

# Duu Lhlan Wee-ya'

Duu Lhlan Wee-ya', "not many words" or "in so many words," is mailed to Lincoln and Tillamook County Tribal members each month. Information includes youth activities, events, meetings, program updates and more.



## Public Information Department

P.O. Box 549  
Siletz, OR 97380-0549  
Phone: 541-444-8291  
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E-mail: [pias@ctsi.nsn.us](mailto:pias@ctsi.nsn.us)

**September 2016**

## Join Other Tribal Members for Run to the Rogue

The community is invited to join Siletz Tribal members and friends on Sept. 9-11 (Friday-Sunday) for the 22<sup>nd</sup> annual Run to the Rogue.

This event is a 234-mile relay run/walk in memory of the Siletz Tribal ancestors who were forcibly removed from their homeland in Rogue River country in the mid-1800s and marched north to Siletz and the confinements of the Coast Reservation.

This annual relay run is the closest today's Tribal members can come to their ancestors' experience on the journey from their homeland.

You can register at 8 a.m. on Friday, Sept. 9, or at any time on the run.

The run begins in Siletz on Sept. 9 at 8:30 a.m. at the Tribal Community Center and ends Sunday, Sept. 11, at Oak Flat on the Rogue River.

Lunch then will be served at Cougar Lane Lodge, 4219 Agness Road; turn right when leaving Oak Flat onto Agness Road.

Please be aware of the following:

Volunteers are welcome to run, walk or help out with camp setup, cleanup, cooking and other areas. You do not need a relay team to participate. Individuals are welcome.

Key icon: Youth can participate but need a designated adult committed to traveling and camping with the youth.

Key icon: Camping sites, meals and runners' support and refreshments are provided along the route.

Key icon: An orientation session will be held Sept. 9 at 8 a.m. at the Tribal Community Center in Siletz, when Run to the Rogue T-shirts will be distributed to participants.

For more information, contact Buddy Lane, cultural education director, at 800-922-1399, ext. 1230, or 541-444-8230; or [buddyl@ctsi.nsn.us](mailto:buddyl@ctsi.nsn.us).

## STBC Posts RFP for RV Park Managers

The Siletz Tribal Business Corporation is seeking bids for contract managers for both Logan Road RV Park and Hee Hee Illahee RV Resort that will commence January 2017.

Please visit [stbcorp.net](http://stbcorp.net) for more information and to download the Request for Proposals, or contact Michael Phillips at 541-994-2142, 877-564-7298 or [mphillips@stbcorp.net](mailto:mphillips@stbcorp.net).

### CTSI Jobs

Employment information is available at [ctsi.nsn.us](http://ctsi.nsn.us).

## Family Literacy Nights 2016-2017

**\*Open to entire Siletz community (Head Start – 8<sup>th</sup> grade welcome!\*)**

**These are family fun nights – so bring the entire family. Dinner promptly at 5 p.m. – then literacy fun until 7 p.m.**

**FREE DINNER! FREE GAMES! FREE BOOKS! FREE PRIZES!**

Oct. 27, 2016: 5-7 p.m. @ Siletz Recreation Center

Dec. 1, 2016: 5-7 p.m. @ Tribal Community Center

Feb. 9, 2017: 5-7 p.m. @ Tribal Community Center

April 6, 2017: 5-7 p.m. @ Tribal Community Center

Sponsored by Youth Development Coalition of Lincoln County and Tribal Education, Culture, Youth Services and Head Start Programs.

Contact: Alissa Lane, Tribal Education Specialist, @ 541-444-8373

## Attention Siletz Contract Health-eligible Tribal Members!

If you receive Contract Health Services approval to see providers/facilities outside of a Tribal clinic, please be sure to inform them at your visit that you have Contract Health Services as a form of payment.

We have seen a number of patients billed for services from their medical/dental/optical providers because the patient did not inform the office that they have Contract Health Services.

If you have primary insurance

(through employment, Medicare, Medicaid, etc.), we would be secondary to the primary insurance.

If you fail to provide this information to your providers and they don't bill us in a timely manner, you could be liable for the charges. Please let your providers know that they can submit claims for payment to:

Siletz Contract Health  
P.O. Box 320  
Siletz, OR 97380

## 2016 Elk Tag Drawing Information

The annual drawing for the Tribe's elk rifle tags will be held Oct. 3 at 5 p.m. in the Tribal Council chambers.

Applications will be available starting Sept. 6 and are due Sept. 23 in the Natural Resources office.

Applications can be picked up at the Natural Resources office, downloaded from the Tribe's website (ctsi.nsn.us - Tribal Services/Other Departments/Natural Resources), or they can be mailed to you by calling the Natural Resources office.

Each person must fill out, sign and turn in his or her own application. This year, we have 25 tags each for the first and second season bull hunts and only nine tags for the various cow hunts.

If you have any questions, call Natural Resources Manager Mike Kennedy at 541-444-8232 or 800-922-1399, ext. 1232.

## Change in Check-in Times

The Siletz Clinic asks all patients with appointments to check in 15 minutes prior to your scheduled appointment time. This allows for any necessary paperwork to be completed prior to your appointment with your provider.

Thank you!

Confederated Tribes of Siletz Indians

Tribal Maternal, Infant & Early Childhood Home Visiting Program

Naytlh - 'a "We Carry the Children"



### How has the Siletz Tribal Home Visiting Program helped you and your family since participating?

- ❖ *"The home visiting program has helped prepare us for our new addition by letting us know what is to be expected before and after the baby comes and how to best deal with certain situations that come up."*  
- Andrea & Robert, 4 months in the program
- ❖ *"I've learned all the things I thought I should know that I did not know already with the help and support of the program. Siletz Tribal Home Visiting Program helped me become a better mom."*  
- Shyann, 1 year in the program
- ❖ *"I feel like Siletz Tribal home visits have helped me be more on track when it comes to my child's development. Home visits have also helped me keep a better schedule, helping my whole family."*  
- Jennifer, 1 year and 9 months in the program
- ❖ *"Getting the help when you're a new parent is life-saving, to know you are doing it right and if not, finding out the right way."*  
-Samantha, 1 year in the program
- ❖ *"The program has helped me to realize there are a lot of different ways to parent and there is always help if you are willing to look for it. The Siletz Home Visiting Program has helped make my life a little simpler just knowing I have resources to help me be the best mom I can be."*  
- Chandra, 1 year and 10 months in the program
- ❖ *"The Siletz Home Visiting Program has helped me with my child's growth, my motivation with being a parent and I've also established a friendship."*  
- Brinee, 1 year and 8 months in the program
- ❖ *"Home Visiting Program helped us better understand the developmental milestones that our child is at and also the reassurance that each child is unique and not to be worried. The program has been helpful, especially with different resources also."*  
- Ale & Seth, 1 year and 1 month in the program
- ❖ *"As a first-time mom, Siletz Home Visiting Program has been a good addition to my support system, not only emotionally, but also mentally."*  
-Janet, 1 year and 1 month in the program

If you are interested in or have any questions about our Siletz Tribal Home Visiting Program, please call Jessica Phillips, Program Coordinator, at 541-484- 4234.



Siletz Tribal Prints & Gifts LLC (STPG), formerly Imprints Print Shop, is seeking products from Tribal members who wish to sell their products through its retail location at 1520 NE Highway 101 in Lincoln City, Ore., as well as its online store located at store.stpgifts.com.

Contact Casey Cox, STPG interim manager, at 541-996-5550 or manager@stpgifts.com for more details.

Please come by the store or visit our website at stpgifts.com to see the other products and services we offer.

## Elders Council Meeting

Sept. 17 • 1-4 p.m.  
Chinook Winds Golf Resort

Siletz Elder potlucks are held monthly at 6 p.m. on the Monday before the regularly scheduled Elders meeting. Please bring a potluck dish you would like to share.

For more information, call the Elders Program at 800-922-1399, ext. 1261, or 541-444-8261.

## Join Others for 2016's Last Cut Wood for the Elders Day

The Tribal Natural Resources Committee and Natural Resources Department will sponsor the last Cut Wood for the Elders Day of the year on Sept. 17.

The woodcut will be held on the Tribe's Logsdon Road property between the Tribal food distribution warehouse and the Tribal vehicle storage yard in Siletz.

We need lots of volunteers to help cut, split and deliver firewood for Tribal elders. Bring your chainsaws, hydraulic wood splitters, splitting mauls, axes and lots of energy.

Lunch, drinks and snacks will be provided. We will start at 8 a.m. and go until mid-afternoon.

The goal of this event is to deliver firewood to as many elders as possible. The Elders' Program maintains a list of elders who burn wood for their winter heat.

People willing to haul firewood to elders outside of the Siletz area should contact the Elders Program clerk at 800-922-1399, ext. 1261, or 541-444-8261 to be paired up with an elder in need. We especially need folks who can haul wood to the Eugene, Salem and Portland areas.

Elders in need of firewood also should contact the Elders Program clerk to get their name on the delivery list.

If you have parents or grandparents who burn wood in the winter to stay warm, you need to help out at this event. Come help replenish those wood piles for the coming winter.

## Nuu-wee-ya' (our words)

Introduction to the Athabaskan language for  
Tribal members of all ages

Sept. 12 • 6-8 p.m.  
Siletz Tribal Community Center

For more information, contact Bud Lane at 541-444-8320 or budl@ctsi.nsn.us.



## Girls' Group

*a guide to wellness*

*A weekly group where girls can gather together for interactive discussions on healthy relationships, self-esteem, body image, and the female experience*

*Open to all girls*

*First meeting: Thursday, July 28th*

*Time: 6pm-8pm*

*Where: Siletz Health Clinic Yurt  
200 Gwee Shut Road, Siletz, OR 97380*

*Topic: What does wellness mean to me?*

*For more information please call Dee Butler at: (541)444-9618*

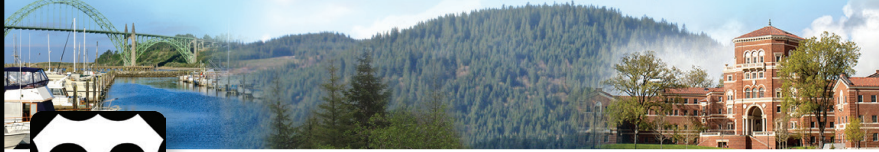
*Or Gillian Losh at My Sisters' Place: (541)5749424*

*Hosted by: Siletz Prevention, CARE Program, & My Sisters' Place*

## Activities

- ◆ Games
- ◆ Campfire
- ◆ Pizza
- ◆ S'mores
- ◆ Discussion

# Know Before You Go!



## Pioneer Mountain to Eddyville

*Traveling on U.S. 20 between  
Newport and Corvallis?*

**Expect construction June – October 2016**

Whether it's an occasional trip to the valley or a daily commute, you will be able to travel through the construction area.

**– Avoid closures and plan for delays –**

Sign up at [us20pme.com](http://us20pme.com) to receive regular email updates about current delays.

***Please tell your friends and neighbors!***



*Creating a safe, smooth, and scenic connection*

**Get construction updates at [us20pme.com](http://us20pme.com) or by calling 511**

### USDA Distribution Dates for September in Siletz

Thursday	Sept. 1	9 a.m. – 3 p.m.
Friday	Sept. 2	9 a.m. – 3 p.m.
Monday	Sept. 5	HOLIDAY
Tuesday	Sept. 6	9 a.m. – 3 p.m.
Wednesday	Sept. 7	9 a.m. – 3 p.m.
Thursday	Sept. 8	9 a.m. – 3 p.m.

Joyce Retherford • CTSI FDPIR  
541-444-8393

Lisa Paul • CTSI FDPIR  
541-444-8279

### CEDARR

**Community Efforts  
Demonstrating the Ability  
to Rebuild and Restore**

#### Mission Statement

*Working together as a whole community, we will utilize our resources to eradicate and prevent the use of all illegal drugs, underage drinking and abusive use of alcohol, delinquency and community violence.*

**Sept. 7 • Noon**

**Siletz Community Health Clinic  
200 Gwee-Shut Road, Siletz**

Duu Lhlan Wee-ya'  
P.O. Box 549  
Siletz, OR 97380-0549

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FIRST CLASS  
U.S. POSTAGE PAID  
SILETZ, OR  
PERMIT NO. 2**