

Duu Lhlan Wee-ya'

Duu Lhlan Wee-ya', "not many words" or "in so many words," is mailed to Lincoln and Tillamook County Tribal members each month. Information includes youth activities, events, meetings, program updates and more.



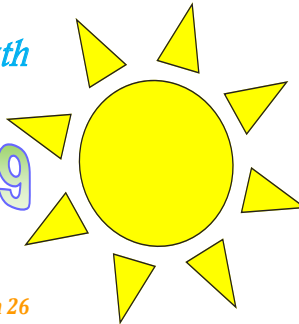
Public Information Department

P.O. Box 549
Siletz, OR 97380-0549
Phone: 541-444-8291
Fax: 541-444-2307
E-mail: pias@ctsi.nsn.us

March 2019

JOM AND/OR Tribal Housing Resident Youth

Spring Break 2019



Monday, March 25

- *Event- Splash Water Park*
- *Depart- CTSI Recreation Center*
- *Time- Leave Rec at 9:30am, return home approximately 5:50pm (swim from 12-2:30pm)*
- **See detailed flyer for more info.*

Wednesday, March 27

- *Event- Defy Eugene Trampoline Park*
- *Depart- CTSI Recreation Center*
- *Time- Leave CTSI Recreation Center 8am, return home approximately 3pm (jump from 10am-12pm)*
- ** See detailed flyer for more info.*

Friday, March 29

- *Event- Rec Games Finale w/ Prizes*
- *Healthy Traditions Snacks w/ Kathy*
- *Location- CTSI Recreation Center*
- *Time- 11am-1pm*
- **Snacks Provided*

Tuesday, March 26

- *Event- Rec Games/Spring Break Crafts*
- *Location- CTSI Recreation Center*
- *Time- 11am-2pm*
- **Snacks Provided*

Thursday, March 28

- *Bowling @ Mugglys*
- *Depart- CTSI Recreation Center*
- *Time- Leave Rec at 10:45am, return home approximately 1:15pm (bowl from 11am-1pm)*
- **Pizza Provided*

ALSO!!

Spring Break Challenge Course

To pre-register contact:

Jacob Reid 541-444-9659

Ages 12-18 @ 10:30am-12pm

Ages 8-11 @ 3-4:30pm



Sponsored by: CTSI Youth Services, Education, Housing, Diabetes, Healthy Traditions, 477/SSP, Behavioral Health
Contact: Alissa Lane-Keene 541-444-8373 Jeff Sweet 541-444-8207

Welcome new CTSI Employees

February

Francisca "Sissy" Rilatos - Harm Reduction Outreach Specialist

Mindy Wyles - Bookkeeper II

Savanna Rilatos - Head Start Classroom Aide (Salem)

Cecelia DeAnda - Housing Resident Advocate/Rental Assistance Program

January

Arthur Fisher - Staff Attorney

Thank you for joining our team!

CTSI jobs and other information is available at: ctsi.nsn.us.

Most Requested Numbers

Confederated Tribes of Siletz Indians - 541-444-2532

Purchased Referred Care -
541-444-9649

Siletz Community Health Clinic -
541-444-1030

Siletz Behavioral Health -
541-444-8286

2019 College Students Summer Internship Program Deadline

Students attending college can apply for the Tribe's 2019 College Students Summer Internship Program. To be eligible, you must be at least a half-time student attending a two-year or four-year college and in good academic standing.

Applications will be mailed to known students, but if you do not receive an application, please contact Assistant General Manager Bonnie Petersen or the education specialists at any Tribal area office to request an application.

This program assists Tribal students with locating internship placements to gain work experience in their field of study. Ten slots are available for 2019.

Students can work up to 328 hours at Tribal minimum wage (currently \$12/hour) and can be placed within or outside of the Tribe.

Students selected for the program must complete an orientation, criminal history background check and drug screening (Note: The Tribe does not recognize Oregon laws allowing the use

of medical or recreational marijuana).

Placements can begin in June, but must be completed by Sept. 30, 2019.

Students should send a completed application and an unofficial copy of transcripts to:

By Mail

CTSI

Attn: College Internship Program

P.O. Box 549

Siletz, OR 97380-0549

By Fax

541-444-2307

By Email

colleginterns@ctsi.nsn.us

Deadline for applications to be received at the Siletz central administration building is 4:30 p.m. on March 15, 2019.

Siletz Tribal Head Start Lincoln City Classroom Has Openings

Siletz Tribal Head Start has openings for enrollment in our Lincoln City classroom.

If your child is 3-4 years of age as of Sept. 1, 2018, they are age eligible to attend our Head Start. Our program is free to Siletz Tribal children and other qualifying families.

Call us today at 541-444-2450 and ask to apply to Head Start. You can download an enrollment application at the CTSI website ctsi.nsn.us.

Senior Companion Program needs you!



Volunteers provide assistance and companionship to seniors who have difficulty with daily living tasks.

Volunteers receive hourly stipend and mileage reimbursement.



Phone: (541) 812-0849
Email: alucke@ocwcog.org

Siletz Area Seniors Needed



The Senior Companion Program is a nationwide program and supports its volunteers with a small hourly stipend (which does not affect benefits, food stamps, housing, etc). Volunteers are also reimbursed for the miles they drive.

Volunteers are low-income seniors who have an interest in helping other seniors. Senior Companion volunteers do things such as driving someone to a doctor's appointment or to the store for groceries, or volunteers can just stop by to visit clients who may be lonely and/or homebound.

Call Holly Terlson, 541-812-0849, for more information.

March 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	<p>4 *Language Class *Acorn Soup Making Class ⇒USDA</p>	<p>5 ⇒USDA □Siletz Swim □Dental walk-in day</p>	<p>6 •Trauma Support Group ⇒USDA + Youth Game Night +CEDARR</p>	<p>7 +Youth Group/Native STAND ⇒USDA □Pow-Wow Dance Class</p>	<p>8 ⇒USDA</p>	<p>9 ♦Elders Council Meeting</p>
10	<p>11</p>	<p>12</p>	<p>13 •Trauma Support Group + Youth Game Night □Red Cross Blood Drive</p>	<p>14 □Pow-Wow Dance Class</p> <p><i>Happy π Day!</i>  3.14</p>	<p>15 -Regular Tribal Council</p>	<p>16</p>
17	<p>18</p> <p></p>	<p>19 □Dental walk-in day □Siletz Swim</p>	<p>20 •Trauma Support Group + Youth Game Night</p>	<p>21 +Youth Group/Native STAND □Topical Herbal Medicine Making Class □Pow-Wow Dance Class</p>	<p>22</p>	<p>23</p>
24	<p>25</p>	<p>26</p>	<p>27 •Trauma Support Group + Youth Game Night</p>	<p>28 □Optometry walk-in day □Diabetes Luncheon □Pow-Wow Dance Class</p>		

For more information contact:
 □Clinic: 541-444-1030
 ⇒USDA Program 541-444-8393
 -Admin. Building 541-444-2532
 *Language Program 541-444-8320
 +Behavioral Health 541-444-8286



Move to the Music

Tillicum Fitness Center

541-444-9656

**"Move to the music" at your own pace,
sitting or standing, this class is for all.**

Join us:

Tuesdays & Thursdays: 10-11 a.m.

**Any age group can join and the class is paid
for by CTSI Diabetes Prevention Program.**

Healthy Traditions Community Garden

**Become a gardening
participant!**

Grow fresh vegetables to add to your diet. Enjoy the pleasure of growing food and learning new gardening skills.

**Join The Siletz Tribal
Community Garden.**



To sign up for events,
contact Kathy Kenta at
541-444-9627.

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**PRESORTED
FIRST CLASS
U.S. POSTAGE PAID
SILETZ, OR
PERMIT NO. 2**