



Photo by Andy Taylor

Progress on the Tribe's comfort station in Siletz continues in May. The building on the left is a laundry with seven commercial-size washers and dryers. The building on the right is a restroom and shower facility with six restrooms and six showers. Both buildings are fully ADA accessible.

Tribal employees will staff these buildings when they are in use. The washing machines are operated by a card reader system, similar to a credit/debit card machine.

This project is made possible by CARES Act funding and a grant from the Centers for Disease Control and Prevention.

## NCAI, NARF support Biden's nomination of Washington state's first American Indian federal judge

WASHINGTON – President Joe Biden has announced his intent to nominate Lauren J. King (Muscogee Nation) as a judge on the U.S. District Court for the Western District of Washington.

If confirmed, King would be the third active American Indian federal district court judge in the United States, the fifth in the history of the federal judiciary and the first American Indian federal judge in the Western District of Washington.

"NCAI strongly supports the nomination of Lauren J. King, a citizen of the Muscogee Nation, as the first ever Native American judge to serve on a federal bench in Washington state," said Fawn Sharp, president of the National Congress of American Indians (NCAI). "Washington state is home to 29 federally recognized Indian Tribes, making it critical that its federal judges better reflect the communities they serve and understand the unique histories of Native peoples and the legal principles that protect and preserve our standing under federal law."

For decades, the Native American Rights Fund (NARF) and NCAI have advocated for more American Indian nominees for federal judgeships. Given the unique relationship between the United States and Indian Tribes under federal law, federal court decisions impact the daily lives of American Indians more so than other American citizens.

Despite this, American Indians have been historically under-represented in the federal judiciary. In the 231-year history of federal courts, only four American Indians

have been appointed as federal judges. Currently, of the 890 authorized federal judgeships, only two American Indians serve as active federal district court judges. If the federal judiciary reflected nationwide demographics, there would be at least 14 Native Americans serving as federal judges.

John Echohawk, executive director of the Native American Rights Fund, said, "Ms. King is a highly respected Native American attorney whose background and experience has prepared her well for the federal bench. We congratulate Ms. King and encourage the United States Senate to act swiftly on her confirmation."

### Native American Rights Fund

Founded in 1970, NARF is dedicated to asserting and defending the rights of Indian Tribes, Tribal organizations and individual Indians nationwide. It has represented more than 275 Tribes in 31 states in such areas as Tribal jurisdiction, federal recognition, land claims, hunting and fishing rights, religious liberties and voting rights.

For more information, visit [narf.org](http://narf.org).

### National Congress of American Indians

Founded in 1944, NCAI advocates on behalf of Tribal governments and communities, promoting strong Tribal-federal government-to-government policies, and promoting a better understanding among the general public of American Indian and Alaska Native governments, people and rights.

For more information, visit [ncai.org](http://ncai.org).

# Graduation Photos

Send us a photo of your grad for the July issue of Siletz News at [pias@ctsi.nsn.us](mailto:pias@ctsi.nsn.us). Please include where your student graduated from, what diploma they received and what plans they have for their future.

**COVID status**

The good news is that Lincoln County permanently moved to the low-risk category for COVID-19 guidelines. This is very good news for the county.

The Tribe remains in phase one of its COVID operational plan. This plan will be reviewed, however, to determine when to implement phase two. The casino continues to require masks and has limited hours; that too will be reviewed.

It is still important to get vaccinated if you haven't already done so. Our clinic has held vaccine days once a week and has done a great job distributing vaccines to anyone who requests them.

**Consent Decree**

The Tribe continues to work with the powers that be to abolish the Tribe's Consent Decree. The Siletz and Grand

Ronde Tribes are the only Tribes in the U.S. that were required to give up certain hunting and fishing rights in order to gain restoration/federal recognition.

Our governor is supportive of the Tribe's process to move forward with legislation to assist in abolishing the decree.

**Chemawa cemetery**

The House of Tears from Bellingham, Wash., headed by Lummi artist Jewell James and Fred Lane, brought a beautiful carved commemorative totem to the Chemawa Indian School cemetery in Salem, Ore., on their tour of sacred sights, where a short memorial took place. James, Lane and their entourage recognized those who are buried at the cemetery.

The tour of this totem is in celebration of 20 years of the House of Tears Totem Pole Journey in the spirit of Healing,

Honor, Hospitality, Respect and Protection. The tour will make many stops throughout the Northwest then it will proceed across the country, ending up in Washington, D.C., at the White House.

This tour to Washington, D.C., is called the Red Road to D.C. Totem Pole Journey. The House of Tears has carved many other totems that remain all over the U.S. in significant and sacred places. The totem was brought to Lincoln City, Ore., on May 28, where a ceremony took place.

**Vaccinations**

Thank you to all of you who chose to receive a COVID vaccination; it's the only way this virus can be wiped out. Please call the Siletz Clinic if you missed the opportunity to get vaccinated; the Chemawa Clinic (Western Oregon Service Unit) is also providing vaccinations.



Delores Pigsley

See information about COVID-19 vaccines on page 10.

**Tenas Illahee Childcare Center Board of Directors Vacancies**

Résumés are being accepted for the Tenas Illahee Childcare Center Board of Directors. Currently, there are two vacant board positions.

If interested, please submit your résumé to Siletz Tribal Council, c/o Executive Secretary, P.O. Box 549, Siletz, OR 97380-0549.

Vacancies are open until filled.

**Elders Council Meeting**

The Elders Council will hold a virtual Zoom meeting on Saturday, June 12, 2021, at 1 p.m. If you are interested in participating in the virtual meeting from your phone, computer or smart phone, please contact Brian Crump in the Elders Program at 541-444-8233 by Wednesday, June 9, 2021.

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Change of address:** Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

**Send information to:**

Siletz News  
 P.O. Box 549  
 Siletz, OR 97380-0549  
 541-444-8291 or  
 800-922-1399, ext. 1291  
 Fax: 541-444-2307  
 Email: [pias@ctsi.nsn.us](mailto:pias@ctsi.nsn.us)

**Deadline for the July issue is June 10.**

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association

**ONLINE LANGUAGE CLASSES AND SPEAKING GROUPS ARE CONTINUING INTO JUNE 2021**

**LEARN NUU-WEE-YA'**

MONDAYS AT 5:00 PM  
**DROP-IN**  
 SPEAKING GROUP

THURSDAYS AT 5:00 PM  
**BEGINNING**  
 CONVERSATION

Please contact Nick Viles ([nickv@ctsi.nsn.us](mailto:nickv@ctsi.nsn.us)) with questions and to sign up

## Tribal Employment Rights Ordinance Public Comment Period

The Siletz Tribal Council is soliciting comments on a proposed Tribal Employment Rights Ordinance (TERO). The purpose of this ordinance is to promulgate laws and rules for governing preference in employment and contracting within Tribal jurisdiction.

The ordinance is available on the Tribal website (ctsi.nsn.us) under the Government Listings – Tribal Ordinances tab.

For questions regarding TERO, contact Kurtis Barker, 477-SSP director, at 541-444-8247; 800-922-1399, ext. 1247; or Kurtisb@ctsi.nsn.us.

Please submit written comments to generalcouncil@ctsi.nsn.us by June 8, 2021.

## 477-SSP Plan open for review, public comment

The 477-Self Sufficiency Program (477-SSP) Plan is open for public comment through June 23, 2021. The plan provides a broad overview of how the program will operate in 2022-2024.

The plan is available on the Tribal website (ctsi.nsn.us) or by contacting Kurtis Barker, 477-SSP director. Please submit written comments by June 23, 2021.

Kurtis Barker, 477-SSP Director

Email: Kurtisb@ctsi.nsn.us

Mail: P.O. Box 549, Siletz, OR 97380-0549

Questions: 541-444-8247; fax: 541-444-8334

## USDA distribution dates for June; are you eligible for food?

Siletz			Salem		
Tuesday	June 1	9 a.m. – 3 p.m.	Monday	June 21	1:30 – 6:30 p.m.
Wednesday	June 2	9 a.m. – 3 p.m.	Tuesday	June 22	9 a.m. – 6:30 p.m.
Thursday	June 3	9 a.m. – 3 p.m.	Wednesday	June 23	9 a.m. – 6:30 p.m.
Friday	June 4	9 a.m. – 3 p.m.	Thursday	June 24	<b>By appt only</b>
Monday	June 7	9 a.m. – 3 p.m.			

If you think you might be eligible for food, call the office so we can go over deductions and get you certified to receive food from our program.

We need one Tribal ID from any federally recognized Tribe to make the household eligible. We can deduct for higher education money received (if it is Tribal or BIA); we can do a standard deduction of \$400 for housing or utilities paid and other deductions for elderly and disabled.

**LIKE us on Facebook at Siletz Tribal FDPIR.** We would like to see more people sharing their recipes on our FB page.

Joyce Retherford, FDP Director  
541-444-8393; joycer@ctsi.nsn.us

Sammy Hall, Warehouseman/Clerk  
541-444-8279; sammyh@ctsi.nsn.us

FAX: 541-444-8306 or 503-391-4296

## Time to apply for Tribal Head Start

Apply now for your child to attend our Head Start program. We have classrooms in Siletz, Lincoln City, Portland and Salem. We give a preference for enrollment to children who are American Indian but you do not have to be American Indian in order to attend.

Our program offers round-trip transportation, two meals each class day, structured learning activities to support children's school readiness skills, health screenings, family events, parent training and services to support family success.

To apply, call us at 800-922-1399 or 541-444-2450 and ask for Head Start.

## Childcare program expands eligibility for Tribal families

The Tribal Childcare Assistance Program has received an increase in funding from the CCDF Coronavirus Relief and Response Supplemental Act. With this increase in funding, we requested approval from the Office of Child Care to temporarily waive the income eligibility requirement for all Tribal families living in the 11-county service area and to increase payment rates for family home providers.

The approval to waive the income eligibility will be in affect while the state and/or Tribe is in a declared emergency and can continue for three months following the suspension of the declared emergency as long as funding is sufficient.

Families must meet other eligibility requirements, which include living in the 11-county service area; parents must be working, engaged in education or in a job training program; and children must be enrolled Siletz Tribal members or eligible to enroll Siletz, or be the descendant or dependent of an enrolled Siletz Tribal member.

To request an application, contact DeAnn Brown by email at deannb@ctsi.nsn.us or by telephone at 541-444-2450.

### FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR) FY 2021 NET MONTHLY INCOME STANDARDS (Effective October 1, 2020 to September 30, 2021)

HOUSEHOLD SIZE	NET INCOME LIMIT
1	\$ 1,231
2	\$ 1,604
3	\$ 1,977
4	\$ 2,365
5	\$2,769
6	\$ 3,173
7	\$ 3,547
8	\$ 3,920
9	\$ 4,294
<b>EACH ADDITIONAL MEMBER ADD</b>	<b>\$374</b>

### Graduate School Assistance Application

The graduate school assistance application is due by June 30. Please note the due date has been changed.

If you have sent in an application for 2021, please do not send another one. Applications are on the Tribal website under Tribal Services – Education. Please direct questions to bevy@ctsi.nsn.us.

On June 17th, 2021 from 6:00 PM - 8:00 PM



Hosted by: CTSI Culture Department on Zoom

## Virtual Nee-dash Community Sharing Night

**Come and share experiences  
& stories from Nee-Dash.**

**Listen and learn about the  
history of our dances, dance  
house and our language.**

For more information and a link to register, contact:

**Peter Hatch: peterh@ctsi.nsn.us**

**Alternative Health Care Benefit Changes** – Effective April 1, 2021, Tribal Council approved an increase to the alternate health care benefit from \$50 per visit to \$75 per visit. Available services include three visits quarterly for either: massage, chiropractor or acupuncture. Eligibility: Enrolled Tribal members



## Richard Lee Baker Sr. – 1950-2021

Richard Lee Baker Sr., 70, of Portland, Ore., passed away April 23, 2021.

Rick was born in North Bend, Ore., on Sept. 1, 1950. He worked as a specialty exhaust mechanic in Portland for most of his career.

His passions were working on cars, riding the dunes, spending time with his grandkids and visiting the beach.

Rick is survived by his wife of 30 years, Cheryl Baker; children, Connie, Ricky, Nick, Chris, Sarah, Brandon and Cheney; 13 grandkids; and six great-grandkids.



For more information about the Siletz Tribe, visit [ctsi.nsn.us](http://ctsi.nsn.us).



## Soulier enlists in Washington Air National Guard

Congratulations to our son, Gabriel Soulier, for enlisting into the Washington Air National Guard on March 4, 2021.

He is fourth generation military, following his great-grandfather – Chief William C. DePoe (Navy), grandfather – Ronald DePoe (Marines), father – Mark Soulier (U.S. Air Force and Washington Air National Guard), mother – Cynthia DePoe-Soulier (U.S. Air Force and Washington Air National Guard) and sister – Brianna Soulier (Washington Air National Guard).

He will serve our country proud!

## Congratulations, Head Start grads! Summarizing nutrition in this pandemic year

By Nancy Ludwig, MS, RDN, LD, Head Start Consulting Nutritionist

*Congratulations to the graduating students and Head Start families who were asked to learn in different ways with physical distancing! Our world is shifting – we are being asked to look deep and inventory our values and our strategies.*

*Nutrition is our foundation for survival. As part of my role as consultant nutritionist to Siletz Tribal Head Start, I offer information for families and remind readers that I am available to support Head Start families by discussing nutrition-related concerns via telephone at no charge through the program.*

This year's topics included the following titles: Supporting Our Children in Stressful Times, Investing in Children with Kitchen Learning, Potatoes in the Kitchen with Your Child, Can Nutrition Really Help My Mood?, Adapting Foodways, Head Start Nutrition and Family Meals Q&A, Why Do I Reach for that Specific Food?, Re-thinking Water and Hydration, and this summary.

Each article contained common messages. Nutrition is our foundation for survival. So let's practice together in the kitchen with our children and discuss our learning at the table while sharing nourishment.

Everything that is important in Head Start is also important to the community. Key points about nutrition are highlighted in the paragraphs below. Full articles are archived on the Tribal website.

Supporting Our Children in Stressful Times in October addressed internal and external stressors. External stressors included wildfires, the pandemic and the available food supply. Internal stressors

included infection, emotions, and stages of growth and development.

We need to talk with our children about what is going on around us and provide opportunities for them to process and release their feelings and fears as a way to protect them, with the goal to support their resilience for our vital future. These stressors interfere with the body's ability to receive nourishment. Children are our future!

Investing in Children with Kitchen Learning in November was an effort to bring age-appropriate activities into the kitchen for hands-on learning. It seemed that children needed hands-on opportunities to encourage and empower them, as well as to bring the family together for meal preparation and sharing at the table.

Our suggested activity was a casserole assembly. What did your family make?

Potatoes in the Kitchen with your Child was the December focus that described how to make many meals from an item that, at the time, was prevalent in many of the food box distributions around the state.

Again, the format was an outline for creating your own plan for more kitchen science with children. Did you write your recipes? Did you adjust and repeat again? Did you try winter squash or another food?

Can Nutrition Really Help My Mood? was January's focus and continued the theme of stressful times and how we can calm our nervous systems with our food choices. The home science experiment suggestion (with parental supervision and approval) was to change the menus to experience the impact of mostly carbohydrates or mostly protein with minimal carbohydrates to see how long it took to get hungry, how you felt and how well you functioned or performed.

The point, of course, is to get in touch with the foods that help you to accomplish

your goals while feeling calm, centered and healthy. What did you learn? What changes did you make?

Adapting Foodways in February was a serious look at "ancestral justice." The views of Jennifer Nez Denetdale, Ph.D. (Diné) and Chef Nephi Craig were shared as we examined ways to support health and resilience with foodways that work.

Chef Craig can be seen on YouTube at [youtube.com/watch?v=uxHV6ylliHg](https://youtube.com/watch?v=uxHV6ylliHg) as part of the Annual Conference on Native Nutrition, talking about "Indigenous Foodways: Adapting to Change." In this video, he shared introductory information about Indigenous foodways to expand food vocabulary and to make informed healthy purchasing decisions amid the pandemic.

Chef Craig reminded us that cooking is a vital life skill in relationship building, including the psychological, intellectual and spiritual aspects of nutrition that we learn from our food ingredients. He mentioned generational effects of historical culinary trauma through systemic colonial violence.

Dr. Denetdale supported the point that colonial violence is real in her talk, "The Navajo Nation and the COVID-19 Pandemic" in January. This is available on the YouTube channel for Amerind Museum.

Relationships are also echoed in the Cully Park Tribal Gathering Garden in Portland by creating and reclaiming relationship with land for holistic sustainability and restoring a landscape as part of healing ourselves.

Head Start Nutrition and Family Meals Q&A in February reminded us of the Head Start goals of learning practices around the table at mealtime. When adults are clear about the division of responsibility around eating, they help children develop healthy eating habits while they take a long-term view.

Adults control **what** is served, **when** and **where** it is served so healthy foods are provided in a safe and encouraging environment. This helps children step into their responsibility of **whether** they choose to eat what is served and **how much** they eat. In this way, adults help children learn from their decisions in a safe environment while developing healthy habits for a lifetime.

Why Do I Reach for that Specific Food? in March was a look at food cravings with suggestions on how to determine when we are experiencing true hunger, triggering a need for nourishment, vs. when our body is having a possible addictive craving for something that might not be health-promoting.

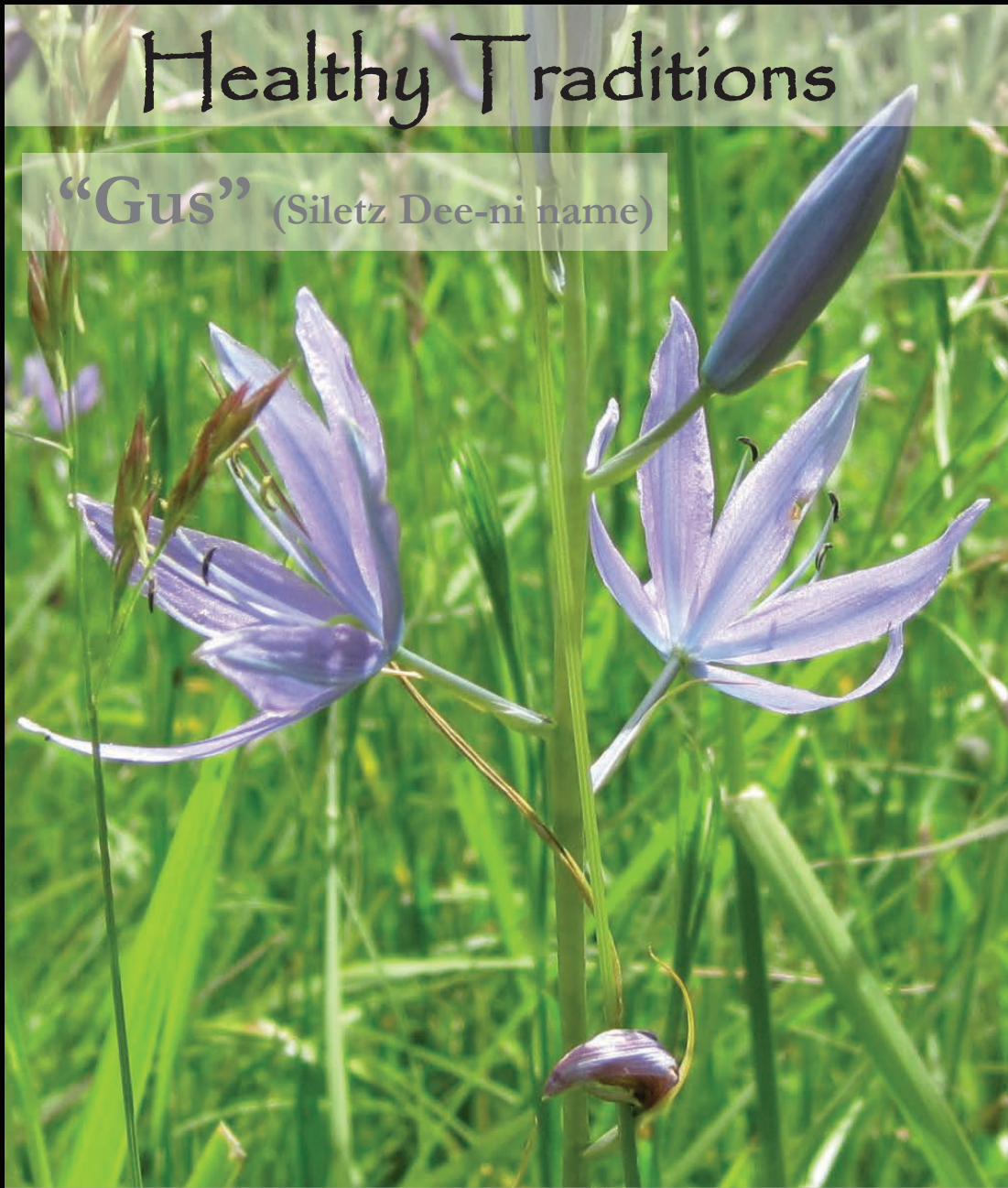
Re-thinking Water and Hydration in April was a slightly different perspective on how we can benefit and hydrate more fully from our water with three principles: 1. Water is wet for hydration 2. Water is electrically charged. 3. Water contains information.

Which of these seven practical hydration tips below did you try and discuss at the family dinner table? Don't drink "naked water." Consume foods such as fruits and vegetables with high water content. Add lemon, mint or basil sprigs or sliced cucumber to water or drink herbal teas. Add salt or electrolytes. Consider placing crystals in water. Pray or express gratitude to your water before drinking it. Add chia seeds for deep hydration.

*Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. This usually occurs over the telephone. If you have nutrition concerns about your Head Start child or want to discuss family nutrition concerns, contact your teacher or the director and ask to speak to the nutritionist.*

# Healthy Traditions

“Gus” (Siletz Dee-ni name)



## Camas Harvesting

Those of you who have traveled to the Willamette National Forest meadow to harvest camas are welcomed to take your families out this season. Please harvest responsibly and respectfully.

We have a great relationship with the staff at the Sweet Home Ranger Station and as a courtesy, please call a day prior to the Sweet Home Ranger District office. Leave a message, identifying who you are, type of vehicle and that you are harvesting camas for your family.

1.541.367.5168



## Container Gardening Class

Siletz Tribal Community Garden

Friday, June 25, 2021

1-3pm (Facebook Live) Stop by to pick up your supplies!

For questions, please contact Healthy Traditions at [kathyk@ctsi.nsn.us](mailto:kathyk@ctsi.nsn.us) or 541-444-9627

### Nettle Soup

(Use scissors & tongs with a paper bag to gather and prepare nettles.)

1 gallon of Stinging Nettles tops, rinsed

1/4 of onion chopped

1/2 C cooked bacon or ham

6 C Chicken broth

*To the this base you can add any of these additional ingredients:*

Cooked noodles or rice/ navy or lima beans

Nettle in comparison to spinach contains large quantities of protein & dietary fiber.

### Mission Statement

The CTSI Healthy Traditions project seeks to improve the health of Siletz Tribal Members through educational activities which promote the use of traditional foods through hunting, gathering, gardening, cooking, food preservation and protecting our natural resources.





# Siletz Community

## JUNE IS MEN'S HEALTH MONTH

awareness | prevention | education | family



01

**Eat Healthy.** Start by taking small steps like saying no to super-sizing and yes to a healthy breakfast. Eat many different types of foods to get all the vitamins and minerals you need. Add at least one fruit and vegetable to every meal.

**1 in 2**

1 in 2 men are diagnosed with cancer in their lifetime compared with 1 in 3 women.



02

**Get Moving.** Play with your kids or grandkids. Take the stairs instead of the elevator. Do yard work. Play a sport. Keep comfortable walking shoes handy at work and in the car. Most importantly, choose activities that you enjoy to stay motivated.

**88.9**

In 2010, there were 88.9 men for every 100 women in the age group 65-69.



03

**Make Prevention a Priority.** Many health conditions can be prevented or detected early with regular checkups from your healthcare provider. Regular screenings may include blood pressure, cholesterol, glucose, prostate health and more.

**100%**

Women are 100% more likely than men to visit the doctor for annual exams and preventative services.

### Health Benefits of Quitting Smoking

- **20 Minutes after quitting**—Your heart rate drops. (CDC)
- **12 hours after quitting**—Carbon monoxide levels in your blood drops to normal. (CDC)
- **A few months after quitting**—Your sense of smell and taste may improve. (National Cancer Institute)
- **2 weeks to 3 months after quitting**—Your heart attack risk begins to drop. Your lung function begins to improve. (CDC)
- **1 to 9 months after quitting**—Your coughing and shortness of breath decreases. (CDC)
- **1 year after quitting**—Your added risk of coronary heart disease is half that of a smoker. (CDC)
- **5 years after quitting**—Your stroke risk is reduced to that of a nonsmoker, 5-15 years after quitting. (CDC)
- **10 years after quitting**—Your lung cancer death rate is about half that of a smokers. Your risk of cancers of the mouth, throat, esophagus, bladder, kidney, and pancreas decreases. (CDC)
- **15 years after quitting**—Your risk of coronary heart disease is back to that of a nonsmoker. (CDC)

Commercial Tobacco Quitline 1-800-QUIT-NOW  
AI/AN Line now available (option 7) 1-800-784-8669

### June is National Cancer Survivor Month

National Cancer Survivors Day was established to recognize those who have successfully fought or are in the process of fighting the disease. It would not be surprising to find out that each one of us knows a person who has either succumbed to cancer or is currently battling the disease. That is simply how prevalent the disease has become, alarmingly affecting the lives of millions of Americans. This month of June, we take time to celebrate National Cancer Survivor Month as these brave survivors have managed to prevent the disease from taking their lives and deserve all the praise and support they need to get on with their lives after cancer.

**Who Exactly are These Survivors?** Experts from the American Cancer Society and the National Cancer Institute defines a cancer survivor as any individual who has been diagnosed with cancer and remains alive and well. This includes patients who are currently undergoing treatment, as well as those who have finished treatment and are considered cancer-free.

**The Good News** Thanks to a number of treatment options in both conventional and holistic cancer treatment, people are living longer lives after a cancer diagnosis.

# Health Department



SILETZ CARE PROGRAM

## Trauma Recovery Support Group

This group is available to anyone age 18 and up who has experienced any form of trauma. We will follow the SELF Curriculum and meet via Zoom. This will be a closed group, if you are interested please contact Kira Woosley [kiraw@ctsi.nsn.us](mailto:kiraw@ctsi.nsn.us)

WEDNESDAYS AT 5:30

Starting June 9

### COMMON QUESTIONS ABOUT TRAUMA RECOVERY SUPPORT GROUPS



#### What is trauma?

A distressing event or experience that can have an impact on a person's ability to cope and function.

#### Who is this group for?

Anyone who has experienced loss, grief, violence, childhood trauma or stress and anxiety related to COVID



#### What do we talk about?

We use the SELF Curriculum which takes a look into 4 key pieces of ourselves: Safety, Emotions, Loss, and Future. Each person will use these 4 cornerstones to develop their own pathways to healing from trauma.

#### Do I have to share my story?

You are never required to share your story or details about any trauma you have experienced. The purpose of the group is for you to learn the best ways for yourself to heal, manage and cope with the aftermath of trauma.

Contact Kira at the CARE Program for information on weekly virtual groups: [kiraw@ctsi.nsn.us](mailto:kiraw@ctsi.nsn.us)

## June is Elder Abuse Awareness Month

The National Center on Elder Abuse describes elder abuse as: "intentional neglectful acts by a caregiver or "trusted" individual that leads to or may lead to harm of a vulnerable elder." There are several different types of elder abuse and the perpetrators can exist in different forms. Elder abuse is one of the many forms of domestic violence. Abuse can happen to any older person, by a loved one, a hired caregiver, or a stranger. Abuse can happen at home, at a relative's home, or in an eldercare facility.

#### Watch for these signs of abuse:

- ◆ Seems depressed, confused, or withdrawn
- ◆ Isolated from friends and family
- ◆ Has unexplained bruises, burns, or scars
- ◆ Has bed sores or other preventable conditions
- ◆ Recent changes in banking or spending patterns
- ◆ Appears dirty, underfed, dehydrated, over-or under medicated, or not receiving needed care for medical problems

#### There are many types of abuse:

- ◆ Physical
- ◆ Emotional
- ◆ Sexual
- ◆ Abandonment
- ◆ Neglect
- ◆ Financial



Lincoln County General Information & Abuse Helpline: 541-336-2289 or 800-282-6194

## Dental services eligible for PRC even if you live near Siletz Clinic, IHS facility

PRC-eligible patients (Tribal members, dependents, pregnancy) who live within 40-miles of the Siletz Clinic or an IHS facility are now eligible to obtain services at an outside dental facility.

Due to safety measures taken in response to COVID-19, the Siletz Dental Department currently operates on a reduced schedule, which impacts its ability to serve all Tribal members who want oral care. PRC-eligible services will be the same types of services you would be eligible for at the Siletz Clinic or another IHS facility. You do NOT need a referral, but you will NEED to call PRC for an authorization number.

If you are unsure if specific dental services will be paid, contact PRC at 541-444-1236.

### In-person Culture Camp and Nesika Illahee Pow-Wow have been canceled this year, but ...

**Virtual Culture Camp** will take place July 13-15, 2021. Please visit the Members Only section of our Tribal website (ctsi.nsn.us) and use your roll number to enter. We look forward to seeing everyone participate.

**Virtual Pow-Wow** – A date will be set in August 2021! More information to come. We look forward to seeing everyone participate.

**For any questions or further information** on either event, contact Buddy Lane at buddy1@ctsi.nsn.us; 541-444-8230; or 800-922-1399, ext. 1230.

## Tribal house on Rogue River Court for sale

The house has three bedrooms, one full bathroom, a large backyard and a comfortable patio with a seating area. It is located at 121 Rouge River Court in Siletz, Ore.

The buyer must be an enrolled Siletz Tribal member who is eligible for a land lease with the Siletz Tribal Housing Department.

The house recently was appraised at \$80,000. All reasonable offers will be considered. Call Robina at 541-992-4415 for more information.

### CTSI Jobs – Employment information at ctsi.nsn.us

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

CTSI constantly is looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are looking for temporary work that can last from 2-12 weeks, please submit an application for the temp pool.

### Youth Antlerless Elk Hunt Applications Due July 2, 2021 3 Tags

Hunt runs from Aug. 1 to Dec. 31

Applications available at kiosk at the back door of the Tribal admin building in Siletz and on the Tribal website under Natural Resources beginning June 1

Open to Tribal youth age 12-17 who have a valid Hunter Safety Card

Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions



For more information about the Siletz Tribal language program, please visit [siletzlanguage.org](http://siletzlanguage.org).



## We're Back!

Calling all Gamers, k-12  
CTSI

Minecraft Gathering!

**June 26th, 11am**

Contact:  
[jacobr@ctsi.nsn.us](mailto:jacobr@ctsi.nsn.us) for registration



### 2021 Lane Family Reunion

July 30 – Greet and Meet, 5 p.m., followed by Barn Dance  
21821 Siletz Hwy, Siletz, Oregon 97380

July 31 – 1-6 p.m., Family Pot Luck

RSVP/Call Linda Merrill for info at  
541-548-2452 home, cell 541-598-6683  
[crookedwillowm@gmail.com](mailto:crookedwillowm@gmail.com)

All family and friends are invited.

Bring beverages of your choice, chairs & coolers, etc.  
BRING A DISH, IT'S A POT LUCK, FOLKS!

CAMPING AVAILABLE ON PROPERTY!  
(NO water or electric hook ups available)

Can't wait to see everybody!

More information on activities to follow.  
If you have ideas, shoot them at me :o)

*So keep in touch and see you JULY 30 and JULY 31!*



**Important notice  
about 2021 per capita**

If you believe you are going to have a per capita garnishment either for debt to the Tribe or for child support:

- Monies owed to the Tribe: There will be no hearings. Your written protest is your due process in accordance with the ordinance.
- Child Support: If you do NOT submit a written protest you will NOT have a hearing scheduled. If you do not submit a written protest within the 14 day timeframe, you will not be allowed to do so via phone.

Tribal Court will accept requests to be present via telephone in your written request.

Ordinances are approved by Tribal Council.

**TRIBAL COURT OF THE  
CONFEDERATED TRIBES OF  
SILETZ INDIANS OF OREGON**

**NOTICE OF PENDING LITIGATION**

**May 10, 2021**

Court Address  
P.O. Box 549  
201 SE Swan Ave. Siletz, OR 97380-0549

Court telephone no.  
800-922-1399  
541-444-8228  
541-444-8270 fax

**In the matter of: Siletz Tribal Per Capita Distribution**

These matters came before the court on review and the court being fully informed finds as follows:

**FINDING OF FACT**

1. This court has jurisdiction to review this matter as the respondents are members of the Confederated Tribes of Siletz Indians (CTSI).
2. Petitioner filed a Notice to Offset/Attached Tribal Per Capita in the Siletz Tribal Court.

**ORDER**

The following Tribal members have a lien filed against their per capita, do not have a valid mailing address with the Enrollment Department and need to contact Tribal Court so a notice can be sent:

- |                        |                       |
|------------------------|-----------------------|
| Attebury, Delight      | Richardson, Robert C. |
| Butler, Daniel         | Vergara, Kristina     |
| Gonzalez, Rocky D. Sr. | Williams, Elijah      |
| Hutchinson, Gary Jr.   | Williams, Willie J.   |

SO ORDERED this 10<sup>th</sup> day of May 2021

Calvin E. Gantenbein, Chief Judge  
Siletz Tribal Court

**For more information about the Siletz Tribal Arts and Heritage Society, visit [siletzartsheritage.org](http://siletzartsheritage.org).**

**Lincoln County Jail  
seeks volunteers**

The Lincoln County Jail in Newport, Ore., is seeking cultural practitioners to provide services to American Indians who are incarcerated. They are seeking both female and male practitioners to provide online, one-on-one and group guidance (once it is safe to hold in-person meetings).

To volunteer, contact Dennis Buckmaster ([dbuckmaster@co.lincoln.or.us](mailto:dbuckmaster@co.lincoln.or.us)) to start the process. This does include a background check, but all situations will be considered individually.

**Most Often Requested  
Numbers**

Confederated Tribes of Siletz Indians –  
800-922-1399  
Salem Area Office – 503-390-9494  
Salem Finance Office – 888-870-9051  
Portland Area Office – 503-238-1512  
Eugene Area Office – 541-484-4234  
Contract Health Services (CHS) –  
800-628-5720

Siletz Community Health Clinic –  
800-648-0449  
Siletz Behavioral Health – 800-600-5599  
Chinook Winds Casino Resort –  
888-244-6665  
Chemawa Health Clinic – 800-452-7823  
Bureau of Indian Affairs – 800-323-8517  
Website – [ctsi.nsn.us](http://ctsi.nsn.us)



**Siletz Tribal  
Youth  
Council!  
June 20th  
11:00am  
Via Zoom**



**Area Office Contact Info**

Portland: Katy Holland, (503)-238-1512, [Katyh@ctsi.nsn.us](mailto:Katyh@ctsi.nsn.us)

Salem: Sonya Moody-Jurado, (503)-390-9494, [Sonyamj@ctsi.nsn.us](mailto:Sonyamj@ctsi.nsn.us)

Eugene: Nora Williams, (541)-484-4234, [NoraW@ctsi.nsn.us](mailto:NoraW@ctsi.nsn.us)

Siletz: Elizabeth Madden, (541)-272-9128, [ElizabethM@ctsi.nsn.us](mailto:ElizabethM@ctsi.nsn.us)



**Youth Council is for ages 12 to 24.  
Middle School, High School, &  
Higher-Ed students welcome!**

**Experience  
Leadership  
Community**

## Oregon adjusts guidelines for masks, physical distancing indoors and outdoors

SALEM, Ore. – Oregon Health Authority (OHA) has released updated guidance about mask and physical distancing requirements for individuals fully vaccinated against COVID-19.

Under the updated guidance, people who are fully vaccinated will no longer be required to wear a mask indoors, in most public settings where vaccination status is checked. In public settings where vaccination status is not checked, masks will still be required. Finally, businesses and venue

operators remain free to establish their own, more restrictive policies regarding mask usage.

In addition to exempting people who are fully vaccinated from mask requirements in most indoor settings, OHA health experts announced that mask requirements no longer apply to anyone who is outdoors. OHA recommends, however, that individuals continue to wear a mask or face covering in crowded areas and large gatherings (such as

sporting events), and to maintain physical distance as much as possible. OHA urges unvaccinated individuals and those at risk for complications to wear masks in these settings.

The new guidance comes after the U.S. Centers for Disease Control and Prevention (CDC) last week announced that individuals who are fully vaccinated against COVID-19 could stop wearing masks and stop physical distancing in most public spaces.

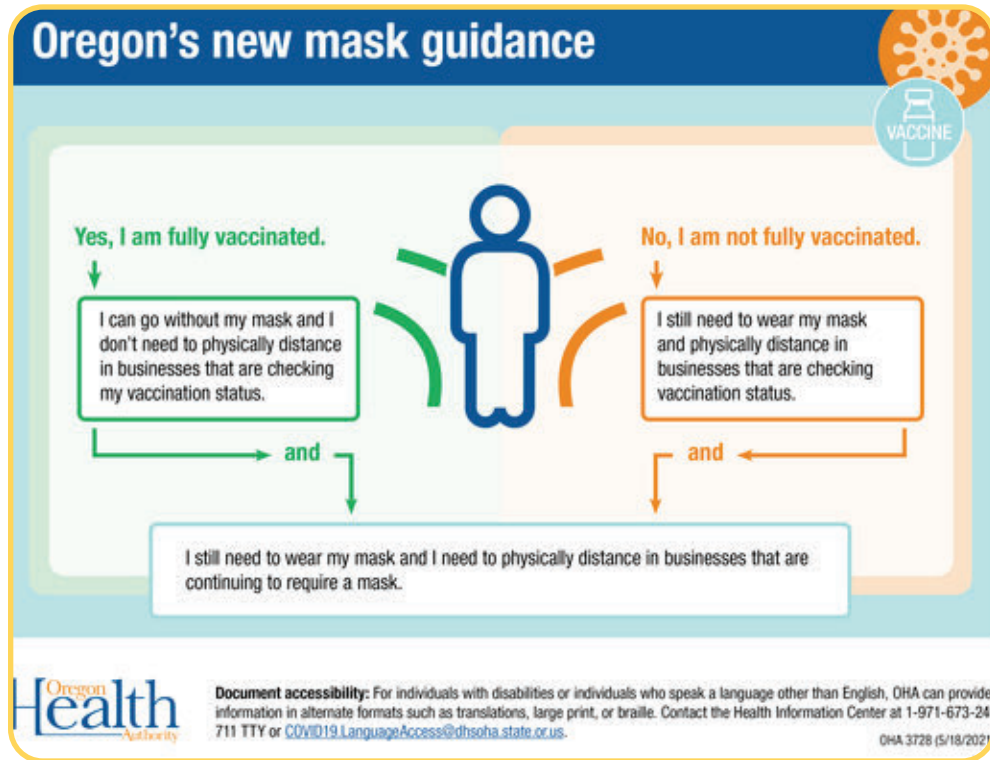
The new Oregon guidance says:

- Individuals in Oregon are no longer required to wear a face mask or physically distance, whether indoors or outdoors, two weeks after their final COVID-19 vaccination dose. A “fully vaccinated individual” is a person who has received both doses of a two-dose COVID-19 vaccine or one dose of a single-dose vaccine and at least 14 days have passed since the individual’s final dose of COVID-19 vaccine.
- Fully vaccinated individuals, however, are required to continue wearing a mask and observe physical distancing on public transportation and in schools, hospitals and clinics, homeless shelters, youth and adult correctional facilities, and long-term care facilities.

- Businesses, employers and faith institutions can choose to no longer require masks and physical distancing for fully vaccinated individuals or continue to require masks and physical distancing in their locations for all individuals, regardless of vaccination status.
- If a business, employer or faith institution chooses to no longer require masks and physical distancing, the business, employer or faith institution must require visitors to show proof of vaccination and review the proof of vaccination. In that case, a business would need to have a policy for checking the vaccination status of customers and employees if they are not wearing masks. Fully vaccinated individuals would need to provide proof they’d been vaccinated and not observe physical distancing guidelines.

In addition, state health experts announced that face coverings are no longer required outdoors (regardless of vaccination status). OHA strongly recommends that people who are not vaccinated and people who are at high risk of severe COVID-19 disease continue to wear face coverings and physically distance in outdoor crowded areas and large gatherings.

See more information about vaccinations in Oregon at [covidvaccine.oregon.gov](https://covidvaccine.oregon.gov).



SGCETC Vaccine Informational Toolkit for Tribal Governments

### How the COVID-19 Vaccines Work

The infographic is divided into several sections:

- Introduction:** All COVID-19 vaccines are a safe and effective way to protect our elders, our youth, our community, and our culture from the COVID-19 pandemic.
- Vaccine Types:** There are currently three vaccines available, each authorized by the FDA and tribal public health experts. These vaccines are produced by Moderna, Pfizer, and Johnson & Johnson.
- Johnson & Johnson:** The Johnson & Johnson vaccine works just like the flu vaccines that have been available for decades. It provides your immune system with an example virus to practice and prepare against. It is complete with a single dose.
- Moderna and Pfizer:** The Moderna and Pfizer vaccines work slightly different. Rather than providing the example virus for your immune system to practice against, these vaccines teach your immune system to build their own examples which your immune system then practices on.
- Dosing:** These vaccines require two doses, Moderna being 28 days apart, and Pfizer being 21 days apart.
- Effectiveness:** The CDC is reporting that once vaccinated, it's very rare that you can still spread COVID-19 to others. All of the vaccines are effective at preventing severe symptoms, hospitalization, and death.
- Prevention:** However, until more data is collected, and we officially reach herd immunity, we must continue wearing masks and physical distancing to help protect our communities during this pandemic.
- Conclusion:** These vaccines teach your immune system to build their own examples which your immune system then practices on.
- Resources:** For the latest information on vaccine guidelines visit [FDA.gov](https://www.fda.gov) or [CDC.gov](https://www.cdc.gov). For additional tribal COVID-19 resources, visit [tribalseif.gov/covid19](https://tribalseif.gov/covid19).

### COVID vaccine availability in your area

Local IHS (Indian Health Service) or Tribal clinics may be an option for you to get your COVID vaccine. Give them a call to find out if this can possibly work for you.

### COVID-19 vaccines are effective against all variants of the virus in the United States.

Current data suggests the authorized COVID-19 vaccines in the U.S. offer protection against severe illness and death caused by all variants of COVID-19.

CDC is closely monitoring five variants of concern and four variants of interest.

**Oregon Health Authority**

# Coronavirus Information and Resources

## Siletz Community Health Clinic – COVID VACCINE

To schedule your COVID-19 vaccine: Please call 541-444-9636 to schedule a COVID vaccine. You will be asked to leave a message with your full name, birthdate and phone number. Someone will contact you ASAP to schedule your COVID vaccine. Tribal elders will be given priority.

## COVID -19 HOME TESTS AVAILABLE

Available to Siletz Tribal members - first come, first served

**Call the CTSI Resource Line  
541-444-9613**

**CTSI Resource Line  
541-444-9613**

We are here to connect Tribal members and their families to local resources. This includes food, housing, and other essentials.

We have hard to find items available for general membership. This includes:

- Thermometers
- Hygiene and sanitation items
- Smudge kits
- and more!

*Available while supplies last*

**If you need assistance, call us Monday through Friday between 9am-3pm.**



## EMERGENCY BROADBAND BENEFIT

HELPING HOUSEHOLDS CONNECT DURING THE PANDEMIC

### What is it?

A temporary FCC program to help households struggling to afford internet service during the pandemic.

The benefit provides:

- Up to \$50/month discount for broadband service;
- Up to \$75/month discount for households on qualifying Tribal lands; and
- A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider.



### Who is eligible?

A household is eligible if one member of the household:

- Has an income that is at or below 135% of the Federal Poverty Guidelines or participates in certain government assistance programs;
- Receives benefits under the free and reduced-price school lunch or breakfast program;
- Received a Federal Pell Grant during the current award year;
- Experienced a substantial loss of income due to job loss or furlough since February 29, 2020; or
- Meets the eligibility criteria for a participating provider's existing low-income or COVID-19 program.

### THREE WAYS TO APPLY

#### 1 Contact your Preferred Participating Provider Directly

Ask your provider if they participate in the EBB, or use our online tool to find a participating company near you.



#### 2 Online

Use the online application at [GetEmergencyBroadband.org](https://www.fcc.gov/GetEmergencyBroadband.org)

#### 3 By Mail

Print an application in English or Spanish. Complete the application and send with proof of eligibility to:

Emergency Broadband Support Center  
P.O. Box 7081  
London, KY 40742



For additional information, Call 833-511-0311, or visit [fcc.gov/broadbandbenefit](https://www.fcc.gov/broadbandbenefit)

# StrongHearts Native Helpline now includes text advocacy

EAGAN, Minn. – StrongHearts Native Helpline (1-844-7NATIVE) has expanded operations and now offers text advocacy as the expanded service launched in April. Text advocacy can be reached by using StrongHearts Native Helpline’s number – 1-844-762-8483.

StrongHearts Native Helpline is a culturally appropriate, anonymous, confidential and free service dedicated to serving Native victim-survivors, concerned family members and friends affected by domestic, dating and sexual violence. StrongHearts Native Helpline is a project of the National Indigenous Women’s Resource Center and the National Domestic Violence Hotline.

Like online chat advocacy, text advocacy increases accessibility for individuals who may be hearing impaired and those who may be uncomfortable or unable to vocalize a call for support. As the pandemic continues and victim-survivors in abusive relationships are forced to shelter-in-place with their abusive partners; it becomes even more vital to offer multiple communication

options so victim-survivors can decide what is a safe and appropriate option for them.

“We are eager to expand our services to reach every Native victim-survivor who needs it,” said StrongHearts Director Lori Jump (Sault Ste. Marie Tribe of Chippewa Indians). “StrongHearts will continue our work until all of our relatives have the resources they need and are safe from violence.”

According to the National Institute of Justice and the Centers for Disease Control and Prevention’s 2010 National Intimate Partner and Sexual Partner Survey, American Indians and Alaska Natives experience some of the highest rates of domestic and sexual violence in the United States. The study found that more than four in five American Indian and Alaska Native women had experienced violence in their lifetime, and one in three had experienced violence within the past year.

The study also examined how this violence affects Tribal communities and Native survivors. For American Indian

and Alaska Native people, the study found that about half of women and nearly one in five men stated they needed victim services. With few options and supportive resources, American Indian victims of abuse often go without assistance.

To address these inequities and better serve American Indians and Alaska Natives, StrongHearts has been rapidly expanding. In 2020, it launched online chat advocacy and sexual violence advocacy. In 2021, StrongHearts increased advocacy services to seven days a week, 24 hours a day.

As American Indian and Alaska Native communities continue to navigate the isolating effects of COVID-19, 24/7 expanded operations and text advocacy will allow those experiencing domestic and sexual violence to connect with a highly trained advocate whenever they need free, anonymous and confidential support.

StrongHearts Native Helpline is available by calling or texting 1-844-762-8483 or clicking on the chat icon on [strongheartshelpline.org](http://strongheartshelpline.org).

# Introducing the Think Indian Book Club blog

“A reader lives a thousand lives before he dies. A man who never reads lives only one.” – George R.R. Martin

Several years ago, American Indian College Fund staff members organized a “Think Indian” book club to read the literary works by Native authors – many of whom have attended, graduated from or taught at Tribal colleges and universities.

This year we realized we could elevate Native writers’ voices by sharing their works with the greater public. In addition to providing recommendations for some great reads, we also saw this as an opportunity to introduce people to cultures and peoples they might not otherwise meet.

Reading literary fiction is proven to be more than mere entertainment. Studies show that reading literary fiction increases empathy, encourages understanding of other people and increases critical thinking skills (business books and commercial fiction do not have the same effect, by the way).

We created the Think Indian Book Club blog to share our Think Indian Book Club book selections and reviews. We will review each forthcoming book club selection and share it with you, the reader (along with Indigenous booksellers’ information so you can patronize Native-owned businesses).

We have also created a list of past Think Indian Book Club selections to get you started on your summer reading. Enjoy, and if you have a moment, drop us a line at [info@collegefund.org](mailto:info@collegefund.org) and let us know how you enjoyed our recommendations.

**Book review: Moon of the Crusted Snow** – [collegefund.org/blog/book-review-moon-of-the-crusted-snow/](http://collegefund.org/blog/book-review-moon-of-the-crusted-snow/)

**List of past Think Indian Book Club selections** – [collegefund.org/blog/read-the-think-indian-book-club-past-selections/](http://collegefund.org/blog/read-the-think-indian-book-club-past-selections/)

**For more information about the Siletz Tribe, visit [ctsi.nsn.us](http://ctsi.nsn.us).**

## Need Rental Housing?

The Siletz Tribal Housing Department encourages you to apply for the Low-Income Rental Program waiting list in Siletz (1-4 bedrooms) and Lincoln City (2-3 bedrooms – Neachesna Village). Applications can be obtained at any Tribal area office (Eugene, Salem, Portland, Siletz) or online from the Tribal website – [ctsi.nsn.us](http://ctsi.nsn.us); follow links – Tribal Services-Housing-Low Rent Apartments & Home Ownership.

Questions? Call 800-922-1399, ext. 1322, or 541-444-8322; fax: 541-444- 8313

## 2021-2022 Hunting and Fishing Tags Distribution Schedule

Tribal offices are closed to the public due to COVID-19 restrictions. Tribal members who want a tag should call to have tags mailed to them beginning the first date of tag issuance: 541-444-8227 or 541-444-8232.

Type of Tag		Number Available	Season Dates	Date to Start Tag Issuance	Method of Issuance
Deer	Early Archery***	50	8/28-9/26	8/2 at 8 a.m. at Natural Resources office	First-come, first-served*
	General Rifle	375	10/2-11/5**	8/16	First-come, first-served*
	Antlerless – Adult	12	10/2-11/5	Lottery applications available 8/2; due 8/27; drawing 9/7; tags issued 9/8	Lottery – Open to elders only
	Antlerless – Youth	8	10/2-11/7	Lottery applications available 8/2; due 8/27; drawing 9/7; tags issued 9/8	Lottery – Open to youth age 12-17 only
	Late Archery	50 (minus # of early season tags filled)	11/20-12/12	First Distribution: 10/18 at 8 a.m. at NR office Second Distribution: 11/1 at 8 a.m. at NR office (see Note 2 below)	First-come, first-served*
Elk	Antlerless – Youth	3	8/1-12/31	Lottery applications available 6/1; due 7/2; drawing 7/6; tags issued 7/7	Lottery – Open to youth age 12-17 only
	Early Archery	25	8/28-9/26	8/2 at 8 a.m. at Natural Resources office	First-come, first-served*
	1 <sup>st</sup> Season Rifle	25	11/13-11/16	Lottery applications available 8/30; due 9/24; drawing 10/4; tags issued 10/5	Lottery
	2 <sup>nd</sup> Season Rifle	25	11/20-11/26		
	Antlerless	15	Various seasons beginning 1/1/22	Lottery applications available 8/30; due 9/24; drawing 10/4; tags issued 12/1	Lottery
	Late Archery Antlerless	56	11/27-12/12	First Distribution: 10/18 at 8 a.m. at NR office Second Distribution: 11/1 at 8 a.m. at NR office (see Note 2 below)	First-come, first-served*
Salmon	Salmon	200	11/1-12/30 (estimate)	8/16	First-come, first-served

\* No early calls to “save” a tag for someone. Must call to have a tag mailed no earlier than the first day of distribution.

\*\* Season for youth age 12-17 is 10/2-11/7 (2 additional days at end of general season)

\*\*\* Unfilled Deer Early Bow tags must be returned to Natural Resources by 10/8.

NOTE 1: A Tribal member may obtain only ONE elk tag in their name during the 2021-2022 hunting season (bow, bull and cow tags all count toward the one tag), except as noted below.

NOTE 2: First Distribution: For hunters who have not been issued an early season deer archery tag (for deer tags) or any elk tag (for elk tags).  
Second Distribution: For any eligible hunter, regardless of what other tags they have received.

**Funded Orthodontic Treatment Screening**



The 2021 Funded Orthodontic Treatment Program is fast approaching! All interested parties should contact the Dental Department to be placed on a list. The screening dates are Aug. 11 and Aug. 24, 2021. The program and amount of accepted applicants will be dependent on the funding for that year. Applicants are selected by case severity, motivation of the patient and guardian, reliable transportation, routine dental checkups and the oral hygiene history of the patient, to name a few. We want the best results possible for the patient and thus place emphasis on these items in order to achieve this. The unbiased selection process is performed under the guidance of an orthodontic specialist and chosen through a committee.

This program is open to all ages who are PRC-eligible only. Must have a scheduled screening appointment during one of the two screening days to be considered. Each year's selection process is independent from previous years and does not carry over. Selected and treated individuals can only be selected once for the duration of the program. All applicants will be notified by mail if they have been chosen.

Please contact the Siletz Dental Clinic, 541-444-9681, to be put on the list.

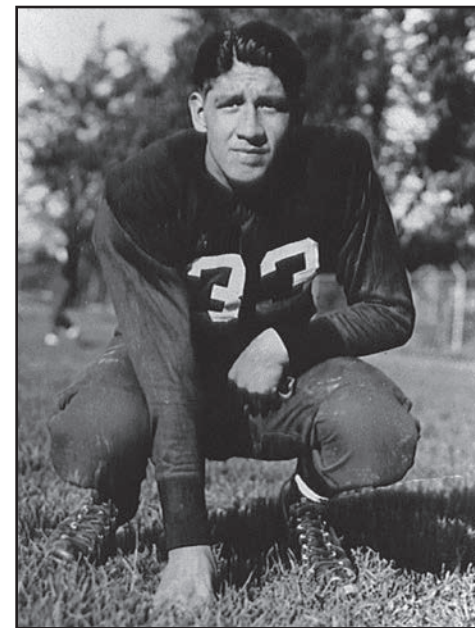
**Stuart seeking Siletz athlete stories**

Do you have a story to tell or know a Siletz Tribal member or descendent who was an outstanding athlete?

I have some Siletz Tribal member stories so far of people who played university sports, played a lifetime of a sport or had amazing athletic accomplishments in high school. I want to create, and possibly publish for sale, a book that your children and my son can read that has people who look like them and stories to which they can aspire.

Thank you to everyone who has corresponded so far. Please email me at [siletztiffanydawn@gmail.com](mailto:siletztiffanydawn@gmail.com) with your story or information.

Tiffany Stuart  
Siletz Tribal member



Courtesy photo from American Indian Athletic Hall of Fame ([aiahof.com](http://aiahof.com))

Art Bensell (Siletz), 1987, American Indian Athletic Hall of Famer

**Siletz Tribal Veterans**

For information and assistance from Tony Molina, Tribal Veteran Representative, call 541-270-0569 or email [tonym@ctsi.nsn.us](mailto:tonym@ctsi.nsn.us)

**Tribal employment information is available at [ctsi.nsn.us](http://ctsi.nsn.us).**

**May and June Community Transcription Project**

If you are interested in gaining skills transcribing and translating historical documents from Nuw-wee-ya' please contact the Siletz language department at [nickv@ctsi.nsn.us](mailto:nickv@ctsi.nsn.us). The program hopes to announce opportunities to participate in the May-June training and transcription project soon – and may have stipends available for people interested in participating.

**How to access language materials online**

**Virtual speaking groups and beginning community classes have begun again. Contact Nick Viles ([nickv@ctsi.nsn.us](mailto:nickv@ctsi.nsn.us)) for login information.**

Ch'ee-la xwii-t'i  
(Greetings everyone)

To assist Tribal members during this time of social distancing and the interruption of our normal schedules, this tutorial on how to access language materials and recordings from the Tribal website has been developed. I hope you and your families are safe and healthy during this time. Hopefully many folks can access these materials from the safety of their homes.

Go to [www.ctsi.nsn.us](http://www.ctsi.nsn.us). Enter in your roll number and last four digits of your Social security number to log on to the Tribal member access area. Click on "Our Heritage." On the drop down, click on "Language."

Lots of written and recorded materials are available in this section. The Nuw-wee-ya' (Our Words) Language Dictionary is on this page. You can click on the selection A to Z to look up written English language words and their Athabaskan equivalent.

Also on this page are Siletz Dee-ni Volumes 1, 2 & 3. Just click on "Study Materials" and scroll down. Volume 1 contains lessons on body parts, counting, relatives, foods and table talk.

In these lessons, the written word on the screen is accompanied by audio of

the word's pronunciation. Volume 2 contains animals, birds, colors, fish, greetings and goodbyes, insects, and trees and brush. Volume 3 contains lessons on sentence structure and word order.

Each lesson has a complete practical alphabet sound chart. All three volumes have a word document and audio recording for each lesson. Tests are available if you want to use them.

To access the Siletz Talking Dictionary, click on Siletz Language website. Drop down three lines and click on [www.siletzlanguage.org](http://www.siletzlanguage.org), go to the Talking Dictionary tab and click on it. The Siletz Talking Dictionary Page will appear.

Just below the words "Search for" is an empty white box. Type in the word you are searching for and click on the "search" button. The word and the Athabaskan equivalent will appear just below the search box. To hear the word being spoken, simply click on the red ear icon on the left side of the page.

You may have to wait a few seconds for the page and sound to load, depending on your connectivity. Some of the words also have pictures.

Also on the [www.siletzlanguage.org](http://www.siletzlanguage.org) website are 14 Language learning videos and many other culture-related videos, materials and curriculum.

Activate Arts, an arts nonprofit in Lincoln County, offers summer camps that are free for all youth in grades 1-8. It also is looking to hire high school youth art mentors.

The organization is dedicated to creating inclusive and accessible art that is culturally affirming. It is the only arts organization on the central Oregon coast that is led by people of color. Siletz Tribal member Creed Taylor is an active board member.

Activate Arts is facilitating two arts camps, with one being a mural-making summer camp. Last summer, it commissioned a mural in honor of the late Siletz Tribal member Agnes Pilgrim, affectionately known as Gramma Aggie. The mural is located at the turnaround on SW 51<sup>st</sup> Street in Lincoln City, Ore.



**Activate Arts Summer Camps**  
June 21-25 & August 16-20  
Register @ [www.ActivateArtsNow.com](http://www.ActivateArtsNow.com)



# SERVICES AVAILABLE

## Mental Health Services & Life Alert

### Mental Health Services

➤ **What services are available?**

- Counseling Services – individual or family
- Psychiatry Services
- Psychology Services
- Up to 8-visits annually (more if medically necessary)

➤ **Who's eligible?**

- Siletz Tribal members eligible for Purchased/Referred Care (PRC), formerly Contract Health Services (CHS).

➤ **How do I get benefits?**

- CALL PRC at 800-628-5720 or

541-444-9648 to speak with a PRC representative.

- Prior to making an appointment with a provider – confirm the provider will accept PRC as payment.
- Benefits are limited, first-come, first-served.

➤ **What you need to know:**

- After calling PRC for benefits, the patient will receive a letter with program details. The letter also provides information that the patient can give to their provider for payment processing information.
- You will not be required to use other resources first. This will allow you to go to a provider who does not accept Oregon Health Plan/Medicaid or your private insurance.

### Life Alert

- Please contact your local community health advocate (CHA) if you think you or another Tribal elder could benefit from Life Alert.

• **Eligibility Criteria:**

- Enrolled Tribal member eligible for PRC
- Work with CHA to determine need/apply for local services

➤ **Steps to get Life Alert:**

- Contact your local CHA –
- The CHA will determine if you meet the criteria for Life Alert (examples: live alone, health condition, etc.)

- The CHA will assist you in applying for Life Alert at no cost through community options. If you do not qualify for Life Alert at no cost, the Siletz Community Health Clinic will cover the cost.

➤ **You can reach the community health advocates at:**

- Siletz – Amy Garrett or Hannah Glaser at 541-444-1030
- Salem – Cecilia Tolentino at 503-390-9494
- Eugene – Adrienne Crookes at 541-484-4234
- Portland – Andrew Johanson at 503-238-1512

### Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional Living Center

Siletz: 800-600-5599 or  
541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512

**Narcotics Anonymous Toll-Free  
Help Line – 877-233-4287**



**For information on Alcoholics  
Anonymous: aa-oregon.org**

### 2021 Out-of-Area Benefits

The Tribal Council has approved Out-of-Area Benefits for 2021. These benefits are for Tribal members who live outside the 11-county service area. To qualify, Tribal members must be registered for health care with the Siletz Community Health Clinic AND reside outside of the Tribe's 11-county service area. These funds are intended for Tribal members who are not eligible for Purchased/Referred Care.

All Benefits are Dependent on Available Funding

**Annually**  
\$2,000 Total in Medical +  
Mental Health + Dental + Hearing  
Plus \$500 Pharmacy Card Benefit

**Biannually**  
\$450 in total Vision Care for Adults\*  
\*available annually for Elders,  
Children, Students or Diabetics

**Call PRC 1-800-628-5720**

Prior authorization by PRC is required and benefits must be used within 90 days. Any funds not used within 90 days, or claims not received, will be returned to the pool for redistribution. **An individual can access benefits up to \$2,000 annually by calling on the authorization date.** For example, an individual can call in January for medical of \$500 and then call again in October for dental of \$1,500 for a total of \$2,000. All benefits are subject to funding availability. When you call for pre-authorization, PRC will authorize for household members only and voice messages do not hold funds. The individual must speak to PRC staff and obtain an Out-of-Area (OOA) number to secure funds.

### Remaining 2021 Call-In Dates July 1 and Oct. 1

ADVANCING DISABILITY JUSTICE GRANT IS EXCITED TO PRESENT TRADITIONAL ACTIVITIES TO SHOW THAT NO MATTER YOUR DISABILITY OR ROLE IN YOUR COMMUNITY, THERE IS ALWAYS SOMETHING THAT CAN BE LEARNED FROM ONE ANOTHER.

*Two federally recognized Tribal members in our communities are giving 100 community members the opportunity to learn how to make traditional items in their unique ways - giving them the chance to showcase their art.*

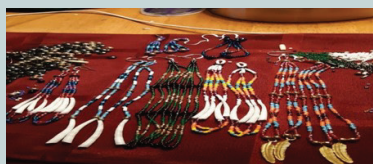
Basket caps made from supplies that can be bought from the store.

For some, this is easier than gathering when their health makes it too difficult.



Beaded earrings and chokers made easier for people with disabilities.

Most beadwork is hard on your hands and eyes.



IF YOU'RE INTERESTED IN LEARNING HOW TO MAKE ONE OR BOTH OF THESE ACTIVITIES, PLEASE CONTACT THE SILETZ VR PROGRAM FOR A PACKAGE OF SUPPLIES TO BE MAILED TO YOU. WE ONLY HAVE 100 AVAILABLE FOR EACH ACTIVITY AND SUPPLIES WILL BE MAILED AT THE BEGINNING OF JUNE.

Please contact Rachele Endres at 541-444-8213 or 800-922-1399, ext. 1213.



**"Hi, I can help with OHP."**

**Do you need help with OHP?**

You don't have to leave your home to apply!  
Applications can now be done online or over the phone.

The Health Care Marketplace is open now through May 15, 2021.

Shop for health plans at <https://or.checkbookhealth.org/> or call direct at 855-268-9767.

**541-444-9611**

### CTSI Jobs

Tribal employment information is available at [ctsi.nsn.us](http://ctsi.nsn.us).

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

CTSI constantly is looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are looking for temporary work that can last from 2-12 weeks, please submit an application for the temp pool.

# JOM FAMILIES

Follow the CTSI Education department on the CTSI Youth Facebook page and in your local area newsletter for monthly youth program information.



Email your local Education Specialist to be added to our email list.

Portland Area Office	Siletz Area	Salem Area Office	Eugene Area Office
Katy Holland (503) 238-1512 katyh@ctsi.nsn.us	Alissa Lane-Keene (541) 444-8373 alissal@ctsi.nsn.us	Sonya Moody-Jurado (503) 390-9494 sonyamj@ctsi.nsn.us	Nick Viles (541) 484-4234 nickv@ctsi.nsn.us

## Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov
- ONAC Student Academic Awards  
Deadline: July 30, 2021
- AIS Scholarship  
Deadline: Varies
- Open Education Database Graduate and Ph.D. Scholarships  
Deadline: Varies
- Tribal College and University Scholarships  
Deadline: Ongoing
- American Indian Service Scholarships  
Deadline: Ongoing
- American Indian Science and Engineering Society (AISES) Scholarships  
Deadline: Ongoing
- American Institute of CPAs  
Deadline: Varies
- American Meteorological Society Minority Scholarships  
Deadline: Ongoing
- Army Emergency Relief Scholarships  
Deadline: Ongoing
- Catching the Dream Scholarships  
Deadline: Ongoing
- College Board Scholarship  
Deadline: Ongoing
- Jack Kent Cooke Foundation  
Deadline: Varies
- National Action Council for Minorities in Engineering  
Deadline: Varies

Visit [OregonStudentAid.gov](http://OregonStudentAid.gov) to check out more than 500 grant and scholarship opportunities.

### Outside Scholarships for NATIVE AMERICAN STUDENTS

- Cobell Scholarship**  
<http://cobellscholar.org/>  
various scholarships available  
\*essay required  
Open to descendants/enrolled members
- American Indian Services**  
<https://www.americanindiandianservices.org/>  
various scholarships available  
\*essay may be required  
Open to descendants/enrolled members
- American Indian College Fund**  
<http://www.collegefund.org/>  
various scholarships available  
\*essay required  
Open to descendants/enrolled members
- Bureau of Indian Education**  
<http://www.bie.edu/ParentsStudents/Grants/>  
various scholarships available  
\*essay may be required  
Open to descendants/enrolled members
- Native American Scholarship Fund**  
<http://catchingthedream.org/>  
various scholarships available  
\*essay may be required  
Open to descendants/enrolled members

## Fellowships

- Doris O'Donnell Innovations in Investigative Journalism Fellowship  
Deadline: June 30, 2021
- American Indian Graduate Center  
Deadline: Ongoing
- NOAA Fellowships  
Deadline: Ongoing
- NBC News Summer Fellows Program  
Deadline: Ongoing
- Master of Forest Resources Fellowships  
Deadline: Open until filled
- NW Native American Research Centers for Health Research Support Fellowship  
Deadline: Rolling
- Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships  
Deadline: Rolling
- Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow  
Deadline: Multiple
- Claremont Native American Fellowship  
Deadlines: Multiple

# COVID-19 Education Kits

Summer Education Kits are designed to enhance learning while preventing learning loss during the summer months.

CTSI wants to support tribal students by providing monthly comprehensive summer Education kits, for those whose education has been affected as a result of COVID-19.

### To qualify:

- Students must be an enrolled Siletz tribal member.
- Enrolled Tribal students must be between the ages of 3 years & 18 (and returning to a school or GED program in the Fall 2021)
- Complete an application, and return to Education Specialist in your area.

To get an application, contact the Education Specialist in your service area. **Deadlines for completed applications are the 15th of each month (June, July & August).**

**Sonya Moody-Jurado  
Salem Area Office**  
3160 Blossom Drive NE,  
Suite 105  
Salem, OR 97305  
(503) 390-9494  
sonyamj@ctsi.nsn.us

**Katy Holland  
Portland Area Office**  
12790 SE Stark Street,  
Suite 102  
Portland, OR 97233  
(503) 238-1512  
katyh@ctsi.nsn.us

**Jeff Sweet  
Out of Area**  
PO BOX 549  
Siletz, OR 97380  
(541) 444-8207  
jeffs@ctsi.nsn.us

**Nick Viles  
Eugene Area Office**  
2468 W. 11th  
Eugene, OR 97402  
(541) 484-4234  
nickv@ctsi.nsn.us

**Alissa Lane-Keene  
Siletz Area**  
P.O. Box 549  
Siletz, OR 97380  
(541) 444-8373  
alissal@ctsi.nsn.us

Education kits will be issued on a first come first served basis, as resources are available.  
If you have questions please contact the Education staff in your service area at the listed phone numbers or email addresses.

## Important information for college-bound Tribal seniors

### June

- Tribal higher education and adult vocational training applications are due June 30!
- Attend graduation – congratulations!
- Make arrangements for your final grades to be sent to colleges and universities.
- Good luck!

## Internships

- NOAA Internships  
Deadline: Ongoing
- Code Switch Internship  
Deadline: Various
- HP 3D Printing Engineering Intern  
Deadline: Open until filled
- WOTE Agricultural Incubator Internship  
Deadline: Various
- Saturday Academy Internships  
Deadline: Multiple
- EPA Environmental Research and Business Support Program  
Deadline: Multiple
- National Science Foundation Research Experiences for Undergraduates  
Deadline: Multiple

# CTSI Tribal Youth Online Academic Support

**\*24/7 On-Demand Access to Online Professional Tutors**

**\*All Subjects and Grade Levels-Including College and University**

**\*Individualized Help**

**\*All Tribal Students Eligible to Apply, Regardless of Residence**

To sign up contact your local education specialist:  
Siletz and Out of Area-Alissa alissal@ctsi.nsn.us; PDX- Katy Katyh@ctsi.nsn.us;  
Salem and Eugene-Sonya sonyamj@ctsi.nsn.us

### PLEASE NOTE:

**On-line tutoring access is funded with US CARES Act Funds: Students MUST register by October 31, 2021. Tutoring hours are available on a first-come-first-serve basis as resources are available**

# Tribal Council Timesheets for April 2021

## Frank Aspria – 4/1/21-4/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
2	2	2	3			4/1-5 Packets, email, report
1.5	1.5					4/7 COVID wkshp, ICW ruling
			2.5			4/8 Mtg
		2				4/9 Special TC – gaming
.5	.5					4/13 SVS
4	4					4/14 Reports, packets
.5	.5		.5			4/15 STBC mtg, report
3.5	3.25					4/16 Regular TC
.5	.5					4/20 Letters
1	1					4/26 TERO wkshp, Health wkshp
1.5	1.5					4/30 Packets

## Lillie Butler – 4/1/21-4/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
6.5	6.5					4/1-6 Packets
2.25	2	2	3			4/7-8 Wkshp, packets, STBC mtg/packet
		5				4/9 Special TC – gaming, packets
10.25	10.25					4/12-14 NICWA, school, packets
2	2		.25			4/15 STBC mtg, packets
3.25	3.25					4/16 Regular TC
7.5	7.5					4/19-23 Packets
2.25	2.25					4/26 TERO wkshp, clinic wkshp, packets
4.25	4.25					4/27-29 Pow-wow, packets
2	2					4/30 Chemawa Station, packets

## Lorraine Y. Butler – 4/1/21-4/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
.75	.75	1.5	4.5			4/3-7 Packets
.5	.5		2			4/8 CPT, STBC mtg
		3				4/9 Special TC – gaming
1	1					4/11-12 Packets
2	2					4/13-14 SVS, packets
3.25	3.25					4/16 Regular TC
1.5	1.5					4/24-25 Packets
.75	.75					4/26 TERO wkshp
.75	.75					4/29 Packets
1	1					4/30 LLC, clinic wkshp

## Sharon Edenfield – 4/1/21-4/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
1	1					4/2 OMB consultation
1.75	1.75					4/5-6 STCCF, packets
1.75	1.75					4/7 Tribal welcome for Treasury, SSA, VA and SBA, TC wkshp
		3				4/9 Special TC – gaming
.5	.5					4/12 Consent Decree
2.5	2.5					4/13-15 ARPA consultation, packets
3.5	3.25					4/16 Regular TC
.75	.75					4/20 SMLLC/STRCP
1.5	1.5					4/25 Packets
1.75	1.75					4/26-27 TC wkshps, fed/Tribal briefing

### Tribal Council Email Addresses

- Tribal Chairman: Delores Pigsley dpigsley@msn.com
- Vice Chairman: Alfred “Bud” Lane III budl@ctsi.nsn.us
- Treasurer: Robert Kentta rkentta@ctsi.nsn.us
- Secretary: Sharon Edenfield sharone@ctsi.nsn.us
- Frank Aspria Sr. franka@ctsi.nsn.us
- Lillie Butler lbutler@ctsi.nsn.us
- Lorraine Butler loraineb@ctsi.nsn.us
- Angela Ramirez angelar@ctsi.nsn.us
- Selene Rilatos maritar@ctsi.nsn.us

## Alfred Lane III – 4/1/21-4/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
.5	.25					4/5 Meet w/ county commission
.75	.5					4/7 COVID reopen wkshp
		3				4/9 Special TC – gaming
.5	.5					4/12 Siletz/GR consent decree
.5	.5					4/13 Consent decree call
1	.75					4/15 Kiwanis presentation, packets
3.5	3.25					4/16 Regular TC
.75	.75					4/23 Meet w/ Rep. Blumenauer
.5	.5					4/30 Packets

## Delores Pigsley – 4/1/21-4/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
6.75	6.75		.5			4/1-6 Mail, agenda items, prep for council and STBC mtg
2	2				2.5	4/7 Reopening wkshp, admin, mail
1.25	1.25	.25	2			4/8 STBC mtg, call w/ Interior Appropriations Comm Rep. Pingree, mail
1	1	3				4/9 Special TC – gaming, mail
1.5	1.5					4/10-11 Mail, agenda items
1.25	1.25					4/12 Consent Decree, mail
1.5	1.5	1.25				4/13 OTGA, interviews, mail
2.5	2.5	.5	.5			4/14-15 Governor’s call, STBC mtg, mail, prep for council
3	3					4/16 Regular TC, mail
1.75	1.75					4/17-19 Mail, agenda items
2	2					4/22 Interview, mail, reports, agenda
2.75	2.75					4/23-25 Meet w/ Rep. Blumenauer, interview, LCIS, mail
3.25	3.25					4/26-27 TERO wkshp, consent decree, clinic, mail
.75	.75					4/28 LLC, mail, prep for council
1	1		.5			4/29 STBC mtg, mail, agenda items
.5	.5	.25	1.25		1.25	4/30 Chemawa Station, mail

## Angela Ramirez – 4/1/21-4/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
1	1	.5				4/3 STAHS, email, packets
1	1					4/5 Interview, Health Comm
1.25	1		.5			4/7 Wkshp, packets
			2			4/8 Mtg
		3				4/9 Special TC – gaming
.5	.5	.5				4/10 Email, packets
5.5	5.5					4/12-14 NICWA conf, SVS mtg
3.5	3.75		.25			4/15 Regular TC, STBC mtg
.5	.5	.5				4/17 Email, packets

## Selene Rilatos – 4/1/21-4/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
2.25	2.25					4/2-3 Packets, email
1.5	1.5				1	4/5 Health Comm, COVID, email
2	2					4/6 COVID, email, packets
3.25	3.25		2			4/7-8 Wkshp, STBC mtg, email, packets
		4				4/9 Special TC – gaming, email
5.5	5.5					4/10-14 Email, packets, COVID
1.5	1.5					4/15 TC mtg, packets, email
3.5	3.5					4/16 Regular TC, email
2.75	2.75					4/17-19 Packets, email, COVID
10.5	10.25					4/20-22 NWPaiHB, email, packets
2.5	2.75					4/24-26 Wkshp, COVID, email
1.5	1.75					4/27 COVID, comfort station, email
2.75	2.75					4/28-30 Email, packets



# Chinook Winds

## CASINO RESORT

**COSTCO**  
WHOLESALE  
**ITEM OF THE MONTH**

**June 12 at 4pm**

**GRAND PRIZE:**  
**Traeger Texas**  
**Elite Pellet Grill 34**



Collect **FREE ENTRIES DAILY** starting June 7th



1 entry 2 entries 3 entries 4 entries

Collect even more entries with your tracked play in the casino; one bonus entry for every 100 points earned on Slots, Tables, Keno, Bingo and Sports Wagering.

CHINOOK WINDS TURNS 26 THIS JUNE,  
SO HELP US CELEBRATE!

# 26<sup>th</sup>

## Anniversary

### CELEBRATE ALL JUNE LONG!

### WIN UP TO \$35,000 TOWARDS YOUR CHOICE OF VEHICLE!

**HOT SEATS**

**PREMIUM GIVEAWAYS**

**POINT MULTIPLIERS**

**MAX SPIN**

**KLINKO**

**& MORE!**



LATE NIGHT EDITION

# Comedy on the Coast



HEADLINER  
**MICHAEL GEETER**



FEATURING  
**MURRAY VALERIANO**



HOST  
**KEY LEWIS**

**June 11 & 12 • 9:30pm, \$15**

Tickets available at the Chinook Winds Casino Resort Box Office. Buy by phone at 1-888-MAIN-ACT (1-888-624-6228), 541-996-5776 or online. 21 and over event, doors open at 9pm with a no-host bar.

**HAPPY FATHERS DAY!**

# PARENTHOOD PRIZES

**SCOUT**  
NORTHWEST TRADING CO.



**DIAMONDS**  
by the Sea

Visit between **June 18<sup>th</sup> and 20<sup>th</sup>** and **earn 1,000 points** on any or all three days to play the Father's Day kiosk game.

Two participants each day will **win a Bering Watch®!**  
Other prizes include hats, pint glasses, Sand Dollars, Player Points, and more.

Receive a minimum of one free entry with each participation for your chance to win a **\$500 fishing trip package** with Tradewinds Charters!



chinookwinds.com • 1-888-CHINOOK • Lincoln City



# Tribe gives \$189,000 through charitable group; tops \$19 million in overall giving

The Siletz Tribal Charitable Contribution Fund has distributed \$189,895.53 to 30 organizations as it continues its quarterly donations to nonprofit groups. Due to the coronavirus pandemic and current restrictions on gatherings of people, the reception originally scheduled for May 7 was canceled.

The Siletz Tribe has made contributions through employment, monetary donations and cooperative measures to the Siletz community, Lincoln County and the state of Oregon. The seven-member charitable fund advisory board has distributed more than \$14.8 million since its inception in 2001.

Overall, the Tribe has honored its tradition of sharing within the community by distributing more than \$19 million through the charitable fund and other Tribal resources. Chinook Winds has donated more than \$6.5 million in cash and fund-raising items since it opened in 1995. The casino also provides in-kind donations of convention space for

various fund-raisers as well as technical support, advertising and manpower for many events.

**The next deadline to submit applications is Sept. 1, 2021.** Eligibility for money from the charitable fund is limited to two categories:

- Entities and activities located in the Siletz Tribe's 11-county service area (Lincoln, Tillamook, Linn, Lane, Benton, Polk, Yamhill, Marion, Multnomah, Washington and Clackamas counties)
- Native American entities and activities located anywhere in the U.S.

Applications and requirements can be obtained at [ctsi.nsn.us/charitable-contribution-fund](https://ctsi.nsn.us/charitable-contribution-fund); by calling 800-922-1399, ext. 1227, or 541-444-8227; or by mailing Siletz Tribal Charitable Contribution Fund, P.O. Box 549, Siletz, OR 97380-0549. **Applications can be submitted via e-mail at [stccf@live.com](mailto:stccf@live.com).**

## Distribution of \$189,895.53

### Cultural Activities – \$5,000

PSU Native American Student and Community Center – blankets for Honor Day graduation and Blanket Ceremony; Portland, OR; \$5,000

### Education – \$68,088.06

Career Tech High School – kits, licenses and racing equipment for Career and Technical Ed Coastal Drone Academy for high school students; Lincoln City, OR; \$2,803.06

Native American Rights Fund – support scholarships and stipends for Native law clerk positions; Boulder, CO; \$4,800

Oregon Coast Community College – outfit science, biology and chemistry teaching labs with modern scientific equipment, glassware and reagents; Newport, OR; \$18,985

Siletz Valley Schools – repair sections of high school roof; Siletz, OR; \$41,500

### Health – \$41,933.73

Albany Gleaners – nutritious food and proteins to supplement food budget; Albany, OR; \$2,000

Alsea Valley Gleaners – food and food inventory; Alsea, OR; \$2,000

Canyon Gleaners – food for families impacted by Beachy Creek wildfire; Mill City, OR; \$2,000

Central Linn Gleaners – food for member households; Halsey, OR; \$2,000

Clemens Community Pool – AED unit for medical emergencies; Philomath, OR; \$1,694

Corvallis Clinic Foundation – gas and grocery gift cards to help cancer patients in Benton, Linn and Lincoln counties with hidden costs of treatment; Corvallis, OR; \$3,000

Innovative Concepts for Families of Lincoln County – dental van fees and portable toilet rentals for six clinic dates to provide free emergency dental services to under- and uninsured clients; Newport, OR; \$7,650

Lincoln County School District – Spot Vision Screener to expand vision health screenings for all students; Newport, OR; \$7,980

South Lane Mental Health Services – three-month supply of personal protective equipment for COVID-safe office and home visits; Cottage Grove, OR; \$4,859.73

The Child Center – matching funds to buy transport van for 24/7 child and youth mental health crisis response program; Eugene, OR; \$3,750

Wisteqne'emit-Nez Perce Giving and Sharing – food, hygiene items, and gardening and raised bed supplies for Hipt Titooqaayn (Food for the People) free food pantry and community garden; Lapwai, ID; \$5,000

### Historical Preservation – \$30,000

Friends of Historic Butteville – matching funds for replacing small paddle-craft dock's gangway and handrails at historic access point on the Willamette River; Donald, OR; \$5,000

Siletz Tribal Arts and Heritage Society – museum capital building campaign; Siletz, OR; \$25,000

### Housing – \$10,000

Northwest Coastal Housing – help with development and construction costs of Blackberry Hill, 11-unit single-bedroom veteran/workforce housing in Toledo, Ore.; Newport, OR; \$10,000

### Other – \$2,165.80

Salem-Keizer Volcanoes Baseball – tickets for veterans to attend 13th annual patriotic tribute at Volcanoes Stadium on July 2-4, 2021; Keizer, OR; \$1,200

Siletz Valley Grange – rent man-lift equipment to safely access east end of grange building to prep and paint exterior; Siletz, OR; \$965.80

### Prevention – \$19,900

B'nai B'rith Camp – scholarships to attend Lincoln City summer day camp for children age 4-14; Portland, OR; \$5,000

CASA of Lincoln and Tillamook Counties – create and manage new website; Newport, OR; \$5,000

East County Community Partnership – food, clothing, shoes, school supplies and materials to support nutrition, health and academic success of students; Toledo, OR; \$3,900

Parenting Now – 67 child safety seats to distribute to low-income families in Lane County; Eugene, OR; \$5,000

Siletz Valley School, Grad Night Committee – support safe alcohol- and other drug-free graduation celebration; Siletz, OR; \$500

Toledo High School, Grad Night Committee – support safe alcohol- and other drug-free graduation celebration; Toledo, OR; \$500

### Public Safety – \$12,807.94

Pacific Northwest Search and Rescue – mobile AED units with cases and trainer equipment; Milwaukie, OR; \$3,991.78

Tillamook County – VHF antenna to improve emergency communications between police, fire and emergency medical agencies; Tillamook, OR; \$4,816.16

Toledo Fire Department – replace/upgrade structural firefighting boots; Toledo, OR; \$4,000

## Use Amazon Smile to donate to STAHS

Here's how you can donate to the Siletz Tribal Arts and Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4. Thank you!

- 1--Go to Amazon.com.
- 2--In the Department drop down box, type Amazon Smile.
- 3--See Amazon Smile – You shop. Amazon Gives.
- 4--Follow the easy directions.

## Chinook Winds Casino Resort

Follow us on Twitter, find us on Facebook or visit our website at [chinookwindscasino.com](https://chinookwindscasino.com).

For more information about events in North Lincoln County, visit [lcchamber.com](https://lcchamber.com), [oregoncoast.org](https://oregoncoast.org) or [lincolncity-culturalcenter.org](https://lincolncity-culturalcenter.org).

## Calling all Tribal member business owners

If you would like to be on the preferred Tribal members business list with Chinook Winds, please fax, mail, email or drop off your business card, brochures, or business information to:

Chinook Winds Casino Resort  
Attn: Purchasing Dept.  
1777 NW 44<sup>th</sup> St.  
Lincoln City, OR 97367  
Phone: 541-996-5853  
Fax: 541-996-3847  
[erica@cwresort.com](mailto:erica@cwresort.com)



If you want to be part of a great team and looking for a new career opportunity,

Please call Human Resources at (541) 996-5800 or (541) 996-5806.

[www.chinookwindscasino.com/careers](https://www.chinookwindscasino.com/careers)

Office Hours: Monday through Friday 8am-4:30pm

Chinook Winds Casino Resort in Lincoln City, Ore., offers 24-hour Las Vegas-style gaming, an 18-hole golf course, headline entertainment from some of music's most legendary stars, three full-service restaurants, a secure child care facility and arcade, and a 243-room ocean-view hotel.

For more information, visit [chinookwindscasino.com](https://chinookwindscasino.com), or call 888-CHINOOK (244-6665) or 541-996-5825.

Legal Aid Services of Oregon and the Oregon Law Center, civil legal service providers for low-income Oregonians, operate a public benefits hotline where low-income Oregonians can talk to lawyers and paralegals to get advice on public benefits, including unemployment benefits:

**Oregon public benefits hotline: 800-520-5292**

**or [Oregonlawhelp.org](https://Oregonlawhelp.org)**



To Sign Up Email Jacob Reid (jacobr@ctsi.nsn.us) by June 19 and receive a board game for your family

# FAMILY BOARD GAME NIGHT CONTINUES

Play at home and then join us on Zoom  
Friday, June 25, 2021 @ 6 pm  
for a virtual game night

## June Disability Awareness – MIGRAINES or SEVERE HEADACHES

Migraine headaches are the most common type of headache. Migraines are described as an “abnormal function of the brain’s blood vessels that causes pain.” Among ethnic groups, American Indians and Alaskan Natives had the highest prevalence of migraine (19.2%) and Asians had the lowest (11.3%) according to an article, “The Prevalence and Impact of Migraine and Severe Headache in the United States: Figures and Trends from Government Health Studies” by Rebecca Burch MD, Paul Rizzoli MD and Elizabeth Loder MD, MPH: 12 March 2018.

Migraines are different in everyone. They happen in stages:

1) “Hours or days before a headache, about 60% of people who have migraines notice symptoms like:

- Being sensitive to light, sound or smell
- Food cravings or lack of appetite
- Bloating
- Fatigue
- Mood changes
- Constipation or diarrhea
- Severe thirst

2) Aura: Symptoms of aura often involve your vision. They usually start gradually, over a 5- to 20-minute period, and last less than an hour. You may:

- See black dots, wavy lines, flashes of light or things that aren’t there (hallucinations)
- Not be able to see at all
- Have a heavy feeling in your arms and legs
- Have tunnel vision
- Have tingling or numbness on one side of your body
- Have ringing in your ears
- Not be able to speak clearly
- Notice changes in smell, taste or touch

What are the types of limitations that an employee may experience and how does it affect their job performance? An employee may need to demonstrate a disability based on a pattern of the severity of migraines through medical provider statements, test results and medical documents.

- 1) You are unable to work and earn a livable income as the result of a migraine.
- 2) You must provide evidence of the severity of your condition, for instance, test results or medical documents, including statements from your medical providers. It may be difficult to demonstrate proof of a migraine because symptoms determine its severity. Physical examinations or laboratory findings may not be sufficient as they are based on a point in time and there is no established pattern of severity.
- 3) Your level of impairment is indicated by medical documentation, re: the severity of the migraine.

If you feel this disorder is something you struggle with and it creates barriers to obtaining or maintaining employment, you may be eligible for Siletz Vocational Rehabilitation services. For more information, please contact: SILETZ/EUGENE – RACHELLE, 541-444-8213 \ PORTLAND/SALEM – TONI, 503-390-9494

**FACTS ON MIGRAINE TO KEEP TOP OF MIND**

**WHAT IS MIGRAINE?**  
A neurovascular (nerves + blood vessels) spectrum disease of the brain characterized by intermittent attacks with neurologic symptoms (eg, throbbing pain, nausea/vomiting, and sound/light sensitivity, among others) that are often incapacitating.<sup>1</sup>

**WHAT CAUSES MIGRAINE AND WHO MAY HAVE IT?**  
EXACT CAUSES ARE UNKNOWN, BUT THE INCAPACITATING IMPACT OF MIGRAINE ATTACKS MAY LAST DAYS!<sup>2</sup>

THERE ARE GENETIC RISK FACTORS ASSOCIATED WITH MIGRAINE ATTACKS

<p><b>It's More Common Than You May Think...</b></p> <ul style="list-style-type: none"> <li>3<sup>RD</sup> most common disease worldwide<sup>3</sup> (10% of U.S. adults)</li> <li>3x more women than men affected<sup>4</sup></li> <li>44% of those with migraine go undiagnosed<sup>5</sup></li> </ul>	<p><b>And It Causes Substantial Disability...</b></p> <ul style="list-style-type: none"> <li>20 YEARS on average, spent with the disease<sup>6</sup></li> <li>\$12B+ in lost worker productivity annually<sup>7</sup></li> <li>\$23B yearly cost of care in the U.S.<sup>8,9</sup></li> </ul>
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**MIGRAINE HAS BEEN THE SECOND-LEADING CAUSE OF DISABILITY FOR ~30 YEARS<sup>10</sup>**

**POTENTIAL MIGRAINE ATTACK TRIGGERS:**

- DIET AND LIFESTYLE
- WEATHER CHANGES
- SLEEP PATTERN CHANGES
- STRESS



## Siletz charitable award helps build pathway

The project to improve pedestrian access to the Pacific Maritime Heritage Center located on Newport, Oregon’s bayfront was partly funded by a \$7,500 award from the Siletz Tribal Charitable Contribution Fund. The portion of the project funded by the Siletz Tribe involved the pouring of concrete risers to create a walking path to the center’s north entrance. The pathway, lighting and landscaping will be completed in fall 2021.

The Tribal charitable fund distributes awards to nonprofit organizations in the Tribe’s 11-county service area and to American Indian entities within the U.S. As of May, this the fund has distributed more than \$14.8 million to a variety of education, public safety and community organizations.

**Be safe. Get vaccinated.**

**Follow mask and social distancing guidelines in public.**

**Exercise a little patience.**

## Siletz News Letters Policy

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in Siletz News and other Tribal issues.

All letters must include the author’s signature, address, and phone number in order to be considered for publication. Siletz News reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of Siletz News, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of Siletz News.

Editor-in-Chief: Mike Kennedy  
Editor: Diane Rodriguez  
Assistant: Andy Taylor

Happiest Birthday to you, big brother Braxton Kavanaugh! 14 – wow! May Creator continue blessing you and may your year be full of love, laughter and great memories.

Love you always, Auntie Shantel, Uncle Elton and brother Hoxie



Happy Birthday, Maggie! I have so many great memories and blackmail stories with you.

Love, Darcy



Happy Birthday to Lisa Norton! Thank you for being there for me so many times over the last year.

Love, Darcy



Happy Birthday to great-great-grandma, great-grandma, grandma, mom and wife from the Ben/Tomlinson clan!



Happy 40<sup>th</sup> Birthday

Happy Birthday, sister! I love you and hope you have a truly awesome birthday! We can't wait to celebrate!

Love, Tiff

You made me a grandma before 40. Now you one day will be a grandma after 40. Happy 40<sup>th</sup>, baby girl!

**Free child ID kits from the Oregon State Police**  
**503-934-0188**  
**800-282-7155**  
**child.idkits@state.or.us**

**Passages Policy**  
 Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.  
 All birthday, anniversary and holiday wishes will appear in the Passages section.  
 Siletz News reserves the right to edit any submission for clarity and length.  
 Not all submissions are guaranteed publication upon submission.  
 Please type or write legibly and submit via e-mail when possible.

**Natural Resources Department Contractors List**

The Tribal Natural Resources Department periodically solicits bids from contractors for a variety of work.

If your company would like to be included on our lists to receive requests for bids/proposals for any of the services listed below, please contact Natural Resources Manager Mike Kennedy at 541-444-8232 or 800-922-1399, ext. 1232, to be put on the appropriate list.

- Tree Planting • Precommercial Thinning
- Hazard Tree Removal/Tree Trimming
- Mechanical Brush Cutting
- Logging Road Construction & Maintenance • Logging
- Log Hauling • Timber Falling
- Herbicide Spraying
- Concrete Construction
- Statistical Analysis
- Macroinvertebrate Identification
- Water Quality Monitoring/Analysis

**NATIVE YOUTH WELLNESS WARRIOR VIRTUAL CAMP**

**JUNE 29 - 30**

**FREE**

[WWW.ZOOM.US](http://WWW.ZOOM.US)  
 MEETING ID: 815 8940 5935

**CULTURAL SHARING!**

**SPEAKERS!**

**FUN & GAMES!**

**PRIZES!**

4:00 PM - 6:00 PM ALASKA TIME  
 5:00 PM - 7:00 PM PACIFIC TIME  
 6:00 PM - 8:00 PM MOUNTAIN TIME  
 7:00 PM - 9:00 PM CENTRAL TIME  
 8:00 PM - 10:00 PM EASTERN TIME

A fun evening of cultural sharing, games, laughter and connection! It's been a long year and we look forward to celebrating with you by sharing songs, dances, stories and more! Please feel welcome to attend and share or attend to listen and enjoy. We hope to see you there!

**NATIVE WELLNESS Institute**

**Native American Culture**

Keeping our Heritage alive through Education and Celebration

UNITED AS ONE PEOPLE

**CONFEDERATED TRIBES OF SILETZ INDIANS**

**ELDERS COUNCIL FUNDRAISER**

The Elders Council is holding a T-Shirt fundraiser. We are now taking pre orders. T-Shirts and V-Necks will cost \$20 each and Sweatshirts will be \$30 each. Please contact Brian Crump at 540-444-8233 to reserve yours today.