



Tribe names Barker to general manager position, ready to face challenges ahead

Kurtis Barker, a member of the Confederated Tribes of Siletz Indians, has been named the new general manager of the Siletz Tribe. His first day will be Feb. 1.

Barker will lead a workforce of approximately 200 located at offices in Siletz, Eugene, Salem and Portland. He has worked for the Tribe for nearly 16 years, most recently as director of the 477 Self-Sufficiency Program for 10 of those years. In this position, he led a team of 13 staff who assist Tribal members in meeting their basic needs and preparing them to (re)enter the workforce. Barker also administered the Home Visiting and Vocational Rehabilitation programs.

“I am humbled by the opportunity to serve the Siletz Tribe and our membership in this new capacity. We have many challenges facing the Tribe, including the ongoing COVID-19 pandemic, recovery efforts provided by the American Rescue Plan Act (ARPA) and staffing shortages, to name a few. I am familiar with Tribal government operations and I will work at the direction of Tribal Council to

establish, promote and achieve our goals and objectives,” Barker said. “We have a talented team that is dedicated to serving the membership and I look forward to leading them in this position. To gain a better understanding of the Tribal membership’s needs, I plan to participate in community meetings scheduled for late January through March and encourage everyone to join as well.”

Barker holds a bachelor’s degree in business administration with a concentration in leadership, organization and management from Eastern Oregon University. Barker was a co-founder of the Siletz Change Team, which seeks to create a more welcoming environment for two-spirit and LGBTQIA employees. The Change Team also advocates for policies, procedures and services to be more inclusive and address the needs of LGBTQIA Tribal members. These efforts led to the development and approval of the Siletz Tribal Marriage and Dissolution ordinances.

Barker has been appointed by Gov. Kate Brown to serve two consecutive



Photo by Andy Taylor

Kurtis Barker

terms on the Oregon Employment Department Advisory Council and has served on its Modernization Board for a number of years. He has advocated for workforce development and self-sufficiency programs at the state and national levels. As

the 477-SSP director, he has developed working relationships with various state and federal agencies. Barker has also served on the Siletz Tribal Election Board for many years.

“I have dedicated my adult career to serving the Tribe and our community. I was raised in Siletz, attended Siletz School and currently live in Siletz Tribal housing. For all of us, the pandemic has limited our ability to enjoy many of our favorite activities, and for me that includes traveling and spending time with family and friends. I look forward to the day we can once again enjoy and experience our cultural events like pow-wow, Run to the Rogue and Restoration Celebrations,” said Barker. “At 37, I may be younger than many within our leadership team, but I am motivated to lead and modernize our approach to serving the entire membership. I will spend my first few days acquainting myself in the position, but I am eager to engage with Tribal Council, our team, Tribal members and the local communities.”

Is it a cold, allergies, the flu or COVID? See a list of the different – but sometimes similar – symptoms for each one on page 11.

New Comfort Station opens

Photos by Andy Taylor

The Tribe held an open house at the new Comfort Station in Siletz on Dec. 30, 2021, located at the corner of Gaither Street and Logsden Road. The showers are now open by scheduled appointment (see details on page 6). Community Health Director Ruby Moon (right) and Joella Strong, PRC technician II, review the set up of a washing machine. Washers and dryers will be ready soon. Please call 541-444-8348 for more information.



New Year

We welcome 2022 as a year of change and challenging times. Elections will be held in early February. I will be pleased if I am re-elected; if not, I have to say being on the council for the past many years has been extremely rewarding. Since Restoration in 1977, the Tribe has been amazingly progressive.

On Jan. 19, I listened to Tribal elder Ed Ben talk on a webinar hosted by Ecotrust in Portland, Ore. He spoke of termination and the effect of termination back in 1953. Then council member Bud Lane spoke about progress, culture and current Tribal issues.

The presentations should remind all of us of the terrible policies that affected our membership since the signing of the first treaty.

I have been asked to be a guest speaker at the Native American Rights

Fund's (NARF) 50th Anniversary Celebration in Boulder, Colo., in April. I accepted the honor, assuming travel is approved at that time.

NARF lawyers worked tirelessly early on, assisting the Tribe in gaining Restoration back in the 1970s. We owe NARF our deepest gratitude for the dedication and the effort that was put forth for us to gain Restoration in November 1977.

COVID

The Tribe is still operating under our emergency plan, phase one. The COVID counts in Oregon and in Lincoln County have surged. It is now more important than ever to follow the protocols put forth to stay healthy.

Programs are serving Tribal members via phone, email and postal mail. Employees are encouraged to work from home and all employees must be vaccinated.

Chinook Winds Casino is still open with reduced hours and is having difficulty hiring help even with the bonuses in effect.

As of Jan. 19, we have had the highest number of COVID cases processed by the clinic, where 94 positives have been identified. In December 2021, our highest count was 38 positives.

Salem casino

The Bureau of Indian Affairs (BIA) released the environmental assessment in January. Notification was published and the BIA will hold a public hearing. It's really the first stage of a long process, but progress is being made.

Siletz Tribal general manager

The Tribal Council selected Tribal member Kurtis Barker as the Tribe's new general manager (see page 1). Barker has managed our 477 SSP program and been an employee of the Tribe for the past 16 years. Congratulations to Kurtis!

We thank our Natural Resources manager, Mike Kennedy, for filling in as the GM for the past year.



Delores Pigsley

Acting casino general manager

John Wheeler, director of Finance, has been named the acting general manager for Chinook Winds Casino Resort. This action was effective Jan. 1, 2022. The Tribe will be actively recruiting for a new general manager.

For more information about the Siletz Tribe, visit ctsi.nsn.us.

Need Rental Housing?

The Siletz Tribal Housing Department encourages you to apply for the Low-Income Rental Program waiting list in Siletz (1-4 bedrooms) and Lincoln City (2-3 bedrooms – Neachesna Village).

Applications can be obtained at any Tribal area office (Eugene, Salem, Portland, Siletz) or online from the Tribal website – ctsi.nsn.us; follow links – Tribal Services-Housing-Low Rent Apartments & Home Ownership.

For any questions, call 800-922-1399, ext. 1322, or 541-444-8322
Fax: 541-444- 8313

Elders Council Meeting

The Elders Council will hold a virtual Zoom meeting on Saturday, Feb. 12, 2022, at 1 p.m.

If you are interested in participating in the virtual meeting from your phone, computer or smart phone, please contact the Elders Program at 541-444-8233 by Wednesday, Feb. 9, 2022.

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name: _____

Address: _____

Phone: _____

Change of address: Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

Send information to:

Siletz News
P.O. Box 549
Siletz, OR 97380-0549
541-444-8291 or
800-922-1399, ext. 1291
Fax: 541-444-2307
Email: pias@ctsi.nsn.us

Deadline for the March issue is Feb. 10.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association

SIGN UP TODAY FOR WINTER SESSION ON-LINE LANGUAGE CLASSES

LEARN NUU-WEE-YA'

TUESDAYS JANUARY 11-MARCH 15

5:00 PM-BEGINNING CONVERSATION 1

5:45 PM- BEGINNING CONVERSATION 2

THURSDAYS JANUARY 13-MARCH 17

5:00 PM-ONGOING CONVERSATION

SATURDAYS 2/5, 2/26, 3/12

NOON-IMMERSION CONVERSATION HOUR

TO SIGN UP CONTACT NICK VILES AT NICKV@CTSI.NSN.US OR X1757

Tribal Election Day

Saturday, Feb. 5th

In-Person Voting

- 10 AM - 4 PM at the
**Siletz Tribal
Community Center**

- Social Distancing of 6ft
required
- Safety Precautions
in Place

In Person Voting:

- Masks and gloves are required at all times
- Social Distancing of 6ft is required
- Disposable pencils & PPE provided
- Tribal Members are asked to leave after their vote is made

In Person Counting:

- Mask and gloves are required at all times
- Temperatures will be taken. If higher than 100.4 you will be asked to leave and watch the count via Facebook live
- Limited Capacity of 25 will only be allowed (this includes Election Board and Candidates will be prioritized).



@CTSIfgov

Livestream

- Streaming on Facebook,
live at 4 PM
- Counting of Ballots
- Announcement of Results

2022 College Students Summer Internship Program

Students attending college can apply for the Tribe's 2022 College Students Summer Internship Program. To be eligible, you must be at least a half-time student attending a two-year or four-year college and in good academic standing.

Applications will be mailed to known students but if you do not receive an application, contact Assistant General Manager Lisa Norton or the education specialist at any Tribal area office to request an application.

The purpose of the program is to provide funding for a paid internship for Tribal students to gain work experience in their field of study that will help them be competitive in the job market after graduation. Ten slots are available, paid at Tribal minimum wage for up to 350 hours.

Students will be responsible for securing their own placement. We are available to assist, but ultimately it is the student's responsibility to locate and develop a placement. A limited number of placements are available with the Tribe. Due to COVID, at this point most Tribal placements likely will be remote.

Students selected for the program must complete an orientation, criminal history background check and drug screening (note: the Tribe does not recognize Oregon laws allowing the use of medical or recreational marijuana).

Placements can begin in June and must be completed by Sept. 30, 2022. Students should send a completed application and an unofficial copy of transcripts to:

<u>By Mail</u>	<u>By Fax</u>	<u>By Email</u>
CTSI	541-444-2307	collegeinterns@ctsi.nsn.us
Attn: College Internship Program		
P.O. Box 549		
Siletz, OR 97380-0549		

The deadline to apply for the program is 4:30 p.m. on March 31, 2022. If you have questions about the program, contact Lisa Norton at the above email address or call 541-444-8210 or 800-922-1399, ext. 1210.

CTSI VIRTUAL CULTURE NIGHTS



ALL TRIBAL MEMBERS AND FAMILIES WELCOME

Upcoming Dates:

February 9 at 6 pm: Hazel

PLUS Late-March or Early-April: Virtual Peeling Party
schedule is weather dependent-email for details

March 9 at 6 pm: Maple Bark

April 13 at 6 pm: Shellfish

Sponsored by the Education and Culture Departments
Contact Nick Viles at nickv@ctsi.nsn.us or x1757 to sign up



Planning Community Meetings

The **Eugene Planning Community meeting** is scheduled for February 10. The meeting will be similar to the meetings we've had in the past, and will be dedicated to primarily **listening** to member concerns and bringing updates.

Special items for this meeting will be a discussion of the Head Start program led by DeAnn Brown and a presentation by the Health department.

We will be listening to you and your comments, criticisms, expectations and your priorities for our future planning.

Due to Covid restrictions, this will be a Zoom meeting.

Topic: Eugene Community Meeting
Time: FEB 10, 2022 05:00 PM Pacific Time (US and Canada)

Join Zoom Meeting
<https://us06web.zoom.us/j/85162435847>

or dial-in 253 215 8782

Meeting ID: 851 6243 5847

Bring your voices and questions to the meeting.

Future meetings include:
2/24 Siletz
3/3 Portland
3/17 Out of Service area



Be safe. Stay home. Get vaccinated. Stay well.



Planning Community Meetings

The **Siletz Planning Community meeting** is scheduled for February 24. The meeting will be similar to the meetings we've had in the past, and will be dedicated to primarily **listening** to member concerns and bringing updates.

Special items for this meeting will be a discussion of the Head Start program led by DeAnn Brown and a presentation by the Health department.

We will be listening to you and your comments, criticisms, expectations and your priorities for our future planning.

Due to Covid restrictions, this will be a Zoom meeting.

Topic: Siletz Community Meeting
Time: FEB 24, 2022 05:00 PM Pacific Time (US and Canada)

Join Zoom Meeting
<https://us06web.zoom.us/j/82043684273>

or dial-in 253 215 8782

Meeting ID: 820 4368 4273

Bring your voices and questions to the meeting.

Future meetings include:
3/3 Portland
3/17 Out of Service area



Minor Trust year-end statements have new look and feel

By Daniel McCue, Chief Financial Officer

Starting with the year ending Dec. 31, 2021, minor trust statements will have a brand new look and feel. There have been a few changes to the Tribal Minor Trust Program the past few years, one of which is a transfer of all assets to a new provider.

As the Tribe has communicated in the past, we now have a new investment advisory firm, Sovereign Investment Advisors, LLC (“SIA”) and a new trust administrator, Providence First Trust Company (“PFTC”). They have allowed us to better administer all of the funds the Tribe is responsible for in terms of minor trust contributions and investments.

The partnership has allowed better tracking of contributions and better tracking of distributions, and allows these third parties to manage the funds much more efficiently.

Because of the change, the statements will come directly from PFTC this year. In the past, statements from Stifel Investment Services would come to the Tribe

and the Tribe had to re-mail them out to all beneficiaries. They should be mailed by the end of January 2022 and received sometime in February 2022. Be on the lookout. Statements are not junk mail.

If you do not get a statement by the end of February and would like one, or would like to discuss your account or statement when it's received, please contact PFTC at 800-350-0208, 8-5 MST, Monday-Friday. You will need to provide identifying information when you call.

If you are over age 18, only you can access information on your account unless you allow, in writing, a parent or guardian to have access. Parents and guardians have access to information on accounts for those under 18.

We hope we can roll out more benefits of having this administrator later this year, such as online access to view your account activity and performance. We will let you know when that becomes available. The Investment Committee meets on a quarterly basis and is closely monitoring the

status of the Tribe's investments with our financial advising company, SIA.

This also serves as a reminder that if you are age 18 and wish to withdraw your Minor Trust funds, you must first complete a Minor Trust Payment Request Form. You can request once per calendar year. You must have your request form notarized with an original notary seal before returning the form to the Tribe.

In addition, please include a copy of your Social Security card and a current telephone number where you can be reached should we have any questions concerning your request. You can obtain a copy of the Minor Trust Payment Request Form on the Tribe's website – ctsi.nsn.us. Please see the Tribal Member Distribution Ordinance on the Tribe's website for details on distribution limits and other rules.

You can find more information on our trust administrator and our investment advisor at the following websites, respectively – providencefirst.com and sovereignfinance.com.

CTSI Jobs

Tribal employment information available at ctsi.nsn.us.

“Open Until Filled” vacancies may close at any time. The Tribe's Indian Preference policy applies. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

2021/2022 HUNTING/FISHING/GATHERING INCENTIVES

Reminder to all Siletz Tribal members: Please report all harvests of deer, elk, salmon and shellfish to the Natural Resources Department. The name on the tag/permit will be submitted into a drawing after the seasons end and could receive one of the following Cabela's gift card incentives.

HUNTING INCENTIVES

\$100 ~ \$75 ~ \$50
CABELA'S GIFT CARDS

FISHING INCENTIVE

\$50
CABELA'S GIFT CARD

SHELLFISH INCENTIVE

\$50
CABELA'S GIFT CARD

Please report all harvests to:

Mike Kennedy
541-444-8232

mikek@ctsi.nsn.us

or

Denise Garrett
541-444-8227

deniseg@ctsi.nsn.us

Shall we talk about trauma and health? How does one influence the other?

By Nancy Ludwig, MS, RDN, LD, Head Start Consulting Nutritionist

Talk about trauma seems to be everywhere these days. I've included trauma as a health concern in my articles since 2013 when my Head Start message began to be included in *Siletz News*. Trauma is real, despite having been hidden to the “mainstream.”

There are many types of trauma and many ways that it impacts our lives and our health. Two previous articles specifically looking at trauma are *Digestion under attack?* (February 2017) and *ACE impacts digestion and health* (January 2019).

Adverse childhood experiences (ACEs) range from physical, emotional or sexual abuse to parental divorce or the incarceration of a parent or guardian. The effect of unresolved emotional trauma on health from childhood across a lifetime is possibly the most under-exposed risk factor for major chronic health conditions in the world today.

Trauma isn't always a direct experience with a memory. It can be a collective experience passed down through families and groups. Collective or intergenerational trauma is at work in the Native population and adds a burden to health.

“Developmental trauma” has caught my attention. This is also referred to as complex post-traumatic stress disorder (C-PTSD) and appears to be more hidden than some of the overt traumas associated with big events or ACEs. One defining point is how early in life the trauma started.

Developmental trauma commonly starts within the first 4-7 years and expresses differently at various ages and stages of development. Another significant factor that sets developmental trauma apart from other types is that it is chronic and is often invisible or unsupported.

Furthermore, it isn't always about what happened. It includes what didn't happen, such as lack of attentive care, not being seen – in other words, neglect. This can even occur in families where children are loved, when the primary caregiver(s) is unavailable emotionally. For example, in a situation where the parents are in deep grief or gravely ill, they may not be attuned to their child. Children aren't able to see that they are inherently good, despite being in a bad situation.

Trauma is what happens inside a person's nervous system when it is overloaded and is not defined as specific events or lack of events. When our nervous systems are on high alert, we can't digest food properly. Some traumas are chronic and not always readily visible. Additionally, some children are quite sensitive and may be more vulnerable due to how intensely they feel. This amplifies what the nervous system must handle.

In the past, I've shared foods and herbs that can calm the nervous system (January 2021, *Can nutrition really help my mood?*). While these foods and herbs are important, they are not sufficient alone for the healing process.

Acknowledgement and therapy are critical on the healing path. This is not my specialty and it is important to find help from a professional with appropriate training in trauma therapy (not just trauma-informed).

My purpose here is to share that this early trauma can set us up for illness. Young brains become hardwired to respond to stress more easily and less external stress is required to produce all the cascading changes in the body resulting from a stress response.

Toxic early-life stress also creates low-grade inflammation in the brain. This toxic stress prevents neurogenesis (the formation and development of nerve cells), leading to depression, digestion problems, hormonal imbalances such as chronic fatigue, and immune system problems such as susceptibility to infection or food and chemical sensitivities.

In some cases illness can occur despite healthy lifestyles. It may be autoimmune forms of illness, where the body attacks itself. In other cases, the early trauma may result in self-betrayal, self-sabotage or lack of self-worth. These beliefs can influence food choices as well as how well our body can receive nourishment.

The body is designed to slow down or put off digestion while under stress for survival. Often people who grew up in chronic stress/trauma don't even realize it isn't “normal.” The word “normal” presents a problem because possibly it felt normal, it looked like it happened to everyone and no one talked about it. Therefore, it can be difficult to identify what happened until after things go badly in adulthood and we look back.

What can we do? Pay attention and be a reliable adult. If during childhood there was no outside support or the adverse childhood events were even a family “secret,” research shows the impact is worse for the child. Research shows having just one reliable adult to speak to about their experience can help a child recover from a trauma.

Remember family meals. Connect with each other while sharing food. Ask questions and listen to the answers. What went well today? What was hard? What are you grateful for? What is your goal for tomorrow? Acknowledge the answers and offer support rather than diminishing

your child's experience in ways that may cause him or her to feel worse or unloved.

This dinner ritual can serve to mitigate some of the trauma a child may be experiencing as well as provide a platform to notice how the young ones in your life are developing emotionally. Some trauma-patterns won't show up in dinner conversation because often children learn to accommodate and care take of others to feel safe. In order to do this, however, they also learn to suppress their own needs. Later, this can undermine healthy choices or the body's ability to pause the chronic stress to digest food properly.

Support your loved ones when they are facing illness, yet not getting well despite addressing nutrition and physical care. Full healing may not occur if the emotional or past traumas are not resolved or released. In fact, we can look at disease, illness and physical symptoms as our body's way of getting our attention to address our unique needs.

Healing emotional trauma is one of the most important aspects to address in all chronic complex illnesses. Unresolved trauma leads to a state of chronic stress and inflammation, which perpetuates illnesses and leads to beliefs that sabotage our ability to recover. We all need to feel safe. We can't be a strong community without supporting each other.

I believe that health always has some kind of connection to nutrition. Please know that Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. This usually occurs over the telephone. If you have nutrition concerns about your Head Start child or want to discuss family nutrition concerns, please contact your teacher or the director and ask to speak to the nutritionist.

Margo Hudson – 1951-2021

Margo (Pullam, Norton) Hudson, 70, passed Dec. 21, 2021, at Samaritan Pacific Communities Hospital in Newport, Ore.

She married her high school sweetheart, Richard Norton, in 1970 and they moved to San Diego, Calif., for his naval career, later moving to Kingston, Wash., where he was stationed. They have two children, Elizabeth “Lisa” Norton and Margaret McAfee. They later divorced, and she met and married Donald Hudson, who preceded her in death in 2012.

Margo was an adventurous soul, fulfilling many lifelong dreams. She moved with her best friends, Debbie and Doug Olinger, to Hope, Alaska, where they became EMTs and drove ambulance along the Kenai Peninsula.

She returned home to Oregon and became a wilderness first responder, supporting the Siletz Tribal Behavioral Health Program’s client backpacking hikes on the Rogue River trail.

Her career varied from working at Long’s Café in Waldport, Ore., and later as a buyer for Price Club and Costco. Upon returning to Oregon, she worked for her Tribe – the Confederated Tribes of Siletz – as the council secretary, USDA food warehouse manager and finally in the Employment Services Program, where she retired. Work was overshadowed by her love for her family, spending countless vacations and camping trips with them.

Margo was born to William and Florinne (Darcy) Pullam on Aug. 8, 1951. She graduated from Waldport High School in 1969 and later attended Oregon Coast Community College.

She was preceded in death by her parents, her best friend Debbie Olinger and her brother Harvey (Im) Pullam.

She is survived by her first husband – whom she rekindled her relationship with this past year – Richard Norton; her children, Lisa Norton and Margaret (J.D.)



McAfee; five grandchildren – Michael (Rene’) Norton, Joshua (Breanna) Rilatos, Trevor Norton, Madison McAfee and Jay-lee McAfee; one great-grandchild, Kayden Norton; and one great-grandchild on the way, Amelia Rilatos; sisters, Rhoda “Jane” Fisher, Tina Retasket, Angella (Robbie) Robertson; and brothers, Frank (Sara) Pullam, Patrick (MaryAnn) Pullam and Mark (Lisa) Pullam.

No services will be conducted at this time. Per her wishes, the family will gather this summer at the Darcy family farm on the Siletz River.

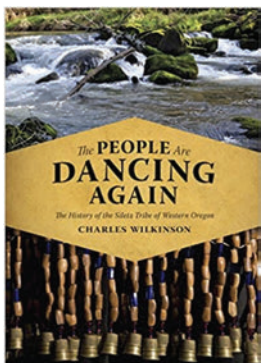


For information about the Siletz Tribe, visit ctsi.nsn.us.

CTSI ELDERS BOOK CLUB

Invites Tribal Members of All Ages

To join together to read and discuss our Tribal history book



We meet twice monthly, via Zoom, the 2nd & 4th Thursdays of the month. All attendees are encouraged (but not required) to read and discuss the assigned chapter. Our next meetings will be:

March 10 — Chapter 8

March 24 — Chapter 9

To join, please contact AJ Warren, Title VI Coordinator

Phone: 541-444-8212 or e-mail: ajw@ctsi.nsn.us

What are my other options?

Ask questions about prescription painkillers.

Did you know that prescription painkillers can:

- Create physical dependence in as few as 3 days
- Slow down your breathing and heart rate to dangerous levels
- Make you feel drowsy, nauseated and constipated
- Slow your body’s healing process

My pain. My plan. HealSafely.org



US Poet Laureate Harjo named first artist-in-residence at Tulsa’s Bob Dylan Center®

TULSA, Okla. – U.S. Poet Laureate Joy Harjo has been named the first artist-in-residence at the Bob Dylan Center (BDC) in advance of its much-anticipated grand opening on May 10.

Throughout the course of her six-year appointment, the Tulsa native and member of the Muscogee Nation will present educational programs and live performances, and curate special exhibitions, at the BDC.

According to Steve Higgins, managing director of the American Song Archives that oversees the BDC, Harjo’s tenure as artist-in-residence is integral to furthering the center’s mission.

“As a poet, musician, playwright and author, Joy Harjo exemplifies artistry and brings light to the world through her work,” Higgins said. “The BDC’s programs and exhibits will explore the creative process and inspire the next generations of artists, and we couldn’t be more honored that Joy is playing such an important role in helping us to fulfill our mission and establish our future legacy.”

In response to her appointment, Harjo said, “When Bob Dylan stepped forward

and made his path of song making, poetry and storytelling, a path that lit a generation, he opened a creative door for others to find their way to fresh invention and imagining. I am one of those who followed. My residency will allow this legacy to be extended to the community, to encourage and share creativity. I am honored to be part of this new venture.”

About Joy Harjo

Appointed in 2020 to a rare third term as 23rd Poet Laureate of the United States, Harjo is an internationally renowned performer and writer of the Muscogee Nation. She is the author of nine books of poetry, several plays and children’s books, and two memoirs.

Her honors include the Ruth Lily Prize for Lifetime Achievement from the Poetry Foundation, the Academy of American Poets Wallace Stevens Award, two National Endowment for the Arts Fellowships and a Guggenheim Fellowship. Harjo has produced seven award-winning music albums.

She is a chancellor of the Academy of American Poets and chair of the Native



Courtesy photo by Matika Wilbur
Joy Harjo

Arts & Cultures Foundation. Her signature project as U.S. Poet Laureate, *Living Nations, Living Words*, features an interactive story map developed in conjunction with the Library of Congress that maps 47 contemporary American Indian poets across the country and connects to

an online audio collection developed by Harjo and housed in the Library’s American Folklife Center.

Please visit joyharjo.com.

About the Bob Dylan Center®

To be anchored by a permanent exhibit on the life and work of Dylan, the Bob Dylan Center is committed to exploring the myriad forms of creativity that enrich the world around us.

When it opens in the Tulsa Arts District in May 2022, the center will serve to educate, motivate and inspire visitors to engage their own capacity as creators. Through exhibits, public programs, performances, lectures and publications, the center aims to foster a conversation about the role of creativity in our lives.

As the primary public venue for the Bob Dylan Archive® collection, the center will curate and exhibit a priceless collection of more than 100,000 items spanning Dylan’s career.

More information is available at bobdylancenter.com.



Siletz Community

Find us on Facebook! Siletz Community Health Department

Events



COMFORT STATION
SHOWER FACILITIES

MONDAY 10AM-12PM
WEDNESDAY 2PM-4PM
FRIDAY 8AM-10AM
HOURS ARE FLEXIBLE

CALL: (541)444-8348
TO SCHEDULE AN APPOINTMENT

February CARE Program Logo Contest due by Feb. 25, 2022

Virtual Talking Circle
Feb. 16, 2022
5:30 pm

Virtual Book Club
Every Wednesday
at 3:30 pm

Logo Contest  **#Consent**
#Love ShouldntHurt

We are looking for 2 logos for the Care Program's Outreach and Education. Each winner will receive an amazing prize and have their logos on some fresh gear!

1st Logo is to represent awareness of Consent. What does it look like to you? 

2nd Logo is #LoveShouldntHurt, the theme for Teen Dating Violence Awareness. What does it look like to you?

For more information or If interested please contact **Rachelle Endres** with The CARE Program at 541-444-9638 or by email rachellee@ctsi.nsn.us.

February is American Heart Month

So how does smoking affect the heart? Let's start this conversation off with one of the 7,000 chemicals found in cigarette smoke, carbon monoxide.

What is carbon monoxide (CO)?

CO is a colorless, odorless, poisonous gas. CO, tar and nicotine are the main components of tobacco smoke. All represent some risk to your health. CO mainly affects the lungs, heart and blood vessels.

If I cut down on smoking, will this reduce my breath CO by an equivalent amount?

Probably not. A smoker may smoke fewer cigarettes, but will require the same amount of nicotine. Thus, you may smoke a smaller number of cigarettes more aggressively. As a result, you may continue to receive a similar amount of CO.

How does CO harm my body?

When tobacco smoke is inhaled into the lungs, CO passes through the lining of the lungs into the blood, where it becomes attached to the hemoglobin (Hb) - the oxygen carrier on red blood cells. These red blood cells normally carry oxygen, however, their chemical attraction to CO is greater than oxygen. So any CO in the blood pushes out oxygen, forming carboxyhemoglobin (COHb), thus putting extra strain on the heart.

Heart problems caused by CO

Heart: To compensate for the shortage of oxygen, the heart has to work harder to get enough oxygen to all parts of the body. The heart itself gets less oxygen, increasing the risk of heart damage.

Circulation: COHb causes the blood to thicken and the arteries to get coated with a thick, fatty substance. This causes high blood pressure and circulation problems, with increased risk of stroke and heart attack.

If you smoke, would you like to know what your CO level is?

If so, stop by Community Health at the Siletz Community Health Clinic and have your CO level measured. Using a CO monitor is super quick and easy; you will have your results before you know it.

Commercial Tobacco Quitline 1-800-QUIT-NOW

AI/AN Line now available 1-800-784-8669 (option 7)

Health Department

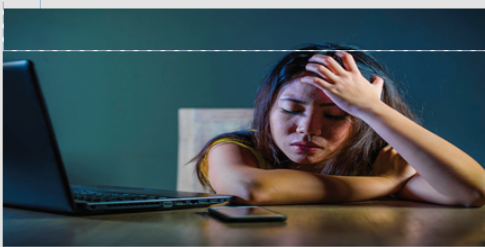


#LoveShouldntHurt #LovesRespect

1 in 3 Native American youth will face dating violence in their lifetimes.

Teen dating violence is a type of violence that happens between two young people in a relationship. The nature of the harmful and aggressive behavior can be physical, emotional, sexual or technological abuse:

- **Physical abuse:** pushes, shakes, slaps, kicks or spits on you. Holds you down. Throws or breaks your personal belongings (ex. books, cell phone, etc.)
- **Emotional abuse:** insults you, calls you hurtful names or embarrasses you in public. Constantly accuses you of cheating. Threatens to hurt you or expose secrets about you.
- **Sexual abuse:** unwanted kissing or touching, pressures you to have sex or makes you feel guilty for not wanting to have sex, or demands that you send them sexually explicit photos or videos.
- **Digital abuse:** constantly calls, texts or DMs you to find out where you are or who you're with, tells you who you can be friends with on social media, or sends mean messages on social media either directly from them or anonymously. Cultural/Spiritual abuse: Criticizes your spiritual or tribal beliefs.
- **Financial abuse:** Steals money from you, your family or friends.



February Is Teen Dating Violence Awareness Month

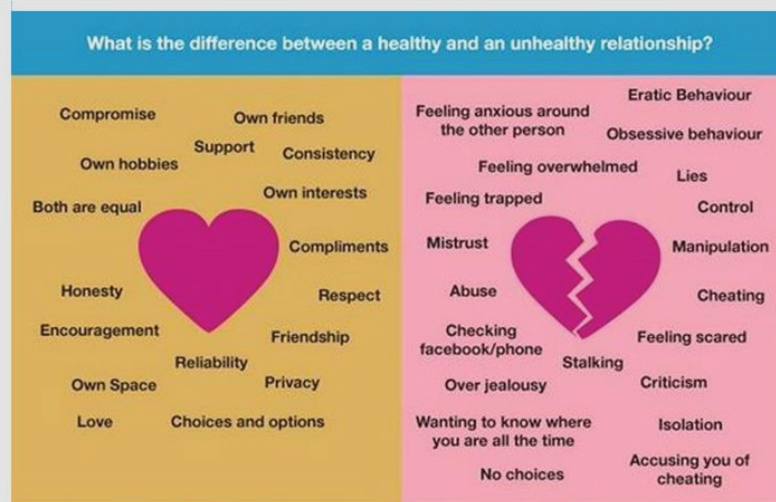
What Is Digital Abuse?

Digital abuse is a tactic of abuse that uses digital platforms, social media, or technology to gain or maintain power and control over an intimate partner. Examples of digital abuse are:

- Logging into or using a young person's social networking account without permission
- Sending unwanted sexual messages or pressuring a young person to send sexual or naked photos
- Monitoring a young person's activity or other conversations online; preventing a person from talking to friends or having conversations with anyone besides them
- Spreading rumors about a young person via text message, email, or social media or posting embarrassing photos of a young person online
- Creating a false profile page using the victim's name to control them
- Threatening or harassing a young person over the phone or social media
- Using GPS locators from social media platforms

If this has, or you think this has, happened to you or someone you know, the CARE Program can help. Please contact us at 541-444-9638.

We must remember that we have Indigenous solutions to our problems.



- 23% of females and 14% of males have experienced partner violence between 11 and 17 years old. (CDC, 2014).
- Teen girls who are sexually and physically abused are six times more likely to become pregnant and twice as likely to get a Sexually Transmitted Infection (loveisrespect, 2014).
- Girls and young women between the ages of 16 and 24 experience the highest rate of intimate partner violence, almost tripling the national average for women over 24 (Institute for Native Justice, 2015).
- Suicide attempt rates are much higher for teens that experience violence: 50% of teens that were abused compared to 12.5% non-abused girls and 5.4% of non-abused boys (loveisrespect, 2015).
- Teen victims tend to minimize the seriousness of the situation (Foshee & Langwick, 2010).
- 81% of parents do not consider teen dating violence an issue or do not know if it is an issue (loveisrespect, 2015).
- Only 33% of teens that have experienced dating violence have told someone about it

Healthy relationships involve

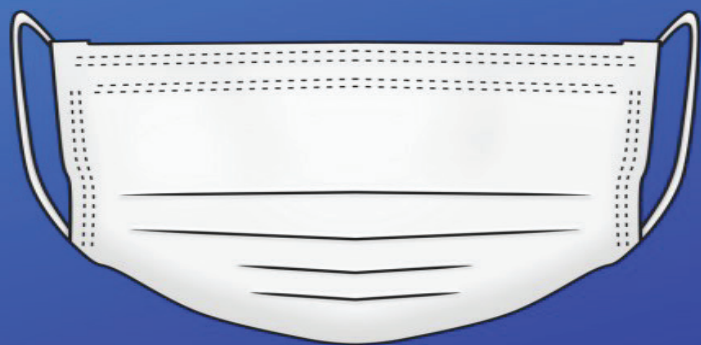
- ♥ accountability
- ♥ trust
- ♥ respect
- ♥ support
- ♥ affirmation
- ♥ intimacy
- ♥ open communication
- ♥ negotiation
- ♥ compromise

SPREAD THE MESSAGE: LOVE IS NOT ABUSE

LISTEN TO YOUR YOUTH! ITS REAL AND ITS HAPPENING! THEY NEED OUR SUPPORT!

The Resource Line is still here for you! 541-444-9613

Need to know your resources while you isolate or quarantine? Sanitation supplies available as well! We are here for you!



Virtual Talking Circle

The Siletz CARE Program will host a Virtual Talking Circle once a month on the third Thursday of the month:

**FEB. 16, 2022,
at 5:30 PM**



EVERY CHILD MATTERS T-SHIRTS AVAILABLE

We want to bring awareness to the damage the residential school system did to the well-being of Indigenous children.

TRUTH, HEAL & HONOR

Contact Rachelle in the CARE Program if interested at 541-444-9638. They will be first-come, first-served.

Look for more details on this movement in September 2022.

Job Announcement – Siletz Tribal Court Chief Judge

Title: Chief Judge
Division: Siletz Tribal Court
Compensation: Determined by Tribal Council
Term: The Chief Judge is appointed by the Tribal Council for a term of four years.
Employment Status: The Chief Judge is an independent contractor.
Closing Date: Until applicant is appointed by the Siletz Tribal Council

Selection Process: The Siletz Tribal Council appoints Chief Judge by resolution. In making its selection in addition to the qualifications listed below, the Tribal Council gives preference to the following: (1) an enrolled Tribal member; (2) experience working as a state judge, Tribal judge or Tribal lay advocate; and (3) experience working in federal Indian and Tribal law.

Qualifications of Chief Judge: The qualifications of the Chief Judge are set out in Section 3.011 of the Siletz Tribal Court Rules and Procedures Ordinance – ctsi.nsn.us/wp-content/uploads/2020/12/Tribal-Court-Rules-of-Procedure-04-17-2015.pdf. The Chief Judge must be:

- A graduate of an accredited law school
- Licensed to practice in Siletz Tribal Court, provided an otherwise qualified applicant may become licensed to practice in Siletz Tribal Court after selection with approval of the Siletz Tribal Council
- Must be at least 25 years of age, of good moral character and never have been convicted of a felony
- Possess a bachelor's degree from an accredited institution of higher education
- Be in good standing in any legal organization in which they are a member or are required to be a member

Jurisdiction of the Siletz Tribal Court: The Tribal Court has subject matter jurisdiction over cases arising within the territory of the Siletz Tribe and jurisdiction to review and overturn Tribal legislative and executive actions that violate the provisions of the Siletz Constitution or of the Federal Indian Civil Rights Act of 1968, as amended, to the extent such actions adversely affect the legal rights of any person or entity. Additionally, the Tribal Court has jurisdiction over other matters as authorized by Tribal ordinances.

Scope of Duties: The Chief Judge shall be the chief judicial officer of the Siletz Tribe and the head of the Siletz Tribal Court. The Chief Judge shall administer the Tribal Court, including but not limited to responsibility for performing all judicial and court functions of the Tribal Court, *provided*, that the Chief Judge may delegate his or her administrative authority to an Associate Judge or other appropriate person upon budgetary approval by appropriate Tribal officials. The Chief Judge may serve as Presiding Judge of the Siletz District Court, Siletz Gaming Court or Siletz Court of Appeals, as appropriate.

More Information: For detailed information on qualifications, responsibilities and duties of the Siletz Tribal Court, please refer to ctsi.nsn.us/wp-content/uploads/2020/12/Tribal-Court-Rules-of-Procedure-04-17-2015.pdf

How to Apply: If interested in possible appointment as the Chief Judge for the Siletz Tribal Court, please submit your résumé to Siletz Tribal Council, P.O. Box 549, Siletz, Oregon 97380-0549.

USDA distribution dates for February

	Siletz		Salem	
Tuesday	Feb. 1	9 a.m. – 3 p.m.	Monday Feb. 14	1:30 – 6:30 p.m.
Wednesday	Feb. 2	9 a.m. – 3 p.m.	Tuesday Feb. 15	9 a.m. – 6:30 p.m.
Thursday	Feb. 3	9 a.m. – 3 p.m.	Wednesday Feb. 16	By appt only
Friday	Feb. 4	9 a.m. – 3 p.m.		
Monday	Feb. 7	9 a.m. – 3 p.m.		

Sammy Hall, USDA Program Director
541-444-8279; sammyh@ctsi.nsn.us
Fax: 541-444-8306 or 503-391-4296

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page. 

Childcare Assistance Program

Childcare Provider Stabilization Grant Opportunity

The Childcare Assistance Program received ARPA (American Rescue Plan Act) funds to distribute to child care providers whose child care operations have experienced challenges due to the pandemic and might need support in order to stabilize their business to prevent it from closing.

If you are a child care provider in need of support for your child care business, please contact DeAnn Brown, Head Start director, at 541-444-2450 or deannb@ctsi.nsn.us to request an application.

Apply now for Siletz Tribal Head Start

The Siletz Tribal Head Start program is accepting applications now for the 2021-2022 school year. We have classrooms in Siletz, Lincoln City, Salem and Portland.

We offer services to promote children's school readiness skills and assist families with supporting their child's lifelong learning. Classrooms offer 3½ hours of service per day, Monday-Thursday, round-trip transportation and developmentally appropriate activities to promote each child's success. To qualify, children must be age 3 or 4 by the local school district's age cut-off date, and income limits may apply.

Head Start applications can be found on the Siletz Tribal website or can be requested by calling 541-444-2450 or 800-922-1399 and asking for Head Start.

This fundraiser replaces the Elders raffles that usually take place at the Nesika Illahee and Restoration pow-wows. Neither event took place in 2020 and both were canceled in 2021. Help this group continue to buy flowers and gift cards for elders who fall ill by purchasing a steel blue T-shirt or sweatshirt.



ELDERS COUNCIL FUNDRAISER

The Elders Council is holding a T-Shirt fundraiser. We are now taking orders. T-shirts and V-necks are \$20 each and sweatshirts are \$30 each. Please contact Shelley UpChurch at 541-992-5095 or email shellmeister09@gmail.com to reserve yours today!

Childcare Assistance Program expands eligibility for Tribal families in service area

The Tribal Childcare Assistance Program has received an increase in funding from the CCDF Coronavirus Relief and Response Supplemental Act. With this increase in funding, we requested approval from the Office of Child Care to temporarily waive the income eligibility requirement for all Tribal families living in the 11-county service area and to increase payment rates for family home providers.

The approval to waive the income eligibility will be in affect while the state and/or Tribe is in a declared emergency and can continue for three months following the suspension of the declared emergency as long as funding is sufficient.

Families must meet other eligibility requirements, which include living in the 11-county service area; parents must be working, engaged in education or in a job training program; and children must be enrolled Siletz Tribal members or eligible to enroll Siletz, or be the descendant or dependent of an enrolled Siletz Tribal member.

To request an application, contact DeAnn Brown by email at deannb@ctsi.nsn.us or by telephone at 541-444-2450.

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

3 fast FLOOD FACTS

- Heavy rain can bring dangerous flash flooding.
- 6 inches of moving water can knock a person down.
- 2 feet of moving water can sweep a vehicle away.



Whether you're walking or driving, stay clear of floodwater.
Share these facts with friends so they're safe too.



FLOOD WARNING

Flooding is happening or will happen soon.

Move to high ground immediately.

FLOOD WATCH

Flooding is possible.

Stay tuned to radio/TV for info and be ready to move to higher ground.



Legal Aid Services of Oregon, Oregon Law Center can help with public benefits

Legal Aid Services of Oregon and the Oregon Law Center, civil legal service providers for low-income Oregonians, operate a public benefits hotline where low-income Oregonians can talk to lawyers and paralegals to get advice on public benefits, including unemployment benefits:

800-520-5292 or Oregonlawhelp.org.

Do You Really Know How Deep the Water is?

12 inches of fast-moving water can carry away a small car.



18-24 inches of fast-moving water can carry away most large SUVs, vans and trucks.

6 inches of fast-moving water can knock over and carry away an adult.



Be safe. Wear a mask. Get vaccinated. Stay well.

SILETZ TRIBAL SMALL BUSINESS WORKSHOP

Join us on Thursday, February 17th at 6pm via Zoom to discuss how to start your own business, how to support a small business, and other business topics with guests from:

- The Oregon Native American Chamber (ONAC)
- Our Native American Business Network (ONABEN)
- Siletz Tribal Business Corporation (STBC)



CONTACT YOUR AREA EDUCATION SPECIALIST TO SIGN UP AND GET A ZOOM LINK

Portland Area (503) 238-1512 katyh@ctsi.nsn.us	Siletz Area (541) 444-8373 alissal@ctsi.nsn.us	Salem Area (503) 390-9494 sonyamj@ctsi.nsn.us	Eugene Area (541) 484-4234 candaceh@ctsi.nsn.us
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Never drive through flooded roads. Almost half of flood deaths happen in vehicles.

#BeInformed



Purchased/Referred Care



New Hours

Effective December 6th, 2021
PRC's new phone availability
will be:

8 AM to 12 PM
and
2 PM to 4:30 PM

PRC will be closed between 12-2 PM,
Monday through Friday.

Patient calls to PRC between 12-2 PM will
not be sent to a voicemail or answering
service; Tribal members, patients, and/or
vendors are being asked to call during the
new effective hours.

*Due to ongoing staffing
availability and increased
number of claims being
received, PRC is
adjusting their work
schedule in order to
manage workload.*

We apologize if this causes an inconvenience and we hope to restore
hours soon.

Tribal Council expands alternative health care to include naturopath services

In addition to acupuncture, chiropractic and massage services, Tribal members now can use the alternative health care funding to access naturopath services. The program remains the same – up to \$75 per visit for a maximum of three visits per quarter. Contact PRC for more information at 541-444-1236; it may take a few days to get a response due to current staffing challenges. Thank you for your patience and kindness as we work through these challenges.

OPTOMETRY ACCESS TEMPORARILY EXPANDED



Due to access concerns, you may see an optometrist outside of the Siletz Clinic or I.H.S. facility for as long as the Clinic remains in Phase I.

PRC-eligible patients living within 40-miles of the Siletz clinic or an I.H.S. facility are now eligible to obtain services at an outside optometry facility. Your annual/bi-annual benefit applies.

Please contact PRC for additional information
at 541-444-1236

Most Often Requested Numbers

Confederated Tribes of Siletz Indians –
800-922-1399

Salem Area Office – 503-390-9494

Portland Area Office – 503-238-1512

Eugene Area Office – 541-484-4234

Purchased Referred Care (PRC) –
800-628-5720

Tribal Veterans Rep – 541-444-8330
or 541-270-0569

Siletz Community Health Clinic –
800-648-0449

Siletz Behavioral Health – 800-600-5599

Chinook Winds Casino Resort –
888-244-6665

Chemawa Health Clinic – 800-452-7823

Bureau of Indian Affairs – 800-323-8517

Website – www.ctsi.nsn.us

Siletz Home Visiting Program

Now serving all federally recognized and Alaskan
Native families who meet eligibility criteria!!

Home Visiting Provides:

- Parenting and life skills for successful and positive parenting
- Support and encouragement
- Resources and referrals
- A culturally sensitive, evidence based curriculum
- Ongoing services from prenatal until child is 3 years old
- Virtual Visits currently

For more information contact:

Danelle Smith
Siletz and Coast Range
541-444-9603 or
1-800-922-1399
danelles@ctsi.nsn.us

Lori Christy
Salem, Portland and Surrounding
Areas
503-390-9494
loric@ctsi.nsn.us

Cathy Ray
Eugene and Surrounding Areas
541-484-4234
catheriner@ctsi.nsn.us

Go to www.ctsi.nsn.us home visit-
ing to view past success stories.

Eligibility requirements:

- Live in 11-County Service Area
- Family is expecting or has an infant under twelve months of age.
- American Indian/Alaskan Native head of household or dependent child and meet one of the following criteria—
 - Income below 300% federal poverty level for last 30 days
 - Household that resides in rural location that has limited employment opportunities
 - First time parent
 - Household with at least one adult without a post-secondary certificate
 - Family experienced trauma, chemical dependency or mental health barriers.
- Other eligibility criteria may apply so contact our staff if you have questions.

Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to help members of **ANY** federally recognized Tribe (living within the Siletz Tribe's service area) with barriers to employment. We work with individuals who have disabilities.

Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Résumé Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

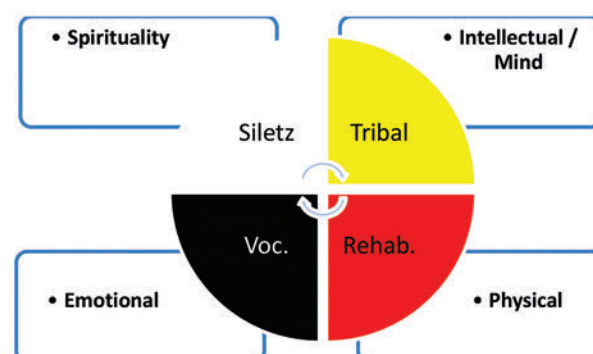


For more information about STVRP, please inquire at 800-922-1399. We also maintain resource and employment boards, so please make an appointment if you're interested. You can speak to VR staff in the following locations:

Salem Area Office
3160 Blossom Drive NE, Suite 105
Salem, OR 97305

Siletz Admin Office
201 SE Swan Ave.
Siletz, OR 97380

Tamra Russell, SSP/Vocational Rehabilitation Counselor/Job Developer (part-time)
Toni Leija, Vocational Rehabilitation Counselor/Job Developer



Here's how to help your mask help you.

Breathing through a mask creates a barrier against respiratory droplets.

- 1 Choose a mask that fits snugly.**
A mask with gaps around the nose or cheeks allows air to freely exit or enter.
- 2 A cloth mask worn over a disposable mask** adds an additional layer and improves fit. (Don't wear two disposable masks.)
- 3 A cloth mask with multiple layers** blocks more droplets than a cloth mask with only one layer of fabric.
- 4 Consider an N95, KN95, and KF94 respirator** from a trusted source. These have high filtration efficiencies and are designed for a tight fit to the face.



Comparing Cold, Flu, Allergies & COVID-19

Prepared by the Northwest Portland Area Indian Health Board (NPAIHB)

Symptoms	Cold	Flu	Airborne Allergy	COVID-19
Fever	Rare	Usual, high (100–102 °F), sometimes higher, especially in young children); lasts 3–4 days	Never	Common
Headache	Uncommon	Common	Uncommon	Common
General Aches, Pains	Slight	Usual; often severe	Never	Common
Fatigue, Weakness	Sometimes	Usual, can last up to 3 weeks	Sometimes	Common
Extreme Exhaustion	Never	Usual, at the beginning of the illness	Never	Common
Stuffy, Runny Nose	Common	Sometimes	Common	Common
Sneezing	Usual	Sometimes	Usual	Rarely
Sore Throat	Common	Sometimes	Sometimes	Common
Cough	Common	Common, can become severe	Sometimes	Common, dry cough
Chest Discomfort	Mild to moderate	Common	Rare, except for those with allergic asthma	Common; can cause trouble breathing or persistent pain or pressure in the chest that calls for immediate emergency care
Loss of Taste or Smell	Rarely	Rarely	Rarely	Common

	Cold	Flu	Airborne Allergy	COVID-19
Treatment	Get plenty of rest. Stay hydrated. (Drink plenty of fluids.) Decongestants. Aspirin (ages 18 and up), acetaminophen, or ibuprofen for aches, pains, and fever	Get plenty of rest. Stay hydrated. Aspirin (ages 18 and up), acetaminophen, or ibuprofen for aches, pains, and fever. Antiviral medicines (see your doctor)	Avoid allergens (things that you're allergic to) Antihistamines Nasal steroids Decongestants	NIH has developed guidance on treatment of COVID-19, which is regularly updated. Consult with your medical provider on treatment options.

	Cold	Flu	Airborne Allergy	COVID-19
Prevention	Wash your hands often. Avoid close contact with anyone who has a cold.	Get the flu vaccine each year. Wash your hands often. Avoid close contact with anyone who has the flu.	Avoid allergens, such as pollen, house dust mites, mold, pet dander, cockroaches.	Get the COVID-19 vaccine, recommended for everyone age 5 and older. Wear a mask in indoor public places. Avoid crowds. Wash your hands often and avoid touching your eyes, nose, and mouth. Get tested if you think you might have COVID-19.

	Cold	Flu	Airborne Allergy	COVID-19
Complications	Sinus infection middle ear infection, asthma	Bronchitis, pneumonia; can be life-threatening	Sinus infection, middle ear infection, asthma	Pneumonia, respiratory failure, acute respiratory distress syndrome (fluid in lungs), sepsis, cardiac events (e.g., heart attack and stroke), multiple organ failure, inflammation of the heart, brain, or muscle tissue, death

The only way to know way to know your illness is to get tested

It's always a good idea to isolate if you have a viral illness to protect the people around you



For more information please visit <https://newsinhealth.nih.gov/2022/01/it-flu-covid-19-allergies-or-cold>

Siletz Community Health Clinic Flu Shot Access

- ❖ **At SCHC or your primary care provider during regular business hours**
 - Schedule an appointment
 - Drive through flu clinics @ SCHC – watch for more info
- ❖ **Your Pequot card at your local pharmacy**
 - Pequot is accepted at all CVS network pharmacies that currently accept your Pequot card.
 - You or your pharmacist can contact Pequot at 888-779-6638 if you have any questions.
 - Using your Pequot card will **not** reduce your annual Pequot benefit

COVID-19 QUARANTINE VS. ISOLATION



QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others.

Quarantine if you have been in close contact with someone who has COVID-19, unless you have been fully vaccinated.

If you are fully vaccinated (up to date)

- You do NOT need to quarantine unless you have symptoms
- Get tested 5-7 days after your exposure, even if you don't have symptoms
- Wear a mask indoors in public for 10 days following exposure or until your test result is negative

If you are not fully vaccinated (up to date)

- Stay home for 5 days after your last contact with a person who has COVID-19. Wear a mask for 10 days.
- Watch for fever (100.4°F), cough, shortness of breath, or other symptoms of COVID-19
- If possible, stay away from people you live with, especially people who are at higher risk for getting very sick from COVID-19
- Contact your local public health department for options in your area to possibly shorten your quarantine



ISOLATION keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

People who are in isolation should stay home and stay in a specific "sick room" or area and use a separate bathroom (if available).

If you are sick and think or know you have COVID-19

- Stay home until after
- At least 5 days since symptoms first appeared **and**
 - At least 24 hours with no fever without the use of fever-reducing medications **and**
 - Symptoms have improved

If you tested positive for COVID-19 but do not have symptoms

- Stay home until after 5 days have passed since your positive viral test
- If you develop symptoms after testing positive, follow the steps above for those who are sick



cdc.gov/coronavirus



Photo by Diane Rodriguez

Interim General Manager Mike Kennedy (left) presents a \$50,000 check to Dave Lapof, fire chief for the Siletz Valley Fire District. The money will go to the district's general fund, with a focus on recruiting underrepresented members of the community to become volunteers for the fire district. If you're interested in volunteering or have questions, please call 541-444-2043.

General Council Meeting

Saturday, Feb. 5, 2022 • 1 p.m. • Siletz, Oregon

- Call to Order
- Invocation
- Flag Salute
- Roll Call
- Approval of Agenda
- Approval of Minutes
- Tribal Council Committee Reports
- Tribal Member Concerns
- Chairman's Report
- Announcements
- Adjourn

Due to the COVID-19 pandemic, in order to continue to keep the membership safe/healthy, the Feb. 5, 2022, General Council Meeting will be on the Zoom platform. For access to the meeting link, please email generalcouncil@ctsi.nsn.us and include your name and roll number in the email. The link to the meeting will be sent to your email address on Feb. 4, 2022, prior to 4:30 p.m.

To discuss Tribal member concerns, please indicate so in your email or by using the "raise hand" option in Zoom. The Tribal chairman will call upon Tribal members in the order they are received. Tribal members who plan to speak, please ensure there is audio on your device. The deadline to request the meeting link is Feb. 3, 2022.

What to expect when you're approved for hearing aids through PRC

You will be referred to Costco for hearing aids. Costco hearing aids cost 50-60 percent less than other providers with equal quality.

Your Purchased/Referred Care team will help you obtain a Costco membership and help with transportation barriers.

We look forward to working with you.

The Lincoln County Jail in Newport, Ore., is seeking additional cultural practitioners to provide services to American Indians who are incarcerated. They are seeking both female and male practitioners to provide online, one-on-one and group guidance (once it is safe to hold in-person meetings).

If you have questions, please contact Lisa Norton at lisan@ctsi.nsn.us. If you want to volunteer, contact Dennis Buckmaster (dbuckmaster@co.lincoln.or.us) to start the process. This process does include a background check, but all situations will be considered individually.

Ecotrust

PRESENTS

THE INDIGENOUS LEADERSHIP BRIEFING SERIES

Four, free educational webinars that examine the theme of Indigenous Leadership: Ensuring a Future for Native Peoples, Cultures, and Lands.

Through a series of four hour-long, online gatherings, eight tribal leaders from across the Pacific Northwest will provide the historical context of issues tribal communities have confronted over time and the ways Native leaders responded. Learn about little-known eras, issues, and subjects, all from an Indigenous perspective, and about the impact of Indigenous leadership on the well-being of tribal communities and beyond.

The briefings will be held at **11am PST on the third Wednesday of each month, starting December 2021 through March 2022:** →

This inaugural briefing series serves as the run-up to the 2022 Indigenous Leadership Awards, an annual event that celebrates Indigenous determination and survival.

To RSVP for one or any of these briefings, visit ecotrust.org/project/indigenous-leadership-briefings/#RSVP

- **NEGOTIATING A FUTURE: INDIGENOUS LEADERSHIP THROUGH THE AGES**

with Roberta "Bobbie" Conner (Nez Perce/Cayuse) and Ron Allen (Jamestown S'Klallam)
DECEMBER 15, 2021

- **TERMINATION: THE ATTEMPT TO DESTROY AND THE REBUILDING OF THE SILETZ TRIBES**

with Ed Ben (Siletz) and Bud Lane (Siletz)
JANUARY 19, 2022

- **THE ALASKA NATIVE CLAIMS SETTLEMENT ACT: IMPACTS ON ALASKA NATIVE COMMUNITIES**

with Joe Nelson (Tlingit) and Nicole Borrromeo (Athabaskan)
FEBRUARY 16, 2022

- **BREAKING THE CHAINS: TRANSFORMATIVE FEDERAL LEGISLATION AND TRIBAL PEOPLES**

with Robert Miller (Eastern Shawnee) and Dave Tovey (Cayuse/Joseph Band Nez Perce)
MARCH 16, 2022



We're Back!

Calling all Gamers, K-12

CTSI

Minecraft Gathering

FEBRUARY 19, 2022 AT 11:00 AM

Contact:

elizabethm@ctsi.nsn.us

for registration



Siletz Tribal Veterans

For information and assistance from Tony Molina, Tribal Veteran Representative, call 541-270-0569 or email tonym@ctsi.nsn.us

The Tribe is in need of certified homes to care for Tribal children in need of emergency, short term And long term placements.



To see how you can help please call today.
Siletz Tribal Indian Child Welfare Department
541-444-8272

GET VACCINATED
 QUIT SMOKING

Free help is available.
Text "READY" to 200-400

SMOKEFREE oregon

Nesika Illahee Pow-Wow

Attention Siletz Tribal Artists

The Pow-Wow Committee is once again having a logo contest for the upcoming pow-wow in August 2022. All Siletz Tribal artists are encouraged to submit a pow-wow themed logo.

The winning logo artist will receive a cash prize of \$300 and a professional banner with your logo. The winning artist will have his/her logo highlighted on Nesika Illahee Pow-Wow flyers and merchandise.

Please submit your art work to the Cultural Education director's office at the Tribal Community Center or mail it to Confederated Tribes of Siletz Indians, Attn: Pow-Wow Logo Contest, P.O. Box 549, Siletz, OR 97380-0549.

All entries must be received no later than Feb. 28, 2022.

Royalty Crown Proposals

The Pow-Wow Committee is now accepting proposals for 2022-2023 royalty crowns. Proposals are being accepted for Miss Siletz, Junior Miss Siletz and Little Miss Siletz.

Proposals for a crown are required to include art design, size of the crown and a bid for the crown or crowns of your interest. Proposals can be submitted for individual crowns, two crowns or you can submit a bid for all three crowns.

Crown proposals must be turned in to the committee no later than Feb. 28, 2022. Proposals should be sent to: Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

If you have any questions, contact Buddy Lane at 800-922-1399, ext. 1230, or 541-444-8230.

2022 Standing Committees Applications due by Feb. 9, 2022

Any Tribal member interested for consideration in serving on a committee for a two-year term are encouraged to fill out this form and return it to the council office prior to Feb. 9, 2022.

Please **mail or fax** your application to Confederated Tribes of Siletz Indians, Attn: Executive Assistant to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fax: 541-444-8325.

Name: _____ Roll No.: _____

Address: _____

City: _____ State: _____ ZIP: _____

Telephone: Day () _____ Evening () _____

Email Address: _____

If you only want to be considered for one committee, please indicate by inserting the number 1 next to the committee of interest. If you have interest in more than one committee, please indicate by numbering your preference 1 (first choice), 2 (second choice) and 3 (third choice).

<input type="checkbox"/> Education Committee (3)	<input type="checkbox"/> Housing Committee (3)
<input type="checkbox"/> Natural Resources Committee (3)	<input type="checkbox"/> Pow-Wow Committee (2)
<input type="checkbox"/> Health Committee (3)	<input type="checkbox"/> Budget Committee (1)
<input type="checkbox"/> Cultural Heritage Committee (3)	<input type="checkbox"/> Enrollment Committee (3)

Committee appointments will be made at the Regular Tribal Council meeting in February 2022. If you have any questions, please call the executive assistant to Tribal Council at 800-922-1399, ext. 1203, or 541-444-8203.

How to access language materials online

Virtual speaking groups and beginning community classes have begun again. Contact Nick Viles (nickv@ctsi.nsn.us) for login information.

Ch'ee-la xwii-t'i
(Greetings everyone)

To assist Tribal members during this time of social distancing and the interruption of our normal schedules, this tutorial on how to access language materials and recordings from the Tribal website has been developed. I hope you and your families are safe and healthy during this time. Hopefully many folks can access these materials from the safety of their homes.

Go to www.ctsi.nsn.us. Enter in your roll number and last four digits of your Social security number to log on to the Tribal member access area. Click on "Our Heritage." On the drop down, click on "Language."

Lots of written and recorded materials are available in this section. The Nuw-wee-ya' (Our Words) Language Dictionary is on this page. You can click on the selection A to Z to look up written English language words and their Athabaskan equivalent.

Also on this page are Siletz Dee-ni Volumes 1, 2 & 3. Just click on "Study Materials" and scroll down. Volume 1 contains lessons on body parts, counting, relatives, foods and table talk.

In these lessons, the written word on the screen is accompanied by audio

of the word's pronunciation. Volume 2 contains animals, birds, colors, fish, greetings and goodbyes, insects, and trees and brush. Volume 3 contains lessons on sentence structure and word order.

Each lesson has a complete practical alphabet sound chart. All three volumes have a word document and audio recording for each lesson. Tests are available if you want to use them.

To access the Siletz Talking Dictionary, click on Siletz Language website. Drop down three lines and click on www.siletzlanguage.org, go to the Talking Dictionary tab and click on it. The Siletz Talking Dictionary Page will appear.

Just below the words "Search for" is an empty white box. Type in the word you are searching for and click on the "search" button. The word and the Athabaskan equivalent will appear just below the search box. To hear the word being spoken, simply click on the red ear icon on the left side of the page.

You may have to wait a few seconds for the page and sound to load, depending on your connectivity. Some of the words also have pictures.

Also on the www.siletzlanguage.org website are 14 Language learning videos and many other culture-related videos, materials and curriculum.

SERVICES AVAILABLE

Mental Health Services & Life Alert

Mental Health Services

- **What services are available?**
 - Counseling Services – individual or family
 - Psychiatry Services
 - Psychology Services
 - Up to 8-visits annually (more if medically necessary)
- **Who's eligible?**
 - Siletz Tribal members eligible for Purchased/Referred Care (PRC), formerly Contract Health Services (CHS).
- **How do I get benefits?**
 - CALL PRC at 800-628-5720 or

- 541-444-9648 to speak with a PRC representative.
- Prior to making an appointment with a provider – confirm the provider will accept PRC as payment.
- Benefits are limited, first-come, first-served.
- **What you need to know:**
 - After calling PRC for benefits, the patient will receive a letter with program details. The letter also provides information that the patient can give to their provider for payment processing information.
 - You will not be required to use other resources first. This will allow you to go to a provider who does not accept Oregon Health Plan/Medicaid or your private insurance.

Life Alert

- Please contact your local community health advocate (CHA) if you think you or another Tribal elder could benefit from Life Alert.
 - Eligibility Criteria:
 - Enrolled Tribal member eligible for PRC
 - Work with CHA to determine need/apply for local services
- **Steps to get Life Alert:**
 - Contact your local CHA –
 - The CHA will determine if you meet the criteria for Life Alert (examples: live alone, health condition, etc.)

- The CHA will assist you in applying for Life Alert at no cost through community options. If you do not qualify for Life Alert at no cost, the Siletz Community Health Clinic will cover the cost.
- **You can reach the community health advocates at:**
 - Siletz – Jeffrey Green at 541-444-1030
 - Salem – Cecilia Tolentino at 503-390-9494
 - Eugene – James Boe at 541-484-4234
 - Portland – 503-238-1512

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

JOM FAMILIES

Follow the CTSI Education department on the CTSI Youth Facebook page and in your local area newsletter for monthly youth program information.



Email your local Education Specialist to be added to our email list.

Portland Area Office Katy Holland (503) 238-1512 katyh@ctsi.nsn.us	Siletz Area Alissa Lane-Keene (541) 444-8373 alissal@ctsi.nsn.us	Salem Area Office Sonya Moody-Jurado (503) 390-9494 sonyamj@ctsi.nsn.us	Eugene Area Office Candace Hill (541) 484-4234 candaceh@ctsi.nsn.us
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“Hi, I can help with OHP.”

Do you need help with OHP?

You don't have to leave your home to apply!
Applications can now be done online or over the phone.

Shop for health plans at <https://or.checkbookhealth.org/> or call direct at 855-268-9767.

541-444-9611

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional Living Center

Siletz: 800-600-5599 or 541-444-8286 Eugene: 541-484-4234 Salem: 503-390-9494 Portland: 503-238-1512	Narcotics Anonymous Toll-Free Help Line – 877-233-4287 ~~~~~ For information on Alcoholics Anonymous: aa-oregon.org
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SAPSIK'WAŁÁ

TEACHER EDUCATION PROGRAM

Department of Education Studies

Annually we accept American Indian/Alaska Native applicants interested in becoming teachers

- Federal grant covers education expenses including tuition, books, computer, living stipend, and dependent allowance
- Program participants do service payback by teaching for 2 years in schools with high Native American student populations
- 12 month master's program: MEd degree and teacher licensure in the following areas: elementary, middle-high school social science, English and language arts, mathematics, science, world language (Chinese, French, German, Japanese, or Spanish)
- All participants earn English for Speakers of Other Languages (ESOL) endorsement
- Program is a Native cohort within UOTeach Master's Program
- Program runs from June - June each year

Applications open each September through January, please contact us today!

Email: sapsikwala@uoregon.edu

Phone: 541-346-2454

Webiste: education.uoregon.edu/sapsikwala

SAPSIKW'AT XTÚWIT
NAAMÍ TANANMAMÍYAU
Education Strengthens Our People



Thinking of attending college during the 2022-2023 Academic year? Here's what you need to know

✚ FAFSA Opens for Applications Oct. 1st
(at www.fafsa.ed.gov)

*If applying for Higher Education funds for the 2022-2023 academic year, students must complete their FAFSA by June 30th

✚ CTSI Higher Education Grant Application Due June 30th
www.ctsi.nsn.us/wp-content/uploads/2020/12/Higher-Education-Application.pdf

✚ CTSI Graduate Application Due June 30th
www.ctsi.nsn.us/wp-content/uploads/2020/12/Graduate-Student-Application.pdf

- Graduate applicants must apply to the American Indian Graduate Center for scholarship funding, to be eligible for CTSI Funding (at www.aigcs.org)
- American Indian Graduate Center applications open as early as December and close as early as May each year. It is your responsibility to be aware of and meet the AIGC scholarship deadlines.

Contact an Education Specialist in your area for more information.

Siletz Area & Out-of-State Alissa Lane-Keene AlissaL@ctsi.nsn.us 541-444-8373	Eugene Area Candace Hill CandaceH@ctsi.nsn.us 541-484-4234	Portland Area & Washington Katy Holland KatyH@ctsi.nsn.us 503-238-1512	Salem Area Sonya Moody-Jurado SonyaMJ@ctsi.nsn.us 503-390-9494
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Visit www.ctsi.nsn.us/post-secondary-education/ for applications.

Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov
- CUNY/NAJA Graduate School Scholarship
Deadline: March 1, 2022
- Verl and Dorothy Miller Native American Vocational Scholarship
Deadline: March 1, 2022
- Howard Vollum American Indian Scholarship
Deadline: March 1, 2022
- Truman D. Picard Scholarships
Deadline: March 11, 2022
- VFW Young American Creative Patriotic Art Contest (grades 9-12)
Deadline: March 31, 2022
- NAJA-Facebook Journalism Project Scholarship
Deadline: April 30, 2022
- AIS Scholarship
Deadline: Varies
- Open Education Database Graduate and Ph.D. Scholarships
Deadline: Varies
- Tribal College and University Scholarships
Deadline: Ongoing
- American Indian Service Scholarships
Deadline: Ongoing
- American Indian Science and Engineering Society (AISES) Scholarships
Deadline: Ongoing
- American Meteorological Society Minority Scholarships
Deadline: Ongoing
- Army Emergency Relief Scholarships
Deadline: Ongoing
- Catching the Dream Scholarships
Deadline: Ongoing
- College Board Scholarship
Deadline: Ongoing
- National Action Council for Minorities in Engineering
Deadline: Varies
- NOAA Scholarships
Deadline: Ongoing

Other Opportunities

- Anja Niedringhaus Courage in Photojournalism Award
Deadline: Feb. 24, 2022
- Medill-Northwestern Journalism Institute's Cherub Program
Deadline: March 14, 2022
- Courage in Journalism Awards
Deadline: March 18, 2022
- Gwen Ifill Award
Deadline: March 26, 2022
- Amber Grants
Deadline: Rolling
- NAYA Ninth Grade Counts
Deadline: Rolling
- Dept. of Energy Scholars Program
Deadline: Ongoing
- National Park Service Tribal Stewards Inclusion Program
Deadline: Ongoing
- Center for Native American Youth at the Aspen Institute – Generation Indigenous Network Youth Ambassador
Deadline: Ongoing
- National Youth Leadership Forum STEM Program Nomination Form
Deadline: Various
- The Student Conservation Association
- Northwest Youth Corps
- Saturday Academy - FREE Classes for Native American Students

Important information for college-bound Tribal seniors

February

- First semester grades and mid-year reports are sent to some colleges.
- Check your school counseling office or ASPIRE center for scholarship information.
- Complete scholarships.
- Check with colleges applied to for verification they have received all necessary documents. Continue to monitor status of submitted applications.
- Check to see if your mid-year transcripts have been sent to the schools to which you have applied.

March

- Wrap up any scholarship application, essays and activities chart (for OSAC). Early bird deadline is this month.
- Check for four Tribal scholarships at ctsi.nsn.us.
- Complete scholarships.
- Start working on Tribal higher education or adult vocational training grant application. This can be found on the Tribe's website and is due June 30.
- Review the Student Aid Report (SAR).
- You should start receiving admission responses.

Internships

- Habitat Restoration Internship
Deadline: Various
- Meta (Facebook) Data Center Engineering Internships
Deadline: Various
- Public Lands Internship Program
Deadline: Various
- NOAA Internships
Deadline: Ongoing
- Code Switch Internship
Deadline: Various
- HP 3D Printing Engineering Intern
Deadline: Open until filled
- WOTE Agricultural Incubator Internship
Deadline: Various
- Saturday Academy Internships
Deadline: Multiple
- EPA Environ. Research/Bus. Support
Deadline: Multiple
- National Science Foundation Research Experiences for Undergraduates
Deadline: Multiple
- Indian Land Tenure Foundation
Deadline: Multiple
- Environmental Protection Agency
Deadline: Multiple
- American Fisheries Society
Deadlines: Multiple
- Oregon Museum of Science & Industry (OMSI)
Deadline: Multiple

Visit OregonStudentAid.gov to check out more than 500 grant and scholarship opportunities.

Fellowships

- Creative Shorts Fellowship
Deadline: Feb. 25, 2022
- E. Kika De La Garza Fellowship
Deadline: March 2, 2022
- NW NARCH Tribal Researchers Cancer Control Fellowship
Deadline: March 25, 2022
- Native American Journalism Fellowship
Deadline: April 30, 2022
- Institute for Citizens and Scholars Fellowships
Deadline: Various
- American Indian Graduate Center
Deadline: Ongoing
- NOAA Fellowships
Deadline: Ongoing
- Master of Forest Resources Fellowships
Deadline: Open until filled
- NW Native American Research Centers for Health Research Support Fellowship
Deadline: Rolling
- Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships
Deadline: Rolling
- Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow
Deadline: Multiple
- Claremont Native American Fellowship
Deadlines: Multiple

Outside Scholarships for

NATIVE AMERICAN STUDENTS

Cobell Scholarship

<http://cobellscholar.org/>
various scholarships available
*essay required
Open to descendants/enrolled members

American Indian Services

<https://www.americanindianservices.org/>
various scholarships available
*essay may be required
Open to descendants/enrolled members

American Indian College Fund

<http://www.collegefund.org/>
various scholarships available
*essay required
Open to descendants/enrolled members

Bureau of Indian Education

<http://www.bie.edu/ParentsStudents/Grants/>
various scholarships available
*essay may be required
Open to descendants/enrolled members

Native American Scholarship Fund

<http://catchingthedream.org/>
various scholarships available
*essay may be required
Open to descendants/enrolled members

ONLINE, BUT NOT ON YOUR OWN

You know what it means to be strengthened by a supportive community. It can make all the difference in reaching your goals.

Oregon State University Ecampus is committed to providing you a pathway to earn your degree.

- Top-ranked degrees online
- Dedicated support and scholarships
- Cultural engagement

Visit our website to learn more:
ecampus.oregonstate.edu/native



ONLINE



Tribal Council Timesheets for December 2021

Frank Aspria – 12/1/21-12/31/21

TC	Ind	Gmg	STBC	ED	Tvl	
2.5	2.5	6	3			12/1-7 Reports, email, packets
			2.75			12/8 STBC mtg/email
		2.25				12/9 Special TC – gaming
8	8					12/10-12 Packets, reports
1.5	1.5	1.5				12/13 Budget wkshp, email
1.75	1.75					12/14 SVS mtg, draft EA
3.75	3.75					12/16 Siuslaw NF, HR wkshp, reports
3.25	3.25	.5				12/17 Regular TC, reports, STAHS
		1.5		2		12/18-20 Updates, email, COHO
1.5	1.5	1.5	1.5	.5		12/22-27 Email, reports, updates
.75	.75					12/29 Audit

Lillie Butler – 12/1/21-12/31/21

TC	Ind	Gmg	STBC	ED	Tvl	
6.5	6.5					12/1-6 Packets
1.25	1.25	3				12/7-8 Education, packets
1.5	1.5	4.5				12/9-10 Special TC – gaming, packets
2	2	1				12/13 Budget, Chinook Winds, packets
.25	.25					12/14 Siletz Valley
1.5	1.5					12/15 Chemawa Station LLC, packets
2	2.25					12/16 TC wkshp – Siuslaw NF
2.75	2.75					12/17 Regular TC
12.25	12.25					12/20-30 Education, packets

Lorraine Y. Butler – 12/1/21-12/31/21

TC	Ind	Gmg	STBC	ED	Tvl	
1	1		3			12/2-3 Packets
.75	.75		2			12/6-7 Culture, STBC packets
			2			12/8 STBC mtg
		2.5				12/9 Special TC – gaming
1.5	1.5					12/13 Budget wkshp, interviews
.5	.5					12/14 SVS
2.5	2.5					12/15 Chemawa Station LLC, packets
2	2					12/16 Siuslaw NF
2.25	2.25					12/17 Regular TC
1.25	1.25	2				12/21-28 Packets

Sharon Edenfield – 12/1/21-12/31/21

TC	Ind	Gmg	STBC	ED	Tvl	
				1		12/6 ED project
1.5	1.5		2			12/8 STBC mtg, minutes, packets
		2				12/9 Special TC – gaming
1.25	1.25					12/10 Consent Decree/ODFW
.5	.5			1		12/13 TC wkshp, ED project
3	3					12/14 DOI Town Hall, WH briefing, SVS, packets
2	1.75					12/16 HR wkshp, Siuslaw NF
2.75	2.75					12/17 Regular TC

Delores Pigsley – 12/1/21-12/31/21

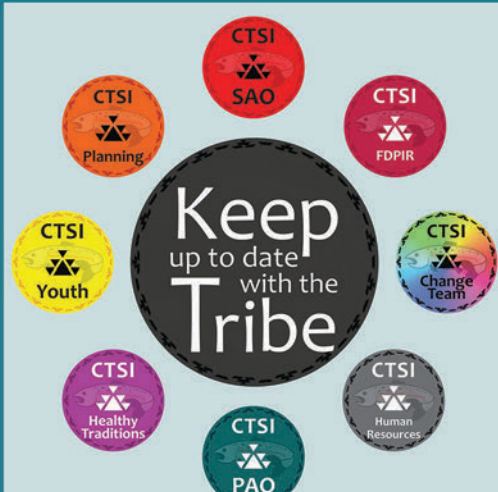
TC	Ind	Gmg	STBC	ED	Tvl	
4.5	4.5	.5				12/1-2 Governor's Tribal Summit, mail, agenda items
2	2					12/3 Budget Comm, mail
1.75	1.75	.25				12/4-6 Mail
1	1				2.5	12/7 Interview, mail
.5	.5		2			12/8 STBC mtg, mail
1	1	3				12/9 Special TC – gaming, mail, agenda items
1.5	1.5					12/10 ODFW negotiations, mail
1.5	1.5					12/11-12 Mail, agenda items
2	2	1				12/13 Budget & Admin wkshps, mail, prep for council
1	1	1			2.5	12/14 Interview, mail, admin
1.5	1.5	1	1.25			12/15 Chemawa Station LLC, mail, agenda items
2.5	2.5					12/16 Siuslaw NF, HR wkshp, mail, prep for council
3	3					12/17 Regular TC, mail
6	6	1.5				12/18-30 Mail, agenda items
.5	.5	1			1.25	12/31 Casino event, mail

Angela Ramirez – 12/1/21-12/31/21

TC	Ind	Gmg	STBC	ED	Tvl	
		1				12/4 Packets
2.5	2.5					12/5 STAHS
1	.75					12/6 Health Comm
3	3		1.5			12/7 STBC mtg, STAHS project
4.5	4.5					12/8 STAHS project, TC wkshp, packets
		2.25				12/9 Special TC – gaming
.5	.5	.5				12/10-13 Email
.5	.25					12/14 SVS board
2.75	2.75					12/16 Siuslaw NF, HR wkshp, email
2.75	2.75					12/17 Regular TC
.5	.5	1				12/20-29 Email

Selene Rilatos – 12/1/21-12/31/21

TC	Ind	Gmg	STBC	ED	Tvl	
5.5	5.5					12/1-5 COVID, email, packets
1.5	1.5					12/6 Health Comm, email, packets
2.5	2.5		2			12/7-8 STBC mtg, COVID, email, packets
.75	.75	2				12/9 Special TC – gaming, email, packets
2.75	2.75					12/10-12 Email, packets, COVID
2.25	2.25			1		12/13 TC wkshp, interview, email
5.25	5.25					12/14-15 NWPAIHB, school board, SCP, COVID, email, packets
3.75	3.75					12/16 Siuslaw NF, packets, email
3.25	3.25					12/17 Regular TC, email, packets
3	3					12/18-23 Email, packets
4	4					12/26-31 SCP, email, packets



We're on Facebook!

CTSI has several official Facebook pages that you can check out, including the new Confederated Tribes of Siletz Indians page!

You can like us on Facebook to keep up to date with the Tribe, along with reading our official publications and visiting the Tribe's website at ctsi.nsn.us.

To find the official Confederated Tribes of Siletz Indians Facebook page, just search for **@CTSIgov**

Tribal Council Email Addresses

- Tribal Chairman: Delores Pigsley dpigsley@msn.com
- Vice Chairman: Alfred "Bud" Lane III budl@ctsi.nsn.us
- Treasurer: Robert Kentta rkentta@ctsi.nsn.us
- Secretary: Sharon Edenfield sharone@ctsi.nsn.us
- Frank Aspria Sr. franka@ctsi.nsn.us
- Lillie Butler lbutler@ctsi.nsn.us
- Lorraine Butler loraineb@ctsi.nsn.us
- Angela Ramirez angelar@ctsi.nsn.us
- Selene Rilatos maritar@ctsi.nsn.us

Chinook Winds

CASINO RESORT

MANIC MONDAYS FREE SLOT TOURNAMENT

Embrace the mayhem and win your share of
OVER \$3500 IN FREE SLOT PLAY!
You'll play in three frenzied one-minute sessions. Session winners during the final round will receive an additional 25 \$and Dollars. Top 20 scores overall take up to 500 \$and Dollars!

FEBRUARY 21
6PM - 9PM
Kiosk registration open 5pm - 6:45pm

Collect **DOUBLE POINTS** 6pm - 11 pm



Tournament limited to the first 168 entrants.

This February, you could be caught up in a **CARD CLASH** that pays you **COLD CASH!**



We'll draw for two contestants for each drawing

SUNDAYS in FEBRUARY

at 4pm & 6pm!

Contestants then face the cards and each other as we deal a hi-low duel between them. The first to finish a 7 card run pockets up to **\$5000 CASH!**

Late Night Edition

Comedy on the Coast

FEBRUARY 25 & 26
9:30PM • \$15

Tickets available at the Chinook Winds Casino Resort Box Office. Buy by phone at 1-888-MAIN-ACT (1-888-624-6228), 541-996-5776 or online. 21 and over event, doors open at 9pm with a no-host bar.



HEADLINER
Jeff Shaw



FEATURING
Andy Hendrickson



HOST
Omar Tarango

ADORN YOUR THURSDAYS WITH
BRACELETS & CHARMS FROM CHINOOK WINDS!

Charming THURSDAYS

Collect **100 PLAYER POINTS** on any **THURSDAY** BETWEEN 10am - 9pm for a chance to play our KIOSK Game, where you could win **PLAYER POINTS, \$AND DOLLARS** free slot play,

CHARM BRACELETS
or **CHARMS!**

Collect **1000 PLAYER POINTS** on any Thursday between 10am - 9pm and get a **CHARM BRACELET!**



CHARM SELECTION CHANGES WEEKLY.

COLLECT FREE ENTRIES WEEKLY WITH YOUR WINNERS CIRCLE CARD BEGINNING JANUARY 31.



GATHER EVEN MORE ENTRIES WITH EVERY 100 POINTS EARNED ON SLOTS, TABLES, BINGO, KENO AND SPORTS WAGERING.



Activate your entries starting one hour before each drawing up until each drawing time by inserting your Winners Circle card in any slot machine or swiping into any promotional kiosk, and activating the "February Card Clash" entries on the Promotions tab.

Complete rules at Winners Circle. Top prize for the 4pm drawings is \$2500. Top prize for the 6pm drawings is \$5000. Sports Wagering entries will be applied 24 hours after ticket has closed. Management reserves the right to alter or withdraw promotion at any time.



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Chavez Lamar named director of National Museum of the American Indian

Cynthia Chavez Lamar has been named director of the Smithsonian's National Museum of the American Indian, effective Feb. 14. She is the first Native woman to be named as a Smithsonian museum director.

Chavez Lamar has been at the museum most recently since 2014 and earlier in her career was a museum intern (1994) and later an associate curator (2000-2005). She is currently the museum's acting associate director for collections and operations.

Chavez Lamar is an accomplished curator, author and scholar whose research interests are focused on Southwest Native art and the methodologies and practices involved in collaborating with Indigenous communities.

Chavez Lamar will oversee the museum's three facilities: the National Museum of the American Indian (NMAI) on the National Mall in Washington, D.C.; the museum's George Gustav Heye Center in Lower Manhattan; and the Cultural Resources Center in Suitland, Md.

The Cultural Resources Center houses the museum's collections and its curatorial and repatriation offices; laboratories and work rooms for conservation, collections management, registration, photography, film and video; a computer and information-resource center; a library; and indoor and outdoor spaces for Native cultural care practices and use of the collections.

"Dr. Chavez Lamar is at the forefront of a growing wave of Native American

career museum professionals," said Lonnie Bunch, secretary of the Smithsonian. "They have played an important role in changing how museums think about their obligations to Native communities and to all communities. We look forward to Cynthia's leadership as the NMAI enters a new phase of service to the Native peoples of the Western Hemisphere."

Since January 2021, Chavez Lamar has served as acting associate director for collections and operations at the museum. She is responsible for overseeing its collections, facilities, safety and information technology departments.

She leads efforts to ensure effective management of and care for the museum's collection, which is composed of more than 1 million objects and photographs, and more than 500,000 digitized images, films and other media documenting Native communities, events and organizations.

"I am excited to begin my tenure as the director of the National Museum of the American Indian," said Chavez Lamar. "I am looking forward to leading and working with the museum's experienced and dedicated staff. Together, we will leverage the museum's reputation to support shared initiatives with partners in the U.S. and around the world to amplify Indigenous knowledge and perspectives all in the interest of further informing the American public and international audiences of the beauty, tenacity and richness of Indigenous cultures, arts and histories."

From 2014 through 2020, Chavez Lamar served as assistant director for collections at the museum. In this role, she guided the overall stewardship of the museum's collection, which is one of the largest and most extensive collections of Native and Indigenous items in the world.

Chavez Lamar led museum efforts to improve collection access and availability by advocating for an increase in the number of collections online. She supported the development of a collection-information system module to record access, care and handling instructions provided by Tribal, nation and community representatives.

Chavez Lamar also established and prioritized partnerships and collaboration with Native nations and Tribes, and developed a loan program for Tribal museum and cultural centers that provides training and technical assistance to enhance collections stewardship and reconnects descendant communities with the museum's collections.

Chavez Lamar was the director of the Indian Arts Research Center at the School for Advanced Research in Santa Fe, N.M., from 2007 to 2014. While there, she raised the visibility of the 12,000-object collection and developed institutional projects and programming to highlight it.

She also led and supported the development of *Guidelines for Collaboration* to assist Native communities in accessing museum collections and museums working collaboratively with them.

From 2006 to 2007, she was the director of the Indian Pueblo Cultural Center in Albuquerque, N.M. From 2000 to 2005, Chavez Lamar was an associate curator at NMAI and the lead curator for *Our Lives*, one of the inaugural exhibitions in the Washington, D.C., museum when it opened in 2004. She collaborated with eight Native communities on the exhibition.

Chavez Lamar was a presidential appointee to the Institute of American Indian and Alaska Native Culture and Arts Development in 2011. She was a governor's appointee as a commissioner to the



Courtesy photo by Walter Lamar

Cynthia Chavez Lamar

New Mexico Arts Commission from 2009 to 2012. She currently sits on the advisory group for Indigenous North America at the Princeton University Art Museum and she is a member of the advisory board at the Colorado Springs Fine Arts Center at Colorado College.

Chavez Lamar is an enrolled member at San Felipe Pueblo and her ancestry also includes Hopi, Tewa and Navajo on the maternal side of her family. She earned a bachelor's degree from Colorado College in studio art, a master's degree in American Indian studies from UCLA and a doctorate in American studies from the University of New Mexico.

She also received an honorary doctorate from Colorado College for her contributions to the museum field.

Chavez Lamar is the third NMAI director. She succeeds Kevin Gover (Pawnee), who served as director from December 2007 until January 2021. He is now the Smithsonian's Under Secretary for Museums and Culture. Machel Monenerkit has served as acting director of the National Museum of the American Indian since Gover left in January 2021.

The founding director was W. Richard West Jr. (Southern Cheyenne), who led the museum from 1990 to 2007.

Chinook Winds Casino Resort

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For more information about events in North Lincoln County, visit lcchamber.com, oregoncoast.org or lincolncity-culturalcenter.org.

Calling all Tribal member business owners

If you would like to be on the preferred Tribal members business list with Chinook Winds, please fax, mail, email or drop off your business card, brochures, or business information to:

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Attn: Purchasing Dept.
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Lincoln City, OR 97367
Phone: 541-996-5853
Fax: 541-996-3847
erica@cwresort.com



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www.chinookwindscasino.com/careers

Office Hours: Monday through Friday 8am-4:30pm

Chinook Winds Casino Resort in Lincoln City, Ore., offers 24-hour Las Vegas-style gaming, an 18-hole golf course, headline entertainment from some of music's most legendary stars, three full-service restaurants, a secure child care facility and arcade, and a 243-room ocean-view hotel.

For more information, visit chinookwindscasino.com, or call 888-CHINOOK (244-6665) or 541-996-5825.




CLEANING PRODUCTS

Can Poison Children

- > Cleaning products are not for children. It is not safe to have children use cleaning products to disinfect your home. Give them other tasks to help tidy up.
- > Supervise children when they are around cleaning products.
- > Store all cleaning products up, away, and out of sight and reach of children. Locked up in a cupboard or cabinet is best.

Questions? Poison Control can help.

If you suspect a poisoning, don't take a chance.
Call 1-800-222-1222.



Fast. Free. Expert. 24/7.
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STAHS makes great strides in 2021 to raise money for A Place for the People

By Teresa Simmons

Gloria Ingle, Teresa Simmons, Angela Ramirez and Shantel Hostler Peacock, board members of the Siletz Tribal Arts and Heritage Society, are delighted to report that 2021 was a very good year for STAHS. The capital campaign to raise funds to build A Place for the People, the

museum that STAHS is dedicated to building, has been very successful.

Approximately \$2 million in gifts and commitments to the campaign for A Place for the People was raised through the efforts of Stephen Reichard, STAHS capital campaign manager. In December, STAHS received commitments from

Potlatch and the Ferguson and Morrison foundations for \$37,000.

More significantly, with the support of Tribal Council, proposals were submitted to the Shakopee Mdewakanton Sioux Community for \$250,000 and to the Economic Development Administration for \$4.1 million. A proposal for \$200,000

to the Northwest Area Foundation for operations has been submitted along with many other grant proposals that have been submitted or are planned.

It's an exciting time as we approach the day when construction can begin of this long-awaited museum, A Place for the People.

Siletz Tribal Arts & Heritage Society accepting applications for new board members

STAHS is a nonprofit corporation that has a mission to:

1. Develop resources for the construction and implementation of a cultural center and museum where Tribal artifacts and representation of Tribal history and culture can be maintained
2. Develop resources to support activities and administration of the cultural center/museum
3. In cooperation with the Cultural staff employed by the Siletz Tribe, to:

- a. Promote programs that encourage the revitalization and practice of Tribal cultural and religious activities and the restoration of Tribal religious and cultural sites and locations
- b. Provide a variety of outreach, educational and training programs, both locally and throughout the region, related to the culture and traditions of the Siletz and other indigenous people of the Pacific Northwest

- c. Promote programs that will encourage economic development of the Tribe through traditional arts and crafts and other culturally appropriate methods

Return completed applications to STAHS, P.O. Box 8, Siletz, OR 97380-0008; email: STAHS.Board@gmail.com.

The STAHS Board of Directors will review all applications. STAHS recommendations will be sent along with applications to Tribal Council, which will review applications and approve appointments at the next regular Tribal Council meeting after recommendations have been made.

If you have any questions about the process, please call 541-994-5953.

Tribal member status is not required for all positions on the board.

Applications and a description of board member duties are available by contacting STAHS Chair Gloria Ingle at gloriaingle456@gmail.com or Teresa Simmons at trobbsimmons@gmail.com.

Use Amazon Smile to donate to STAHS

Here's how you can donate to the Siletz Tribal Arts and Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4.

Thank you!

- 1--Go to Amazon.com.
- 2--In the Department drop down box, type Amazon Smile.
- 3--See Amazon Smile – You shop. Amazon Gives.
- 4--Follow the easy directions.

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

Toss packaging misfits into your trash

From the Lincoln County Solid Waste District

It might seem strange for an article focus on what to toss into the trash, but after everyone's efforts to Reduce (avoiding excess packaging in the first place), Reuse (cramming as many of those silly packing peanuts into the box when you ship something to someone else) and Recycle (pulling out the few truly recyclable packaging items such as 100% paper and recycling them) – every year there always seems to be a small pile of misfit packaging still waiting in the corner of the garage (wondering where to go).

These are the Styrofoam blocks, the three-quarters-popped bubble wrap and the wads of shrink wrap covered in sticky packing tape. Also in this pile are the half-dissolved dissolvable packing peanuts, carton foams and compostable plastics (often printed with recycling symbols and grand claims of earth friendliness). The wishful recycler might be tempted to toss any of these misfits into the wrong curbside roll cart, hoping that someone will find a better use for them.

Please don't.

In actuality, these misfit items only contaminate the recycling and composting systems. Wishful recycling drives up the cost of recycling (recyclers must spend considerable resources to find and get these contaminants out); and worse yet these items may cause truly recyclable materials to be discarded because they become stuck to or lost in the contaminated items.

The good news is that the State of Oregon is working to improve recycling labeling and update the whole recycling system (please know that it might take a few years to be fully implemented). And curbside collection of paper, metal cans and plastic bottles (as well as compost) currently does have consistent and stable recycling markets.

So that brings us to what packaging to place into your curbside **trash** container (after you've exhausted the options of Reduce, Reuse and Recycle):***

- **All** plastics and compostable plastics that are not a plastic bottle with a neck smaller than its base
- **All** foam packaging (such as block foams, packing peanuts, dissolvable foams and compostable foams)
- Any packaging that contains micro-plastics or is waxed (wrappers around copy paper, non-tear papers, food containers and waxed cartons)

To help keep recycling clean (and successful) – “When in Doubt, Throw it Out.”

*** This article is focused on choices between the three roll carts at the curb. Yes, there may be a few niche recycling opportunities for a few items on this list. At this time, those markets are either unable to support curbside collecting (small volume/inconsistent/problem-fraught) or are so distant it would consume more resources to get them recycled than are in the product itself.

CTSI Website Redesign

You may have already noticed- but our website has a new look!

Visit www.ctsi.nsn.us to check it out.



Note: if you are having trouble accessing the Member Area, please send an email to Kat at katrinh@ctsi.nsn.us with your name (as it appears on the Tribal Roll) and your roll number.

Siletz News Letters Policy

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of *Siletz News*.

Editor-in-Chief: Kurtis Barker
Editor: Diane Rodriguez
Assistant: Andy Taylor



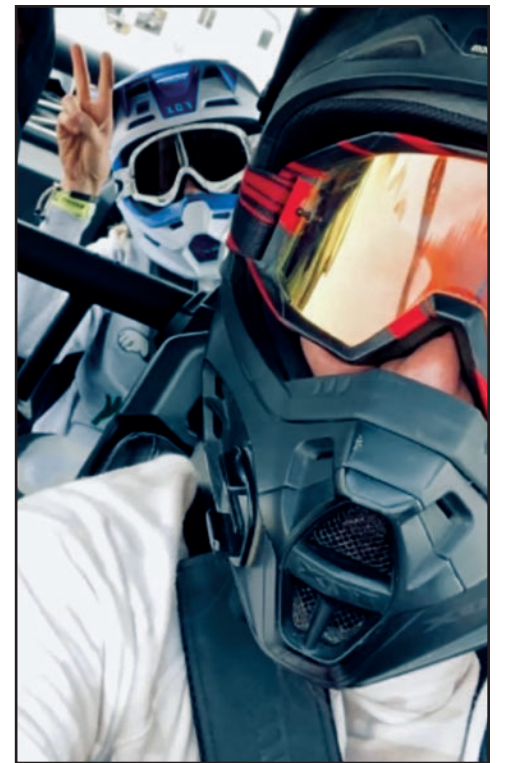
Sending a big thank you to all the friends and relatives who sang Happy Birthday at the Elders gathering to Dad for his 94th birthday.



Happy Birthday to Rylee Grace! We love you!



Happy 5th birthday, Izeyah! Mommy and Daddy love you so much! 😊



I hope it's a sweet 1 – Happy Birthday, LaDonna! 😊



Happy 66th Wedding Anniversary to our Grandma and Grandpa Kessinger. We love you and cheers to many more!



Happy Birthday, Sara! You're the AI to my Benny, the keeper of my black-mail stories!
Love you friend, Darcy



Happy 8th Birthday, Aiden! We love you so much! Enjoy your big day!
Love, Mama, Dada and Huddy



Happy 10th Birthday, Branson! I love you more than all the stars in the sky!
Love and lots of hugs, Mom

For more information about the Siletz Tribal language program, please visit siletzlanguage.org.

Siletz Tribal Youth Council

February 20th, 1:00pm

Come join our Youth Council in meeting and connecting with other Siletz tribal youth.

- ⇒ Ages 12 to 24
- ⇒ Meetings once a month
- ⇒ Future travel and leadership opportunities available
- ⇒ Email for more info:

Siletz & Out of Area

Elizabeth Madden
ElizabethM@ctsi.nsn.us

Salem Area

Sonya Moody-Jurado
Sonyamj@ctsi.nsn.us

Portland Area

Katy Holland
Katyh@ctsi.nsn.us

Eugene Area

Candace Hill
CandaceH@ctsi.nsn.us

Natural Resources Department Contractors List

The Tribal Natural Resources Department periodically solicits bids from contractors for a variety of work.

If your company would like to be included on our lists to receive requests for bids/proposals for any of the services listed below, please contact Natural Resources Manager Mike Kennedy at 541-444-8232 or 800-922-1399, ext. 1232, to be put on the appropriate list.

- Tree Planting
- Precommercial Thinning
- Hazard Tree Removal/Tree Trimming
- Mechanical Brush Cutting
- Logging Road Construction & Maintenance
- Logging • Log Hauling
- Timber Falling • Herbicide Spraying
- Concrete Construction
- Statistical Analysis
- Macroinvertebrate Identification
- Water Quality Monitoring/Analysis

Free child ID kits from the Oregon State Police

503-934-0188 or 800-282-7155

child.idkits@state.or.us

Passages Policy

Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.

All birthday, anniversary and holiday wishes will appear in the Passages section.

Siletz News reserves the right to edit any submission for clarity and length.

Not all submissions are guaranteed publication upon submission.

Please type or write legibly and submit via e-mail when possible.