# **SILETZ NEWS**

Confederated Tribes of Siletz Indians
Vol. 50, No. 3 March 2022



Siletz News Confederated Tribes of Siletz Indians PO. Box 549 Siletz, OR 97380-0549

Delores Pigsley, Tribal Chairman Kurtis Barker General Manager and Editor-in-Chief Presorted First-Class Mail U.S. Postage Paid - Permit No. 178 Salem, OR

### Members return Lane and Pigsley, pick Petersen in 2022 Tribal Council election

Alfred "Bud" Lane III, Delores Pigsley and Bonnie Petersen were elected to the Tribal Council of the Confederated Tribes of Siletz Indians in elections held Feb. 5.

Lane, from Siletz, Ore., was re-elected with 417 votes; Pigsley, from Keizer, Ore., was re-elected with 395 votes; and Petersen, also from Siletz, was elected with 297 votes. Ten candidates ran for the three open positions and the three who received the most votes were elected.

These individuals will serve with Loraine Butler from Siletz, Selene Rilatos from Toledo, Ore., and Robert Kentta from Logsden, Ore., whose terms expire in 2023; and Sharon Edenfield, Angela Ramirez and Frank Aspria, all from Siletz, whose terms expire in 2024. Term of office is three years for each position on the ninemember council.

Eight hundred thirty-one (831) ballots were returned and accepted. Enrolled members of the Siletz Tribe who are age 18 and older are eligible to vote in Tribal elections. The Tribe has more than 5,500 enrolled members.

The swearing-in ceremony for the newly elected council members took place Feb. 6. Officers are elected on an annual basis and those selected for 2022 include:

Delores Pigsley, chairman Bud Lane, vice chairman Sharon Edenfield, secretary Robert Kentta, treasurer



Pigsley currently has served 36.5

years as Tribal chairman out of 43 years

on the council, while Bud Lane has 24;

Robert Kentta and Loraine Butler, 17

each; Sharon Edenfield, nearly 12 years;

Angela Ramirez, 4 years; Selene Rilatos,

45 years rebuilding its government and

economic structure. The signing of Pub-

The Siletz Tribe has spent the last

2 years; and Frank Aspria, 1 year.



Alfred "Bud" Lane III (left), Delores Pigsley and Bonnie Petersen

lic Law 95-195 in 1977, which restored government-to-government relations between the Siletz Tribe and the federal government, started this process. The Siletz Tribe was the second in the nation – and the first in Oregon – to achieve restoration.

The Siletz Tribe was among the first to become a self-governance Tribe, giving Tribal government more control over Photos by Andy Taylor services provided to Tribal members.

services provided to Tribal members. Under self-governance, the U.S. government provides general funding to the Tribe (rather than to specific programs), then Tribal employees and the Tribal Council decide how funds will be spent.

Significant Tribal accomplishments since Restoration include opening the

See Election on page 9

See program surveys open to Tribal members on pages 3 and 4; details about being prepared for a tsunami on page 11; and COVID information on page 19.

# Siletz casino's environmental assessment released, public comment welcome

The Bureau of Indian Affairs (BIA) announced in January the release of the Environmental Assessment (EA) for the Siletz Casino Project in Salem, Ore.

This is a significant step forward for the Siletz Casino Project as the EA is an important component to obtaining federal approval. The EA assesses the environmental impacts resulting from the development of a gaming facility and hotel by the Siletz Tribe on federal land that has been held in trust for the Tribe since 2000.

"We know that the Siletz Casino Project will bring significant investments to the surrounding community and to all federally recognized Tribes in Oregon," said Delores Pigsley, Siletz Tribal chairman. "We look forward to advancing the discussion with the community about all the ways the project will improve transportation infrastructure, job growth and other important challenges facing the community."

The EA was prepared by the BIA and is a comprehensive evaluation of all matters related to the development of the Siletz Casino Project and its impact on both the Siletz Tribe and the local community. Factors evaluated include everything from transportation infrastructure to public services such as fire and police support to environmental issues related to surface and wastewater. The EA identifies potential impacts and includes measures that will be used to address and mitigate any identified impacts.

The Siletz Tribe welcomes public review of the environmental document and its supporting studies. The public comment period is open until April 8, 2022. Copies of the EA are available online at https://siletzsalemcasinonepa.com or the Salem Public Library located at 585 Liberty St. SE, Salem, OR 97301.

The Siletz Casino Project is an initiative to build Oregon's first gaming facility that will directly share revenue with eight

other Oregon Tribes, the State of Oregon and local governments. The casino will be home to 1,200 living wage jobs and provide ample opportunities for local small businesses to thrive.

The purpose of the proposed Siletz Casino Project is to facilitate Tribal self-sufficiency, self-determination and economic development, thus satisfying the principal goal of the Indian Gaming Regulatory Act. The Tribe expects to generate \$185 million in annual revenue in the first year of operation, growing to \$231 million by the third year. Find out more about project benefits at www.siletz. org/community.

Based on the analysis and impacts discussed in the EA and comments received during the public review period, the BIA will decide whether to reach a Finding of No Significant Impact, direct further work on the EA or initiate the preparation of an Environmental Impact Statement.

The Secretary of the Interior will then decide whether the Siletz Casino Project satisfies the requirements of the Indian Gaming Regulatory Act and issue her determination on whether the project is in the best interest of the Siletz Tribe and not detrimental to the surrounding community.

The secretary will share her decision, if positive, with the governor of the State of Oregon. The governor will have one year to concur or reject the project. During that time, all interested stakeholders will have an opportunity to provide input.

For more information about the authorization timeline and process, visit https://siletz.org/wp-content/uploads/2021/11/Siletz\_Factsheet\_AuthorizationTimeline\_R2-2.pdf.

When all approvals are met, construction of the Siletz Casino Project will commence. It is estimated this could occur in 2024 or 2025. For more information about the project, visit www.siletz.org/casino.

### **Chairman's Report**

### **Tribal Council election**

Our Tribal election took place last month. Bonnie Peterson, Alfred (Bud) Lane and I were elected. Council officer elections followed and the same officers were re-elected.

The Election Board live-streamed the counting of ballots; they did a great job.

The council has been extremely busy with consultations with various organizations, meeting with the Oregon Tribes and working/moving forward with our pending legislation on the Tribe's Consent Decree.

A meeting was held recently with Sen. Jeff Merkley regarding the Consent Decree legislation. He informed us that the U.S. Senate Indian Affairs Committee would hold a hearing, which was then scheduled for Feb. 16. I testified virtually. Our hope is that it will pass in this Congress.

### **Chinook Winds**

Council will be advertising to fill the general manager position at Chinook Winds. Mike Fisher's last day as GM was Dec. 31, 2021. John Wheeler, director of finance, currently serves as the interim general manager.

Both the Tribe and the casino are experiencing a very high number of vacant positions. As a member of the Oregon Tribal Gaming Alliance, we learned that several Tribes have many vacant positions as well and most are offering a bonus as we are. One Tribe reported as many as 250 vacancies.

We hope COVID cases have spiked and that opening the child care facility at the casino will give us more workers.

### **Siletz Community Clinic**

The clinic reported that a garden project manager has been hired, so we will start seeing improvements on that property. Additionally, the planning for the pharmacy expansion in Siletz and the development of a clinic in Lincoln City is moving along.

We have opened a comfort station to provide services to the homeless population in Siletz. It will provide showers and the ability to wash clothes, get warm and receive necessary or needed services.

### COVID

We continue to operate under phase 1 emergency policy. We had an extremely high rate of COVID cases in January, 198. Of those cases, 56 were unvaccinated.

### **Oregon Racing Commission**

Of major concern has been the Oregon Racing Commission's (ORC) development of a casino in Grants Pass. Tribes oppose the development and have asked the governor to intervene.

The state attorney general, however, has reviewed the legality of the machines and determined they are illegal. This is very good news to the Tribes

### **Chemawa Station**

Chemawa Station has finally seen the 7-11 gas station opening. Currently the site is being prepared to build a Chickfil-A. The LLC is planning for a water feature at the entrance of the site that will be representative of both the Siletz and Grand Ronde Tribes.

### Salem casino

The draft Environmental Assessment was released (see page 1) and a hearing called for the development of the Salem casino. Many Grand Ronders testified in opposition as we expected they would.

The BIA extended the comment period for 60 days; we will refute the negative comments. Any Tribal member has the opportunity to provide comments.

The Tribal Council has worked virtually for nearly the past two years. We look forward to 2022 being a productive year. Stay well!



**Delores Pigsley** 

Legal Aid Services of Oregon and the Oregon Law Center, civil legal service providers for low-income Oregonians, operate a public benefits hotline where low-income Oregonians can talk to lawyers and paralegals to get advice on public benefits, including unemployment benefits:

800-520-5292 or Oregonlawhelp.org.

### **Elders Council Meeting**

The Elders Council will hold a virtual Zoom meeting on Saturday, March 12,

If you are interested in participating in the virtual meeting from your phone, computer or smart phone, please contact the Elders Program at 541-444-8233 by Wednesday, March 9, 2022.

# Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News. Address: \_\_\_\_\_ **Change of address:** Tribal members – contact the Enrollment Department

at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All oth-

Send information to:

ers – call the newspaper office.

**Siletz News** P.O. Box 549

Siletz, OR 97380-0549

541-444-8291 or 800-922-1399, ext. 1291

Fax: 541-444-2307 Email: pias@ctsi.nsn.us

**Deadline for the April issue is** March 10.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



**Member of the Native American Journalists Association** 





# SAVE THE DATE Planning Community Meetings

The **Portland Planning Community meeting** is scheduled for March 3. The meeting will be similar to the meetings we've had in the past, and will be dedicated to primarily <u>listening</u> to member concerns and bringing updates.

Special items for this meeting will be a discussion of the Head Start program led by DeAnn Brown and a presentation by the Health department.

We will be listening to you and your comments, criticisms, expectations and your priorities for our future planning.

Due to Covid restrictions, this will be a Zoom meeting.

**Topic: Portland Community Meeting** 

Time: MAR 3, 2022 05:00 PM Pacific Time (US and Canada)

Join Zoom Meeting

https://us06web.zoom.us/j/87461517222

or dial-in 253 215 8782

Meeting ID: 874 6151 7222

Bring your voices and questions to the meeting.

Future meetings include: 3/17 Out of Service area



# Childcare Assistance Program Childcare Provider Stabilization Grant Opportunity

The Childcare Assistance Program received ARPA (American Rescue Plan Act) funds to distribute to child care providers whose child care operations have experienced challenges due to the pandemic and might need support in order to stabilize their business to prevent it from closing.

If you are a child care provider in need of support for your child care business, please contact DeAnn Brown, Head Start director, at 541-444-2450 or deannb@ctsi.nsn.us to request an application.

# CTSI VIRTUAL CULTURE NIGHTS

ALL TRIBAL MEMBERS AND FAMILIES WELCOME

### **Upcoming Dates:**

March 9 at 6 pm: Maple Bark

March-April: Virtual Hazel Peeling Party time is weather dependent-email for details

April 13 at 6 pm: Shellfish

Sponsored by the Education and Culture Departments
Contact Nick Viles at nickv@ctsi.nsn.us or x1757 to sign up

Be safe. Get vaccinated. Get boosted. Stay well.

# SAVE THE DATE

# THE DATE Planning Community Meetings

The **Out of Area Planning Community meeting** is scheduled for March 17. The meeting will be similar to the meetings we've had in the past, and will be dedicated to primarily **listening** to member concerns and bringing updates.

Special items for this meeting will be a discussion of the Head Start program led by DeAnn Brown and a presentation by the Health department.

We will be listening to you and your comments, criticisms, expectations and your priorities for our future planning.

Due to Covid restrictions, this will be a Zoom meeting.

**Topic: Out of Area Community Meeting** 

Time: MARCH 17, 2022 05:00 PM Pacific Time (US and Canada)

Join Zoom Meeting

https://us06web.zoom.us/j/6206272290

or dial-in (253) 215-8782

Meeting ID: 620 627 2290

Bring your voices and questions to the meeting.

All-Area Meeting

coming soon



### **CTSI Client Services Survey**

The CTSI Internal Audit Department is conducting a customer service survey of clients who have received or attempted to receive services from the following:

- Siletz Community Health Clinic (Medical, Dental, Purchased/Referred Care)
- CTSI 477 Self-Sufficiency Program (Temporary Assistance for Needy Families (TANF), Emergency Assistance, General Assistance, Home Visiting)
- CTSI Elder Services (Transportation, In-Home Assistance, Meal-Site)
- Siletz Tribal Housing Department (Rental Assistance, Low-Income Home Energy Assistance Program (LIHEAP), Emergency Housing)

If you have had any interaction with these services since January 2021 and are willing to take a short survey to answer questions regarding your experience, please scan the QR code or go to the URL below by March 31, 2022.

If you would like a paper copy of the survey, please leave a message at 541-557-4219 with your name, phone number and mailing address.

https://www.surveymonkey.com/r/CTSIClientFeedback



### **USDA** distribution dates for March

Tuesday	March 1	9 a.m. – 3 p.m.
Wednesday	March 2	9 a.m. – 3 p.m.
Thursday	March 3	9 a.m. – 3 p.m.
Friday	March 4	9 a.m. – 3 p.m.
Monday	March 7	9 a.m. – 3 p.m.

**Siletz** 

Sammy Hall, USDA Program Director 541-444-8279, sammyh@ctsi.nsn.us Fax: 541-444-8306 or 503-391-4296

### Salem

Monday March 14 1:30 – 6:30 p.m.
Tuesday March 15 9 a.m. – 6:30 p.m.
Wednesday March 16 By appt only

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our Facebook page.

### CTSI Jobs - ctsi.nsn.us

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee orgnization.

### 2021/2022 HUNTING/FISHING/GATHERING INCENTIVES

Reminder to all Siletz Tribal members:
Please report all harvests of deer, elk,
salmon and shellfish to the Natural
Resources Department. The name on the
tag/permit will be submitted into a
drawing after the seasons end and could
receive one of the following Cabela's gift
card incentives.

### **HUNTING INCENTIVES**

\$100 ~ \$75 ~ \$50 CABELA'S GIFT CARDS

### **FISHING INCENTIVE**

\$50 CABELA'S GIFT CARD

### **SHELLFISH INCENTIVE**

\$50 CABELA'S GIFT CARD

Please report all harvests to: Mike Kennedy 541-444-8232

or
Denise Garrett
541-444-8227

541-444-8227 deniseg@ctsi.nsn.us

### Strong bones are built in childhood through good nutrition, exercise, lifestyle

By Nancy Ludwig, MS, RDN, LD, Head Start Consulting Nutritionist

Osteoporosis is a pediatric condition that manifests in adulthood. It doesn't start in old age. Strong bones must be built in childhood and in today's world that isn't always simple. In my role as consultant nutritionist to Siletz Tribal Head Start, I offer nutrition information for families.

Nutrition plays a role in building strong bones early in life and then maintaining bone health to avoid osteoporosis. This means attention to what we eat, as well as what to avoid. Bone health is also impacted by lifestyle and environmental factors.

According to Dr. Sheila Kilbane, pediatrician, some of the biggest factors in creating strong bones include: 1) exercise; 2) adequate calcium; 3) Vitamin-D; and 4) Vitamin-K. She explains that exercise, or physical weight-bearing activity such as running, jumping and playing, are at the top of her recommendations for her pediatric population.

The nutrients calcium, vitamin D and vitamin K are big players in strong bones, but not the only nutrients. Calcium is one of many minerals that make up bone structure. Vitamin D helps with calcium absorption in the GI tract and it supports our immune system.

Vitamin K plays a critical role in making sure the calcium goes into your bones rather than to other unwanted locations, possibly causing kidney stones, osteoarthritis in joints or arterial plaque in blood vessels. Vitamin K and other important minerals are easily available from eating green leafy vegetables.

Dr. Kilbane authored a book, *Healthy Kids Happy Moms*. She devoted one chapter to rethinking dairy, where she discusses science vs. marketing.

Over the years, she had many young

patients with eczema, ear infections, asthma, chronic runny noses, constipation and other inflammatory conditions. Many had dark circles under their eyes, were mouth breathers and had bumps on the back of their arms. She observed that these conditions often improved, or cleared up, with avoidance of milk and dairy foods.

To be sure that her young patients could still grow strong bones without dairy foods, she delved into research. She learned that dairy and bone health are not synonymous.

She discovered that diets rich in plant sources of calcium such as dark leafy greens, beans, almonds, sesame seeds, pumpkin seeds, broccoli, non-dairy milk and other mineral-rich foods were very supportive for bone growth. In addition to plant foods, canned sardines, with the bones, are also a good calcium source.

She does not state that all children need to avoid dairy. She noticed, however, that when children consumed 2-3 cups of milk per day, it was filling and often crowded out other nourishing foods. She recommends that children drink mostly water and up to 8-10 ounces of milk (dairy or non-dairy).

Calcium supplements are tricky because of the other factors needed. It isn't just about consuming nutrients. They also need to be absorbed and find their way to your cells for benefit. It's best to focus on food for your needed calcium.

I would like to highlight that milk is not a traditional indigenous food (after breastfeeding) and for this reason it may be important to carefully evaluate the consumption of dairy foods to determine whether it is the best route to strong bones.

When children eat diets rich in vegetables with leafy greens and fruits, there are added benefits. They often poop better, feel calmer and sleep better. A nutrient-dense diet with vegetables, fruits and modest animal protein is associated with bone health.

Beans and greens are a budgetfriendly way to eat calcium-rich. Green smoothies can help form a good habit of eating greens. See recipe ideas below.

Vitamin D is actually a hormone and it needs cofactors (other buddy nutrients, such as vitamin K and magnesium). It is important to check vitamin D levels periodically. This is a blood test and research is finding that 55 ng/ml is optimal vs. 30 (the low end of the normal range).

Furthermore, there seems to be an association with more positive COVID tests for people with lower vitamin D levels and less COVID in individuals with levels of 55 ng/ml.

Vitamin D is found in three categories: sun, food and supplements. Sunlight is an important source. Because sunscreen and sunglasses block vitamin D, however, some direct skin exposure is necessary. One recommendation is 15-30 minutes of sun, without sunscreen and without burning.

When sun is in limited supply, such as in during winter, supplementation is recommended. For children, Vit-D-3 drops in oil tend to be a good choice.

Not many foods are high in vitamin D. Sources include oily fish such as salmon, herring, swordfish, tuna fish and sardines, as well as cod liver oil. There is concern about contamination of many fish sources. Vitamin D is also found in egg yolks, liver, products fortified with vitamin D and mushrooms (but only sun dried, not fresh).

In review, major food sources for calcium – vitamins D and K, plus the important cofactors (buddy nutrients) of magnesium and trace minerals – can be found by adopting diets high in plant foods, especially leafy greens. It is important to focus on including calcium-rich plants, seeds and nuts, as well as protein foods.

It is recommended to drink water most often and to limit milk and/or non-dairy replacements to 8-10 ounces per day once a

child is weaned from breast milk or formula and is consuming foods. Consider family mealtime questions – What are the bone-building foods in this meal? What did you do today to help grow strong bones?

In next month's article, I will continue this bone health topic by addressing important hazards to growing strong bones and healthy tips.

Please know that Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. This usually occurs over the telephone. If you have nutrition concerns about your Head Start child or want to discuss family nutrition concerns, please contact your teacher or the director and ask to speak to the nutritionist.

### **Cannellini Beans and Greens Soup**

1 quart broth, salted (chicken or vegetarian)
1 can cannellini beans (white beans)

1 medium carrot, thinly sliced, or ½ cup frozen vegetables (optional)

½ cup leeks, thinly sliced with leafy tops 1 cup greens, chopped (choose from combination of Swiss chard, beet tops, kohlrabi, collard, kale, mustard, parsley, etc.)

Heat broth, carrots, leeks and chopped greens until carrots and greens are tender. Add canned white beans. Serve warm.

### **Pear-Kale Green Smoothie**

- 3-4 ripe pears (option: add handful raspberries to change the green color to red)
- 4-5 leaves of kale (could also add a handful of mint leaves)
- 1-2 tablespoons chia seeds, presoaked (optional)

Water up to 1-quart level

Add all ingredients to blender, secure lid and blend until smooth. Serve for breakfast with toast and nut butter or egg.

Gathering Hazel Sticks for Basketry!

Our potential gathering dates
Depend on weather and COVID restrictions.
Please notify me if you would like to learn more and get updates.

Please contact: Healthy Traditions 541-444-9627 (office) or kathyk@ctsi.nsn.us

Sponsored by CTSI Healthy Traditions



# "New" Garden Box Application

### 11-County Service Area - Garden Beds!

Criteria: You must be a Siletz tribal member/Siletz tribal household residing within the 11-county service area and you did not get approved for the previous Lincoln County Garden Beds application. You must have your application in by April 19, 2022.

Grant funds are limited and we will order boxes online to be delivered to your home, which you will need to assemble.

Please email your application to: <u>Htgardenboxes@ctsi.nsn.us</u>. If you have any questions please call **541-272-1705**. We will notify you of your application being accepted.

Full Name:				Date:
	Last	First	M.I.	9
Address:				
	Street Address			Apartment/Unit #
	City		State	ZIP Code
hone:	·	Email		
iletz Tril	oal Roll			

Since we are ordering online to be delivered directly to your home, the size and materials can vary based on supplier and availability. Some assembly will be required.

Your application must be complete and we must be able to contact you or your application will not be accepted. Please be sure your application is complete.

We must be able to contact you or your application will not be accepted.

Thank you.

Diabetes and Community Health Program Staff

### **E-Cigarettes/Vape Pens**

What are e-cigarettes? E-cigarettes are a form of an inhalant delivery system (IDS). These devices typically deliver nicotine, flavorings and other additives to users via an inhaled aerosol. These devices are referred to by a variety of names, including e-cigs, vape pens, e-hookahs, Juul, mods, tank systems and other devices that deliver a nicotine aerosol. E-cigarettes are battery-powered devices that heat up liquid into an aerosol that users then inhale. The liquid usually has nicotine, which comes from tobacco; flavoring; and other additives that are known to have adverse health effects. E-cigarette products can also be used as a delivery system for marijuana and other illicit drugs. BATTERY COMPONENTS

What are the health effects of using e-cigarettes?

Scientists are still learning about the long-term health effects of e-cigarettes. Here is what we know now:

Most e-cigarettes contain nicotine, which has known health effects.

Nicotine is highly addictive.

Nicotine can harm adolescent brain development, which continues into the early to mid-20s.

Nicotine is a health danger to pregnant woman and their developing babies.

Besides nicotine, e-cigarette aerosol can contain substances that harm the body. This includes cancer-causing chemicals and tiny particles that reach deep into lungs. Harmful substances found in e-cigarettes include nicotine; volatile organic compounds; ultrafine particles; cancer-causing chemicals; heavy metals such as nickel, tin and lead; and flavoring such as diacetyl, a chemical linked to a serious lung disease. It has been found that even though e-cigarettes produce a vapor, they still cause secondhand exposure for those who are around and inhale. E-cigarettes can also weaken your immune system, causing you to be more vulnerable to illnesses and take longer to recover.

Although e-cigarettes may have fewer chemicals in them, they still cause the body harm and individuals who start using e-cigarettes are 4 times more likely to start smoking.

If you are interested it quitting commercial tobacco products, several nicotine replacement therapies (NRTs) are available that are proven to help. Here are a few



over-the-counter (OTC) ones that you can pick up from a store at a cheaper rate than cigarettes nicotine patches, nicotine gum and nicotine lozenges. This is a great way to reduce your nicotine use without all the extra harmful chemicals until you're ready to quit for good.

> Commercial Tobacco Quitline 1-800-QUIT-NOW Al/AN Line now available (option 7) 1-800-784-8669

# **EVENTS**

CARE's Virtual Necklace/Earring Making These will be made for survivors of sexual assault March 24 - 5-7 pm Deadline to sign up - Friday, March 11, 2022

> Virtual Talking Circle March 17, 2022 5:30pm

Virtual Book Club Every Wednesday 3:30pm

# still here for you!



### Available resources include:

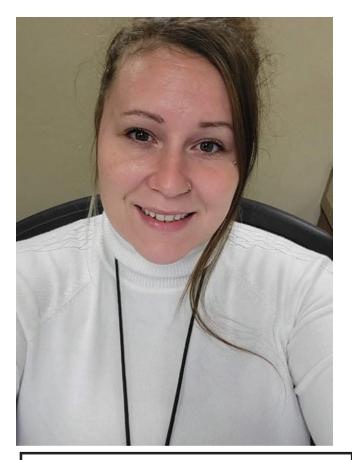
Lysol wipes, toilet paper, O<sub>2</sub> monitors, thermometers, masks, hand sanitizer, gloves, COVID tests, healing salve, first aid kits.

Pharmacy deliveries - prescription and over-the-counter.

Groceries such as freeze-dried meals for immediate need. USDA drop off if needed.

Hotel stay, per approval.





# Hello, my name is Shawnee Aiello-Dixon. I started working for the Tribe as the harm reduction specialist in December 2021. I currently have 4 years and 4 months sober and counting. I am a lifelong Lincoln County resident and I am grateful for the opportunity to serve my community. My passion in life is to give back to those in need. Please feel free to contact me at 541-270—6732 or shawneed@ctsi.nsn.us

# APRIL IS SEXUAL ASSUALT AWARENESS MONTH

Sign-ups start March 1; deadline is March 25, 2022.

VIRTUAL SHAWL MAKING - April 5 & 12, 4-6 pm
Help the Care Program make shawls as a part of the Red Shawl
Project. These shawls will become part of the CARE Program
and used by dancers in honor of missing and murdered
Indigenous people.

I BELIEVE SURVIVORS 5K RUN - Date TBD

**TEAL TUESDAYS** - Every Tuesday in April

Send a text to Rachelle Endres at 541-270-7168 with the word "CONSENT" and send a picture of yourself wearing teal in honor of sexual assault survivors.

**DENIM DAY - April 27, 2022 - Wear denim all day to show support for survivors.** 

The CARE Program is looking for Tribal members who would be open to sharing their stories of sexual assault to create a short film for education and outreach purposes.

If you are interested in any of the above activities, please call Rachelle Endres at 541-444-9638 or email her at rachellee@ctsi.nsn.us.

### **EVERY CHILD MATTERS T-SHIRTS AVAILABLE**

We want to bring awareness to the damage the residential school system did to the well-being of Indigenous children.

### TRUTH, HEAL & HONOR

Contact Rachelle in the CARE Program if interested at 541-444-9638. They will be first-come, first-served.

Look for more details on this movement in September 2022.





Courtesy photo

Brandon Larrabee of Albany, Ore., netted a 6-7 pound Chinook salmon at the Euchre Creek Falls fishing platform this past October. The 60-day Tribal cultural fishing season closed in mid-December. Watch Siletz News and the Natural Resources website for season opening 2022. Congratulations, Brandon!







# Richard Leaton 1959-2021

Richard Leaton passed away Oct. 14. He had congestive heart failure and chronic kidney failure.

He had great connection with his family. He loved his Tribe and was part of a lot of activities with them. He worked for the Tribe for many years.

He got his master's degree from OSU. He left siblings and relatives galore who were blessed to have him. He will be greatly missed and loved.

A celebration of life will be held this summer. He is with our ancestors now.

# Donald Wayne Trefren 1984-2022

With heavy hearts, the family regrets to announce the passing of Donald Trefren (July 16, 1984 – Feb. 8, 2022). His sense of humor, loyalty and stories will be deeply missed. He was a beloved son, father, brother, uncle and cousin.

For information about the Siletz Tribe, visit ctsi.nsn.us.

### 2022 College Students Summer Internship Program

Students attending college can apply for the Tribe's 2022 College Students Summer Internship Program. To be eligible, you must be at least a half-time student attending a two-year or four-year college and in good academic standing.

Applications will be mailed to known students but if you do not receive an application, contact Assistant General Manager Lisa Norton or the education specialist at any Tribal area office.

The purpose of the program is to provide funding for a paid internship for Tribal students to gain work experience in their field of study that will help them be competitive in the job market after graduation. Ten slots are available, paid at Tribal minimum wage for up to 350 hours.

Students will be responsible for securing their own placement. We are available to assist, but ultimately it is the student's responsibility to locate and develop a placement. A limited number of placements are available with the Tribe. Due to COVID, most Tribal placements likely will be remote.

Students selected for the program must complete an orientation, criminal history background check and drug screening (note: the Tribe does not recognize Oregon laws allowing the use of medical or recreational marijuana).

Placements can begin in June and must be completed by Sept. 30, 2022. Students should send a completed application and an unofficial copy of transcripts to:

By Mail CTSI Attn: College Internship Program P.O. Box 549 Siletz, OR 97380-0549 <u>By Fax</u> <u>By Email</u> 541-444-2307 <u>Sy Email</u> collegeinterns@ctsi.nsn.us

The deadline to apply for the program is 4:30 p.m. on March 31, 2022. If you have questions about the program, contact Lisa Norton at the above email address or call 541-444-8210 or 800-922-1399, ext. 1210.

### **Apply now for Siletz Tribal Head Start**

The Siletz Tribal Head Start program is accepting applications now for the 2021-2022 school year. We have classrooms in Siletz, Lincoln City, Salem and Portland.

We offer services to promote children's school readiness skills and assist families with supporting their child's lifelong learning. Classrooms offer 3½ hours of service per day, Monday-Thursday, round-trip transportation and developmentally appropriate activities to promote each child's success. To qualify, children must be age 3 or 4 by the local school district's age cut-off date, and income limits may apply.

Head Start applications can be found on the Siletz Tribal website or can be requested by calling 541-444-2450 or 800-922-1399 and asking for Head Start.

# **Childcare Assistance Program expands eligibility** for Tribal families in service area

The Tribal Childcare Assistance Program has received an increase in funding from the CCDF Coronavirus Relief and Response Supplemental Act. With this increase in funding, we requested approval from the Office of Child Care to temporarily waive the income eligibility requirement for all Tribal families living in the 11-county service area and to increase payment rates for family home providers.

The approval to waive the income eligibility will be in affect while the state and/ or Tribe is in a declared emergency and can continue for three months following the suspension of the declared emergency as long as funding is sufficient.

Families must meet other eligibility requirements, which include living in the 11-county service area; parents must be working, engaged in education or in a job training program; and children must be enrolled Siletz Tribal members or eligible to enroll Siletz, or be the descendant or dependent of an enrolled Siletz Tribal member.

To request an application, contact DeAnn Brown by email at deannb@ctsi.nsn. us or by telephone at 541-444-2450.

### **Mann graduates from Tribal Home Visiting Program**

Congratulations to Trechia Mann, our latest Siletz Tribal Home Visiting Program graduate!

Trechia entered the Home Visiting program soon after her son, Falcon, was born in January 2019 and graduated this January when he turned 3. Her sense of humor, thoughtfulness and wisdom were evident as she actively participated in home visits.

Over the course of her three years in the program, Trechia worked hard searching out resources, advocating for her family, and looking for and finding better housing. She is a calm, aware and involved mom who supports learning, confidence and independence in her children.

When asked what she valued most about Home Visiting, Trechia had this to say; "I valued the security in knowing that help is available, ready and willing. Knowing that support is there is reassuring."

Congratulations again, Trechia! We wish you and your family the best in the days ahead.



Courtesy photo

L to r: Dani Washington, Trechia Mann, Falcon Mann and Bella Washington

For information about Home Visiting, contact one of our Home Visitors:

- Siletz and Coast Range Danelle Smith, 541-444-9603 or 800-922-1399, danelles@ctsi.nsn.us
- Salem, Portland and Surrounding Areas Lori Christy, 503-390-9494, loric@ctsi.nsn.us
- Eugene and Surrounding Areas Cathy Ray, 541-484-4234, catheriner@ctsi.nsn.us

# **Promise Marie Renee Gilbert**

Promise Marie Renee Gilbert was born Dec. 30, 2021. Mommy and Daddy love you, baby girl!

**Babies!** 

Be safe. Get vaccinated. Get boosted. Stay well.

### Most Often Requested Numbers

Conf.ederated Tribes of Siletz Indians – 800-922-1399 Website – www.ctsi.nsn.us Salem Area Office – 503-390-9494 Portland Area Office – 503-238-1512 Eugene Area Office – 541-484-4234 Purchased Referred Care (PRC) – 800-628-5720

Tribal Veterans Rep – 541-444-8330 or 541-270-0569

Siletz Community Health Clinic – 800-648-0449 Siletz Behavioral Health – 800-600-5599

Chinook Winds Casino Resort – 888-244-6665

Chemawa Health Clinic – 800-452-7823 Bureau of Indian Affairs – 800-323-8517

### Election, continued from page 1



Photo by Andy Taylor

2022 Siletz Tribal Council (l to r): Loraine Butler, Bonnie Petersen, Frank Aspria, Robert Kentta, Delores Pigsley, Selene Rilatos, Sharon Edenfield, Alfred "Bud" Lane III and Angela Ramirez

original health clinic in 1991 and a new much larger clinic in 2010; building more than 150 homes and multiple dwellings for Tribal members, including 28 units at Neachesna Village in Lincoln City that have opened since 2009, 19 apartments in Siletz that opened in 2010, 20 homes in the Tillamook subdivision in Siletz that have opened since 2013; and 10 Workforce Housing townhouses in Lincoln City that opened in 2021; completing the Siletz Dance House in 1996; opening the Tenas Illahee Childcare Center in 2003; opening the Tillicum Fitness Center and a new USDA food distribution warehouse in Siletz in 2008; and opening the Siletz Recreation Center in 2009.

Through its economic development division, the Siletz Tribal Business Corporation, the Tribe purchased the Lincoln

Shores office complex in Lincoln City in 2001 and opened the Siletz Gas & Mini-Mart in Siletz in 2004, the Logan Road RV Park in Lincoln City in 2004 and the Hee Hee Illahee RV Resort in Salem in 2006.

Tribal offices in Portland, Salem and Eugene are housed in Tribally owned buildings. The Eugene office moved to its current location in 2005, the Salem office did the same in 2006 and the Portland office moved to its current location in 2008.

The Tribe also played a lead role in opening Siletz Valley School in 2003 and Siletz Valley Early College Academy in 2006.

The Siletz Tribal Arts & Heritage Society (STAHS) was formed in 2013 as a nonprofit to enhance the Tribe's ability to develop the Siletz Tribal Cultural Center.

STAHS also helps the Tribe with acquiring object and archival collections.

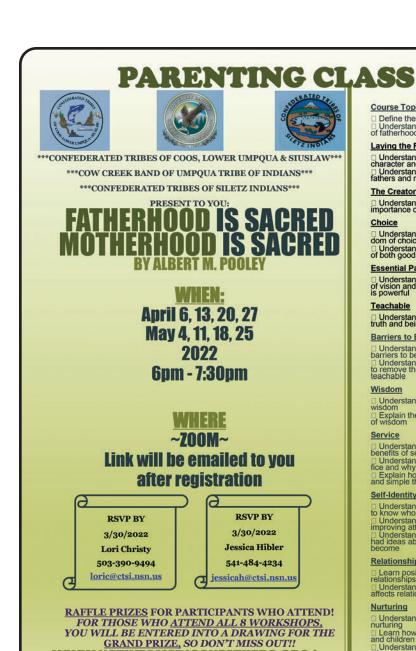
Most recently, the Tribe is also currently developing a property in Keizer, Ore., co-owned with the Confederated Tribes of Grand Ronde. The property, called Chemawa Station, is right on I-5 and had its first tenant, a 7-11 Fueling and Convenience Store, open in late 2021. More tenants are slated to be developed in the near future.

The Siletz Tribe also has helped fund two affordable housing projects in Northeast Portland, each of which has 20 units designated Indian Preference, with Siletz households having first preference in admissions.

Chinook Winds Casino in Lincoln City opened in 1995. In 2004, the Siletz Tribe purchased the former Shilo Inn adjacent to the casino and opened Chinook Winds Casino Resort. Chinook Winds Golf Resort opened in 2005 when the Tribe purchased the former Lakeside Golf and Fitness Center in Lincoln City.

The combination of Tribal employees and those at Chinook Winds Casino Resort has made the Siletz Tribe the largest employer in Lincoln County.

The Siletz Tribe has honored its tradition of sharing within the community by distributing more than \$19.8 million through the Siletz Tribal Charitable Contribution Fund and other Tribal resources. Chinook Winds has donated more than \$6.5 million in cash and fund-raising items since 1995. It also provides in-kind donations of convention space for various fund-raisers as well as technical support, advertising and manpower for events.



Define the purpose of life Understanding the sacredness f fatherhood/motherhood

### Laying the Foundation

☐ Understanding the concepts of character and integrity ☐ Understanding the importance of fathers and mothers as leaders

### The Creator

☐ Understand and explain the importance of faith/belief

### Choice

☐ Understand and value the freedom of choice Understanding consequences of both good and bad choices

### **Essential Part of Choice**

Understanding the importance of vision and explain how vision is powerful

### **Barriers to Being Teachable**

Understand and identify the parriers to being teachable ☐ Understand and explain how to remove the barriers to being teachable

Understand the importance of Explain the three components

### Self-Identity

Understand why it is important to know who we are Understand the importance of improving attitude Understand how our parents had ideas about who we would

Learn positive ways to build ationships

### Nurturing

☐ Understand the importance of nurturing Learn how to nurture your family Understand how love and disci-pline relate to nurturing

### **Tribal Council expands alternative health care** to include naturopath services

In addition to acupuncture, chiropractic and massage services, Tribal members now can use the alternative health care funding to access naturopath services. The program remains the same – up to \$75 per visit for a maximum of three visits per quarter.

Contact PRC for more information at 541-444-1236; it may take a few days to get a response due to current staffing challenges. Thank you for your patience and kindness as we work through these challenges.





Due to access concerns, you may see an optometrist outside of the Siletz Clinic or I.H.S. facility for as long as the Clinic remains in Phase I.

PRC-eligible patients living within 40-miles of the Siletz clinic or an I.H.S. facility are now eligible to obtain services at an outside optometry facility. Your annual/bi-annual benefit applies.

Please contact PRC for additional information at 541-444-1236

### CTSI Jobs

WWW.NATIVEAMERICANFATHERS.ORG

**Tribal employment information** is available at ctsi.nsn.us.

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical

handicap, marital status, politics, membership or non-membership in an employee orgnization.

# Purchased/Referred Care



## New Hours

Effective December 6th, 2021 PRC's new phone availability will be:

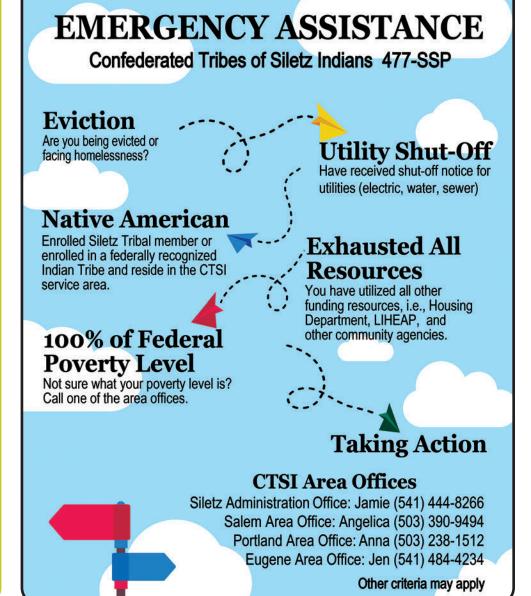
8 AM to 12 PM and 2 PM to 4:30 PM

PRC will be closed between 12-2 PM, Monday through Friday.

Patient calls to PRC between 12-2 PM will not be sent to a voicemail or answering service; Tribal members, patients, and/or vendors are being asked to call during the new effective hours.

Due to ongoing staffing availability and increased number of claims being received, PRC is adjusting their work schedule in order to manage workload.

We apologize if this causes an inconvenience and we hope to restore hours soon.



### SILETZ TRIBAL VOCATIONAL REHABILITATION PROGRAM (STVRP)



### **MARCH AWARENESS: EPILEPSY**

Epilepsy is where nerve cell activity in the brain is misfiring and leads to seizures. During a seizure, a person experiences abnormal behavior, symptoms and sensations, and sometimes loss of awareness (Mayo Clinic).

Of the nearly 3.5 million\_people in the United States who have epilepsy, the Epilepsy Foundation estimates about 51,000 are Native Americans. The Epilepsy Foundation reports this is one of the most misunderstood health disorders because so little is known about its causes. Nearly half of all those with epilepsy continue to have uncontrolled, recurring seizures despite medication and other treatments (Mayo Clinic). See link: https://www.epilepsy.com/living-epilepsy

### Causes:

- Genetics
- Acquired brain injury, i.e., head trauma or stroke
- Infections: Meningitis, HIV, viral encephalitis and some parasitic infections
- Dementia

### Symptoms:

- Temporary confusion
- A staring spell
- Stiff muscles
- Uncontrollable jerking movements of the arms and legs
- Loss of consciousness or awareness
- Psychological symptoms, i.e., fear, anxiety or déjá vu

### Accommodations:

- A. Create an Employee Safety Action Plan:
  - a. List of key signs or warnings of seizure activity b. Obtain assistance from emergency care providers
- B. Option of telework or working from home

### When to see a doctor:



- Seizure lasts more than 5 minutes
- Breathing or consciousness doesn't return after the seizure stops
- A second seizure follows immediately
- You have a high fever
- You're pregnant
- You have diabetes
- You've injured yourself during the
- Seizures continue in spite of taking anti-seizure medication

Jamie Bokuro, Voc. Rehabilitation Counselor/ Job Developer - Siletz: 541-444-8213

Tamra Russell, Voc. Rehabilitation Counselor/ Job Developer - Portland: 503-238-1512, ext. 1411

Toni Leija, Voc. Rehabilitation Counselor/Job Developer - Salem: 503-390-9494, ext. 1861

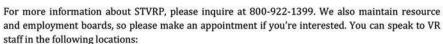
**COVID vaccine availability in your area –** Local IHS (Indian Health Service) or Tribal clinics may be an option for you to get your COVID vaccine. Give them a call to find out if this can possibly work for you.

# **Siletz Tribal Vocational Rehabilitation Program**

STVRP is here to help members of ANY federally recognized Tribe (living within the Siletz Tribe's service area) with barriers to employment. We work with individuals who have disabilities.

### **Examples of Services:**

- **Guidance and Counseling**
- Referral to Services
- **Employment Services**
- Résumé Writing **Interviewing Techniques**
- **Culturally Relevant Individualized Services**
- **Evaluations and Assessments**
- **Training Placement Opportunities**
- **Adaptive Equipment**



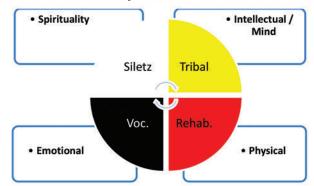
### Salem Area Office

3160 Blossom Drive NE. Suite 105 Salem, OR 97305

### **Siletz Admin Office**

201 SE Swan Ave. Siletz, OR 97380

Jamie Bokuro, Job Developer/Vocational Counselor – Siletz/Eugene Area Toni Leija, Job Developer/Vocational Counselor – Salem Area Tamra Russell, Job Developer/Vocational Counselor – Portland Area





### BE PREPARED FOR A TSUNAMI

A tsunami can kill or injure people and damage or destroy buildings and infrastructure as waves come in and go out.

A tsunami is a series of enormous ocean waves caused by earthquakes,









### IF YOU ARE UNDER A TSUNAMI WARNING







If caused by an earthquake, Drop, Cover, and Hold On to protect yourself from the earthquake first.

Get to high ground as far inland as possible.





Listen to emergency information and alerts.

Be alert to signs of a tsunami, such as a sudden rise or draining of ocean waters.



**Evacuate: DO NOT wait! Leave** vhen you see any natural signs of a tsunami OR hear an official tsunami warning.



If you are in a boat, go out to sea.

### **HOW TO STAY SAFE** WHEN A TSUNAMI THREATENS



If you live near or visit a coastal area, learn about the tsunami risk. Some at-risk communities have maps with evacuation zones and routes. If you are a visitor, ask about

community emergency plans. Learn the signs of a potential tsunami, such as an earthquake, a loud roar from the ocean, or unusual ocean behavior, such as a sudden rise or wall of water or sudden draining

Know and practice community evacuation plans and map out your routes from home, work, and play. Pick shelters 100 feet or more above sea level or at least one mile inland.

showing the ocean floor.

Create a family emergency communication plan that has an out-of-state contact. Plan where to meet if you get separated.

Sign up for your community's warning system. The Emergency Alert System (EAS) and National Oceanic and Atmospheric Administration (NOAA) Weather Radio also provide emergency alerts.

Consider earthquake insurance and a flood insurance policy through the National Flood Insurance Program (NFIP), Standard homeowner's insurance does not cover flood or earthquake damage.



there is an earthquake, first protect yourself from the earthquake. Drop, Cover, and Hold On. Drop to your hands and knees. Cover your head and neck with your arms. Hold on to any sturdy furniture until the shaking stops. Crawl only if you can reach better cover, but do not go through an area with more debris

When the shaking stops, if there is a warning, either natural signs or an official warning, move immediately to a safe place as high and as far inland as possible. Listen to the authorities, but do not wait for tsunami warnings and evacuation orders.

If you are outside of the tsunami hazard zone and receive a warning stay where you are unless officials tell you otherwise

Leave immediately if you are told to do so. Evacuation routes are often marked by a wave with an arrow in the direction of higher ground

If you are in the water, grab onto something that floats, such as a raft tree trunk or door.

If you are in a boat, face the direction you are in a harbor, go inland.





Listen to local alerts and authorities for information on areas to avoid and shelter locations

Avoid wading in floodwater, which can contain dangerous debris. Water may be deeper than it appears.

Be aware of the risk of electrocution. Underground or downed power lines can electrically charge water. Do not touch electrical equipment if it is wet or if you are standing in water.

Stay away from damaged build roads, and bridges.

Document property damage with photographs. Conduct an inventor and contact your insurance company for assistance.

Save phone calls for emergencies. Phone systems are often down or busy after a disaster. Use text messages or social media to communicate with

### Take an Active Role in Your Safety

Go to **Ready.gov** and search for **tsunami**. Download the FEMA app to get more information about preparing for a tsunami.

To find additional information about tsunamis, please visit:

https://www.ready.gov/tsunamis

https://www.usgs.gov/centers/pcmsc/science/tsunami-andearthquake-research

https://www.tsunamizone.org/

### Tribe donates more than \$92,000 to help groups improve their communities

The Siletz Tribal Charitable Contribution Fund has distributed \$92,132.60 to 22 organizations as it continues its quarterly donations to nonprofit groups. Due to the current conditions of the coronavirus pandemic, the reception originally scheduled for Feb. 4 was canceled.

The Siletz Tribe has made contributions through employment, monetary donations and cooperative measures to the Siletz community, Lincoln County and the state of Oregon. The seven-member charitable fund advisory board has distributed more than \$15.5 million since its inception in 2001.

Overall, the Tribe has honored its tradition of sharing within the community by distributing more than \$19.8 million through the charitable fund and other Tribal resources. Chinook Winds has donated more than \$6.5 million in cash and fund-raising items since it opened in 1995. The casino also provides inkind donations of convention space for various fund-raisers as well as technical support, advertising and manpower for many events.

The next deadline to submit applications is March. 1, 2022. Eligibility for money from the charitable fund is limited to two categories:

- Entities and activities located in the Siletz Tribe's 11-county service area (Lincoln, Tillamook, Linn, Lane, Benton, Polk, Yamhill, Marion, Multnomah, Washington and Clackamas counties)
- Native American entities and activities located anywhere in the U.S.

Applications and requirements can be obtained at ctsi.nsn.us/charitable-contribution-fund; by calling 800-922-1399, ext. 1227, or 541-444-8227; or by mailing Siletz Tribal Charitable Contribution Fund, P.O. Box 549, Siletz, OR 97380-0549. Applications can be submitted via e-mail at stccf@live.com.

### **Distribution of \$92,132.60**

### **Education - \$16,923**

Clemens Primary School – garden troughs to help develop new school garden; Philomath, OR; \$1,923

Gilbert House Children's Museum – support for capital fundraising campaign to replace and upgrade outdoor exhibit space; Salem, OR; \$10,000

Pine Ridge Girls' School – STEM supplies to improve curriculum and learning; Porcupine, SD; \$5,000

### **Environment & Natural Resource** Preservation - \$10,000

Lower Nehalem Watershed Council replace culvert to improve Coho passage on Coal Creek and tributaries; Nehalem, OR; \$10,000

### Health - \$12,100

Corvallis-Albany Farmers' Markets -Power of Produce tokens to allow children to select fruits and vegetables at the markets; Corvallis, OR; \$2,000

Florence Food Share - healthy food choices for clients with diabetes: Florence, OR; \$2,000

Fundamental Needs – development of offgrid water systems for homes in the Rock Point, Ariz., area of the Navajo Reservation; Dolores, CO; \$5,000

Lebanon Gleaners – food shares from Linn-Benton Food Share; Lebanon, OR; \$2,000

Mountain Gospel Fellowship – fuel for volunteers transporting fresh produce each week from Marion-Polk Food Share to Falls City for distribution; Falls City, OR; \$1,100

### **Historical Preservation - \$5,000**

Friends of Historic Butteville - replace wood deck and ADA access at the Historic Butteville store operating as a retail outlet and community center in Champoeg State Park; Donald, OR; \$5.000

### Housing - \$5,000

Habitat for Humanity of the Mid-Willamette Valley – construction materials and supplies to build two new singlefamily homes in Salem; Salem, OR; \$5,000

### Other - \$2,359.60

Linn County Animal Rescue – rubber stall mats for easier, safer access to interact with horses; Lebanon, OR; \$2,359.60

### **Prevention - \$18,500**

Boys & Girls Club of Corvallis – books for new Reading Rangers after-school program for grades K-5; Corvallis, OR; \$768

Cub Scout Pack 240 – first aid supplies, CPR masks and gloves for two one-day first aid and emergency preparedness training days; Newport, OR; \$1,012

Lincoln City Parks and Recreation wheelchairs and safety equipment, AED training device and CPR water rescue manikin for Lincoln City pool; Lincoln City, OR; \$4,100

Nestucca High School, Senior Safe - alcohol- and drug-free graduation celebration; Cloverdale, OR; \$500

Old Mill Center for Children and Families - laundry cards and children's bilingual books for families served at relief nursery in Corvallis and Monroe; Corvallis, OR; \$1,000

Siletz Valley Early College Academy, Baseball Program - materials to repair and improve school baseball field; Siletz, OR; \$4,800

Siletz Valley Early College Academy, Football Program - pads, girdles, and home and away uniforms; Siletz, OR; \$6,320

### Public Safety - \$22,250

Cowlitz Indian Tribe – replace/upgrade safety equipment (trauma kits, protective shields, road flares and hand-held radios) for Tribal police officers; Ridgefield, WA; \$10,000

Lincoln County Sheriff's Office, Emergency Management - medical cots and internal containment tent for deployment during a disaster or evacuation; Newport, OR; \$10,000

Marys Peak Search and Rescue – training clinic fees to prepare Region 3 K9 teams for certification in water search and rescue; Corvallis, OR; \$2,250

### **Apply now to join FEMA Youth Preparedness Council**

Students in grades 8-11 interested in supporting disaster preparedness and making a difference in their communities are encouraged to join the Youth Preparedness Council.

The YPC supports FEMA's commitment to involve America's youth in preparedness-related activities. It also provides young people an opportunity to present their perspectives, feedback and opinions to FEMA staff.

During their terms, YPC members can make a difference in their community, gain valuable leadership and emergency management experience, and work with like-minded peers to help strengthen preparedness and resilience across the country.



The online application is open through March 6. Learn more and apply at ready. gov/kids/youth-preparedness-council.



### Contact Our Team

seasdale@ocwcog.org 541-924-8460 bit.ly/COGLending

OCWCOG

### **EDA CARES FUNDING**

- Working Capital
- Equipment
- Real Estate Improvements
- Materials & Inventory
- · Debt Refinancing



### **Elk Tag Opportunity**

The Tribal Natural Resources Department will once again offer a limited number of Landowner Preference (LOP) elk tags to Tribal members for the 2022-2023 hunting season. As a landowner, the Tribe is eligible to participate in the state's LOP program. Based on the number of acres the Tribe owns, we can get six additional antlerless elk tags from the state. These LOP tags are not related to the Tribe's Consent Decree tags that we receive each year. They are based solely on the Tribe being a landowner.

There are a number of important differences between the LOP tags and the Tribe's regular tags. These are summarized in the table below.

	Tribal Tags	LOP Tags	
State hunting license required?	No	Yes – Tribal member must purchase both a 2022 and a 2023 state hunting license	
Area to be hunted	Anywhere within the specific tag's hunt boundaries	Only on Tribal land within the unit selected during that unit's antlerless elk season. Units available include West Stott, North Alsea, South Alsea and Siuslaw	
Eligible for other state elk tags?	Yes	No*	
Give tag to another licensed Tribal member to hunt for you?	Yes	No	
Application and selection process	Apply to Tribe for Tribal drawing	Apply to Tribe for LOP drawing; if selected, apply to state for controlled hunt tag (list LOP unit in LOP section on state-controlled hunt application)	
Obtain tag from	Tribe	State – Tribal member must purchase hunting license and elk tag prior to the start date of the hunt	

<sup>\*</sup> Note: If you are drawn for an LOP tag, you are still eligible to apply for and be drawn for a Tribal tag.

Please note a major difference between the LOP tags and the Tribe's regular tags is **ONLY** the person drawn for the tag can hunt that tag. The tag cannot be given to someone else to hunt for you. Only Tribal members serious about hunting an LOP tag personally are eligible to apply. The drawing for the six LOP elk tags will be held during the Natural Resources Committee meeting on April 4 at 4:45 p.m.

Applications are available on the Tribal website, in the kiosk at the back door of the Tribal admin building in Siletz, or by calling the number below. Completed applications must be received by the Natural Resources office by **4:30 p.m. on April 1, 2022.** 

For more information regarding these tags and the differences between the Tribe's regular tags and the LOP tags, contact Natural Resources Manager Mike Kennedy at 541-444-8232.

### **Siletz Tribal Student Incentives Program**

If you have completed a	any of these	Master's Degree	\$300
milestones, please send a c certificate or diploma to education specialist. The S	your area	Doctorate Degree blar	Pendleton aket plus \$300
Student Incentive Program a dent achievements as follow		Tribal Education Sp	pecialists
		Portland Area Office: I	Katy Holland,
Head Start/Preschool	\$10	503-238-1512, 1279	
Kindergarten	\$10	Suite 102, Portland,	OR 97233
Elementary School	\$20	Salem Area Office: So Jurado, 503-390-949	
Middle School	\$50	som Drive NE, Suit	
High School or GED	\$100	OR 97305	
Adult Vocational Training		Eugene Area Office: N	icholas Viles,
One-year program	\$100	541-484-4234, 2468	8 W 11 <sup>th</sup> Ave.,
Two-year program	\$200	Eugene, OR 97402	
Higher Education Bachelor's Degree blank	Pendleton ket plus \$75	Siletz Area Office: Alis 444-8373, P.O. Box OR 97380	· ·
	•		



Courtesy photo by Teresa Simmons

Baskets recently purchased by the Siletz Tribal Arts & Heritage Society add to the growing collection of Siletz artifacts.

### **Need Rental Housing?**

The Siletz Tribal Housing Department encourages you to apply for the Low-Income Rental Program waiting list in Siletz (1-4 bedrooms) and Lincoln City (2-3 bedrooms – Neachesna Village).

Applications can be obtained at any Tribal area office (Eugene, Salem, Portland, Siletz) or online from the Tribal website – ctsi.nsn.us; follow links – Tribal Services-Housing-Low Rent Apartments & Home Ownership.

For any questions, call 800-922-1399, ext. 1322, or 541-444-8322 Fax: 541-444-8313



# SERVICES AVAILABLE Mental Health Services & Life Alert

### **Mental Health Services**

### What services are available?

- Counseling Services individual or family
- Psychiatry Services
- Psychology Services
- Up to 8-visits annually (more if medically necessary)

### Who's eligible?

- Siletz Tribal members eligible for Purchased/Referred Care (PRC), formerly Contract Health Services (CHS).
- How do I get benefits?
- CALL PRC at 800-628-5720 or

- 541-444-9648 to speak with a PRC representative.
- Prior to making an appointment with a provider – confirm the provider will accept PRC as payment.
- Benefits are limited, first-come, firstserved.

### What you need to know:

- After calling PRC for benefits, the patient will receive a letter with program details. The letter also provides information that the patient can give to their provider for payment processing information.
- You will not be required to use other resources first. This will allow you to go to a provider who does not accept Oregon Health Plan/Medicaid or your private insurance.

### **Life Alert**

- ➤ Please contact your local community health advocate (CHA) if you think you or another Tribal elder could benefit from Life Alert.
  - Eligibility Criteria:
    - Enrolled Tribal member eligible for PRC
    - Work with CHA to determine need/apply for local services

### Steps to get Life Alert:

- Contact your local CHA –
- The CHA will determine if you meet the criteria for Life Alert (examples: live alone, health condition, etc.)
- The CHA will assist you in applying for Life Alert at no cost through community options. If you do not qualify for Life Alert at no cost, the Siletz Community Health Clinic will cover the cost.
- You can reach the community health advocates at:
- Siletz Jeffrey Green at 541-444-1030
- Salem Cecilia Tolentino at 503-390-9494
- Eugene James Boe at 541-484-4234
- Portland 503-238-1512

### 2022 Out of Area Benefits

The Tribal Council has approved Out of Area Benefits for 2022. These benefits are for Tribal members who live outside the 11-county service area. To qualify, Tribal members must be registered for health care with the Siletz Community Health Clinic AND reside outside of the Tribe's 11-county service area. These funds are intended for Tribal members who are not eligible for Purchased/Referred Care.

### All Benefits are Dependent on Available Funding

### Annually

\$2,000 Total in Medical + Mental Health + Dental + Hearing Plus \$500 Pharmacy Card Benefit

### Biannually

\$450 in Total Vision Care for Adults\*

\*Available Annually for Elders,
Children, Students or Diabetics

### Call PRC — 800-628-5720

Prior authorization by PRC is required and benefits must be used within 90 days. Any funds not used within 90 days, or claims not received, will be returned to the pool for redistribution. **An individual may access benefits up to \$2,000 annually by calling on the authorization date.** For example, an individual may call in January for medical of \$500 and then call again in October for dental of \$1,500 for a total of \$2,000. All benefits are subject to funding availability. When you call for pre-authorization, PRC will authorize for household members only and voice messages do not hold funds. The individual must speak to PRC staff and obtain an Out of Area (OOA) number to secure funds.

### Remaining 2022 Call-In Dates April 1 - July 1 - Oct. 3



### Do you need help with OHP?

You don't have to leave your home to apply!

Applications can now be done online or over the phone.

Shop for health plans at https://or.checkbookhealth.org/or call direct at 855-268-9767.

# JOM FAMILIES

Follow the CTSI Education department on the CTSI Youth Facebook page and in your local area newsletter for monthly youth program information.



@CTSIYouth

### Email your local Education Specialist to be added to our email list.

Portland Area Office Katy Holland (503) 238-1512 katyh@ctsi.nsn.us

Siletz Area Alissa Lane-Keene (541) 444-8373 alissal@ctsi.nsn.us Salem Area Office Sonya Moody-Jurado (503) 390-9494 sonyamj@ctsi.nsn.us Eugene Area Office Candace Hill (541) 484-4234 candaceh@ctsi.nsn.us

CTSI VIRTUAL COLLEGE INFORMATION NIGHT

Join the CTSI Education team on

April 21st @ 6pm via Zoom

### Topics:

- CTSI Higher Education and AVT applications and deadlines
- Siletz Tribal Housing Department Student Housing Assistance application
- Understanding and accepting your financial aid packet
- Meet college representatives

### CONTACT YOUR AREA EDUCATION SPECIALIST TO SIGN UP

Katy Holland Portland Area (503) 238-1512 katyh@ctsi.nsn.us

Alissa Lane-Keene Siletz Area/Out of Area (541) 444-8373 alissal@ctsi.nsn.us Sonya Moody-Jurado Salem Area (503) 390-9494 sonyamj@ctsi.nsn.us

Candace Hill
Eugene Area
(541) 484-4234
candaceh@ctsi.nsn.us

### Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional Living Center

Siletz: 800-600-5599 or 541-444-8286 Eugene: 541-484-4234 Salem: 503-390-9494

Portland: 503-238-1512

Narcotics Anonymous Toll-Free Help Line – 877-233-4287

For information on Alcoholics Anonymous: aa-oregon.org

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### **Scholarships**

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov
- Truman D. Picard Scholarships Deadline: March 11, 2022
- VFW Young American Creative Patriotic Art Contest (grades 9-12) Deadline: March 31, 2022
- Lebanon Community Hospital Foundation Scholarships Deadline: April 30, 2022
- NAJA-Facebook Journalism Project Scholarship Deadline: April 30, 2022
- AIS Scholarship Deadline: Varies

Deadline: Varies

Open Education Database Graduate and Ph.D. Scholarships

- Tribal College and University Scholarships Deadline: Ongoing
- American Indian Service Scholarships Deadline: Ongoing
- American Indian Science and Engineering Society (AISES) Scholarships Deadline: Ongoing
- American Meteorological Society Minority Scholarships Deadline: Ongoing
- Army Emergency Relief Scholarships Deadline: Ongoing
- Catching the Dream Scholarships Deadline: Ongoing
- College Board Scholarship Deadline: Ongoing
- National Action Council for Minorities in Engineering Deadline: Varies

National Park Service Tribal Stewards

Center for Native American Youth at

the Aspen Institute - Generation Indig-

National Youth Leadership Forum

enous Network Youth Ambassador

STEM Program Nomination Form

The Student Conservation Association

Saturday Academy - FREE Classes for Native American Students

NOAA Scholarships Deadline: Ongoing

**Inclusion Program** 

Deadline: Ongoing

Deadline: Various

Northwest Youth Corps

### **Other Opportunities**

- Medill-Northwestern Journalism Institute's Cherub Program Deadline: March 14, 2022
- Courage in Journalism Awards Deadline: March 18, 2022
- Gwen Ifill Award Deadline: March 26, 2022
- **Changing Climate Residency** Deadline: April 10, 2022
- **Amber Grants** Deadline: Rolling
- NAYA Ninth Grade Counts Deadline: Rolling
- Dept. of Energy Scholars Program Deadline: Ongoing

**Outside Scholarships for** 

NATIVE AMERICAN STUDENTS

Cobell Scholarship http://cobellscholar.org/

various scholarships available

\*essay required Open to descendants/enrolled members

**American Indian Services** 

https://www.americanindianservices.org/ various scholarships available

\*essay may be required Open to descendants/enrolled members

American Indian College Fund

http://www.collegefund.org/

various scholarships available \*essav reauired

Open to descendants/enrolled members

**Bureau of Indian Education** 

http://www.bie.edu/ParentsStudents/Grants/ various scholarships available

\*essay may be required

Open to descendants/enrolled members

Native American Scholarship Fund

http://catchingthedream.org/

various scholarships available

'essay may be required

Open to descendants/enrolled members

### **Fellowships** NW NARCH Tribal Researchers

Cancer Control Fellowship Deadline: March 25, 2022

Native American Journalism Fellowship Deadline: April 30, 2022

Institute for Citizens and Scholars **Fellowships** 

American Indian Graduate Center Deadline: Ongoing

NOAA Fellowships Deadline: Ongoing

Deadline: Various

Master of Forest Resources Fellowships

Deadline: Open until filled

NW Native American Research Centers for Health Research Support Fellowship Deadline: Rolling

Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships Deadline: Rolling

Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow Deadline: Multiple

Claremont Native American Fellowship Deadlines: Multiple

### Important information for college-bound **Tribal seniors**

### March

- Check for four Tribal scholarships at ctsi.nsn.us.
- Complete scholarships.
- Start working on Tribal higher education or adult vocational training grant application. This can be found on the Tribe's website and is due June 30.
- Review the Student Aid Report (SAR).
- You should start receiving admission responses.

### **April**

- Send thank you notes to people who have helped you.
- Make final decision about which college or university you will attend.
- If you decide to decline enrollment to a college or university to which you have been accepted, send notice indicating this to the college's admissions office.

### **Internships**

- Habitat Restoration Internship Deadline: Various
- Meta (Facebook) Data Center Engineering Internships Deadline: Various
- Public Lands Internship Program Deadline: Various
- NOAA Internships Deadline: Ongoing
- Code Switch Internship Deadline: Various
- HP 3D Printing Engineering Intern Deadline: Open until filled
- WOTE Agricultural Incubator Internship Deadline: Various

- Saturday Academy Internships Deadline: Multiple
- EPA Environ. Research/Bus. Support Deadline: Multiple
- National Science Foundation Research Experiences for Undergraduates Deadline: Multiple
- **Indian Land Tenure Foundation** Deadline: Multiple
- **Environmental Protection Agency** Deadline: Multiple
- American Fisheries Society Deadlines: Multiple
- Oregon Museum of Science & Industry (OMSI) Deadline: Multiple

For information about the Siletz Tribal language program, visit siletzlanguage.org.

### Siletz Tribal Members Online Academic Support

# Free Virtual Tutoring!

- \* 24/7 On-Demand Access to Online **Professional Tutors**
- \* GED Support
- \* All Subjects and Grade Levels- From Kindergarten through College/University
- \* Individualized Help in All Subjects
- \* SAT & ACT Prep; College Course Level
- \* All Tribal Students Eligible to Apply, Regardless of Residence.

Contact your local Education Specialist to sign up:

Siletz & Out-of-Area Alissa-AlissaL@ctsi.nsn.us

Salem Sonya-SonyaMJ@ctsi.nsn.us

Portland Katy- KatyH@ctsi.nsn.us

Eugene Candace-CandaceH@ctsi.nsn.us

### **Please Note:**

Students MUST complete a Tutoring Application to register. Tutoring hours are available on a first come first serve basis as resources are available.

### **Tribal Council Timesheets for January 2022**

### Frank Aspria - 1/1/22-1/31/22

TC	Ind	Gmg	STBC	ED	Tvl	
				1	1/3	Salem project
4.25	4.25		1.5		1/6-8	Interviews, STBC packet
1.5	1.5	1	2.25		1/12	STBC mtg, email
1.5	1.5	3.25			1/14-15	Special TC – gaming, email, reports
5.25	5.25	1		2	1/17-22	Email, packets
4.75	4.75				1/26	ATNI, BIA EA mtg, email, packets
1.25	1.25			1	1/27	Salem community mtg, email
.25	.25	1			1/29	Email, reports
1.75	1.75			2.5	1/31	Econ dev, email

### Lillie Butler - 1/1/22-1/31/22

TC	Ind	Gmg	STBC	ED	Tvl	
3.75	3.75				1/3-4	Education, packets
1.75	1.75				1/5	Siletz Valley School, packets
4	3.75				1/7-8	Interviews
4	4				1/10-11	Packets
2	2		3.5		1/12-13	STBC mtg/packet, packets
			4		1/14	Special TC – gaming, packets
5	5		1		1/18-20	Chemawa Station, packets
2	2.25				1/21	Regular TC
10.25	10.25				1/24-26	ATNI
6	6				1/27-31	Salem community mtg, packets

### **Loraine Y. Butler - 1/1/22-1/31/22**

TC	Ind	Gmg	STBC	ED	Tvl	
1.5	1.5				1/3-4	Nat. Resources Comm, packets
4.25	4.25				1/6-7	Interviews
1	1		2		1/9-10	Packets
.5	.5				1/11	GM review
			2.5		1/12	STBC mtg
1.5	1.5				1/13	CPT, packets
		2			1/14	Special TC – gaming
1.5	1.5				1/17	Packets
2	2				1/19-20	Chemawa Station, packets
2.25	2.25				1/21	Regular TC
5	5				1/25-26	ATNI
1	1			1	1/31	Salem casino, packets

### Alfred Lane III - 1/1/22-1/31/22

TC	Ind	Gmg	STBC	ED	Tvl	
4.5	4.5				1/6-7	Interviews
1	1				1/11	GM review
		2.25			1/14	Special TC – gaming
.5	.5				1/20	Packets
2	2.25				1/21	Regular TC
1	1				1/24	Consent Decree
.75	.5				1/25	Investment Comm
.25	.25				1/26	Meet w/ Sen. Merkley

### **Tribal Council Email Addresses**

	modi Counon Eman Au	4100000
•	Tribal Chairman: Delores Pigsley	dpigsley@msn.com
•	Vice Chairman: Alfred "Bud" Lane III	budl@ctsi.nsn.us
•	Treasurer: Robert Kentta	rkentta@ctsi.nsn.us
•	Secretary: Sharon Edenfield	sharone@ctsi.nsn.us
•	Frank Aspria Sr.	franka@ctsi.nsn.us
•	Loraine Butler	loraineb@ctsi.nsn.us
•	Bonnie Petersen	bonniep@ctsi.nsn.us
•	Angela Ramirez	angelar@ctsi.nsn.us
•	Selene Rilatos	maritar@ctsi.nsn.us

### **Delores Pigsley - 1/1/22-1/31/22**

TC	Ind	Gmg	STBC	ED	Tvl		
3.75	3.75	.5			1.25	1/1-5	Mail, agenda items, return from casino event
5.5	5.5	.5	1.5			1/6-7	Interviews, mail, close STBC account, STBC mtg prep
3.75	3.75	.5				1/8-11	Mail, agenda items, prep for council, personnel
2	2	.5	2.5			1/12-13	STBC mtg/agenda, mail, prep for council, agenda items
1	1	2.5				1/14	Special TC – gaming, mail
2.25	2.25					1/15-18	Mail, prep for council
3	3		.75			1/19-20	Chemawa Station LLC, Comm on Indian Services, mail, prep for council
2	2					1/21	Regular TC, mail
1	1					1/22-23	Mail
2.5	2.5					1/24	Conf call w/ governor, ODFW, mail, agenda items
1.25	1.25			1		1/25	Investment Comm, mail
1.5	1.5			2		1/26	Meet w/ Sen. Merkley, Salem casino hearing, mail, prep for mtgs
2	2			1		1/27	Salem projet, Salem community mtg, conf call, mail
3	3			1		1/28-30	Mail, agenda items, prep for mtgs
1.5	1.5					1/31	Travel Oregon interview, mail, agenda items

### **Angela Ramirez - 1/1/22-1/31/22**

TC	Ind	Gmg	STBC	ED	Tvl	
.25		.25		.5	1/1-4	Email
.75	.5				1/5	SVS superintendent mtg, email
5	4.75	.25			1/6-8	Interviews, email
3.75	3.75	.5	.5	.25	1/9-11	STAHS, packets, email
1.5	1.5		2.5		1/12	STAHS, STBC mtg
1.75	1.75	.5			1/13	STAHS, review of docs
.25	.25	2.25			1/14	Special TC – gaming, email
.5	.5				1/19-20	Email
2.25	2.25				1/21	Regular TC, email
.25	.25				1/24	STAHS
1.25	1.25				1/25	Interviews
.25	.25			2.5	1/26-31	BIA EA hearing, email

### **Selene Rilatos - 1/1/22-1/31/22**

TC	Ind	Gmg	STBC	ED	Tvl	-	
2	2					1/1-2	Packets, email, GM review
1.25	1.25					1/3	Health Comm, SCP, email
3	3					1/4-5	COVID, email, packets
6.5	6.5					1/6-7	Interviews, email
4	4					1/8-11	Email, packets, COVID, GM mtg
2.75	2.75					1/12-13	Special TC, email, packets
1.25	1.25	2.5				1/14	Special TC – gaming, Tribal/ state mtg, email
2.5	2.5					1/16-17	Email, packets
9.75	9.75					1/18-20	Quarterly board mtg, ECHO, email, packets
3	3					1/21-22	Regular TC, email, packets
				1.5		1/24	SCP, email
2.5	2.5					1/25	NWPAIHB, COVID, email
1.5	1.5					1/26	EA hearing, email, packets
2.75	2.75			1		1/27	JI, Salem community mtg, email
2.25	2.25					1/28-30	Email, packets
2	2			1		1/31	Econ dev, JI, email, packets

# Chinook Winds CASINO RESORT





9:30PM • \$15

Tickets available at the Chinook Winds Casino Resort Box Office. Buy by phone at 1-888-MAIN-ACT (1-888-624-6228), 541-996-5776 or online. 21 and over event, doors open at 9pm with a no-host bar.



Larry Reeb



FEATURING Nick Hoff



Todd Armstrong





EACH CARD ON THE BOARD HAS A MATCH.

THE FIRST TO DICK A

THE FIRST TO PICK A MATCHING PAIR WINS

\*5,000 CASH!

GET YOURSELF TO CHINOOK WINDS AND COLLECT FREE ENTRIES WEEKLY
WITH YOUR WINNERS CIRCLE CARD BEGINNING FEBRUARY 28.















GATHER EVEN MORE ENTRIES WITH EVERY 100 POINTS EARNED ON SLOTS, TABLES, BINGO, KENO & SPORTS WAGERING.











SEE YOU AT THE PARTY! ACTIVATE YOUR ENTRIES STARTING ONE HOUR BEFORE EACH DRAWING TIME BY INSERTING YOUR WINNERS CIRCLE CARD IN ANY SLOT MACHINE OR SWIPING INTO ANY PROMOTIONAL KIOSK, AND ACTIVATING THE "TOTAL CASH RECALL" ENTRIES ON THE PROMOTIONS TAB.

Complete rules at Winners Circle. Sports Wagering entries will be applied 24 hours after ticket has closed. Management reserves the right to alter or withdraw promotion at any time. *Kuato lives*.



chinookwinds.com • 1-888-CHINOOK • Lincoln City



### Public comment sought for project's effects on cultural/historical resources

Portland District, U.S. Army Corps of Engineers, as the steward of cultural resources located at the 13 dams and reservoirs that comprise the Willamette Valley Project, is responsible for ensuring project effects on cultural and historic resources are considered prior to implementation.

Portland District is seeking public comment on a National Historic Preservation Act Section 106 Programmatic Agreement that will establish a tailored review process for the Portland District to utilize when determining project effects on historic properties within the Willamette Valley Project.

The draft document is available for the public to review at https://usace.contentdm.oclc.org/digital/collection/p16021coll7/id/19965. **Comments are** 

requested by March 13, 2022, and should be submitted by email to wvpculturalresources@usace.army.mil or by mail to:

U.S. Army Corps of Engineers, ODV RE: WVP PA 40386 W. Boundary Road Lowell, OR 97452

The Corps will review all comments. Section 106 of the National Historic Preservation Act requires federal agencies take into consideration project effects on historic properties – buildings, sites, objects, structures and districts with local, state or national historic significance – prior to project implementation.

Programmatic agreements allow federal agencies to modify the Section 106

consultation process to allow for a streamlined review when the project scope and scale warrants a standardized approach. For more information on the Section 106 process and the role of the public, please visit the Advisory Council on Historic Preservation website at https://www.achp. gov/section-106-quicklinks.

Since December 2020, the Portland District has been consulting with the Advisory Council on Historic Preservation, the Oregon State Historic Preservation Office, **the Confederated Tribes of Siletz Indians**, the Confederated Tribes of the Grand Ronde Community of Oregon, the Confederated Tribes of the Warm Springs Reservation of Oregon, the Cow Creek Band of Umpqua Tribe of Indians, other federal and state agencies, county recreation partners and other parties with an interest in the Willamette Valley Project and historic properties.

The public brings a diverse breadth of knowledge about our shared heritage to the process and this comment period affords them an opportunity to share issues of concern regarding either historic properties or project effects on historic properties.

Willamette Valley Project: The U.S. Army Corps of Engineers operates 13 dam and reservoir projects in the Willamette River drainage system. Each dam contributes to a water resource management system that provides flood risk management, power generation, irrigation, water quality improvement, fish and wildlife habitat, and recreation on the Willamette River and many of its tributaries.

Since their completion, the dams have cumulatively prevented more than \$25 billion in flood damages to the Willamette Valley. For more information, visit https://www.nwp.usace.army.mil/.

Be safe. Get vaccinated. Get boosted. Stay well.

### **Use Amazon Smile to donate to STAHS**

For more information about the Siletz Tribe, visit ctsi.nsn.us.

Here's how you can donate to the Siletz Tribal Arts and Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4.

Thank you!

- 1--Go to Amazon.com.
- 2--In the Department drop down box, type Amazon Smile.
- 3--See Amazon Smile You shop. Amazon Gives.
- 4--Follow the easy directions.

### **Chinook Winds Casino Resort**

Follow us on Twitter, find us on Facebook or visit our website at chinookwindscasino.com.

For more information about events in North Lincoln County, visit lcchamber.com, oregoncoast.org or lincolncity-culturalcenter.org.

### Calling all Tribal member business owners

If you would like to be on the preferred Tribal members business list with Chinook Winds, please fax, mail, email or drop off your business card, brochures, or business information to:

Chinook Winds Casino Resort Attn: Purchasing Dept. 1777 NW 44<sup>th</sup> St. Lincoln City, OR 97367

Phone: 541-996-5853 Fax: 541-996-3847 erica@cwcresort.com



If you want to be part of a great team and looking for a new career opportunity, Please call Human Resources at (541) 996-5800 or (541) 996-5806.

www.chinookwindscasino.com/careers

Office Hours: Monday through Friday 8am-4:30pm

Chinook Winds Casino Resort in Lincoln City, Ore., offers 24-hour Las Vegasstyle gaming, an 18-hole golf course, headline entertainment from some of music's most legendary stars, three full-service restaurants, a secure child care facility and arcade, and a 243-room ocean-view hotel.

For more information, visit chinookwindscasino.com, or call 888-CHINOOK (244-6665) or 541-996-5825.

Come join us!

CTSI

BONGO

Night

All CTSI youth: K-12

March 17, 2022, at 4 p.m.

Contact: elizabethm@ctsi.nsn.us for registration or questions



# COVID-19 Monoclonal Antibody Therapeutics Information

### What are Monoclonal Antibodies (mAbs)?

Monoclonal antibodies, also called mAbs, are like your body's own antibodies and can help your immune system block viruses from growing in your body and prevent severe disease and hospitalization. Currently, one COVID-19 mAb has received Emergency Use Authorization from the Federal Drug Administration (FDA) for treatment of the Omicron variant.

Monoclonal antibodies are NOT a substitute for COVID-19 vaccines, but are a treatment for someone already infected to prevent severe COVID-19 disease. COVID-19 vaccines offer the best protection against getting sick and spreading the disease.

### When are COVID-19 mAbs prescribed?

Monoclonal antibodies can be prescribed to people who are 12 years and older, weigh more than 88 pounds, have had mild to moderate symptoms of COVID-19 in the last IO days, have tested positive for COVID-19, and have one or more of the following high-risk factors:

- Age 65 years of age or older
- Obesity or being overweight
- Pregnancy
- Chronic kidney disease
- Dishetes
- immunosuppressive disease or immunosuppressive treatment
- Cardiovascular disease or hypertension
- Chronic lung diseases such as asthma, reactive airway, or other chronic respiratory diseases
- Sickle cell disease
- Neurodevelopmental disorders
- Having a medical-related technological dependence (for example: tracheostomy, gastrostomy, or positive pressure ventilation not related to COVID-19)
- Any other conditions or factors, including race, ethnicity, or income that might put you at higher risk of severe COVID-19 disease. Al/AN ARE AT INCREASED RISK<sup>2</sup>

MAbs are most effective in the first ten days of symptoms, so, if you have symptoms of COVID-19 or had a prolonged exposure, it is important you get tested right away. Speak to your medical provider to determine if COVID-19 mAbs treatment is right for you. Early evidence has shown these treatments are effective in the Al/AN population.<sup>3</sup>

https://www.phe.gov/emergency/events/COVID19/investigation-MCM/Documents/COVID-I 9-Patients-50 8.pdf 2 https://www.cdc.gov/mmwr/volumes/70/wr/mm70I4a2.htm

### What do COVID-19 mAbs do?

COVID-19 mAb treatments recognize and attack the virus that causes COVID-19 infection. These antibodies block the virus from entering your cells. By blocking entry into your cells, the COVID-19 mAb treatments prevent the virus from making you severely ill and needing hospitalization.<sup>4</sup>

### Are COVID-19 mAbs safe?

YES! Monoclonal antibodies were first discovered in the 1970's and many treatments using mAbs have been approved by the FDA since then. They have been successfully used for illnesses like multiple sclerosis, cancer, and HIV. 5-6



### How are COVID-19 mAbs administered?

If you have been prescribed COVID-19 mAbs, your treatment may be either by intravenous infusion OR now via subcutaneous injection. After either treatment, a person will be monitored for up to one-hour post-treatment. Please check with your primary health care provider or your Tribal or Urban clinic to see if they are offering this service.

Other resources to find a local facility which offers treatments are: the HHS Protect Infusion Site Locator: https://protect-public.hhs.gov/pages/therapeutics-distribution, the National Infusion Center Association Locator: https://infusioncenter.org/infusion\_resources/nica-monoclonal-antibody-therapies/ or by calling: 1-877-332-6585.

### What happens after my treatment?

After receiving a COVID-19 mAb treatment you should still follow all isolation or quarantine guidelines<sup>8</sup> and consult your doctor about getting vaccinated or boosted as soon as possible.



- https://www.uihi.org/projects/covid-19-treatment/
- https://www.nature.com/articles/d42859-018-00024-6 https://jbiomedsci.biomedcentral.com/articles/l0.1186/s12929-019-0592-:
- https://www.regeneron.com/downloads/treatment-covid 19-eua-fact-sheet-for-hcp.pdf https://combatcovid.hhs.gov/sites/default/files/documents/Talking-with-Outpatients-072021.pdf

### CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

# Oregon will lift indoor mask requirements in public spaces on or before March 31.

Mask requirements for schools will be lifted on March 31.

People who are immunocompromised or at high risk of severe disease should continue to wear masks in indoor public settings while the virus is circulating in the community.







# ☐ QUIT SMOKING

Free help is available.
Text "READY" to 200-400

SMOKE**FREE** 

### **Siletz News Letters Policy**

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of Siletz News.

Editor-in-Chief: Kurtis Barker Editor: Diane Rodriquez Assistant: Andy Taylor



Tamina at art class with Cami – way to go, Sissy!

Love, Mom and the boys



Happy 1<sup>st</sup> Birthday, Greyson! You've learned so much so quick in your first year and have amazed me with every new thing. I love you!



Happy 13<sup>th</sup> Birthday to you, Miss Milley! We love you always!



Happy 11<sup>th</sup> Birthday, Jaylee. You are so loved!

Mom, Dad, Brother and Sister

### **Climate Crisis Resiliency Summit**

March 22-24 • Zoom: 10 a.m. - 12 p.m.

Eligibility: All Siletz Tribal Youth—Middle and High School

Traditional fire usage, environmental sustainability, Traditional Ecological Knowledge (TEK)

Gift Cards



Outdoor Gear

⇒ Plus, 2 hours of self-directed outdoor activities (per day)

Register by March 15 (limited availability):

Email Jacobr@ctsi.nsn.us or call 541-270-1909

(If you have grade school youth or younger, please reach out - we would like to plan a virtual family event as well)

# Lincoln County Jail seeks volunteers

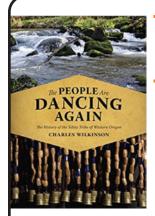
The Lincoln County Jail in Newport, Ore., is seeking additional cultural practitioners to provide services to American Indians who are incarcerated. They are seeking both female and male practitioners to provide online, one-on-one and group guidance (once it is safe to hold inperson meetings).

If you have questions, please contact Lisa Norton at lisan@ctsi.nsn. us. If you want to volunteer, contact Dennis Buckmaster (dbuckmaster@co.lincoln.or.us) to start the process.

This process does include a background check, but all situations will be considered individually.



Happy 10<sup>th</sup> Birthday to Macey Duarte! Love – Dad, Mom and the rest of us!



### CTSI ELDERS BOOK CLUB

Invites Tribal Members of All Ages

To join together to read and discuss our Tribal history book

We meet twice monthly, via Zoom, the 2<sup>nd</sup> & 4<sup>th</sup> Thursdays of the month. All attendees are encouraged (but not required) to read and discuss the assigned chapter. Our next meetings will be:

March 10 — Chapter 8

March 24 — Chapter 9

To join, please contact AJ Warren, Title VI Coordinator

Phone: 541-444-8212 or e-mail: ajw@ctsi.nsn.us

### **Passages Policy**

Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.

All birthday, anniversary and holiday wishes will appear in the Passages section. Siletz News reserves the right to edit any submission for clarity and length.

Not all submissions are guaranteed publication upon submission.

Please type or write legibly and submit via e-mail when possible.

### Siletz Tribal Youth Council

March 26, 2022, 12:00pm

SPECIAL EVENT: Siletz Youth Council is hosting MINCEIR WHIDEN—A Traveller's Youth Organization from Ireland.

**Eligibility:** 

Siletz Tribal Youth

Ages 12 to 24

### Siletz & Out of Area

Elizabeth Madden
Elizabethm@ctsi.nsn.us

### Salem Area

Sonya Moody-Jurado Sonyamj@ctsi.nsn.us

### **Portland Area**

Katy Holland Katyh@ctsi.nsn.us

### **Eugene Area**

Candace Hill
Candaceh@ctsi.nsn.us