Inside This Issue:

Community 1-2 News

Enrollment 2-3

Community 4 Health

Behavioral 6-7 Health

Education 8-9

Calendar 10-11

Athabaskan 13 Language

477/SSP 14

Staff 19 Directory

August 2019
Nesika
Illahee
Pow-Wow
Information
(See Page 12)

Confederated Tribes of Siletz Indians

Portland Potlatch JULY 2019



SRII-NA CHEE-YASH-'E (High in sky bird)

Or EAGLE

CTSI July Closures:

All CTSI Offices will be closed on: **Thursday, July 4th**Re-opening on Friday July 5th

at 8:00 AM





PAO Annual Summer BBQ/
Potluck
(See Page 2 for Details)

Address Update Deadline! (See Page 2 & 3 for Details)



Important Dates

- 7/9 to 7/11, CTSI, Culture Camp
- Sun.,7/14, Elders Council—I PM
- Sun.,7/19, Regular Council—8 AM

Community News



Portland Summer BBQ Potluck in the Park

We are hosting our next Summer BBQ/Potluck on:

Tuesday, July 30th: 5—7 PM Creston Park 4220 SE Rhone St, Portland, OR 97206

We hope you can join us for our annual Summer BBQ/ Potluck at Creston park in SE Portland. This is an opportunity for Portland Tribal members and their families to get together, visit, have some food, share their favorite dish and enjoy the summer weather.

Unlike previous years, this year's BBQ will be later in the day at 5 PM and at a new location. Since parking can sometimes be limited at many Portland parks, we encourage people to consider carpooling with family or utilizing public transit (tri-met #9 bus) if possible.

For questions, please call Rebecca Downey, Area Office Supervisor at (503) 238-1512.

For elders transportation, please call Angelina Artiago at (503) 760-3899.

We look forward to seeing you there!

Elder's Shopping Day

The next elders shopping days will be:

July 3rd & 17th at 10 AM

To reserve your spot on the bus, please call your Elders program area representative, Kay Steele (503) 760-4746 or Angie Artiago (503) 760-3899.

Portland Siletz Tribal Head Start Summer BBQ Enrolling Now!



Congratulations to the students at the Portland Siletz Tribal Head Start. You worked hard this year, learning and growing. We are proud of you, Teachers Tonya, Maria and Sarah.

Did you Know?

Head Start helps children grow socially, physically, mentally emotionally, and gain confidence in themselves.

The classroom is located less than a mile from the Portland Area Office, providing easier access for our SE parents and more opportunities for collaboration between the Area Office Staff and the Head Start Teachers. If you have a child that will be age three or four by September 1st, pick up an application from the Area Office today. Applications can also be mailed to you by calling 1 (800) 922-1399.

Enrollment Information Attention:

The Address update Deadline for Percapita is Friday July 12th!

Annual Deadlines for Enrollment:

The deadline to submit an Application for Enrollment, name changes, blood quantum correction and requests for relinquishment of Tribal membership is the 2nd Friday in the months of January, April, July and September. The Enroll-

ment Committee reviews the applications and requests at their meetings in the months of February, May, August and October. Tribal Council takes action on the Committee's recommendations in March, June, September and November. There is a blackout period for Enrollment Actions from December 1st to Election Day (1st Saturday in February) annually.

Social Security Cards

Letters were recently sent out for minors who do not have a social security card on file. If you received a letter, please get a COLOR copy mailed directly to Enrollment or take to an Area Office to have a COLOR copied made and sent to our office.

Phone Calls and Email Blasts





Occasionally, Tribal Departments and Area Offices send out "robo calls" to give information to a group of people; Elders or by service area, of events that are occurring such as fish distribution, heat waves, etc. In order to receive the phone calls you must have a current phone number on file with Enrollment. You can also sign up for email notifications that are sent out by emailing angelar@ctsi.nsn.us.

Children NOT Enrolled That Could Be

To be eligible for enrollment with the Tribe an applicant must be:

- Not enrolled with another Federally recognized Tribe;
- Be the biological descendent of a Siletz Tribal member;
- Have a blood quantum of 1/16 or more (the Siletz parent needs to behave a blood quantum that is equal or more than 1/8, 2/16, 4/32, 8/64, 16/128, 32/256);

- Submit their original State issued birth certificate; and
- Submit their original Social Security

The originals are examined by staff, copies made and the originals are returned via certified mail when not brought in to a Tribal office directly.

Within the 11-county service area, the Enrollment Department is aware of at least 20 children that are not enrolled that could be. There are likely many more and we would like for Tribal members to get their child's application submitted as soon as possible. When your child is not enrolled with the Siletz Tribe, some of the detriments are:

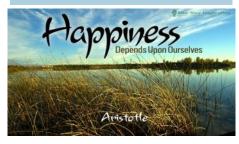
- Your child CAN receive direct care from the Siletz Clinic and Purchased/Referred Care through the age of 18, however their health care coverage from the Tribe ends on their 19th birthday;
- Your child DOES NOT accumulate funds in a Trust account from annual per capita distributions;
- Your child is NOT ELIGIBLE for JOM (Johnson O'Malley) funds for education and sports fees;
- Your child is not eligible for Siletz Tribal Youth Activity funds that is available to all Tribal Youth regardless of where they reside (\$75.00 per year);
- When your child is an adult they WILL NOT be eligible for Adult Education, Adult Vocational Training (AVT), and Higher Education funding;
- When your child goes to college, they would not be able to apply for Tribal Student Housing Assistance; and
- There are many other benefits to being a Siletz Tribal member they would be unable to receive.

Community Health



Diabetes Support Group

The date for our next Diabetes Support Group-Luncheon will be determined at a later date. Stay tuned to future articles in the Portland Potlatch.



We currently do not have a Community health Advocate (CHA) at this time.

If you have any CHA related questions, or matters please call Rebecca Downey, Area Office Supervisor or Andrew Johanson, Area Office Clerk, for assistance.

Thank you. Verdene.

Your Monthly Meditation:

Your Issue:

"I Want to feel a deeper connection to the people around me."



Your Meditation:

The ancient Tibetan technique called meditation on the benefactors. Sit quietly and think of someone who has unconditionally loved or supported you, someone who saw what was best in you and helped it flourish. Close your eyes and visualize that person behind and slightly above you. Imagine him or her radiating love, and that love is showering down on you in the form of beautiful, golden light. Sit and allow every cell of your body to be bathed in it. Then visualize someone in front of you, someone you want to share the light with. Let it pour down through you, through your heart center, and bathe the person in front of you. You can visualize one person, your whole family, the whole world. It fosters a sense of connectedness. —D.S.

Heatstroke:

Sometimes babies are so peaceful and quiet in the backseat that we can forget they are even there, and it can be tempting to leave a sleeping baby in the car so we don't have to wake them up while we quickly run into the store. But leaving a child alone in a car can lead to serious injury or death from heatstroke, even in cooler temperatures.

Here's some helpful information and tips for parents about heatstroke prevention for kids.

Hard Facts about Heatstroke!

- On average, every 10 days a child dies from heatstroke in a vehicle. In more than half of these deaths, the caregiver forgot the child was in the car.
- A car can heat up 19 degrees in just 10 minutes. And cracking a window doesn't help.

 Young children are particularly at risk, because their bodies heat up three to five times faster than an adult's.

Top Tips for Preventing Heatstroke

Reduce the number of deaths from heatstroke by remembering to **ACT**:

1. Avoid heatstroke-related injury and death by never leaving a child alone in a car, not even for a minute. And make sure to keep your car locked when you're not inside so kids don't get in on their own.

- 2. Create a habit; Keep a stuffed animal or other memento in your child's car seat when it's empty, and move it to the front seat as a visual reminder when your child is in the back seat. Or place and secure your phone, briefcase or purse in the backseat when traveling with your child.
- 3. Take action. If you see a child alone in a car, call 911. Emergency personnel want you to call. They are trained to respond to these situations.
 - * Article by Safe Kids Oregon

Vocational Rehabilitation (STVRP)

STVRP is here to assist members of ANY

federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.



Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. Services are provided in all area offices, however to inquire about services, ask to be transferred to the office nearest you that is listed below.

Salem Area Office:

Dana Rodriguez, Program Aide; Toni Leja, Counselor/Job Developer (503) 390-9494 3160 Blossom drive NE, ste. 105 Salem, OR 97305

Eugene Area Office:

(541) 484-4234 Jeramie Martin, Program Director 2468 West 11th, Eugene, OR 97402

Siletz Admin. Office:

(800) 922-1399

Rachelle Endress, Counselor/Job Developer 201 SE Swan Ave, Siletz, OR 97380

Behavioral Health — Alcohol & Drug Program

Philosophy:

gram views alcoholism, chemical dependency, and other addictions as a progressive illnesses. When left untreated they can cause emotional, mental, physical, and spiritual problems for the person, family, and community. Addictions are treatable and staff is personally dedicated to providing culturally relevant treatment services.

Services Include:

- Evaluation/Assessment
- Referral to appropriate resources
- Alcohol/other drug education
- Cultural/traditional Individual, group, or family counseling
- Adolescent treatment
- Women's specific treatment
- Intervention
- Recreational therapy
- Urinalysis/saliva testing

DUII rehabilitation services

The Siletz Tribal Alcohol and Drug Pro- Generally, PAO Counselor Andulia WhiteElk Hours are:

When Andulia is unavailable, Counselors from other area offices (Salem, Siletz, or Eugene) can assist.



Salem Office Monday, Tuesday 8-4:30PM

Portland Office

Wed. (Noon-4:30) Thursday and Friday

Wed. (8AM -Noon)

8-4:30PM

Recognize **Acknowledge Forgive** Change

If you or someone you know needs substance abuse treatment, recovery is possible. For drug and alcohol information and treatment referral call Andulia WhiteElk

Help is Available & **Confidential**

Purchased Referred Care (PRC)

Need to Call Purchased Referred Care (PRC)?

If you have questions about your eligibility for Siletz, Contract Health Services (CHS), please call your assigned PRC technician. Please call (800) 628-5720. A technician is assigned to you by your last name. Please refer to the list below to determine who you need to speak with when contacting contract health.

Gail Barker A-G X 1329 **Chrissy Marcau** H-O X 1622 Joella Strong P-Z X 1329

Behavioral Health—Mental Health Services

In the heat of summer:

Summer plans are established and the weather is being more cooperative than not. Children are embracing their freedom, while parents may be struggling to keep them entertained while also working full-time. Parks with water features are a great source of entertainment. To function well, our brains need to keep cool and hydrated, so be sure to pay attention to signs of heat exhaustion, and carry a water bottle with you.

Boost your mental health in the summer to get ahead of those potential winter blues:

- 1. Exercise– It can be harder to get out an be active with this heat, but it's important to find a way to boost endorphins with at least 30-45 min of cardiotype activity each day. Plan your day; are you more likely to workout in the early morning hours, before it gets hot, or in the evening once it has cooled down?
- 2. It's an important time of year to stay connected with people to keep depression at bay. Try making at least one Near the Portland office, check out plan with friends each week, and stick to it (most people routinely want to Earl Boyles Park, east of SE 107th and cancel plans when it gets hot, but try Francis Street. and resist the urge).
- 3. Research says 20 minutes of sunlight a day (don't forget sunblock!) can lift your mood noticeably. What creative ways 3045 River RD N, Salem Oregon. can you think of to get sun each day? Do some yardwork, perhaps, or take your dog for a walk? Try and get out in it!

Traditional Coping

July is a great month to get your children to culture camp (July 9th-11th). And, as a Siletz adult, it's a great time to volunteer and help shape our youth into wellrounded individuals who take pride in their Native heritage. Summer can be a

time of difficulty for our Elders, when it's getting hot. It's a good time to reach out and make sure they stay cool and hydrated. The Behavior Health Department will be hosting a few various outdoor activities that tribal members in the Portland and Salem areas are welcome to attend (and many have transportation available). Contact Rachel or the Siletz Behavioral Health Department for more details.



this park with a splash pad:

Near the Salem office, check out this park with a splash pad:

Rachel's Schedule:

Portland: Mon/Tues. 8 AM—4:30 PM (503) 238-1512

Salem: Wed. /Thu. 8 AM—4:30 PM 1-(503) 390-9494

Education & Youth Update

July Events & Activities for Native Youth:



Siletz Culture Camp July 9th, 10, 11th. Siletz, OR (Camping is Available Free)

Learn about our Tribal culture, our language, our traditional dance, foods, and clothing. Classes include: making shawls, basket weaving, bear Grass weaving, dentalium necklaces, loom beading, drum sticks, Native games and much more. Meals will be served at the community center each day. If you have questions please contact Buddy Lane in Siletz or Katy at the Portland area office.



Youth 12 + Rafting July 18th

This is a rafting trip is for kids 12 years of age and older. You are invited to join us for a trip down the McKenzie River. Spots are limited so call ahead to participate. We will be leaving the Portland Office at 8 AM on the 18th. Please call Katy at (503) 238-1512 to sign up for this great adventure!

Cultural Craft Day In the Park & Swimming After at Sellwood Park & Pool



Tuesday, July 22nd 10:00 AM to 3:30 PM

We will meet up at Sellwood Park, where we will be having a full day of fun with kick ball, cultural activities, lunch and lastly swimming at Sellwood outdoor swim park. A picnic lunch will be provided. Swimming passes will be provided at no cost. Young children must be accompanied by a chaperone. Please call Katy to register.

Wings & Wave Water Park Wednesday, July 31st



Lunch will be provided. Call Katy for transportation and reserve your space to join.

The Johnson O'Malley (JOM) Supplemental Education Program

Has funding to assist our Native youth to enroll in summer enrichment activities and/or academic programs. From soccer/football/music/swim lessons, camps/theatre science camps—and so much more. Contact Katy Holland for more information.

www.ctsi.nsn.us Incentive Awards; Siletz Tribal Graduates of All Ages

The Siletz Tribe would like to recognize our graduates from Head Start, kindergarten, elementary school, middle school, high school, adult vocational training degree or certificate programs, Bachelors degree, Masters and Doctorate degrees with a financial incentive award. Please send in a copy of your promotion certificates, transcripts, or diploma's to Katy at the Portland area office with your return address.



Siletz Tribal Youth Activity Fund

The Siletz Youth Activity Program Provides up to \$75 per year to assist Siletz youth pay for music, camp fees, science/environmental projects, graduation, cultural supplies and materials, lab fees, shop supplies, sports and more. To be eligible you must be enrolled in the Siletz Tribe and be between elementary school through high school level.

Home Visiting

The Home Visiting program is open to Siletz families in our 11 county service area. We serve families prenatally until the child turns 3 years old (must begin before child turns one year). Our Home Visiting program uses the Family Spirit model and curriculum developed by the John Hopkins Center for American Indian Health and is designed to increase parenting knowledge and skills, link families to resources and provide encouragement to help parents engage in positive parenting.

Recent graduates of the program say:

- •"A million times over I'd recommend it to everyone. It makes all the difference. I don't know what I'd have done without it." Brittany
- •"It was nice to know someone was there if I needed help, or to get some advice." Heather
- •"It reinforced my parenting skills. Helped to

know I am doing it right." Allison

If you are interested in learning more about the program please contact Lori Christy, (503) 390-9494 X 1863.



July 2019

SUN	Mon	TUE	WED	Тни	Fri	SAT
	1	2	3 Elders Shopping Day 10 AM	Independence Day Holiday All Offices Closed	5	6
7	8	9 Jul	CULTURE CAMP y 9 – 11—Siletz, Ore	11 477-SSP (CAN) Meeting 1:30—3 PM	12 Address Changes Due to All Siletz Offices by 4:30 PM	13
14 Elders Council 1 PM—Lincoln City	15	16	17 Elders Shopping Day 10 AM	18 Rafting Trip 8 AM	19 Regular Council 8 AM—Siletz	20
21	Culture Craft Day in the Park 10 AM—3:30 PM	23	24	25	26	27
28	29	PAO Annual Potluck BBO at Creston Park 5—7 PM	31 Wings and Waves Water Park Trip 10 AM—3:30 PM			

2019 Nesika Illahee Pow-Wow

CONFEDERATED TRIBES OF SILETZ INDIANS

ANNUAL NESIKA ILLAHEE POWWOW

August 9th - 11th, 2019

Pauline Ricks Memorial Pow -Wow Grounds Government Hill, Siletz, OR



Categories

Golden Age / Adult | \$600, 500, 400, 300, 200 Teen | \$300, \$250, \$200, \$150, \$100 Youth | \$150, \$100, \$75, \$50, \$25 (Teen & Youth Preliminaries Occur Friday Night

Specials

- Team Dance
- Women's Basket Cap Special (Open)
- Round Bustle (Open)

Thursday, Aug 8t

Royalty Pageant - 6 PM

Friday, Aug 9th

Memorial / Giveaways

Noon to 5 PM

Presentation of Crowns 6 PM

Grand Entry-7 PM

Saturday, Aug 10th

Parade - 10 AM

Dance competition

Points Awarded for Parade
participation

Grand Entry - 1 PM & 7 PM

Sunday, Aug 11t

Grand Entry - 12 PM

Salmon DinnerFollowing Grand Entry

All Dancers & Drummers Welcome

(Drummers, please bring your own chairs)

Alcohol & Divin Free Event | All gre welcome to Alleno

Vendor registration is required. Camping fee \$25; \$5 pet fee / per pet (camping area) Camp Grounds open Thursday at 7 AM Brug and Alcohol Free Event For more information call: 800-922-1399 Buddy Lane Ext. 1230

USDA					
	Monday	July I	9 AM – 1 PM		
Z	Tuesday	July 2	9 AM – 3 PM		
Siletz	Wednesday	July 3	9 AM – 3 PM		
	Thursday	July 4	HOLIDAY		
	Friday	July 5	9 AM – 3 PM		
	Monday	July 14	1:30 PM – 6:30 PM		
Salem	Tuesday	July 15	9 AM – 6:30 PM		
Sal	Wednesday	July 16	9 AM – 6:30 PM		

By now, you should have all gotten to try the new boneless/skinless chicken breasts, I hope you all liked them. They will now be a part of the regular food package. There are more new items on the horizon that will be AWESOME!

July 17

Be sure to LIKE us on Face book at: SILETZ TRIBAL FDPIR. We are posting recipes, distribution dates, pictures and food safety tips.

Joyce Retherford, FDP Director 541-444-8393

Athabaskan Language



Thursday

Nuu-wee-ya'
(Our Words)

For July, language and Culture class will be held in Siletz during culture camp. For more information please call bud lane at (800) 922-1399 X 1320.

Many Athabaskan language lesson are available to tribal members, in print and audio at the CTSI web site at:

Appointment only

www.ctsi.nsn.us

The language samples are provided for your use online. To confirm proper pronunciation go to the Siletz Talking Dictionary at:

www.siletzlanguage.org

Jul. 9—11, 2019
In Siletz, OR at Culture
Camp!

477 Self-Sufficiency Program

Creative And Native (CAN)

The required monthly group is a supportive/informational group that will focus on work, education, family and goals.

July's CAN Meeting is: Thursday, July 11th, 2019 1:30—3 PM

Come meet and learn from others like your self who are working toward their goals!

Light snacks and coffee are served.

If you have any questions please call the program at PAO and speak with Tamra Russell or Anna Renville at (503) 238–1512.

477 Self Sufficiency Mission Statement

To assist eligible clients in attaining self-sufficiency. The 477 Self Sufficiency Program will serve the following groups as they work towards this goal:

Siletz Families

- Native American
- Alaskan Native
- Native Hawaiian

The available components through the Program are cash grant services, emergency utility assistance, job training, job retention services and supportive services.

The Program Manual lists all available components in detail and the requirements of each. All components of the 477 SSP are available on a budgetary basis.

Contact a Tribal Services Specialist for more information about current components that are available.

Your Success is Important to Us!

Contact a Tribal Services Specialist for more information about current components that are available.

If you have questions or to apply, please call the Portland Area Office (503) 238-1512 and speak with Anna Renville, or Tamra Russell.

Parking at the Portland Area Office (PAO)

When visiting the Portland Area Office, please note that **Blue** parking spaces are for siletz tribal members, staff and visitors. Overflow parking is available on SE 128th Ave.

CTSI Ongoing Job Announcement

Position: Transporter (On-Call)

Location: Portland

Supervision: Area Office Supervisor/

Elders Coordinator.

Salary: \$12.50/ Hourly

For more information please contact:

Contact: Siletz Human Resources Department (800) 922-1399

This position transports for multiple CTSI tribal programs. Hours vary from week to week. Ideal candidate is reliable, flexible, helpful, culturally sensitive and respectful to elders and clients.

Tobacco Prevention Education Program (TPEP)

Health Effects of Secondhand Smoke

Secondhand smoke is the combination of smoke from the burning end of a cigarette and the smoke breathed out by smokers. Secondhand smoke contains more than 7,000 chemicals. Hundreds are toxic and about 70 can cause cancer.

Since the 1964 Surgeon General's Report, 2.5 million adults who were nonsmokers died because they breathed secondhand smoke.

There is no risk-free level of exposure to secondhand smoke

 Secondhand smoke causes numerous health problems in infants and children, including more frequent and severe asthma attacks, respiratory infections, ear infections, and sudden infant death syndrome (SIDS).

- Smoking during pregnancy results in more than 1,000 infant deaths annually.
- Some of the health conditions caused by secondhand smoke in adults include coronary heart disease, stroke, and lung cancer.

What can we do to help prevent secondhand smoke exposure? Smoke outside

People who smoke inside housing units expose everyone who lives in the unit to secondhand smoke exposure. Not only do those who live in the unit get exposed to secondhand smoke, but those who visit will also be exposed to secondhand smoke. Smoke can linger in housing units for hours until it settles and causes third-hand smoke exposure.

Lets work together and help protect the Health of our people!



2019 Culture Camp Registration Form July 9-11, 2019

Siletz Tribal Community Center & Grounds, Siletz, Oregon

Registrations forms are required for all participants

(forms can be submitted by mail, fax or hand delivery at camp)

This is a day camp only unless you are traveling from the Eugene, Salem, Portland (or other) areas.

If you are traveling from an outside area, camping space is available (campers must provide own equipment). Parent/Guardians are welcome to attend and are responsible for dropping off and picking up children at appropriate times. Children age 10 or younger must be accompanied by an adult. *Some activities require adult assistance.

Name:			
Age:		Roll #:	
Mailing Address:			
Telephone #:		E-mail	
Parent/Guardian's Name:			
Parent/Home #:		Work	#:
Emergency Contact Person:			
Emergency Phone #:			
Does participant have any allergies? If so list below:			
Chaperone's Name: Chap (Chaperones must be 18 or old	perone's Phone #: ler)		
Classes will include but are	not limited to :		
Siletz Basket Weaving	Flint Knapping	Beargrass	braiding
Learn about Pine nuts	Ropes Course	Bea	adwork
Moccasins craft	Face painting	Hea	adstart
Shell Necklaces Shawls Singing	Soapstone Carving Drum Sticks		uatics umming 8
Youth Games	Traditional Foods	Scr	apbooking
Other	r classes may be schedul	ed	

Please return registration form to your nearest tribal office or send completed

form to Culture Camp, CTSI, P.O. Box 549, Siletz, OR 97380-0549.

Date

Parent/Guardian's Signature

Fax 541 444-8392

2019-20 Siletz Tribal Head Start Enrollment Application

CHILD'S NAME	Social Security #			
Child's Sex: M F 3. Child's Date of Birth:// AGE NOW Returning Student: Yes No. Does child have any condition which may be considered a disability or special need? Y/ N_Explain:				
Is child descendent/men	nber of a federally recognized Indian Tribe? $\ Y/\ N$			
Roll #fication).	Tribe(Please a	ıttach veri-		
Are You Homeless? Y/ N Homeless children means individuals who lack a fixed, regular, and adequate nighttime residence; For Example, are living in motels, hotels, trailer parks, or camping grounds due to the lack of alternative adequate accommodations, or are awaiting foster care placement.)				
PARENT/GUARDIAN	NAME(S):			
1.	DOB / /			
2.	DOB / /			
Street Address:	City:			
Zip Code:				
Mailing Address:City:	Zip Code:			
) Work:()			
	address if different from above:			
A preference for enrollment can be given to families which face any of the following conditions: single parent household, parents separated or divorced, child is a victim of abuse or neglect or child suffers a non-handicapping medical condition, foster child, sibling who attended the program. If your family meets any criteria and you want to claim that preference, please list the qualifying condition(s) here:				
LIST ALL OTHER HOU Household members	USEHOLD MEMBERS BY NAME and DATE Of Birth	<u>1 :</u> Total #		
Please add additional families members to the back of this application				
1. 3. FINANCIAL STATEMEN apply:	2. 4. <u>VT</u> (You Must attach verification of these benefits.) <u>Check</u>	all that		
	ployment—General Assistance—Child Support—TANF - Vete lity—College Grants/Scholarships—Other, explain	eran's Bene-		
TOT (YOU MUST attach verific	TAL GROSS MONTHLY INCOME \$ation)			
	that the above information is complete and accurate:			
Signature:	Date:			
Siletz Tribal Head Start is an equal opportunity program and open to all children regardless of race, color, age, sex, handicap, or national origin. Any person who believes she/he has been discriminated against should write to the Secretary of Agriculture, Washington, DC, 202500				

Published by the Confederated Tribes of Siletz Indians of Oregon Portland Area Office

Portland Area Office

12790 SE Stark St., Suite 102 Portland, OR 97233

Phone: (503) 238-1512 Fax: (503)238-2436

Hours:

Mon—Friday 8:00 AM—4:30 PM

www.ctsi.nsn.us



BEAR SV-GVS

-*-*-*-*

Is Your Newsletter Coming to the Right Address?





We frequently receive new mailing address lists from Enrollment. If you have not updated your new address with enrollment your newsletter could be misdirected. If you or someone you know is not currently receiving their newsletter (we send one per household), please contact Enrollment: (800) 922-1399, X1258 to update your mailing address.

How to Get Your Newsletter Faster and In Color?

All Area Office newsletters are now posted for immediate downloading at our tribal website:

www.ctsi.nsn.us

Any tribal member who would like to be notified when the new issues is posted may contact Andrew Johanson, PAO clerk to be added to the notification email. Then you can download and print a color version with a few clicks of your computer keyboard.



Portland Area Office Staff:

Name/ Title	Contact Information		
Rebecca Downey	(503) 238-1512, X1419		
Area Office Supervisor	rebeccad@ctsi.nsn.us		
Katy Holland	(503) 238-1512, X1418		
Education Specialist	katyh@ctsi.nsn.us		
Andrew Johanson	(503) 238-1512, X1400		
Area Office Clerk	andrewj@ctsi.nsn.us		
VACANT	(503) 238-1512, X1413		
Comm. Health Advocate	@ctsi.nsn.us		
Anna Renville	(503) 238-1512, X1412		
Tribal Service Specialist	annar@ctsi.nsn.us		
Tamra Russell	(503) 238-1512, X1411		
Tribal Service Specialist	tamrar@ctsi.nsn.us		
Andrew Eddings	Work Cell: (541) 270-9717		
Peer Recovery Mentor	andrewe@ctsi.nsn.us		
Rachel Adams	(503)238-1512 X1417		
Mental Health Specialist	rachela@ctsi.nsn.us		
Andulia WhiteElk	(503)238-1512 X1414		
A & D Counselor	anduliaw@ctsi.nsn.us		

Other Numbers:

	Name/ Program	Number	Name/ Program	Number	
	Bud Lane	800-922-1399	Jeremy Martin	800-922-1399	
	Cultural Program	X1320	Voc. Rehab. Direct.	X1385	
	K.C. Short	800-922-1399	Mike Kennedy	800-922-1399	
	Finance Manager	X1316	Natural Resources	X1232	
	Anita Bailor—Programs I Director/ Elders Program	800-922-1399	Angelina Artiago	(503) 760-3899	
		X1220	Portland Elder's Rep		
	Rachel Adams	(503)390-9494	Kay Steele	(503) 760-4746	
Mental Health Specialist		X1864 Salem X 1417 Portland	Portland Elder's Rep		
	Angela Ramirez	(800)922-1399	DeAnn Brown	(800)922-1399	
	Enrollment Clerk	X 1258	Siletz HS Program	X1510	