300

- (C) Elder and disabled programs. Programs for individuals who have reached age 55 or are mentally or physically disabled (as defined under applicable law, including but not limited to tribal government disability codes or laws) that provide—

	Tribal Tags	LOP Tags
State Hunting License Required?	No	Yes – Tribal member must purchase both a 2018 and a 2019 State hunting license
Area to be Hunted	Anywhere within the specific tag's hunt boundaries	Only on Tribal land within the unit selected during that unit's antlerless elk season. Units available include Upper Siletz, NW Aalsea, SW Aalsea, SW Aalsea Private Lands and West Siuslaw
Eligible for other State elk tags?	Yes	No*
Give tag to another licensed Tribal member to hunt for you?	Yes	No
Application and Selection Process	Apply to Tribe for Tribal drawing	Apply to Tribe for LOP Drawing; if selected apply to State for controlled hunt tag (list LOP unit in LOP section on State controlled hunt application)
Obtain Tag From	Tribe	State – Tribal member must purchase tag

\* Note: If you are drawn for an LOP Tag you are still eligible to apply for and be drawn for a Tribal tag.

## Great News!!!!

The Siletz Tribal Home visiting program's advisory committee meeting is moving back to the Siletz community and at a later time of 4:30-6pm. This decision was made in hopes of regaining old members and recruiting new members.

Please join us on March 8<sup>th</sup> 2018 from 4:30-6:00pm

At the old clinic

Light meal will be provided

Our Home visiting program is on year six of our six year grant. Our program completed many tasks with the help of our advisory committee.

### Agenda

- We will be discussing what our program has accomplished thus far.
- Brief discussion on our evaluation efforts
- Testimonies from families participating
- Information on the community café we had at the SAO
- Discussion on how we can better incorporate culture into our home visiting program
- Talk about sustainability and ideas from the community
- Discuss and schedule community cafes in Eugene and Siletz area.
- Answer any questions you have about our program



If you have any questions or to RSVP please contact Jessica Phillips at 541-484-4234

Please note that a major difference between the LOP tags and the Tribe's regular tags is that **ONLY** the person drawn for the tag can hunt that tag. **The tag cannot be given to someone else to hunt for you.** Therefore, only those folks serious about hunting this hunt themselves are eligible to apply.

The drawing for the 6 LOP elk tags will be held at the Natural Resources Committee Meeting to be held on April 2<sup>nd</sup> at 4:45 PM in the Natural Resources Department Map Room. Applications are available on the Tribal website and at the Tribal Natural Resources Office in Siletz. Completed applications are due in the Natural Resources office by **4:30 PM March 30, 2018**. For more information regarding these tags and the differences between the Tribe's regular tags and the LOP tags, contact Natural Resources Manager Mike Kennedy at 541-444-8232.





# Beading Class and Sewing Gathering

## *Siletz Tribal Members March Opportunities*

### *Beading— Peyote Stitch*

*We are offering a class in Peyote Stitch using both large beads and small beads. If you would like to join in and have some beading fund please call to sign up as space is limited. We will schedule the class based on the instructors schedule and the tribal members who sign up.*

*Sewing— We have requests from Tribal Members to have sewing nights for people to come in and use the machines to get projects done. Especially before the summer months and PowWow season. If you are interested in using the machines to work independently on your projects Please call and let us know. I will schedule a couple late afternoon/evening times and set up the machines for use.*

*Please remember—You cannot call and sign up a group, participants need to call and sign up Individually unless it is a minor who will be needing the assistance of an adult.*

*Contact Beverly or Cindy at 503-390-9494 to sign up.*





# LANGUAGE AND CULTURE

Bud Lane  
1-800-922-1399  
ext 1320



## Nuu-wee-ya' (Our Words)

When: 2<sup>nd</sup> Tuesday of every month from 6:00 – 8:00 pm

These classes will begin with basic instruction and will progress over the year. It will also be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages. We also have equipment in the Culture Department available for use in grinding and drilling shells or pine nuts or other applications. If you have a need for using the equipment, call and I can set up an appointment during regular business hours or after hours.

# USDA SALEM WAREHOUSE



JOYCE RETHERFORD  
CTSI FDP Director  
LISA PAUL  
CTSI FDP Clerk  
503-391-5760 (Salem)

## Distribution Dates & Times

Monday March 19 <sup>th</sup>	1:30pm – 6:30 pm
Tuesday March 20 <sup>th</sup>	9:00 am – 6:30 pm
Wednesday March 21 <sup>st</sup>	9:00 am – 6:30 pm
Thursday March 22 <sup>nd</sup>	9:00am – 11:00 am


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SILETZ TRIBAL  
FDPIR



### Jalapeno Corn Poppers

5 cans corn kernels (rinsed, drained)\*  
1 cup grated cheese\*  
¼ cup sour cream  
2 tblsp olive oil  
Salt and Pepper to taste

1 cup bacon, cooked and crumbled  
½ cup cream cheese  
2 minced jalapenos, seeds and ribs removed  
¼ tsp chili powder



Heat olive oil in large skillet over medium heat and sauté corn kernels until lightly browned. In a large bowl, combine corn, bacon and jalapenos and then stir in cheese, cream cheese and sour cream. Season with chili powder and salt and pepper. Taste and adjust seasoning if necessary. Serve immediately or refrigerate until chilled.

*\*Indicates product available in food package*

# DOWN PAYMENT ASSISTANCE

KC SHORT  
1-800-922-1399 x1310  
1-541-444-8310  
FAX: 541-444-8313



# 477/SSP

ANGELICA ESPINO  
Tribal Service Specialist  
angelicae@ctsi.nsn.us

Office Hours: Monday - Friday 8:00am - 4:30pm

Our Program offers a variety of services on a budgetary basis. We offer Cash Assistance, Emergency Assistance, Classroom Training, Work Experience and On The Job Training. Participants in 477/SSP Programs must meet the eligibility requirements.

## IMPORTANT DATES TO REMEMBER



March 1<sup>st</sup> - 5<sup>th</sup>  
March 5<sup>th</sup>  
March 15<sup>th</sup>

Monthly Contact Appointments (**MANDATORY**)  
Job Search/Monthly Report forms due for Cash Assistance  
**MANDATORY** Training 10:00am

### COMMUNITY ACTIVITIES OF INTEREST

Tutoring:  
Indian Ed

10<sup>th</sup> - 22<sup>nd</sup>  
10<sup>th</sup>

Tuesdays 4:30-6:30pm (Salem Office)  
Thursday evenings at Bush Elementary  
(for Native children incl/descendants)  
USDA Distribution - Salem (*if eligible*)  
Willamette Powwow

*Be sure to see the Education page for info on JOM activities during Spring Break.*

### UPCOMING EVENTS

**Eagle Feather Graduation Ceremony** - For those completing high school (either diploma or GED) the ceremony will be held on May 30<sup>th</sup>

**2018 Summer Camp** - This summer's theme for the 3-week July program is **Salmon and Cedar**. Watch your mail - summer info and applications will be mailed out this spring.

SPRING FORWARD



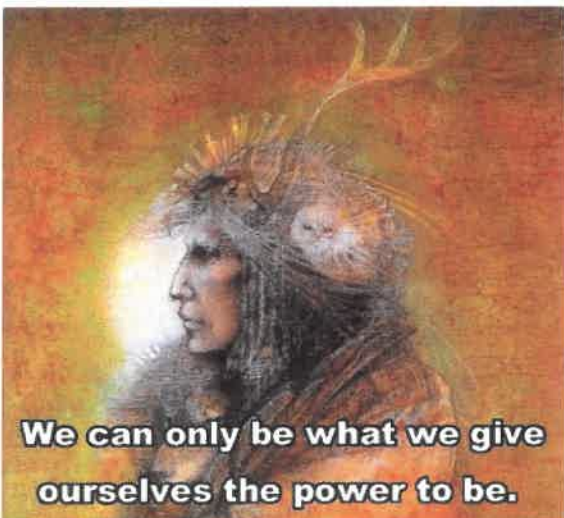
March 11<sup>th</sup>



### IMPORTANT REMINDERS FOR 477/SSP

- SSP STAFF WILL RETURN CLIENT PHONE CALLS WITHIN 24 BUSINESS HOURS.
- SSP STAFF WILL ADDRESS CLIENT REQUESTS FOR SUPPORT SERVICES AND OTHER REQUESTS WITHIN TWO BUSINESS DAYS.
- SUPPORT SERVICES REQUEST FORMS ARE KEPT IN THE LOBBY.
- YOU **MUST** COMPLETE THE SUPPORT SERVICES REQUEST FORM FOR GAS CARDS, BUS PASSES, ETC.
- OFFICE STAFF DO **NOT** TAKE MESSAGES. YOU **MUST** LEAVE A VOICEMAIL ON YOUR WORKER'S LINE. IF YOU DON'T LEAVE A CURRENT PHONE NUMBER WE CANNOT RETURN YOUR CALL SO PLEASE BE SURE TO DO SO.

PLEASE CALL BEFORE COMING ALL THE WAY HERE FOR YOUR CHECK.



We can only be what we give ourselves the power to be.



# COMMUNITY HEALTH

CECILIA TOLENTINO, CHA  
ceciliat@ctsi.nsn.us

Office Hours: Monday – Friday 8:00am – 4:30pm



## Community Health News

OHSU Casey Eye Institute Mobile Clinic  
is coming to the Salem Area office  
on Sunday, March 25th  
9:00 a.m.-3 p.m.



3160 Blossom Dr. NE, Suite 105 Salem, Oregon

You are invited to come in for a *FREE* vision screening.

The Salem area office and the Diabetes Program are partnering with the Casey Eye Institute to hold a mobile eye examination clinic in Salem. An all-volunteer staff of eye doctors, technicians, and assistants will be here to serve Siletz tribal members, their families, and community members with or without diabetes.

For some members of the community, access to high quality medical care appears beyond their reach. This 33-foot, fully outfitted mobile ophthalmology unit will be here to serve you.

We are limited to 35 eye exams, so call early to get on the list!

Contact Cecilia Tolentino at 503-390-9494

We will schedule an appointment for you.  
Please allow 2 hours to complete this no-cost comprehensive eye exam  
(a \$450.00 value). There is no cost to you for one pair of glasses.

For more information about the mobile van, visit [ohsucaseyeye.com/outreach](http://ohsucaseyeye.com/outreach)





# EDUCATION

SONYA MOODY-JURADO  
Education Specialist  
sonyamj@ctsi.nsn.us

Office Hours: Monday – Thursday 8:00am – 4:30pm

**EDUCATION PROGRAM COMPONENTS:** Higher Ed ♦ Adult Vocational Training (AVT) ♦ Adult Education ♦ Supplemental Education ♦ (JOM) ♦ Tribal Youth Employment & Education (TYEE)

## JOM

When calling, if I am not available, please leave a message. For JOM activities youth must be nine years old to attend without a chaperone and those youth will have priority for transportation. You must call Sonya to sign up for all JOM activities.

**Tutoring** Tuesdays from 4:30-6:30pm at the Salem Area Office. We will not have tutoring the week of Spring Break - March 26-30.

**Indian Ed** Thursdays at Bush Elementary for grades K-12. Light supper at 5:30pm and classes/culture from 6:00-7:30pm.

## Spring Break Activities



**March 27<sup>th</sup>**

Sky High Trampoline Park



**March 28<sup>th</sup>**

Town & Country Bowling



**March 29<sup>th</sup>**

Splash Wave Pool

### HIGHER EDUCATION/ADULT VOCATIONAL TRAINING PROGRAM

**The deadline to apply is June 31, 2018 for the Fall term. It is a requirement that you completed your FAFSA by January 31, 2018 to be eligible to receive tribal assistance.** All documentation has to be turned in by that date to have your application considered complete. For an application please call Sonya at (503) 390-9494 or applications are available on our Tribal website at [www.ctsi.nsn.us](http://www.ctsi.nsn.us) Applications are date stamped by the date of completion.

### ADULT EDUCATION

The Adult Education program is for Siletz Tribal members, 16 years or older, who are not already enrolled in a formal education program. The Adult Education program can assist with the following: Obtaining GED, certificates, or otherwise raise levels of educational achievement through adult classes to improve employment status through education/training. There is no deadline to apply for classes. For an application, please call **SONYA** at (503) 390-9494.



We have the TURBO TAX program available for use at the Siletz Salem Area Office to prepare your taxes. We cannot provide tax advice or help in filling your taxes.

## HAVE A FUN & SAFE SPRING BREAK



# HOME VISITING PROGRAM

Lori Christy

Home Visitor  
loric@ctsi.nsn.us



Office Hours: Monday - Friday 8:00am - 4:30pm



**March 11<sup>th</sup>**

The Siletz Tribal Home Visiting Program provides parenting and life skills for successful and positive parenting. We serve native families that are either expecting or have infants under the age of twelve months, continuing through the child's third birthday. The model and curriculum we provide is called Family Spirit and was developed by the John Hopkins Center for American Indian Health. Family Spirit is Evidence based and culturally sensitive to native families. Parents gain knowledge and skills for their developing infant through 36 months of age. We also focus on goals and healthy living for parents as a support system for the family as a whole. Besides the home visits, home visiting families gather together for craft and cultural events from time to time. Last month our families gathered to make memory wire bracelets and a canvas painting project. For more information contact Lori Christy, Home Visitor 503-390-9494.

## Family Event on February 15<sup>th</sup>



Lori busy preparing the potato bar for the event

Three Elders who are the "Grama's" of the group: Cindy Lozano, Lori Brown & Cindy Jackson



Livvy with her new friend



Levi, Linh & Laila Butler enjoying supper



Rochal & new baby girl (1<sup>st</sup> trip to the Tribal Office)



Rochal & Miguel making a special painting







**Jessica, Josiah & Connor arrive for the event**



**Josiah showing off the cool bracelet he made.**



**Gavin "chillin" though suppertime**



**Melissa & Gavin getting ready to start their projects**



**Gavin models the necklace he made**



**Allen & Callen having fun at the event**



**Allen , Cassandra, Nathaniel, Taykoda & Callen Showing off their beautiful artwork**



**Mom and boys hard at work**







# A & D

Andulia White Elk  
Addictions Counselor

503-390-9494 x1855

503-238-1512 x1414

*M, T Salem Office*                      *W (pm) Group Portland*  
*W (am) Group Salem*                *Th, F Portland*

SPRING FORWARD



March 11<sup>th</sup>

## Marijuana

Marijuana is a mind-altering drug which ranks as the most popular illegal drug used in the U.S. It is a mix of dried flowers, leaves and stems from the hemp plant *Cannabis sativa*. The main active ingredient in marijuana is THC (delta 9 tetrahydrocannabinol).

It is the most common illegal drug used in the U.S. At least one-third of Americans have used marijuana sometime in their lives.

Effects-People smoke marijuana because it elevates their mood and relaxes them. Depending on the level of THC, users may also experience euphoria, hallucinations, and paranoia.

Hazards-Some of the common discomforts found when using marijuana include dry mouth, swollen eyelids, bloodshot eyes, loss of coordination and an accelerated heart rate.

### Short-term Hazards include:

- Anxiety and paranoia
- Impaired memory
- Difficulty in thinking
- Learning difficulties
- Lack of attention and focus
- Poor driving skills

### Long-Term Hazards Include:

- Respiratory problems
- Heightened risk of infections, especially the lungs
- Poor short-term recall
- Inability to shift attention normally
- Inability to understand complex information
- An increased risk of developing lung, head and neck cancers
- Lack of motivation
- Decreased sperm count in men
- Irregular menstruation in women

Chronic marijuana smokers may have many of the same respiratory problems that tobacco smokers have. These individuals may have a daily cough and phlegm, symptoms of chronic bronchitis, and more frequent chest colds. Continuing to smoke marijuana can lead to abnormal functioning of lung tissue injured or destroyed by marijuana smoke.

## Is Marijuana Addictive?

Long-term marijuana abuse can lead to addiction for some people. Drug craving and withdrawal symptoms can make it hard for long-term marijuana smokers to stop abusing the drug. People trying to quit report irritability, sleeplessness, and anxiety. They also display increased aggression. A drug is addicting if it causes compulsive, often uncontrollable drug craving, seeking, and use, even in the face of negative health and social consequences. Marijuana meets this criterion.

## Treating Marijuana Problems

There is no medication to directly treat marijuana abuse. Most abusers seeking professional treatment receive behavioral treatment in either group or individual sessions or both. Has smoking weed become a problem for you? Then you should contact your local addiction treatment provider for an evaluation and support.

### *Sources:*

*National Institute on Drug Abuse*

*U.S. Drug Enforcement Administration*

*National Clearinghouse for Alcohol and Drug Information*



**The Relapse Prevention Group will be changing days. The Group will now meet on Tuesdays (effective Feb 28<sup>th</sup>). The time remains the same 10:00-11:00am**



# MENTAL HEALTH

Rachel Adams, LPC

Mental Health Counselor

503-390-9494 x1855

503-238-1512 x1414

*M, T Portland Office*

*W, Th Salem Office*

## Behavioral Health

### **Coming to Siletz in March:**

The Gottman-inspired Couple's Retreat did not occur as planned on Friday, January 12th, 2018, due to not enough couples registering for the event. A new retreat is being planned for March 9th, so please spread the word. Spring is in the air, time to give your relationship a tune-up?

### **About the Gottman method:**

This is an evidence-based practice that helps couples work on their relationships. It starts with an extensive survey that provides detailed information to the therapist and is used to create an ultimate and unique treatment plan for the couple. Topics explored include a) The four horsemen (the four factors most likely to cause friction in a relationship): Criticism, Defensiveness, Contempt and Stonewalling, b) Aftermath of a Fight, and c) Love maps.

### **What is a Gottman-inspired Couple's Retreat?**

- 1) An opportunity to reconnect with your partner and work on little issues before they become big.
- 2) A day to relax, enjoy your time with your partner, eat good food and learn how to take your relationship to the next level.
- 3) An opportunity to learn new tools from Gottman's proven methods to help your relationship become what you and your partner agree you want.

### **How do we register to go?**

All couples wanting to attend the retreat will need to be registered by the Mental Health Specialist for the PAO and SAO. Once registered, couples will be asked to complete a survey online. Once the survey is completed, couples approved for registration will be given further instructions. To register, please submit you and your significant other's email addresses to your area office, attn.: Rachel Adams.

### **Transportation to Siletz?**

At this time, transportation is likely, but not yet confirmed for certain. Couples needing transportation are encouraged to register and find out more.

### **Childcare?**

Childcare is not likely at this time, but is still under research as well.

### **Traditional Coping**

While Gottman's methods are tried and true, the Siletz peoples are still encouraged to participate in traditional methods of healing. It is a good time to attend a sweat and pray for clarity on new goals to set. As always, drum circles, talking circles, and smudging are different ways to stay connected with our ancestors and pay tribute to our roots. Some people find peace in calling on Creator for clarity and health.



**March 11<sup>th</sup>**





# VOC REHAB

JERAMIE MARTIN 800-922-1399 x1385  
TONI LEIJA antonial@ctsi.nsn.us  
DANA RODRIGUEZ danar@ctsi.nsn.us

Office Hours: Monday – Friday 8:00am – 4:30pm



STVRP is here to assist members of **ANY** federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.

## Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment



For more information about the STVRP, please inquire at 1-800-922-1399. We maintain resource and employment boards, so please stop by if you're interested. Services are provided in all area offices, however, to inquire about services, please ask to be transferred to your closest office listed below.

### SALEM AREA OFFICE

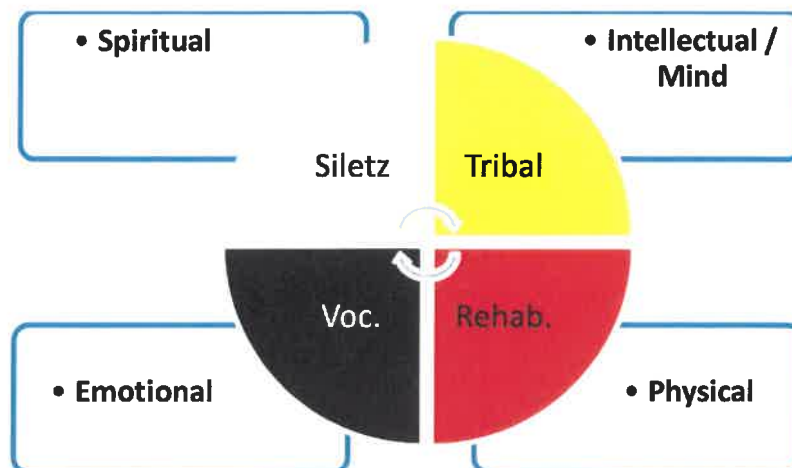
3160 Blossom Drive NE, Ste 105  
Salem, OR 97305  
503-390-9494

### SILETZ ADMIN. OFFICE

201 SE Swan Ave  
Siletz, OR 97380  
800-22-1399

**SALEM OFFICE** - **DANA RODRIGUEZ**, Program Aide; **TONI LEIJA**, Counselor/Job Developer

**SILETZ** - **RACHELLE ENDRES**, Counselor/Job Developer; **JERAMIE MARTIN**, Program Director



# Siletz Tribal Head Start - Salem

Teacher Jen (am)  
Teacher Jennifer (pm)  
503-393-6942



**February** was a fun filled month for us here at Head Start!

Some of our events throughout the month of February were that our students participated in was a Valentine Day party, a visit to the Keizer Police Station, and a visit to Chemawa Dental. Our students also had the opportunity to learn about the South West Indian Tribes.

We are looking toward an exciting **March!**

Teacher Jen and Teacher Jennifer  
Salem Head Start Staff

Thank you for our in-kind classroom supplies that have been donated. We really appreciate all of the help to keep our school running smoothly.

WE  OUR  
volunteers

If you are interested in volunteering at our school, please let us know!





Find us on  
<https://www.facebook.com/groups/383072355357428/>



SALEM AREA OFFICE  
 503-390-9494  
 MONDAY-FRIDAY  
 8:00AM - 4:30PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 3	SSP Clients' Paperwork due by 5 <sup>th</sup> 4	 6 Relapse Prevention Group 10:00-11:00am Tutoring 4:30-6:30pm	7	1 <b>Oregon Promise            Deadline</b> <b>OSAC Non Priority            Deadline</b> Indian Ed 5:30-7:30pm	2 SSP Clients' Monthly Contact Appts 1 <sup>st</sup> - 5 <sup>th</sup>	3
11 	12	13 Relapse Prevention Group 10:00-11:00am Tutoring 4:30-6:30pm Language 6:00-8:00pm	14	15 <b>SSP Mandatory            Training 10:00am</b> Indian Ed 5:30-7:30pm Act of Honoring Each Other - Part 1	16 <b>Internship Deadline</b>	17  St. Patrick's Day Willamette University 4:00-10:00pm
18	19 	20  Relapse Prevention Group 10:00-11:00am Tutoring 4:30-6:30pm 	21 	22 	23	24
25 OHSU Mobile Eye Clinic - Salem Office 9am-3pm 	26 	27 Relapse Prevention Group 10:00-11:00am Sky High Trampoline Park Trip (JOM)	28 Town & Country Bowling Trip (JOM)	29 Splash Wave Pool Trip (JOM)	30 4:30pm Deadline for Elk Tag Applications	31

