

Eugene Area Office Newsletter November 2022

Tribal Offices reopen Sept. 1

While we open our doors to the public, we also prioritize the safety of our staff, Tribal members and clients.

- Public access to administration buildings – appointments are preferred. If a member of the public arrives as a “walk-in” staff will accommodate as soon as possible. Masks are required for staff and visitors.
- Public events – outdoor events to resume. Indoor events require social distancing and safety protocols published and in place.
- Transportation services – resuming full transportation services. Masks are required for driver and client.
- Tribal/program services – online options preferred for services and meetings; hybrid options also available.

The Tribe is in need of certified homes to care for Tribal Children in need of emergency, short term and long term placements.



To see how you can help please call today
Siletz Tribal Indian Child Welfare
Department 541-444-8272

Pharmacy MAIL ORDER SERVICE WE CAN NOW PROVIDE MAIL ORDER SERVICE TO ALL SILETZ TRIBAL MEMBERS:

LIVING WITHIN THE 11 COUNTY SERVICE AREA

Please note that this service is **not eligible** for the “Auto-Fill” program. ALL “Auto-Fill” prescriptions must be picked up at the pharmacy. THANK YOU PHARMACY STAFF

EMERGENCY HOUSING ASSISTANCE FUNDING OPEN FOR 2022

Entire application must be complete before assistance can be provided. Assistance cannot exceed \$1,500.00 and participants may only access this program once every 3 (three) years. This program serves CTSI tribal members looking to avoid foreclosure, facing eviction and those that are homeless, anywhere in the United States of America. There is no waiting list for this program. Funds will be available once funds are received each fiscal year and will be offered based on a first-come, first-served basis. When funding has been exhausted, applications will no longer be accepted. Applications are available through the Siletz Tribal Housing Department, the CTSI website and all area offices

www.ctsi.nsn.us

Need Rental Housing?

The Siletz Tribal Housing Department encourages you to apply for the Low Income Rental Program waiting list:

Siletz (1, 2, 3, 4 bedroom)
Lincoln City (2, 3 bedroom)
Neachesna Village
Applications can be obtained on-line from the Siletz Tribes’ website or calling:

1-800-922-1399 Ext 1322

(541) 444-8322

FAX (541) 444- 8313

www.ctsi.nsn.us

2022

Low-Income Energy Assistance Program (LIHEAP)

“Crisis/Shut-off/Regular”

~OPEN~

All Siletz Tribal members and Households with tribal children. (Income based). To see if you qualify or have questions. Contact: **Casey Godwin** by phone or email- **541-444-8311** caseyg@ctsi.nsn.us

You can also contact the Eugene A/O for applications: 541-484-4234

Chinook Winds Casino Resort
Sign up for an electronic
newsletter:

www.chinookwindscasino.com



WHAT IS THE FASTER INTERNET OREGON SPEED TEST CAMPAIGN?

The Faster Internet Oregon speed test campaign is a statewide broadband mapping effort for Oregonians to report Internet speeds or a lack of connection at home.

The Faster Internet Oregon project will provide decision-makers with data that will:

- Identify Oregon homes that lack high-speed Internet;
- Clarify which households don't have an Internet connection and why;
- Provide cost estimates and assess competitive viability of a variety of technical solutions for areas with identified gaps.

This campaign will help secure infrastructure funding across the state and ensure the funding is equitably allocated so that everyone has access to fast, affordable Internet service.

Please help us identify Oregon's areas with the greatest need for high-speed broadband by using this link: www.FasterInternetOregon.org. It takes less than 1 minute!

SHARE THE FASTER INTERNET OREGON CAMPAIGN

Help spread the word to your friends and family. Share the speed test with them in person or online. Please reference the Faster Internet Oregon Campaign or use #FasterInternetOregonCampaign.

The more you help us spread the word, the more data we'll receive. Having more information increases our eligibility for funding. We can then improve broadband access where it's needed most.

FREQUENTLY ASKED QUESTIONS

What information are you collecting?

We are ONLY collecting information on whether you have an Internet connection, the speed of that connection if you do, and your address. We do not ask for your name or contact information.

What about privacy?

Privacy is of the utmost importance to the campaign. No personally identifiable information will be stored beyond the address that residents provide. Information will NOT be used for commercial or marketing purposes. Only campaign partners and decision-makers who sign a data use agreement will have access to the household-level data.

Did you know? Through the federal Affordable Connectivity Program, eligible households may qualify for a discount on Internet service of up to \$30 per month and up to \$75 per month on Tribal lands. Go to <https://www.fcc.gov/acp>.

Does the type of Internet service I use matter for the speed test?

No. Even if you're connected via a mobile hotspot, cable, or satellite Internet like Starlink, please take the speed test. All of this information gives broadband leaders a better understanding of how and where Oregonians connect to the Internet.

If I don't have an Internet connection, do you still want me to respond?

Yes! Knowing what locations do not have an Internet connection is just as important.

Don't have internet access at home? Please fill this out

Please complete

Street Number	
Street Name	
City	
State	
Zip or Postal	
Monthly Internet Cost (If applicable)	
If no Internet, how much would you pay for internet per month?	

If you do not have service, please check all boxes that apply:

<input type="checkbox"/>	Too Expensive
<input type="checkbox"/>	Not available in my community/area
<input type="checkbox"/>	I do not have a computer
<input type="checkbox"/>	I do not know how to use a computer
<input type="checkbox"/>	I do not know how to get internet service
<input type="checkbox"/>	I do not need it/not interested in it
<input type="checkbox"/>	Have physical limitations (i.e. eyesight/disability)
<input type="checkbox"/>	Worried about others getting my personal information
<input type="checkbox"/>	I do not need more than public internet (library, restaurant, etc)


Information should be uploaded to: <https://expressoptimizer.net/public/> Option: "Enter an address with ***NO AVAILABLE SERVICE***"



Please help us identify Oregon's areas with the greatest need for high-speed broadband by using this link: www.fasterinternetoregon.org. It takes less than 1 minute!



Siletz Community Health Phone Numbers

- Siletz Community Health Clinic
1-800-648-0449
- Purchased/Referred Care (PRC)
1-800-628-5720
- CTSI Resource Call Line
541-444-9613
- CARE Program 
541-444-9680

Siletz Mail Order Pharmacy

For prescription refills, please call the Siletz Community Health Clinic Pharmacy 7-10 days before you run out of your prescription. This allows the pharmacy time to contact your health care provider, if necessary, and mail it to you.

Pharmacy Refill Line: **541-444-9624**



Indian Health Clinic Registration Forms Available at the Eugene Area Office

- Siletz Community Health Clinic & PRC (Siletz, OR)
- Ko-Kwel Wellness Center (Eugene, OR)
- Chemawa Indian Health Center (Salem, OR)



Pancreatic Cancer Awareness Month

The pancreas is a small 6 inch organ that rests between the stomach and the spine, and every day 1,257 people are diagnosed with pancreatic cancer. One major function of the pancreas is the **exocrine function**, which produces enzymes that help with digestion. The second is the **endocrine function**, which sends out the hormones insulin to lower blood sugar, and glucagon to raise our blood sugar as needed. Diabetic people know all too well the trouble this little organ can give us when it's not working as it should. Of all major cancers, pancreatic cancer has the highest mortality rate, and is the 3rd leading cause of cancer related death in the United States. Some of the possible risk factors include age, obesity, diabetes, pancreatitis, and family history. While some of the symptoms can include stomach pain, indigestion, new onset diabetes, and yellowing of the eyes and skin (AKA jaundice). The key to preventing and surviving pancreatic cancer is early detection, so check with your doctor if you notice and symptoms. Simple lifestyle choices can go a long ways in cancer prevention as well. They include limiting alcoholic drinks, maintaining a healthy weight, and avoiding cigarette smoking.

For More Information Visit

<https://pancreatic.org/>





Nutrition Education Class

December 15th 6pm-7pm



Monday:	
Tuesday:	
Wednesday:	
Thursday:	
Friday:	



free cooking class

Meal Planning with a Food Box and Stretching Food Budgets:

Where

Online—Zoom

When

December 15th 6-7pm

who

Open to Lane County adults with a limited food budget

how

Registration is required. Sign up with Jamie Boe by emailing: jamieboe@ctsi.nsn.us or call 541-484-4234

Would you like to learn to:

- Make the most of a limited food budget
- Learn ways to maximize a food box
- Cook meals throughout the month with what you have
- Learn about local food resources



Commodity Supplemental Food Program: Service by Linn Benton Food Share

For seniors living in Linn and Benton counties, The Commodity Supplemental Food Program (CSFP) works to improve the health of:

Low-income persons at least **60 years of age** by supplementing their diets with nutritious USDA Foods, including:

- Dairy including milk and cheese
- Grains including cereals, long grain, and brown rice, assorted pastas
- Fruits including juices, raisins, and canned fruit
- Vegetables including potatoes, pasta sauce, canned vegetables, sweet potatoes, soups
- Proteins including canned meat, chili, stews, and peanut butter
- Legumes including dry and canned beans and dry lentils.

Recipients receive a box of food monthly.

Please contact **Susan James** at sjames@communityservices.us or call 541-730-6390 for more information.

*You can also request an application from

Jamie Boe, Community Health Advocate.

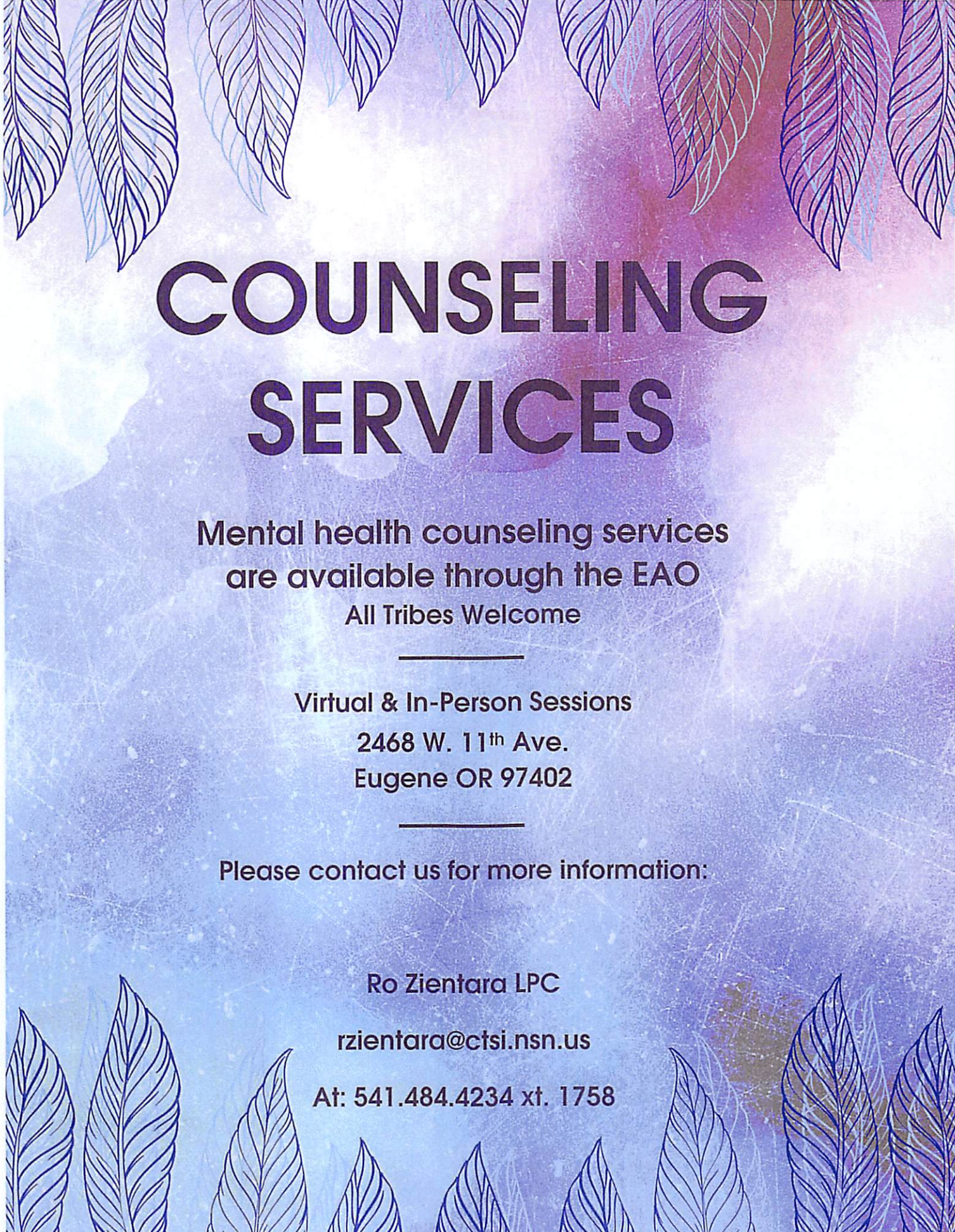


*Anyone at or below the 300% federal poverty rate can access a food box at no cost by visiting one of the local food pantries on this website:

<https://communityservices.us/linn-benton-food-share/>

Please RSVP by December 14th with your Name, Phone #, and Email by contacting Jamie Boe, Community Health Advocate @ 541-484-4234 or email JamieBoe@ctsi.nsn.us .

A zoom link will be provided to you shortly before the class date.



COUNSELING SERVICES

Mental health counseling services
are available through the EAO
All Tribes Welcome

Virtual & In-Person Sessions
2468 W. 11th Ave.
Eugene OR 97402

Please contact us for more information:

Ro Zientara LPC

rzientara@ctsi.nsn.us

At: 541.484.4234 xt. 1758

JOM (Johnson O'Malley) Parent Committee Invitation

Parents of enrolled JOM students are invited to join the
JOM Parent Committee

Receive program updates; add parent insight & input;
help with program development and enjoy time with
other JOM parents.

Meeting Location
On Zoom

Meeting Dates & Time

6:00 PM

September 13, 2022

December 13, 2022

March 14, 2023

Contact your area Education Specialist to sign up!

Sonya Moody-Jurado
Salem Area
SonyaMJ@ctsi.nsn.us

Jeff Sweet
Siletz Area
JeffS@ctsi.nsn.us

Katy Holland
Portland Area
KatyH@ctsi.nsn.us

Candace Hill
Eugene Area
CandaceH@ctsi.nsn.us

2022-2023 CTSI College Information Nights

Sponsored by the
Education Department

6PM VIA ZOOM

- ★ **College Information Night I** 09/22/2022
 - Applying for FAFSA
 - College Fair (Meet representatives from colleges and universities)
- ★ **College Information Night II** 12/15/2022
 - College Applications: School selections & Application submission
 - Tribal & other types of financial aid
 - Guest Presenter: Learning Campus life
 - Guest Presenter: Learn about a Voc. training program
- ★ **College Information Night III** 02/16/2023
 - Re-cap from Night I & II
 - Overview of CTSI Student aid programs
 - (STHD Temporary Student Housing Assistance; 477 Self Sufficiency Classroom training; Adult Ed.; AVT; HE; CTSI Student Laptop Program; Education Committee Scholarships)
 - Guest Presenter: Learning Campus life
 - Guest Presenter: Learn about a Voc. training program
- ★ **College Information Night IV** 04/20/2023
 - Re-cap of CTSI Student aid programs
 - Deadline Reminders
 - Guest Presenter: Learning Campus life
 - Guest Presenter: Learn about a Voc. training program

Contact an Education Specialist to Sign Up!

Jeff Sweet
Siletz & Out-of-Area
JeffS@ctsi.nsn.us

Katy Holland
Portland & Washington
KatyH@ctsi.nsn.us

Sonya Moody-Jurado
Salem Area
SonyaMJ@ctsi.nsn.us

Candace Hill
Eugene Area
CandaceH@ctsi.nsn.us

Education – November 2022

Candace Hill, Education Specialist

candaceh@ctsi.nsn.us
 (541) 484-4234 x1763
 (541) 270 - 0037

Higher Ed · Adult Vocational Training (AVT) · Adult Education · JOM · Tribal Youth Employment and Education (TYEE)

Upcoming Education Items

- **JOM Parent Committee** – The Education Department is actively seeking parents of JOM registered youth to be a part of our Parent Committee. You will receive program updates, add your input and insight, help with program development and engage with other JOM parents. We will be meeting December 13th and March 14th, 2023 at 6pm via Zoom. Contact Candace to sign up.

Education Program Opportunities

- **JOM** – Johnson O’Malley (JOM) benefits K-12 Native American students in support of their intellectual growth, vocational goals and cultural enrichment. The programs also advances the participant’s physical, social and emotional growth. Assistance with supplemental education activities is available. **Contact Candace to sign up!**
- **Siletz Tribal Youth Activity Fund** – The Youth Services Program focuses on the well-being of young people and advocates for the needs of youth. Tribal and other resources are used in developing positive community models. The program provides academic and leisure time activities in a supervised setting and young people participate in constructive pursuits after school and on weekends.
- **Online Tutoring** – We are currently offering on demand as well as scheduled academic support available 24/7. This program is open to all students: K-12, Higher Ed, and AVT. Space is limited as hours are available. Contact Candace to sign up.

Higher Ed/AVT Reminders

- The Oregon Tribal Student Grant is continuing to accept applications through OSAC. This grant is for members of the nine Oregon Tribes attending colleges/universities in Oregon and will help cover the cost of attendance of associates, Bachelors, and graduate degree programs. Visit their website for more information: <https://oregonstudentaid.gov/oregon-tribal-student.aspx>
- Adult Education and AVT applications for clock hour schools/programs (such as beauty schools and truck driving programs) can be turned in at any point. If you are interested in applying to these programs, contact Candace for more information.
- 2023-24 Free Application for Federal Student Aid (FAFSA) is now OPEN! Visit <https://studentaid.gov/> to fill out the application in order to get grants and loans from the State and Federal Government. This is also a requirement for Higher Education and certain AVT programs. Need help applying? Contact Candace for more information.

Graduation Incentives

The Siletz Tribal Incentive Program recognizes Siletz tribal students for their academic achievements. Students who graduate also need to send in their diploma or certificate along. Email Candace for a graduation incentive application.

PreK – 12 Achievement	Incentive	Higher Ed/ AVT Achievement	Incentive
Headstart/Preschool	\$10	One Year AVT	\$100
Kindergarten	\$10	Two Year AVT	\$200
Elementary School	\$20	AA, AS, AAOT	\$200
Middle School	\$50	BA/BS	\$75 plus a Pendleton blanket
High school/GED	\$100	MA	\$300
		PhD	\$300 plus a Pendleton blanket

CTSI VIRTUAL CULTURE NIGHTS



ALL TRIBAL MEMBERS AND FAMILIES WELCOME

Upcoming Dates:

**December 7 at 6pm:
Nee-dash**

**Sponsored by the Education and Culture Departments
Contact Nick Viles at nickv@ctsi.nsn.us or 541-484-4234 x1757 to sign up**



LEARN NUU-WEE-YA'

(OUR LANGUAGE)

FALL SCHEDULE

TUESDAYS, SEPT. 20-DEC. 6

5:00 PM-BEGINNING CONVERSATION 1

5:45 PM- BEGINNING CONVERSATION 2

THURSDAYS, SEPT. 22-DEC. 8

5:00 PM-ONGOING CONVERSATION

SATURDAYS 10/29, 11/19, 12/3

NOON-IMMERSION CONVERSATION HOUR

**SIGN UP TODAY
FOR FALL
SESSION ON-LINE
LANGUAGE
CLASSES**

TO SIGN UP CONTACT NICK VILES AT [NICKV@CTSI.NSN.US](mailto:nickv@ctsi.nsn.us) OR 541-484-4234 X1757



Home Visiting

Toddlers love to help. By helping they are practicing their growing independence, contributing to the family and enjoying time with the adults in their life. Having toddlers help in the kitchen is a great way to encourage their interest in cooking and healthy eating. If they have helped to make something they are more likely to want to taste it. As they help in the kitchen they can engage all of their senses, utilize their fine motor skills and learn concepts such as counting and sequencing (first we wash the fruit then we cut it up).

Prep the space by removing any sharp knives, hot liquids, cleaning supplies or anything else that may be unsafe for your child. If you have a sturdy stool for children to stand on you can let them stand at the counter away from the stove. If it is easier, let them work at the table or even a low play table. Clean off surfaces and wash hands before you begin. Any time your toddler is in the kitchen or prepping and cooking food they should be supervised by an adult working with them. Cooking with a toddler does require patience. Be prepared for it to be a little messier than usual and take a little more time. Remember this extra time and effort on your part is a great investment in your child's development and health.

Here are few things to try:

- Wash fruits and vegetables. As they wash their fruit and vegetables talk about the texture, color, taste and nutritional value.
- Stirring. Give them a bowl and wooden spoon and let them stir room temperature ingredients. At first they may need some help and things will go over the edge but with time and practice they will get the hang of it.
- Pouring. Children love to pour! Use small measuring cups to pour dry ingredients into a mixing bowl. Let them try pouring some liquids as well. Have a large enough container for them to pour into and be prepared for some spillage.
- Mashing. So much fun to mash things. Let them try using a masher or a fork or even their hands (probably their favorite) to mash a banana, avocado or a cooled boiled potato.
- Kneading, rolling and using cookie cutters. Play dough is a favorite for toddlers. You can let them help you make homemade playdough or make cookies or bread. They can help knead, roll and cut out shapes. Cookie cutters can be used to make shapes in bread, tortillas, fruit, pancakes and more. Be creative.

Here is a simple snack recipe your toddler can help you make.



Fruit Yogurt Dip

1 cup nonfat plain yogurt

1 tablespoon honey (Never serve honey to infants under one year of age. Honey may contain bacteria that can make an infant very sick.)

¼ teaspoon ground cinnamon

Combine all ingredients in a medium bowl and mix well. Serve with cut up fruit of your choosing. Bananas, apples, pears, and strawberries are great choices.

Home Visiting is for families expecting a baby or who have a child under the age of one. For information about Home Visiting and eligibility requirements contact Cathy Ray, catheriner@ctsi.nsn.us, (541)-484-4234.

477-Self Sufficiency Program – Essential Services during COVID

The 477-Self Sufficiency Program (SSP) is open and providing essential services to eligible families and individuals residing in the CTSI 11-County Service Area. All Siletz Tribal Offices are now open to the public. We are still accepting applications and conducting appointments over the phone, through email or video conference. The SSP has prioritized the following services:

- Pre-Temporary Assistance for Needy Families (Pre-TANF) / Non-Recurrent Short Term Benefits: Siletz families below 185% of the Federal Poverty Level (FPL) may be eligible for short-term financial assistance that doesn't exceed 4 months. The financial assistance is meant to provide basic needs and address short-term emergent needs.
- Regular Temporary Assistance for Needy Families: Siletz families below the countable income limits and FPL may be eligible for monthly grant assistance to meet basic needs.
- General Assistance for Single Adults: Siletz single adults below the countable income limits and FPL may be eligible for monthly grant assistance to meet basic needs.
- Emergency Assistance: Siletz families or single adults may be eligible for support services to prevent eviction or utility shut off. Income guidelines apply.
- Classroom Training: The Program is still providing financial assistance (tuition, stipends and support services) to eligible Native Americans attending GED, Higher Education or Vocational/Occupational Training.
- Childcare Assistance: The Program offers childcare assistance to eligible TANF families while they engage in work or self-sufficiency activities.
- Foster Care Support Services: Childcare assistance to employed foster parents. The Program covers "working hours only" and limited respite.
- Home Visiting: The Program is accepting new families into the Early Childhood Home Visiting Program and working with current families to provide lessons in-person. Staff and families will be required to adhere to social distancing and wearing masks.
- Direct Placement: Support services (work clothing, transportation, tools, etc.) for Native Americans that recently gained employment. Must apply within 7-days of hire.
- Work Experience: Paid training to gain real world work experience/employment references.
- On the job Training: Employer incentive based program.

If you recently lost your employment due to Covid-19 and need assistance to meet your basic needs, please contact your local CTSI Tribal Office for an application. Additional eligibility criteria apply. SSP staff will reach out to you by phone or email. You can also email 477SSP@ctsi.nsn.us for more information. Please include your name, phone number and the city/county you reside in.

Jenifer Jackson, Self Sufficiency Counselor/477SSP x1755 jeniferj@ctsi.nsn.us
Cathy Ray, Job Development Specialist/477SSP x1756 catheriner@ctsi.nsn.us

Siletz Tribal Vocational Rehabilitation Program

November Awareness: Pancreatic Cancer

What is Pancreatic Cancer?

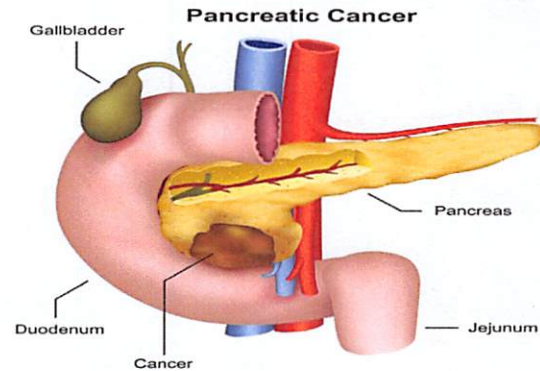
Pancreatic cancer begins in the tissues of your pancreas. The pancreas is an organ in your abdomen that sits behind the lower part of your stomach. The pancreas releases enzymes that aid digestion and produces hormones that help manage your blood sugar. There are two main types of pancreatic cancer. It can depend on the functional cell involvement. Exocrine tumors are more common. Pancreatic adenocarcinoma is the most common form of pancreatic cancer. Accounting for more than 90% of all pancreatic cancers. The neuroendocrine pancreatic cancers are less common.

Symptoms:

Symptoms and signs of Pancreatic Cancer often don't occur until the disease is advanced. That may include:

- ✚ Loss of appetite
- ✚ Weight loss
- ✚ Abdominal pain that emits to your back
- ✚ Itchy skin
- ✚ Dark-colored urine
- ✚ Dark-colored stools
- ✚ Blood clots
- ✚ New diagnosis of diabetes
- ✚ Fatigue

If you experience any of these symptoms or unexplained symptoms that worry you, you should see a doctor. There are many other conditions that can cause these symptoms. Your doctor may check for other conditions along with pancreatic cancer.



Risk Factors:

It is not clear what causes pancreatic cancer. Doctors have identified risk factors that may increase the risk of getting pancreatic cancer:

- ✚ Smoking
- ✚ Diabetes
- ✚ Family history of pancreatic cancer
- ✚ Chronic inflammation of the pancreas (pancreatitis)
- ✚ Obesity
- ✚ Older age, most people are often diagnosed after age 65
- ✚ Family history of genetic syndromes that can increase cancer risk

A combination of smoking, long-standing diabetes and a poor diet increases the risk of pancreatic cancer beyond the risk of any one of these factors alone.


Complications:

Pancreatic cancer can cause complications as it progresses, such as:

- ✚ Weight loss
- ✚ Jaundice
- ✚ Pain





Siletz Tribal Vocational Rehabilitation Program

November Awareness: Pancreatic Cancer

 Bowel obstruction

Prevention:

American Indian and Alaska Native people have very high rates of getting certain cancers in the United States. Experts suggest:

-  Get cancer screening tests
-  Preventive health care to help people quit smoking
-  Develop programs that promote healthy eating – Choose a healthy diet
-  Maintain a healthy weight







If you have a family history of pancreatic cancer, consider meeting with a genetic counselor. The counselor can review your family health history to determine if you would benefit from a genetic test to understand your risk of pancreatic cancer.

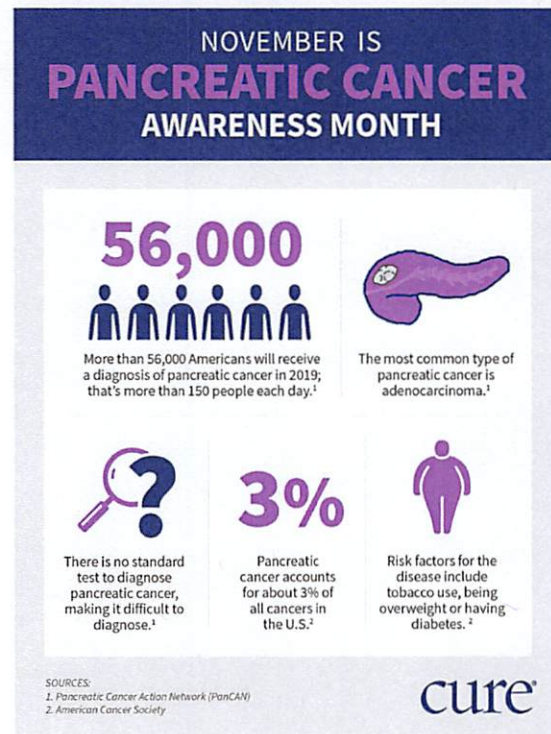
Pancreatic Cancer is prevalent in Native Americans. American Indian and Alaska Native people have much higher rates of getting different cancers. The Native

American community has the worst pancreatic cancer survival rate of any major racial or ethnic group. There is a lack of research focused on Native American people and there is poor access to high quality healthcare.

Accommodations:

The Confederated Tribes of Siletz Indians Vocational Rehabilitation program can assist:


-  Workplace reasonable accommodations
-  Comfortable chairs
-  Heaters
-  Periodic check-ins
-  Flexible work schedules
-  Breaks throughout the day




NOVEMBER IS
PANCREATIC CANCER
AWARENESS MONTH

56,000

More than 56,000 Americans will receive a diagnosis of pancreatic cancer in 2019; that's more than 150 people each day.¹


The most common type of pancreatic cancer is adenocarcinoma.²


There is no standard test to diagnose pancreatic cancer, making it difficult to diagnose.¹

3%
Pancreatic cancer accounts for about 3% of all cancers in the U.S.²


Risk factors for the disease include tobacco use, being overweight or having diabetes.²

SOURCES:
1. Pancreatic Cancer Action Network (PanCAN)
2. American Cancer Society

cure

Inquire of the Job Development Specialists/Vocational Rehabilitation in the area offices:

Makayla Jackson, 541-484-4234 ext. 1752 (Eugene)
Tamra Russell, 503-238-1512, ext. 1411 (Portland)
Toni Leija, 503-390-9494, ext. 1861 (Salem)

Homeowner Assistance Fund (HAF) Program

The Siletz Tribal Housing Department is pleased to announce the Homeowner Assistance Fund (HAF) Program. The purpose of the HAF Program is to mitigate financial hardships associated with the coronavirus pandemic by providing funds to prevent homeowner mortgage delinquencies, defaults, foreclosures, loss of utilities or home energy services and displacements of homeowners experiencing financial hardship after January 21, 2020 due to the COVID-19 pandemic.

The HAF Program is to provide emergency assistance for the payment of mortgages and utilities, and refinancing assistance for low-income Tribal households who have disproportionately suffered from the impacts of the COVID-19 pandemic. The HAF Program is designed to assist Tribal households who face potential foreclosure or homelessness because they are unable to pay mortgage and utilities due to the COVID-19 pandemic. Household income must be at or below 150% of the Median Income. To participate in the HAF Program, an applicant must submit a complete, written application on the forms provided by STHD. The application can be submitted by mailing or dropping off to the following address:

PO Box 549, Siletz, Oregon 97380

555 Tolowa Court, Siletz, Oregon 97380

Or submitting such applications by email to:

allisons@ctsi.nsn.us or kerrys@ctsi.nsn.us

Funding is on a first come first serve basis.

NOVEMBER 2022 ELDERS NEWSLETTER

Hello Everyone,

October flew by it seemed, with the pumpkin patch outing. I heard that it was very busy but lots of fun for the kids. EAO Elder council meeting, booster and flu shots, plus our first in a long while bead group. Ending with a Happy Halloween for one and all.

I want to wish all my Lane, Benton, and Linn County Elders a Happy Birthday for the month of November, (first names only). Happy Birthday wishes for Terry, Maureen, Dixie, Joyce, Ronnie, and Jeffery. With bunches of wishes for good health, wealth, prosperity, love, a day/year filled with lots of happiness, hugs, laughter, and CAKE! Truly.

This November brings our Restoration Pow Wow the weekend of the 18th. It will be fun seeing everyone again at the casino. I have a couple ribbon skirts I want to make for my two granddaughters this year and of course finish the beaded pins for the veterans I have started.

Let AJ Warren know if you want to get the Book Club ZOOM link invitations address and the council meetings zoom link he will send you one. His email is ajw@ctsi.nsn.us and the Elders program phone number is 541-444-8212 for any questions.

I did the zoom link for the last elders meeting and it was hard hearing everything and participating in the voting. So, I am going to try to attend all the meetings in person to give my monthly report from now on. Plus, it is nice seeing everyone there. Sending wishes for a Happy Thanksgiving to everyone. Lots of fun, laughter, food and pumpkin pie.

Truly, Verdene McGuire. Eugene area Elders Representative, Lane, Linn, and Benton Counties

VDenie101@gmail.com Cell: 503-890-0742

USDA distribution dates for November 2022

Siletz

Tuesday	Nov 1st	9 a.m. – 3 p.m.
Wednesday	Nov 2nd	9 a.m. – 3 p.m.
Thursday	Nov 3rd	9 a.m. – 3 p.m.
Friday	Nov 4th	9 a.m. – 3 p.m.
Monday	Nov 7th	9 a.m. – 3 p.m.

Salem

Monday	Nov 14th	1:30 – 6:30 p.m.
Tuesday	Nov 15th	9 a.m. – 6:30 p.m.
Wednesday	Nov 16th	By appt only

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page. Like us at SILETZ TRIBAL FDPIR.

Sammy Hall, USDA Program Director, 541-444-8279 sammyh@ctsi.nsn.us FAX: 541-444-8306 or 503-391-4296



Produce Plus Food Rescue

Siletz Tribal Members:

If you or your family would like to share in some FREE fresh produce, you may pick up at the Eugene Area Office on Tuesdays 2:00pm-4:30pm. Any produce not picked up Tuesday will be available for pick-up the remainder of the week 9:00am-4:00pm. On occasion we will also have non-perishable and refrigerated items available.

Please bring your own bag or box to transport your food. You may call ahead to check availability of food.

Eugene area office : 541-484-4234
2468 W. 11th Ave, Eugene OR 97402

This food is collected and distributed by Food For Lane County. The Siletz Tribe and FFLC are working in a joint effort to alleviate hunger in our community. Donations of non-Perishable food and personal hygiene products are also donated by NAACP.



November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Language 5pm - Beginning Conversation 1 5:45pm - Beginning conversation 2		Language 5pm On going Conversation		
6	7	8	9	10	11	12
		Language 5pm - Beginning Conversation 1 5:45pm - Beginning conversation 2		Language 5pm On going Conversation	Veterans Day. All Tribal offices closed.	
13	14	15	16	17	18	19
		Language 5pm - Beginning Conversation 1 5:45pm - Beginning conversation 2		Language 5pm On going Conversation	Restoration Day All Tribal offices closed.	Noon - Immersion Conversation Hour
20	21	22	23	24	25	26
		Language 5pm - Beginning Conversation 1 5:45pm - Beginning conversation 2		Thanksgiving. All Tribal offices closed.	All Tribal offices closed.	
27	28	29	30			
		Language 5pm - Beginning Conversation 1 5:45pm - Beginning conversation 2				

The Confederated Tribes of Siletz Indians
The Eugene Area Office Staff
541-484-4234 1-800-922-1399

Jessica Hibler, Supervisor x1751 jessicah@ctsi.nsn.us
Nick Viles, Instructor-Tribal Language and Culture x1757 nickv@ctsi.nsn.us
Candace Hill, Education Specialist /JOM x1763 candaceh@ctsi.nsn.us
Jenifer Jackson, Self Sufficiency Counselor II/477SSP x1755 jeniferj@ctsi.nsn.us
Cathy Ray, Job Development Specialist/477SSP x1756 catheriner@ctsi.nsn.us
Makayla Jackson, Job Development Specialist/Voc. Rehab x1752 Makaylaj@ctsi.nsn.us
Jamie Boe, Community Health Advocate x1753 Jamieboe@ctsi.nsn.us
Ro Zientara, Mental Health Therapist x1758 rzientara@ctsi.nsn.us
Vacant, Peer Recovery Mentor
Vacant, Administrative Services Clerk x1750
Verdene McGuire, EAO Elders Rep. vdenie101@gmail.com
Vacant, Elder on-call Transport

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