



DRUMBEAT

SALEM AREA OFFICE

3160 Blossom Dr N. Ste 105, Salem
503-390-9494


Beverly Owen, Area Office Supervisor

Cindy Jackson, Area office Secretary

JANUARY

Happy New Year From
The Salem Area Office Staff

2019


Tribal Election Info

Jan 5th – Candidates Fair
9am-12pm @Aces Bar & Grill

Jan 25th – Deadline to request Mail-In Ballot

Feb 2nd 10am-4pm – In Person Voting in
Siletz

Feb 2nd 4:00pm – Deadline for Absentee
Ballots



Community Meeting Coming Up!
See Enclosed Flyer For Details!



January 1, 2019
New Year's Day

January 21, 2019
Martin Luther King Jr. Day



Community
Meeting



Well it's that time of the year again!

Time to come to the Community Meeting and
share your ideas for our community!

DATE: January 24, 2019

TIME: 5:00pm

PLACE: Salem Area Office
3160 Blossom Dr N
Salem 97305



A light meal will be provided.
Enrollment will be here with the ID Machine.

We hope to see you there!



WISDOM



Chronic Disease Self-Management Program

Empowering Individuals, Empowering Communities

- **1 day a week, 2.5 hours** class for **6 weeks**
- **Free book and Wisdom Warrior Wellness Pouch** upon completion of the course!
- The class is for **ANYONE** with a **chronic illness** or those **caring for someone** with a **chronic illness**.
- **Topics include:** Chronic Disease Management, making action plans, problem solving, dealing with difficult emotions, healthy eating, communication skills, working with your Health Care Provider.

Where:

TBD

When:

Every Wednesday,
February 20, 2019
through
March 27, 2019

Time:

11:00am – 1:30pm

LUNCH PROVIDED

For more details contact:

Angelica Espino: (503) 390-9494

Presented by:



C.T.S.I.

477 - Self Sufficiency Program *Siletz Diabetes Program*



ANNOUNCEMENTS & NEWS

JANUARY

SALEM AREA OFFICE STAFF

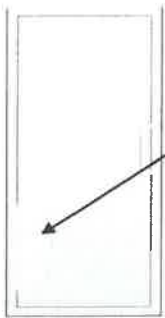
Beverly Owen
Cindy Jackson
Angelica Espino
Cecilia Tolentino
Andulia White Elk
Rachel Adams
Andrew Eddings
Sonya Moody-Jurado
Dana Rodriguez
Antonia "Toni" Leija
Lori Christy

Salem Area Office Supervisor
Area Office Secretary
Tribal Service Specialist
Community Health Advocate
Addictions Counselor
Mental Health Counselor
Peer Recovery Mentor
Education Specialist
VocRehab Aide
VocRehab Job Developer
Home Visiting Program

Meet the



Office Staff



REMINDER:

We have a slot in our front door you can use if it's after hours or on a holiday and you need to drop off paperwork.

CHILD CARE

Funding Increase for the CTSI Childcare Assistance Program

The CTSI Childcare Assistance Program received an increase in funding for FY 2018. With the increased funds the program amended its plan to expand income eligibility for families, to reduce the monthly co-payments required, and to increase the hourly rates paid for childcare services. We can also assist families certified by the State of Oregon Employment Related Day Care (ERDC) with paying a portion of their co-payment under that program.

Changes were also made to increase the funds available to help Childcare Providers to meet health and safety requirements, to pursue additional training, and to assist with emergency preparedness.

The CTSI Childcare Assistance Program serves tribal children living within the 11 county service area whose parents are employed, looking for work, or engaged in higher education or training programs. Applications to apply are available at all Area Offices, on the CTSI Website, or by calling 1-800-922-1399 and asking for DeAnn Brown.



2018/2019 HUNTING/FISHING/GATHERING INCENTIVES

Reminder to all Siletz Tribal Members: Please report all harvests of deer, elk, salmon and shellfish to the Natural Resources Department. The name on the tag/permit will be submitted into a drawing after the seasons end and could receive one of the following Cabelas Gift Card incentives.

HUNTING INCENTIVES

\$100 ~ \$75 ~ \$50
 CABELAS GIFT CARDS

FISHING INCENTIVE

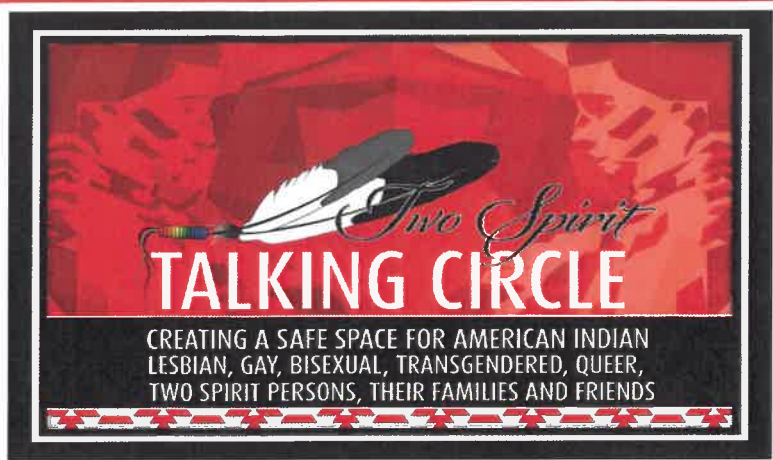
\$50
 CABELAS GIFT CARD

SHELLFISH INCENTIVE

\$50
 CABELAS GIFT CARD

Please report all harvests to:
 Mike Kennedy
 541-444-8232
mikek@ctsi.nsn.us
 or
 Denise Garrett at
 541-444-8227
deniseg@ctsi.nsn.us





CREATING A SAFE SPACE FOR AMERICAN INDIAN
LESBIAN, GAY, BISEXUAL, TRANSGENDERED, QUEER,
TWO SPIRIT PERSONS, THEIR FAMILIES AND FRIENDS

Held at the Hee Hee Illahee RV Resort:
4751 Astoria Street NE Salem, OR 97305
A meal will be provided.

The second Wednesday of the month from 5pm-7pm

January 9th, 2019

February 13th, 2019

March 13th, 2019

April 10th, 2019

Please contact Norma Trefren if you need further
information 541-484-4234 normat@ctsi.nsn.u

facebook

Please visit our Facebook page at:

<https://www.facebook.com/groups/383072355357428/>

Our newsletter is posted each month as well
as other announcements, office closures, etc.

Our newsletter is available through snail
mail and as well as email. If you don't
already get our newsletter and would like
to sign up for it, please contact Cindy at
the Area Office.

Family Film

Winter Break



It will live in your heart forever!

Walt Disney's

PETER PAN

2 pm

Friday, January 4

Loucks Auditorium

Doors open 1:45 pm

Rated G, 77 minutes (1953 version)



Paperback Book Exchange



CITY OF Salem
AT YOUR SERVICE
Salem Public Library



2 - 3 pm

Thursday,

January 3

Anderson

Rooms A and B

Refresh your home library by
bringing gently used books to
exchange for something new to you.

CITY OF Salem
AT YOUR SERVICE
Salem Public Library



DROP-IN CRAFTS and FAMILY BOARD GAMES



Now Through
January 7th
2:00pm daily
3rd Floor



Advocate: Kim Lane
 Outreach: Kira Woosley
 Sexual Assault Advocate: Delina John
 Domestic Violence Advocate: Jen Metcalf

kiml@ctsi.nsn.us
 kiraw@ctsi.nsn.us
 delinaj@ctsi.nsn.us
 jenn@ctsi.nsn.us

TOLL FREE: 1-800-648-0449

The CARE Program offers confidential, safe and culturally appropriate education and advocacy services to Native American victims of domestic violence, sexual assault, dating violence and stalking, as well as victims associate with Native families, such as a non-native spouse.

An advocate is available to provide assistance to access services, including personal protective orders, shelter or housing, Tribal program information and other program resources.

It is the Program's mission to educate and empower our community to live a healthy, non-violent lifestyle that strengthens spirit for future generations.

JANUARY

LANGUAGE & CULTURE

Bud Lane

1-800-922-1399 x1320

USDA SALEM WAREHOUSE

Joyce Retherford

CTSI FDP Director
 503-391-5760 (Salem)



Nuu-wee-ya' (Our Words)

When:

**2nd Tuesday of every month
 6:00 – 8:00 pm**

These classes will begin with basic instruction and will progress over the year. It will also be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages. We also have equipment in the Culture Department available for use in grinding and drilling shells or pine nuts or other applications. If you have a need for using the equipment, call and I can set up an appointment during regular business hours or after hours.

Distribution Dates & Times

Monday January 14	1:30pm – 6:30 pm
Tuesday January 15	9:00 am – 6:30 pm
Wednesday January 16	9:00 am – 6:30 pm
Thursday January 17	BY APPOINTMENT ONLY

APPLE HAND PIES

- | | |
|--------------------------|--------------------------|
| *1 ½ cups bakery mix* | *1 ½ cups blue cornmeal* |
| *9 apples peeled, cored* | *½ cup water |
| *1 teaspoon cinnamon | *½ cup sugar |
| *½ cup raisins* | *1 block cream cheese |

DIRECTIONS:

Peel and slice apples, put in a kettle with the raisins, water, cinnamon and sugar. Cook until the apples are tender then mash slightly with a potato masher. Add the cream cheese and stir until melted. Set aside until cool.

Measure the bakery mix and cornmeal into a large bowl and mix with a fork. Add the water and mix until a soft dough forms. Pinch about a 2" ball off and place it on a floured pastry board, knead and roll out thin. Place 2 tablespoons of the apple mixture in the center of the dough, dot the edges with a little water and fold the dough over the apples and press the edges with a fork. Place it in a 475 degree oven and bake for about 12 minutes. I also drizzled a glaze of powdered sugar and evaporated milk over the top and refrigerated them until the glaze was dried.



477 / SSP

Angelica Espino, TSS
angelicae@ctsi.nsn.us

JANUARY

OFFICE HOURS:
MONDAY – FRIDAY
8:00AM – 4:30PM

Our Program offers a variety of services on a budgetary basis. We offer Cash Assistance, Emergency Assistance, Classroom Training, Work Experience and On The Job Training. Participants in 477/SSP Programs must meet the eligibility requirements.

IMPORTANT SSP POLICIES FOR CLIENTS TO REMEMBER

- SSP STAFF WILL RETURN CLIENT PHONE CALLS WITHIN 24 BUSINESS HOURS.
- SSP STAFF WILL ADDRESS CLIENT REQUESTS FOR SUPPORT SERVICES AND OTHER REQUESTS WITHIN 2 BUSINESS DAYS.
- SUPPORT SERVICES REQUEST FORMS ARE KEPT IN THE LOBBY.
- YOU **MUST** COMPLETE THE SUPPORT SERVICES REQUEST FORM FOR GAS CARDS, BUS PASSES, ETC.

PLEASE CALL BEFORE COMING ALL THE WAY HERE FOR YOUR CHECK.



Happy New Year From SSP



IMPORTANT DATES

January 1st

New Year's Day

OFFICE CLOSED

January 1st – 5th

Monthly Contact Appointment

(MANDATORY)

January 5th

Job Search/Monthly Report forms due for Cash Assistance

January 21st

Martin Luther King Jr. Day

OFFICE CLOSED

MONTHLY TRAINING

Mandatory for SSP Clients

Training details for the month of January were not available at the time of printing. SSP Clients will be notified of the details at a later date

FREQUENTLY REQUESTED PHONE NUMBERS AND WEB ADDRESSES

UNEMPLOYMENT OFFICE 1-877-345-3484

SOCIAL SECURITY 1-800-772-1213

WORKSOURCE OREGON EMPLOYMENT LISTINGS

MARION COUNTY EMPLOYMENT LISTINGS

STATE OF OREGON EMPLOYMENT LISTINGS

www.emp.state.or.us

SSA.gov

www.emp.state.or.us/jobs

www.governmentjobs.com/careers/marion

www.governmentjobs.com/careers/oregon



JANUARY

OFFICE HOURS:
MONDAY – FRIDAY
8:00AM – 4:30PM

Happy New Year From Community Health

Research finds Nez Perce had tobacco long before Euro-American settlers arrived in NW



Nez Perce Indians grew and smoked tobacco long before white traders and settlers arrived in the Pacific Northwest, new research from Washington State University has revealed. By testing stone pipes for nicotine residue, the researchers determined the Nez Perce were cultivating wild strains of tobacco 1,200 years ago in the warm, dry climate along the Snake River. The research represents the “longest continuous bio molecular record” of tobacco smoking from a single region in the world, the study’s authors wrote in an article published Monday in the *Proceeding of the National Academy of Sciences*.

Although tobacco use has a longstanding role in tribal culture and ceremonial use, the varieties smoked by the Nez Perce’s ancestors contained lower nicotine levels, the study said. Instead of being used for recreation, tobacco was smoked in limited quantities by select community members, the research said. Tobacco native to this area (*Nicotiana attenuata*) is sometimes called coyote tobacco. It’s a small, scrubby species grown in sandy river bars. Another variety of Northwest tobacco (*Nicotiana quadrivalvus*) had a natural range in southwestern Oregon and Northern California.

Genetic selection led to plants with larger leaves and higher nicotine content than wild varieties. As the Hudson Bay Co.’s explorers spread through the Northwest, use of introduced tobacco overtook native varieties among the tribes. The shift from traditional smoking of indigenous tobaccos and other plants to commercial tobaccos has had “significant deleterious effects on tribal culture and health,” the study said. Understanding the difference between native tobaccos used in traditional ceremonies and the commercially manufactured product could help tribal members quit smoking.

This Article was provided by: Becky Kramer becky@spokesman.com

New Years Resolutions

With the new year beginning, many of us will set out resolutions and commit to newly acquired goals for 2019. Some goals may include; eating healthier, cutting back or excluding soda’s and/or coffee, starting a workout routine, watching less T.V. read more books or work more on our self-care. What will yours be?

Do you use tobacco products? Would you like your resolution to be, tobacco-free for 2019? If so, stop by the **Siletz Tribal Office in your Area** and pick up a commercial tobacco **quit kit** now and set a date that works for you.

There is no perfect time to quit, but setting a quit date is the first step to being commercial tobacco-free. You should choose a date that is meaningful to you at a time that will not be too stressful.

Follow the steps below to make your personal quit plan.

1. Set a quit date, my quit day is on ____/____/____.
2. Find 3 people to support you along the way, can be family, friends, co-workers, anyone whom you trust and can contact for support.
3. Develop problem-solving skills for before and after quitting (e.g. cleaning house, car and workplace from tobacco products and accessories, identify and learn to manage your trigger)
4. Talk to your doctor or pharmacist about medications that can help assist you along the way (If preferred).
5. Find additional resources if needed: National Quitline 1-800-QUIT-NOW, tobacco cessation classes, phone APP’s, etc.

Quitting is a process. Whether this is your first time to quit or fifth. Give yourself permission to go back to your doctor, pharmacist, or counselor if you need to try and quit again.

If you would like assistance on your quit plan, or have questions, please contact Corey Strong (TPEP) at 541-444-9682

“I see strength, not to be greater than my brother, but to fight my greatest enemy-myself. So when life fades, as the fading sunset, my spirit may come to you (Great Spirit) without shame”. Anonymous



REMINDER
COMMUNITY
MEETING
JAN 24 5PM



EDUCATION

Sonya Moody-Jurado, Ed Sp
sonyamj@ctsi.nsn.us

OFFICE HOURS: MONDAY - THURSDAY 8:00AM - 4:30PM

Higher Ed ♦ Adult Vocational Training (AVT) ♦ Adult Education ♦ Supplemental Education ♦ (JOM) ♦ Tribal Youth Employment & Education (TYEE)

JANUARY

ADULT EDUCATION

The Adult Education program is for Siletz Tribal members, 16 years or older, who are not already enrolled in a formal education program. The Adult Education program can assist with the following: Obtaining GED, certificates, or otherwise raise levels of educational achievement through adult classes to improve employment status through education/training. There is no deadline to apply for classes. For an application, please call **SONYA** at (503) 390-9494.

HIGHER EDUCATION/ADULT VOCATIONAL TRAINING

The deadline to apply for 2018/2019 year was June 30, 2018. **The next deadline to apply is June 31, 2019. It is a requirement that you complete your FAFSA by January 31, 2019** to be eligible to receive tribal assistance.

JOM

When calling, if I am not available, please leave a message. For JOM activities youth must be nine years old to attend without a chaperone. **You must call Sonya to sign up for all JOM activities.**

Tutoring - Tuesdays 4:30-6:30pm

SILETZ TRIBAL YOUTH ACTIVITY FUND

Helps to fund programs for Siletz tribal youth in the many areas such as: sports, music, camp fees, lab fees, shop supplies, graduation, educational /scholastic materials, cultural supplies and materials, correspondence courses, and extra-curricular supplies. Siletz Tribal members from kindergarten to high school can access up to \$75.00.

College Night

Thursday January 17th 2019 6:00 pm at the Salem Area Office.

We will have information regarding Tribal Education Programs, application process, general question and answers regarding funding, program requirement and have staff from Chemeketa Community college to discuss campus programming.

High School Seniors

Students that are planning to attend college in the fall of 2019 should be actively preparing by:

- Collecting letters of recommendations-(you will need these when applying for scholarships);
- Taking SAT/ACT test;
- Have parents do their taxes as soon as possible after the end of the year-you will need their tax information to fill out the FAFSA (financial aid application) you can use prior year income information to complete the FAFSA,
- Talking to your high school counselors about college choices.

Students that plan for college throughout their senior year are better prepared for when they graduate and transition on to college.

Oregon Promise Helps Pay for Community College

The state is launching its Oregon Promise program—offering new high school graduates and GED recipients an opportunity to have some or all of their community college tuition covered.

You may qualify if you:

Graduate from an Oregon high school or complete the GED in Spring/Summer 2019 Have a 2.5 cumulative GPA or higher Oregon resident for at least 12 months prior to enrolling in community college.



Steps to take:

1. Complete the Oregon Promise application (online or written)
2. Submit your high school transcript or GED scores
3. Complete the FAFSA or its approved alternative

Once approved, enroll in an Oregon community college within six months of graduating high school or completing the GED (Fall 2019) and accept all state and federal grants. For more information, visit www.OregonPromise.org

TO ALL STUDENTS CONTEMPLATING ATTENDING SCHOOL FALL TERM i.e. High School Seniors, returning students and anyone that may be interested in attending school Fall Term 2019. **It is a tribal program requirement that you fill out the application for Federal Student Aid (FAFSA) by January 31, 2019 to receive tribal funding for fall 2019. There is no exception to this requirement.** The applications for FAFSA became available October 1, 2018.

FAQ's

Is there a cost to fill out the FAFSA application? No, there is never a fee, as the name states it is a Free application. If you are on a site that says there is a fee, it is the wrong site. The site is www.fafsa.ed.gov

I don't have my taxes complete yet, what do I do? You do not have to wait until you complete your 2019 taxes, you can use the tax information from 2017 and list on the application that it is last years income and you will update your FAFSA once you complete your taxes.

What do I do if I miss the January 31, FAFSA deadline? Unfortunately it is a Tribal requirement , so you would have to wait until the next school year to apply.

I do not plan on attending school Fall term but want to go Winter Term, when would I apply? There are two deadlines that you must meet, the January 31, FAFSA deadline and the June 30, Tribal Education application deadline. On the application you would indicate Winter and Spring Terms only.

Scholarship application season is upon us! Through Oregon Student Assist Commission you are able to complete one application for over 400 scholarships!

For more information, call 800-452-8807 ext 7395 or visit www.getcollegefunds.org/	
OSAC <i>Early Bird</i> priority deadline:	February 15, 2019
OSAC nonpriority deadline:	March 1, 2019

Below is a list of some other websites that offer scholarship searches. You can also go through the search engine on the www.fafsa.ed.gov website.

American Indian Science and Engineering Society (AISESnet) www.aises.org

College Board www.collegeboard.com

FastWEB- www.fastweb.com

Happy New Year From Education



OFFICE CLOSURES THIS MONTH
 January 1, 2019 New Year's Day
 January 21, 2019 Martin Luther King Jr. Day



ALCOHOL & DRUG

Andulia White Elk, Counselor
anduliawe@ctsi.nsn.us

JANUARY

OFFICE HOURS:
M - W 8:00AM - 4:30PM (SAO)
TH - F 8:00AM - 4:30PM (PAO)

New Years and your Recovery.

New Years is an emotional time for everyone. Whether it is thinking of new resolutions and how you're going to keep them or how you're just going to get through the holiday without using or drinking. Feelings that commonly come up around this time are; possibly sadness, regret, loss, joy and hope because of reflecting back on how your year has gone. One thing is certain; there will be opportunities for overdoing it with parties and festivities and for those in recovery possible relapse potential.

Here are some tips to get through this particular holiday.

- Make a new resolution and throw your own clean and sober party. This will support you and your recovery and will help others with their sobriety as well. It's considered service work and giving back in a way which will make you feel good too.
- If you must attend a party, plan ahead. Make sure you have a plan to leave and give yourself a timeline to stay. This is so you don't test your own resolve and temptation. Often times that's a losing battle especially those in early recovery.
- Call a sponsor or a good support friend if you feel the thoughts of using creep in. Just to keep you grounded in your commitment to recovery and a healthy lifestyle.
- Don't burden yourself with making New Year's resolutions that will stress you out and are unrealistic. This often sets people up for failure and adds unnecessary stress that you really don't need.

Remember this day will pass and you will still have to join life the next day, so weigh your options and think through what happens when you make the decision to let loose and drink or use. Chances are it's not how you want to start your year. Be safe and remember you are worth your recovery!

OFFICE CLOSURES THIS MONTH
January 1, 2019 New Year's Day
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PEER RECOVERY MENTOR

Andrew Eddings
541-270-9717 (cell)

The Peer Recovery Mentor assists A/D and Mental Health clients getting service through the Siletz Tribe. Assistance includes, but is not limited to: Meeting individuals where they are about to discover opportunities which may change their lives; working with individuals to identify any barriers to recovery they may have and develop a working plan to overcome these barriers; outreach services obtaining A&D assessment and referrals for medically assisted substance treatment, residential substance treatment, outpatient substance treatment services; act as liaison to other CTSI programs - SSP, Vocational-Rehab, Education, medical and cultural programs; walk with individuals through Legal and DHS providing moral support; assist in locating recovery based housing; attending self-help meetings with individuals and groups; assist in getting a sponsor; and integrating individuals into a positive peer recovery community.

I am available to meet with individuals who are incarcerated and will soon be released.



JANUARY

Happy New
Year!



Behavioral Health

Thinking about winter:

Winter is underway, but, the days are already starting to lengthen again. There is certainly something to be said about finding the silver lining—yes, it is harder to get out, harder to motivate, but the darkest day is behind us!

Here are some strategies for helping pull yourself out of the ‘winter blues’.

- 1) “Spring cleaning” during the winter is a good way to help keep yourself from feeling scattered during the holidays. Studies show that a cluttered house stems from a cluttered mind more often than not. Take an hour or two and devote it to finally taking those bags of clothes to your favorite charity.
- 2) Try and make time to socialize somehow; eat lunch with coworkers instead of alone, spend a family meal at the table instead of in front of the TV, or go to that annual party even though perhaps you’re just not quite feeling in the mood.

PAO Christmas Party:

The PAO Christmas Party was a big success, with lots of families coming out to create ornaments, get pictures with Santa and Mrs. Claus, and eat the lovely catered meal. Three tables of people making ornaments most of the evening made for a lot of fun, and Mental Health Specialist Rachel enjoyed seeing new faces, and those more familiar.

Mental Health Specialist services include:

Couples counseling, adventure-based therapy, youth, adult and family counseling with emphasis in experiential healing and person-centered therapy.

Coming up this January:

Mental Health Specialist Rachel will possibly make an appearance at the January Youth Council meeting, call Katy Holland in the PAO or Sonya Moody-Jurado in the SAO for more information!

Traditional Coping

For the people of the Siletz tribe, winter is a good time to spend extra time with our Elders, making sure they have firewood, are getting to the store, and are eating healthy. Smudging can be helpful to remove negative energies. Going to a talking circle can be a good way to connect, as well as giving us a safe place to say what is really draining our energy or causing us pain. For many, winter is a time of reflection, and visiting a cemetery and other sacred places to be amongst our ancestors can bring us peace and strength.

Portland Area Office

Mondays &
Tuesdays
(503) 238-1512
x1417

Salem Area Office

Wednesdays &
Thursdays
1-(503) 390-9494
x1864

REMINDER

COMMUNITY
MEETING
JAN 24 5PM

OFFICE CLOSURES THIS MONTH

January 1, 2019 New Year's Day
January 21, 2019 Martin Luther King Jr. Day



Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to assist members of **ANY** federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.

Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment



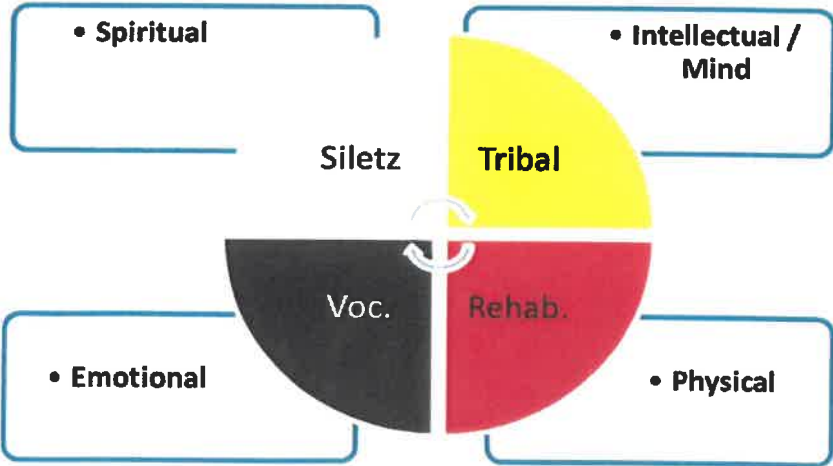
For more information about the STVRP, please inquire at 1-800-922-1399. Services are provided in ALL area offices, however, to inquire about services, ask to be transferred to the office nearest you listed below.

EUGENE AREA OFFICE 2468 West 11 th Eugene, OR 97402	SALEM AREA OFFICE 3160 Blossom Dr NE, Ste 105 Salem, OR 97305	SILETZ ADMIN. OFFICE 201 SE Swan Ave Siletz, OR 97380
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EUGENE OFFICE – JERAMIE MARTIN, Program Director

SALEM OFFICE – DANA RODRIGUEZ, Program Aide; ANTONIA LEIJA, Counselor/Job Developer

SILETZ – RACHELLE ENDRES, Counselor/Job Developer



TRIBAL HEAD START

Teacher Jen (am)

Teacher Jennifer (pm)

503-393-6942



December was a fun filled busy month for us here at Head Start!

Our students learned about Hanukkah during a presentation from Teacher Jen. They were able to build Igloos out of marshmallows. Our school had a couple of holiday craft days in which our parents also participated in to make Holiday crafts. We created Letters to Santa and baked cookies. Our students went caroling at the Salem Area Office and we had a Holiday Cookie Party. During the month of December our students learned about Cultural Celebrations Around the World, as well as Buildings and Construction.

For the month of **January** our students will be learning about The Far North Region and Tribes, Winter, and Tubes and Tunnels. We hope everyone had an amazing Holiday season.

Teacher Jen and Teacher Jennifer
Salem Head Start Staff



Thank you for our in-kind classroom supplies that have been donated. We really appreciate all of the help to keep our school running smoothly.

**WE LOVE
OUR VOLUNTEERS**

If you are interested in volunteering at our school, please let us know!





JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 	7 	1 	2 Drop-In Crafts & Board Games 2-4pm Salem Public Library	3 Paperback Book Exchange 2-3pm Salem Public Library	4 Peter Pan Movie 2pm (free) Salem Public Library	5 Candidates Fair 9:00am-12:00pm Aces Bar & Grill Lincoln City
13	14 Drop-In Crafts & Board Games 2-4pm Salem Public Library	8 Tutoring 4:30-6:30pm Language 6:00-8:00pm	9 Two Spirit 5-7pm	10 College Night 6pm	11 Deadline to request Mail-In Ballot 4:00pm	12
20	15 Tutoring 4:30-6:30pm	16 USDA	17 USDA	18 USDA	19	26
27	21 TRIBAL OFFICES CLOSED FOR MARTIN LUTHER KING JR DAY	22 Tutoring 4:30-6:30pm	23	24 Salem Area Community Meeting 5:00pm	25	26
	28	29 Tutoring 4:30-6:30pm	30	31 Deadline for FAFSA		



Salem Area Office
503-390-9494
M-F 8:00-4:30

<https://www.facebook.com/groups/383072355357428/>

facebook



**Confederated Tribes of Siletz
Salem Area Office
3160 Blossom Dr N Suite 105
Salem, Oregon 97305**