

Duu Lhlan Wee-ya'

Duu Lhlan Wee-ya', "not many words" or "in so many words," is mailed to Lincoln and Tillamook County Tribal members each month. Information includes youth activities, events, meetings, program updates and more.



Public Information Department

P.O. Box 549
Siletz, OR 97380-0549
Phone: 541-444-8291
Fax: 541-444-2307
E-mail: pias@ctsi.nsn.us

April 2018

Intertribal Pow-Wow Dance Practice

Thursday, April 12 • 5:30-7:30 p.m.

Siletz Tribal Community Center

Contact: Buddy Lane at buddyl@ctsi.nsn.us; 541-444-8230; or
800-992-1399, ext. 1230

2018 Diabetes Luncheon

The Diabetes Program hosts a monthly Diabetes Luncheon. This event is open to the Community. These monthly events include a guest speaker and open forum for attendees to discuss diabetes issues and information. Join us in these educational lunches.

For more information call Chris Sherrod (541)444-9647

DATES

Thursdays as posted

TIMES

From 12:00pm To 1:00pm

LOCATION

Siletz Tribal Community Center



If you are a Tribal Member living in the Siletz area and need a ride, please contact the Community Health Transportation Line at (541) 444-9633 and leave a message.

~~January 18~~

~~February 22~~

~~March 29~~

April 26

May 31

June 28

July 19

August 30

September 27

October 25

November 29

December 27

Welcome New CTSI Employees

March

Jenifer Metcalf – Harm Reduction Outreach Specialist
Scott McIntosh – Aquatic Project Technician
Kyanna Fisher – Tribal Services Specialist I
Ian Keene – Planner/GIS

February

Jessica Fantroy – Dental Assistant II
Elizabeth Norton – ICW Program Administrator
Angela Martin – Transporter
Amy Garrett – CHA I
Rosalie Monroe – Medical Assistant/Radiology Technician
Richard Sagraves – Men's TLC Coordinator
Angel DeAnda – Men's TLC Resident Aide

Thank you for joining our team!

CTSI Jobs – Employment information is available at ctsi.nsn.us.

Time to Gather Basket-Making Materials

Spring is here and very soon hazel sticks will be ready to pick and peel.

Hazel stick gathering is a must for anyone interested in making traditional Siletz baskets. Spruce root can be dug all year round and is used for the weavers or weft of Siletz baskets.

Bear grass and maidenhair fern are used for overlay to make our traditional designs or marks in our baskets and both are picked in late summer.

Any tribal members interested in gathering can call Bud Lane at 1-800-922-1399, ext. 1320, or 541-444-8320, or e-mail budl@ctsi.nsn.us. Just a reminder – basket materials must be gathered in a timely fashion.

Here is a general breakdown of gathering times for different materials:

May

Hazel, willow, and fir sticks,
spruce roots

July

Fir sticks, spruce roots, bear
grass, maidenhair fern

September

Bear grass, maidenhair fern,
woodwardia fern, spruce roots

June

Hazel, willow and fir sticks
(until mid-June), spruce roots

August

Fir sticks, spruce roots, bear
grass, maidenhair fern, hazel
sticks (limited), willow sticks

A Community Response to Childhood Trauma *What can we do?*

Please join Siletz ICW, the CARE Program, Diabetes Program and Healthy Traditions for a discussion on: Adverse Childhood Experiences, and how we can reduce the effects of trauma by creating safe environments.

Tribal Community Center
April 10 ~ 5:30-8:00pm
Dinner Provided

For more information please call Lisa Norton, ICW Program Administrator: 541-444-8272
Or Kim Lane, CARE Program Coordinator: 541-444-9679

Bulls Bag

Restoration Project Meeting

Tribal Member Input Wanted

The Natural Resources Department is in the process of developing a fish habitat restoration project at the Tribe's Bulls Bag property using logs from the property.

Tribal members are invited to provide input on the project at a meeting on Saturday, April 7, at 9 a.m. in the Tribal Council Chambers in the admin building in Siletz.

Natural Resources staff will provide an overview of the project, followed by a field visit to the site. Come and make your voices heard.



April 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 Easter Sunday 	2 •Notes of Hope ⇒USDA	3 •Teal Tuesday •Lunchtime film club ⇒USDA	4 •CEDARR community dinner ⇒USDA	5 •Girls Group ⇒USDA	6 ⇒USDA	7 -Bulls Bag restoration meeting	
8	9 *Culture Craft Night *Language Class	10 •Teal Tuesday •Lunchtime film club •Community trauma discussion	11 •Trauma Support Group •Necklace making	12 *Pow-Wow dance practice	13	14 ♦Elders Council Meeting	
15	16	17 •Teal Tuesday •Lunchtime film club	18 •Necklace making	19 •Girls Group	20 -Regular Tribal Council	21	
22	23	24 •Teal Tuesday •Lunchtime film club •Community wellness event	25 •Trauma Support Group •Red Shawl Project •Denim day	26	27	28	
29	30	For more information contact, •CARE Program 541-444-9680 ⇒USDA Program 541-444-8393 ♦Elders Program 541-444-8261 - Admin. Building 541-444-2532 *Language Program 541-444-8320 +Clinic 541-444-1030					



Siletz Community Health Clinic

PATIENT PORTAL Self-Enrollment

- 1 From your phone, tablet, or computer's web browser go to www.ctsi.nsn.us
- 2 Click on **Tribal Services**
- 3 Click on **Healthcare**
- 4 Click on **Patient Portal**

In the section "**Don't have an Account? Fill Out the Fields Below**" fill in your information, skip the insurance section, then complete the enrollment. Once your request is reviewed we'll send a verification email and you'll be ready to log on.



"IS MY ENROLLMENT INFORMATION SAFE?" YES! YOUR PORTAL SELF-ENROLLMENT INFORMATION IS VERIFIED AGAINST OUR PATIENT DATABASE. IF IT DOES NOT MATCH WE WILL CALL YOU USING THE PHONE# ON RECORD. *Note: changes to email and other personal information must be made in person at the clinic, or through your portal account once the enrollment is complete.*

Welcome to the Portal! Marci Muschamp, Health Director

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