

2021 Virtual Tribal Council Candidates Fair

The CTSI Election Board will host the 2021 Tribal Council Candidates Fair virtually due to the ongoing COVID-19 pandemic. It's our objective to protect the health and safety of the tribal membership and candidates while also encouraging participation in the election process.

Date: January 9, 2021

Time: 9:00am – 12:00pm

Location: Zoom

Question Deadline: January 6, 2021

The Candidates Fair will be held on the Zoom platform. For access to the meeting link and access code, please email Elections@ctsi.nsn.us. Please include your name and roll number in the email. The meeting link and access code will be distributed on January 8, 2021 by 5:00pm.

Election rules approved by the Siletz Tribal Council (2020-345) state that the Election Board will not accept live questions from attendees. If you have questions for the candidates to be read by the moderator, please email the Election Board by the end of business on January 6, 2021. Questions received after this date will not be considered or asked of the candidates. A recording of the Fair will be available on the CTSI Tribal Member section of the website on January 10 – February 6, 2021.

Voter Registration:

If you are not registered to vote in Siletz Tribal elections or need to update your signature card, please contact the Election Board as soon as possible by emailing Elections@ctsi.nsn.us or by calling (800) 922-1399 ext. 1256 or (541) 444-8256.

Election Deadlines

4 p.m.	Dec. 4, 2020	Deadline to file for candidacy
4 p.m.	Dec. 4, 2020	Deadline to submit a photo and/or candidate's statement for inclusion in the Tribal Voter's Pamphlet
4 p.m.	Dec. 9, 2020	Deadline to withdraw in writing from the Tribal Elections
4 p.m.	Dec. 9, 2020	Certified Candidate's List posted
Days of:	Dec. 11-12 2020	Voter's Pamphlet mailed out
Days of:	Dec. 14-15 2020	Absentee ballots mailed out
9 a.m. – 12 p.m.	Jan. 9, 2021	Candidates Fair – Zoom (email for link and access code)
4 p.m.	Jan. 29, 2021	Deadline to request a mail-in ballot
10 a.m. – 4 p.m.	Feb. 6, 2021	In-person Voting – Tribal Elections, Tribal Community Center, Siletz
4 p.m.	Feb. 6, 2021	Deadline for returning absentee ballots

The Eugene Area Office Newsletter January 2021

All Siletz Tribal Offices Closed to public to limit the spread of the COVID-19 (Coronavirus). All Staff are operating on a limited basis and will return calls or emails within 48 hours. If you call, please leave a clear message with your name and phone number. The health and safety of employees, tribal members, clients and the community is important to us and we appreciate your patience during this time. Be Safe! Thank You!

The Tribe is in need of certified homes to care for Tribal Children in need of emergency, short term and long term placements.



To see how you can help please call today

Siletz Tribal Indian Child Welfare Department 541-444-8272

Pharmacy MAIL ORDER SERVICE AVAILABLE!!

WE CAN NOW PROVIDE MAIL ORDER SERVICE TO ALL SILETZ

TRIBAL MEMBERS:

LIVING WITHIN THE 11 COUNTY SERVICE AREA

Please note that this service is **not eligible** for the "Auto-Fill" program. ALL "Auto-Fill" prescriptions must be picked up at the pharmacy. THANK YOU PHARMACY STAFF

EMERGENCY HOUSING ASSISTANCE FUNDING OPEN FOR 2020

Entire application must be complete before assistance can be provided. Assistance cannot exceed \$1,500.00 and participants may only access this program once every 3 (three) years. This program serves CTSI tribal members looking to avoid foreclosure, facing eviction and those that are homeless, anywhere in the United States of America. There is no waiting list for this program. Funds will be available once funds are received each fiscal year and will be offered based on a first-come, first-served basis. When funding has been exhausted, applications will no longer be accepted. Applications are available through the Siletz Tribal Housing Department, the CTSI website and all area offices
www.ctsi.nsn.us

Need Rental Housing?

The Siletz Tribal Housing Department encourages you to apply for the Low Income Rental Program waiting list in Siletz (1,2,3,4 bedroom) and Lincoln City (2, 3 bedroom) - Neachesna Village).

Applications can be obtained be access on-line from the tribal website, follow links; Tribal Services-Housing-Low Rent Apartments & Home Ownership.

For any questions call:
1-800-922-1399 Ext 1322
(541) 444-8322
FAX (541) 444- 8313

2020

Low-Income Energy Assistance Program (LIHEAP)

~OPEN~

Crisis/ Regular heating- May1st
All Siletz Tribal Households
Crisis/Shut-off/Regular OPEN
Siletz Tribal Members and households

Contact: Nora Williams-Wood
541-484-4234 noraw@ctsi.nsn.us

Email Reminders

If anyone would like reminders of special meetings, cultural classes or special events, etc. Please contact Nora at Eugene Area Office to be put on email list call (541) 484-4234 or email: noraw@ctsi.nsn.us

Chinook Winds Casino Resort
Sign up for an electronic newsletter:

www.chinookwindscasino.com

New Years is all about getting another chance. A chance to forgive, to do better, to do more, to give more, to love more. And stop worrying about 'what if' and start embracing what would be.

WWW.LIVELIFEHAPPY.COM

JOM: Youth News and Notes

January Youth Activity Calendar Update

Youth activities will remain virtual while tribal offices are closed. Check out the January highlights below and then call/email to sign up for the Youth Activities Email List or check out the CTSI Youth Facebook Page for up-to-date announcements:

Read Team: Read Team is continuing into the New Year. K-12 students can still sign up to receive free books and attend weekly meet-ups with tribal staff and other tribal youth (Wednesdays at 4 pm).

Homework Help: Drop-in sessions will resume on Monday afternoons from 4-5 pm via Zoom—call/email for login information.

Rocket League Tournament: Log on for a friendly video game competition with other tribal youth and win cool prizes. Saturday January 16 at 11 am. Call or email for details and info about how to sign up.

January Youth Activity Calendar

Jan. 14: College Info Night, 6 pm

Jan. 16: Rocket League Video Game Tournament, 11:00 am

Jan. 23: Family Board Game Night, 4:00 pm

Weekly Scheduled Events:

Mondays, 4-5 pm, Virtual Homework Help, online

Mondays, 5-6 pm, Dee-ni Wee-ya' Language Speaking Group, online

Tuesdays, 4 pm, Virtual Drum Class, online

Wednesdays, 4 pm, Read Team, online

Sign up for the Youth Events Email List for updates and reminders

Contact:

nickv@ctsi.nsn.us

Virtual College Info Night

Thursday, January 14, 6:00 pm: It's never too early to start planning for college. Log on for answers about the FAFSA, SAT/ACT, tribal education assistance, additional scholarships, and important tribal deadlines. All ages welcome! See flyer for details.

Family Board Game Night:

Sign up and we will ship a fun family board game directly to your home. Play at home anytime with your family and then login to Zoom on Saturday, January 23 at 4:00 pm for a friendly family board game night with other tribal families. Call or email for more information about how to sign up or see flyer for details.

Extracurricular Opportunities:

JOM: JOM has funds to help pay for extracurricular activities, sports fees, supplies, and cultural projects for students from any federally recognized tribe.

Siletz Youth Activity Fund: Offers up to \$150 per year to cover fees for costs related to extra-curricular activities or cultural activities/supplies for Siletz tribal students. Call or email for more details.

Higher Ed/AVT: News and Reminders

Higher Education and AVT Grants

Higher Ed and Adult Vocational Training (AVT) grants provide funding to attend an accredited college, university, or training program.

Fall 2021 applications for new and continuing Higher Ed and AVT students are due **JUNE 30, 2021** but to be eligible for funding you must complete a 2021-2022 Free Application for Federal Student Aid (FAFSA) by **January 31, 2021**. **DO NOT MISS THIS IMPORTANT DEADLINE!**

If you have any questions about filing out a FAFSA, signing up for the SAT/ACT, finding/applying to schools or training programs, additional scholarships, and/or how to apply for tribal assistance make an appointment today.

Interested students of all ages are also welcome to attend Virtual College Info Night on Thursday, January 14 at 6:00 pm to learn more information about tribal education programs (see flyer details).

Note: Applications for clock-hour schools (i.e. truck driving school or cosmetology programs) have no deadline and are handled on a case-by-case basis.

Adult Education

The Adult Education Program offers Siletz tribal members not already enrolled in a formal education program funding to assist with the cost of GED classes/testing, professional licenses, and other employment enhancement classes. There is no application deadline. Call or email for more info.

Applying to college or university? Do not forget these three important steps:



1. Fill out FAFSA

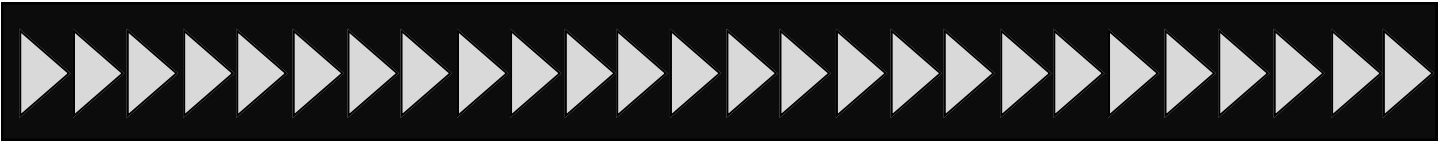
Applications for the 2021-22 FAFSA opened on October 1, 2020. Apply online: www.fafsa.gov **before January 31, 2021** to be eligible for tribal education programs.

2. Apply to College/University

Be sure to pay attention to application deadlines at college and universities. Many Oregon colleges and universities have application deadlines as early as mid-January and early February.

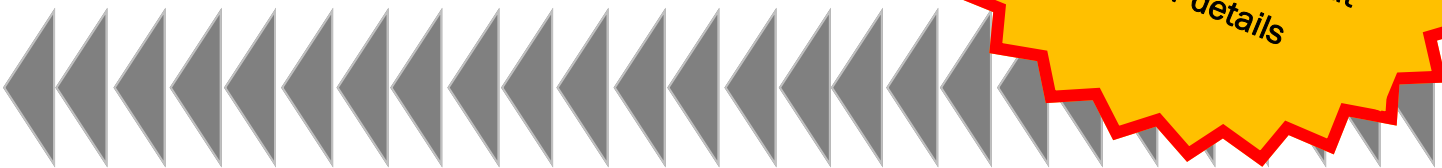
3. Apply for Outside Scholarships

Oregon Student Assistant Commission (OSAC) applications are now open. Apply for over 500 separate scholarships with one simple application. Final deadline March 1. Apply online at : <https://app.oregonstudentaid.gov> Then, apply for tribal aid by June 30, 2021.



Nuu Wee-Ya' Lhetlh-xat

During the COVID 19 Pandemic
Speaking Group will continue
in virtual on-line format
Email for details



Weekly Dee-ni Language Speaking Group

*JANUARY DATES: Mondays JANUARY 4, 11, 18, and 25 5:00-6:00 pm

*Due to the COVID 19 Pandemic-speaking group will meet on-line

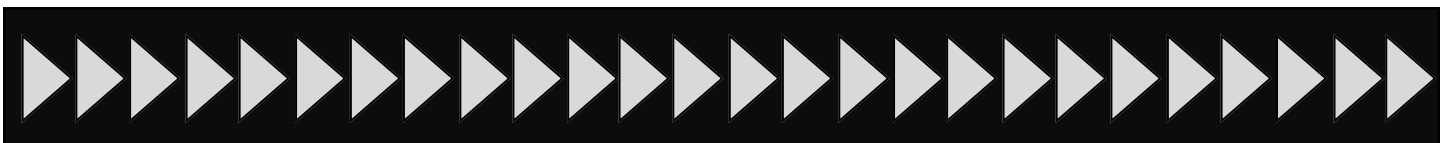
***All ages and skill levels welcome as are first-time participants**

*No prior knowledge needed

*Learn How to Use In-Home Based Language Learning Methods

*Help Build Your Speaking Community

Contact Nick Viles at x1757 or nickv@ctsi.nsn.us for instructions on how to join the virtual meetings



CTSI Virtual College Info Night

Featuring Info on: Tribal Programs for Students

THURSDAY,
JANUARY 14
6:00 PM

online
via
zoom

GET INFO ABOUT:

- ◆ Tribal Grants and Scholarships
- ◆ Important Deadlines
- ◆ Financial Aid/FAFSA
- ◆ Other Tribal Programs for Students

All Students and Families Welcome

Contact katyh@ctsi.nsn.us to sign up
and for login information

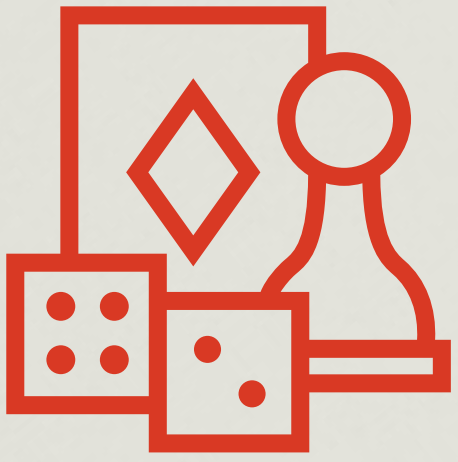
January 16th, 11 AM!
CTSI Rocket League Tournament
Teams and Singles



Rules and Guidelines

- ◇ **Singles and team tournaments will be held!**
- ◇ **Rocket League is free to download on PC (Steam), Xbox One, Playstation 4 and the Switch**
- ◇ **Must be logged into Zoom and the Rocket League Private Match by 10:45 AM to check in (login information will be sent after registration).**
- ◇ **Prizes available to match winners!**
- ◇ **Eligibility is for K-12 students including CTSI youth, descendants, JOM, all teammates & more**

Email: Jacobr@ctsi.nsn.us to get permission slip



EMAIL NICK VILES (NICKV@CTSI.NSN.US) TO SIGN UP AND
RECEIVE A FREE BOARD GAME FOR YOUR FAMILY

FAMILY BOARD GAME NIGHT

*Play at home and then join us on Zoom
Saturday January 23, 2021 @ 4 pm
for a virtual game night*

Virtual Home Visiting

Have you been thinking about Home Visiting but have concerns about someone coming to your home due to COVID? No worries! We can do virtual visits. During this COVID season we are not meeting in the home or office. We can meet by phone, FaceTime, Google Duo or the like. When weather permits we can meet outside if you prefer following all the safety protocols, wearing masks and staying 6 feet apart.

So who is Home Visiting for?

We serve Siletz families who are expecting a baby or have a baby under one year of age (continuing till the child is three). Our Family Spirit curriculum, developed by the John Hopkins Center for American Indian Health, is evidence based and culturally sensitive to native families. Some of the aims are to increase parenting knowledge and skills; promote optimal physical, cognitive, social/emotional development for children birth to three years; prepare children for early school success; link families to community services to address specific needs; and promote parent's and children's life skills and behavioral outcomes across the life span. Bottom line – we want to help provide parenting and life skills for you to have a successful and positive parenting experience.

For more information please contact Jessica Hibler, 477-SSP Coordinator I at 541-484-4234

477-Self Sufficiency Program – Essential Services during COVID

The 477-Self Sufficiency Program (SSP) is open and providing essential services to eligible families and individuals residing in the CTSI 11-County Service Area. Due to Covid-19, all tribal offices are closed to the public. We are still accepting applications and conducting appointments over the phone, through email or video conference. The SSP has prioritized the following services:

- Pre-Temporary Assistance for Needy Families (Pre-TANF) / Non-Recurrent Short Term Benefits: Siletz families below 185% of the Federal Poverty Level (FPL) may be eligible for short-term financial assistance that doesn't exceed 4 months. The financial assistance is meant to provide basic needs and address short-term emergent needs;
- Regular Temporary Assistance for Needy Families: Siletz families below the countable income limits and FPL may be eligible for monthly grant assistance to meet basic needs;
- General Assistance for Single Adults: Siletz single adults below the countable income limits and FPL may be eligible for monthly grant assistance to meet basic needs;
- Emergency Assistance: Siletz families or single adults may be eligible for support services to prevent eviction or utility shut off. Income guidelines apply;
- Classroom Training: the Program is still providing financial assistance (tuition, stipends and support services) to eligible Native Americans attending GED, Higher Education or Vocational/Occupational Training.
- Childcare Assistance: The Program offers childcare assistance to eligible TANF families while they engage in work or self-sufficiency activities;
- Foster Care Support Services: Childcare assistance to employed foster parents. The Program covers "working hours only" and limited respite.
- Home Visiting: The Program is accepting new families into the Early Childhood Home Visiting Program and working with current families to provide lessons in-person. Staff and families will be required to adhere to social distancing and wearing masks.
- Direct Placement: Support services (work clothing, transportation, tools, etc.) for Native Americans that recently gained employment. Must apply within 7-days of hire.

Other services such as Work Experience and On-the-Job Training may be available on a limited basis.

If you recently lost your employment due to Covid-19 and need assistance to meet your basic needs, please contact your local CTSI Tribal Office for an application. Additional eligibility criteria apply. SSP staff will reach out to you by phone or email. You can also email 477SSP@ctsi.nsn.us for more information. Please include your name, phone number and the city/county you reside in.

Siletz Community Health



Siletz 1-800 Numbers

Siletz Central Office	1-800-922-1399
Siletz Community Health Clinic	1-800-648-0449
Purchased Referred Care	1-800-628-5720
Siletz Behavioral Health	1-800-600-5599

Siletz Community Health Clinic registration forms and Chemawa Indian Health Center applications are available at the Eugene Area Office. If you have questions regarding eligibility for services, you may contact:

Adrienne Crookes
Community Health Advocate
541-484-4234

Oregon Health Plan (OHP) Applications

Available at the Eugene Area Office

You may qualify for the Oregon Health Plan! OHP provides health care coverage to eligible, low income Oregonians. If you would like to apply, you may stop by and pick up an application, or apply online at OregonHealthCare.gov
Telephone 1-800-699-9075

We are here to assist you with any questions that you may have about OHP.

Contact Adrienne Crookes,
Community Health Advocate, at 541-484-4234

Siletz Mail Order Pharmacy

If you need a prescription refill, please call the Siletz Community Health Clinic Pharmacy 7-10 days before you run out of your prescription. This allows the pharmacy time to contact your health care provider, if necessary, and to mail it to you.

Call **1-800-648-0449** and enter **ext 1624**. Follow the voicemail instructions. If you need assistance, you may call Adrienne Crookes, Community Health Advocate at 541-484-4234

Moving in-the-midst of COVID-19



Physical Activity for Mental Health

Moderate physical activity **reduces anxiety.**

Symptoms of anxiety can be reduced immediately following a single bout of moderate to vigorous intensity physical activity!

https://health.gov/sites/default/files/2019-09/02_A_Executive_Summary.pdf

Exercise Intensity

Low Intensity

Can easily talk and sing without breathing hard

Moderate Intensity

Can comfortably talk, but can't sing

Vigorous Intensity

Can only say a few words before gasping for breath

At-Home Activities

Take a break from your daily routine to fit in some moderate-to-vigorous physical activity!

- Do **yoga**
- **Dance** to your favorite music or do a dance workout on PopSugar Fitness
- Go for a **walk** or **run** around your neighborhood (*Practice social distancing and wear a protective face covering when interacting with others outside your home*)
- Use a **fitness/workout app**

Physical Activity Resources

- Yoga with Adriene ([YouTube](#))
- POPSUGAR Fitness ([YouTube](#))

Adults should strive for at least 150 minutes of moderate to vigorous physical activity per week for optimal health benefits, including **2 days/week** of muscle strengthening activities!





A PARENT'S CHECKLIST FOR PREVENTING INJURIES

During the Coronavirus Pandemic



SAFETY AT HOME — WHEN YOU'RE FOCUSING ON EVERYTHING AT ONCE

- Store household cleaning products safely to prevent poisoning and save the Poison Help number in your phone: 1-800-222-1222.
- Keep all medicine out of children's reach and sight, even medicine and vitamins you take every day.
- Make sure young children are within arm's reach of an adult during bath time and watch kids of all ages when they are swimming in backyard pools.
- Keep hot foods and beverages away from the edge of counters and tables.
- Separate toys by age and keep little game pieces away from little kids.
- Create a safe place for kids to play by installing safety gates on stairs and guards on windows to prevent falls, keeping small objects and cords to window blinds out of reach and securing top-heavy furniture and TVs.



KIDS AROUND CARS — IF YOU HAVE TO DRIVE

- Walk all the way around your parked car to check for children.
- Prevent heatstroke by never leaving a young child alone in a car.
- Slow down and avoid distractions when driving, especially in neighborhoods.
- Keep car doors and trunks locked and keep key fobs out of reach.



STAYING ACTIVE AND INJURY FREE — WHILE SOCIAL DISTANCING

- Look left, right and left again before crossing the street.
- When crossing a street, make eye contact with drivers.
- Put phones and headphones down when crossing the street.
- Wear a properly-fitted helmet when biking, skateboarding, riding a scooter or in-line skating.

20 BENEFITS OF WALKING 30 MINUTES A DAY

@BELIEVEPHQ



01
REDUCES RISK OF HEART DISEASE



02
HELPS TO MAINTAIN WEIGHT



03
REDUCES YOUR STRESS LEVELS



04
INCREASES YOUR ENERGY LEVELS



05
HELPS TO BOOST YOUR MOOD



06
GETS THE BLOOD PUMPING



07
PREVENTS OBESITY



08
CAN HELP TO REDUCE ANXIETY



09
INCREASES FUNCTIONING OF THE LUNGS



10
INCREASES THE BODY'S ACCESS TO VITAMIN D



11
REDUCES THE RISK OF CANCER



12
CAN IMPROVE QUALITY OF SLEEP



13
GIVES YOU TIME TO PRACTICE SELF CARE



14
IMPROVES COORDINATION AND BALANCE



15
IMPROVES QUALITY OF LIFE



16
REDUCES CHANCE OF DIABETES



17
WALKING CAN SPARK CREATIVITY



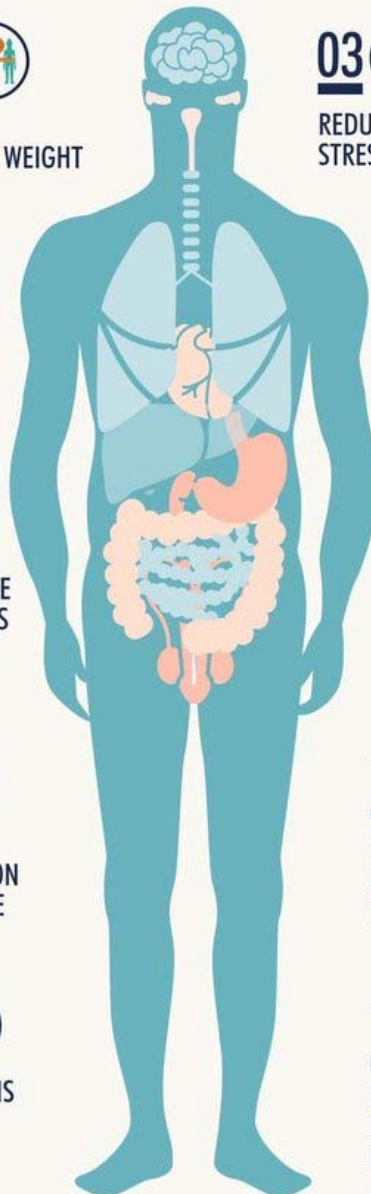
18
STRENGTHENS BONES AND MUSCLES



19
CAN IMPROVE BLOOD PRESSURE



20
CAN HELP TO BOOST YOUR IMMUNE SYSTEM



January is Glaucoma Awareness Month

Adrienne Crookes, Community Health Advocate

Look to the Future: Get an Eye Exam to Save Your Vision from Glaucoma

More than four million people in the United States have glaucoma, a group of diseases that damage the optic nerve and destroy eyesight. Unfortunately, nearly half of those with glaucoma are even aware that they have it. Are you one of them? You owe it to yourself to find out by getting a comprehensive dilated eye exam that includes having drops put in your eye. With its painless and gradual loss of vision, glaucoma may have no early warning signs, but it can be detected during a comprehensive dilated eye exam.

The National Eye Institute research has shown that treatment during the early stages of glaucoma can control the disease and prevent future vision loss and blindness. This is why NEI encourages people at higher risk for glaucoma to get a comprehensive dilated eye exam every one or two years.

Anyone can develop glaucoma, but those at higher risk include:

- African Americans over age 40
- Everyone over age 60
- People with a family history of the disease



During a comprehensive dilated eye exam, an eye care professional can see inside the eye to detect signs of glaucoma, such as subtle changes to the optic nerve, before any symptoms appear. This allows the eye care professional to determine if you have glaucoma or are at risk for it, to monitor your condition, to treat glaucoma as early as possible, and to look for other vision problems. Once symptoms appear, it may be too late to prevent vision loss and the progression to blindness.

If glaucoma is detected early, treatments such as eye drops or surgery can slow or stop vision loss. High pressures inside the eye, which may be associated with glaucoma, does not by itself mean that you have glaucoma. Only a comprehensive dilated eye exam and evaluation of the optic nerve by an eye care professional can tell you that.

For more information, visit www.nei.nih.gov/glaucoma

Happy New Year

As we start off the New Year (2021), several people will make a resolution. Whether it's exercising, eating healthier, take a vacation, go back to school, quit smoking, etc. Many of these resolutions will require a change in lifestyle, for example; eating more fruits and vegetables, working on portion control during meals, start going to the fitness center or incorporating more physical activities into your routine.

If you are looking at quitting smoking, here are a few tips to help with your success:

1. Make a list of reasons on why you want to “quit smoking”.
2. Choose a method whether it be “cold turkey”, “tapering”, using a app or a texting program, nicotine replacement therapy (NRT's). There are several methods, if you need assistance or have a question, contact the Tobacco Prevention Coordinator at 541-444-9682.
3. Set a quit date. Pick a day that works for you, not a day that will be too stressful. Write it down and commit to it.
4. Let your family and friends know that you are quitting and ask them to support you on your new journey. Let them know that you may need to contact them when your going through a rough time.
5. Reward yourself. Use the money that you will save on cigarettes and treat your self to the new you. You can buy yourself something small and frequent, or save up and get something nice. **You deserve it.**

Cancers associated with commercial tobacco use for January

Cervical Cancer:

Cervical cancer occurs when the cells of the cervix grow abnormally and invade other tissues and organs of the body. When it is invasive, this cancer affects the deeper tissues of the cervix and may have spread to other parts of the body (metastasis), most notably the lungs, liver, bladder, vagina, and rectum.

There are two main types of cervical cancer: squamous cell carcinoma and adenocarcinoma. Each one is distinguished by the appearance of cells under a microscope.

Squamous cell carcinomas begin in the thin, flat cells that line the bottom of the cervix. This type of cervical cancer accounts for 80 to 90 percent of cervical cancers.

Adenocarcinomas develop in the glandular cells that line the upper portion of the cervix. These cancers make up 10 to 20 percent of cervical cancers.

**Commercial Tobacco Quitline 1-800-QUIT-NOW
AI/AN Line now available (option 7) 1-800-7848-663**

USDA distribution dates for January 2021

Siletz

Monday	January 4	9 a.m. – 3 p.m.
Tuesday	January 5	9 a.m. – 3 p.m.
Wednesday	January 6	9 a.m. – 3 p.m.
Thursday	January 7	9 a.m. – 3 p.m.
Friday	January 8	9 a.m. – 3 p.m.

Salem

Tuesday	January 19	1:30 – 6:30 p.m.
Wednesday	January 20	9 a.m. – 6:30 p.m.
Thursday	January 21	9 a.m. – 6:30 p.m.
Friday	January 22	BY APPT ONLY

CRACKER CANDY WITH TOASTED PEANUTS & DRIED CHERRIES

35 CRACKERS*	1 CUP BUTTER*
1 CUP PACKED BROWN SUGAR	2 CUPS CHOCOLATE CHIPS
1 CUP PEANUTS*	1 CUP DRIED CHERRIES, CHOPPED*

1. Preheat oven to 350*. Line 15x10x1 baking pan with foil; grease foil. Arrange crackers in a single layer on foil.
2. Place peanuts in a pan over medium heat. Stir constantly and sprinkle with kosher salt and stir until toasted.
3. Chop the cherries and add to the peanuts.
4. In a heavy saucepan, melt butter over medium heat. Stir in brown sugar. Bring to a boil; cook and stir 3-4 minutes or until sugar is dissolved. Spread evenly over crackers.
5. Bake 8-10 minutes or until bubbly. Immediately sprinkle with chocolate chips. Allow chips to soften for a few minutes then spread over the top. Sprinkle the peanut and cherry mixture on the top. Cool slightly.
6. Refrigerate, uncovered 1 hour or until set. Break into pieces. Store in an airtight container.

*FOOD AVAILABLE IN FOOD PACKAGE

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page. Like us at SILETZ TRIBAL FDPIR.

Joyce Retherford, FDP Director, 541-444-8393 joycer@ctsi.nsn.us
 Sammy Hall, Warehouseman/Clerk, 541-444-8279 sammyh@ctsi.nsn.us
 FAX: 541-444-8306 or 503-391-4296

January

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 USDA Distribution Siletz 9-3pm Homework Help ZOOM 4-5pm Weekly Dee-ni Speaking Group ZOOM 5-6pm	9 USDA Distribution Siletz 9-3pm Virtual Drum Classes ZOOM 4pm	20 USDA Distribution Siletz 9-3pm Read Team ZOOM 4pm	31 USDA Distribution Siletz 9-3pm	38 USDA Distribution Siletz 9-3pm	45 2021 Virtual Tribal Council Fair ZOOM 9-12pm
2064	2065	2066	2067	2068	2069	2070
2071	2072 CLOSED MLK DAY	2073 USDA Distribution Salem 1:30-6:30PM	2129 USDA Distribution Salem 9-6:30PM Read Team ZOOM 4pm	2167 USDA Distribution Salem 9-6:30PM	2201 USDA Distribution Salem By Appt. ONLY	2202 Family Board Game Night ZOOM 4pm See Flyer
	Homework Help ZOOM 4-5pm Weekly Dee-ni Speaking Group Zoom 5-6pm	-1 Virtual Drum Classes ZOOM 4pm	4 Read Team ZOOM 4pm	9	10 Deadline Requesting Mail-in Ballot	11
12	13					

The Confederated Tribes of Siletz Indians
The Eugene Area Office Staff
541-484-4234 1-800-922-1399

Jessica Hibler, Acting Supervisor x1752 jessicaH@ctsi.nsn.us
Jessica Hibler, Coordinator 1/477/SSP x1752 jessicaH@ctsi.nsn.us
Nick Viles, Education Specialist/JOM x1757 nickv@ctsi.nsn.us
Jenifer Jackson, Tribal Service Specialist/477SSP x1755 jeniferj@ctsi.nsn.us
Cathy Ray, Intake Specialist/Job Coach x1756 catheriner@ctsi.nsn.us
Adrienne Crookes, Community Health Advocate x1753 adriennec@ctsi.nsn.us
Nora N Williams-Wood, Clerk x1750 noraw@ctsi.nsn.us
Vacant, Elders On-Call Transport



The Confederated Tribes of Siletz Indians
Eugene Area Office
2468 W 11th Avenue
Eugene Oregon 97402

2019/2020

Hunting * Fishing * Gathering

INCENTIVES

To all Siletz Tribal members:
Please report all harvests with your tribal license of deer, elk, salmon, and shellfish to the Natural Resources Dept. Once reported, the name on the tribal tag/permit will be submitted into a drawing at the end of the season for one of the following *Cabela's gift cards*:

HUNTING INCENTIVES

(3 Drawn)

\$100 ~ \$75 ~ \$50

FISHING INCENTIVE

\$50 (1 Drawn)

SHELLFISH INCENTIVE

\$50 (1 Drawn)

Please report all harvests to:

Mike Kennedy, 541-444-8232

mikek@ctsi.nsn.us

-OR-

Denise Garrett, 541-444-8227

deniseg@ctsi.nsn.us