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Join Us!

**PAO Community Meeting
March 9 at 5:30 PM**

The meeting will be both in person at the PAO office (on Stark St.) and on Zoom.

The Planning Community Meeting will be hybrid with in-person and Zoom connection.

Zoom link: <https://us06web.zoom.us/j/6206272290>

To join by phone: call 1-253-215-8782 and enter the meeting ID: 6206272290.

If you have any questions, please contact the Planning Department at 1-800-922-1399 ext. 1257.



Changes to the area office newsletters are happening April 2023. See page 2 for details.

PAO Announcements



Beginning April 2023, all area office newsletters will be combined into one digital newsletter. You can view the digital newsletter on the CTSI website under News and Events. To keep paper costs down and to lighten our carbon footprint, we will no longer be mailing out paper versions of the area office newsletters.



Elders Shopping Days are Back!

Shopping days will be the 1st and 3rd Thursdays of each month. Elders, please call the Temporary Portland Elder's Representative Sandi Steele to be added to the passenger list for Elders Shopping Days at (503) 819-2931

Summer Internship Program

2023 College Students Summer Internship Program

Students attending college can apply for the Tribe's 2023 College Students Summer Internship Program. To be eligible, you must be at least a half-time student attending a two-year or four-year college and in good academic standing.

Applications will be mailed to known students, but if you do not receive an application, please contact Chief Administrative Officer, Lisa Norton, or the Education Specialists at any Tribal area office to request an application.

The purpose of the program is to provide funding for a paid internship to Tribal students to gain work experience in their field of study that will help them be competitive in the job market after graduation. There are 10 slots available paid at Tribal minimum wage and for up to 350 hours. Students will be responsible for securing their own placement. We are available to assist, but ultimately it is the student's responsibility to locate and develop a placement. There are a limited number of placements available with the Tribe. Due to COVID, at this point, most Tribal placements will likely be remote.

Students selected for the program must complete an orientation, criminal history background check and drug screening (Note: The Tribe does not recognize Oregon laws allowing the use of medical or recreational marijuana).

Placements can begin in June, and must be completed by Sept. 30, 2023.

Students should send a completed application and an unofficial copy of transcripts to:

Mail: CTSI
Attn: Summer Internship Program
P.O. Box 549
Siletz, OR 97380

Online: www.ctsi.nsn.us/summer-intern-application/

Email: collegeterns@ctsi.nsn.us Fax: 541-444-2307

The deadline to apply for the program is **4:30 PM on March 31, 2023**. If you have questions about the program, please contact Lisa Norton at the above email address or by calling (541) 444-8210.

477-Self Sufficiency Program

477-SSP March Meeting Information:

The 477-SSP program will be hosting monthly trainings. We will send out post cards with more information on how to gain access through zoom.

This will be mandatory for all enrolled SSP clients, unless you have been excused by your case worker.

If you have any questions please make sure to contact your Self-Sufficiency Counselor.

Anna Renville annar@ctsi.nsn.us

(503) 238-1512 x 1412

Tamra Russell tamrar@ctsi.nsn.us

(503) 238-1512 x 1411

Your Success is Important to Us!

If you have questions, or to apply, please call the Portland Area Office (503) 238-1512 and speak with one of our Self-Sufficiency Counselors; Anna Renville ext. 1412 or Tamra Russell ext. 1411.

Natural Resources Program

Elk Tag Opportunity

The Tribal Natural Resources Department will once again be offering a limited number of Landowner Preference (LOP) elk tags to Tribal members for the 2023-2024 hunting season. As a landowner, the Tribe is eligible to participate in the State's LOP program. Based on the number of acres that the Tribe owns, we can get 6 additional antlerless elk tags from the State. These LOP tags are not related to the Tribe's Consent Decree tags that we receive each year. They are based solely on the Tribe being a land-

owner.

There are a number of important differences between the LOP tags and the Tribe's regular tags. These are summarized in the table below.

Please note a major difference between the LOP tags and the Tribe's regular tags is **ONLY the person drawn for the tag can hunt that tag.**

The tag cannot be given to someone else to hunt for you. Only Tribal members serious about hunting an LOP tag personally are eligible to apply.

Natural Resources Program

The drawing for the 6 LOP elk tags will be held during the Natural Resources Committee Meeting to be held on April 3rd at 4:45 PM. Applications are available on the Tribal website, in the kiosk at the back door of the Tribal Admin building in Siletz, or by calling the number below. Completed appli-

cations must be received by the Natural Resources office by **4:30 PM March 31, 2023**. For more information regarding these tags and the differences between the Tribe's regular tags and the LOP tags, contact Natural Resources Director Mike Kennedy at 541-444-8232.

	Tribal Tags	LOP Tags
State Hunting License Required?	No	Yes – Tribal member must purchase both a 2023 and a 2024 State hunting license
Area to be Hunted	Anywhere within the specific tag's hunt boundaries	Only on Tribal land within the unit selected during that unit's antlerless elk season. Units available include West Stott, North Alesa,
Eligible for other State elk tags?	Yes	No*
Give tag to another licensed Tribal member to hunt for you?	Yes	No
Application and Selection Process	Apply to Tribe for Tribal drawing	Apply to Tribe for LOP Drawing; if selected apply to State for controlled hunt tag (list LOP unit in <u>LOP</u> section on State controlled
Obtain Tag From	Tribe	State – Tribal member must purchase hunting license and elk tag prior to the start date of the hunt
* Note: If you are drawn for an LOP Tag you are still eligible to apply for and be drawn for a Tribal tag.		

Behavioral Health Program



Preparing for Spring:

Along with the rain, comes re-growth and new blossoms. Spring is a time to recover from our winter blues, and re-center for the summer months to come. It is a great time to start a garden, and gardening can greatly boost our mental health.

Activities for mental health in the spring:

- 1) Spring is a good time to start getting outdoors more. This is Oregon, so it may be raining, but the weather is warming and the exercise is a great mental boost.
- 2) Grow a garden, or even just plant a few plants in a planter box to tend. Weeding is hard work, but great relief for the mind.

- 3) Don't forget about spring cleaning—get rid of that clutter and feel the relief in your head.
- 4) Toss out one bad habit, and replace it with something healthier. It takes 21 days to make a habit stick, so keep up the hard work and it will pay off!

Mental Health Specialist Rachel has current openings. Now is a good time to come in and talk about ways to create a fresh start!



Spring Haiku:

With the buds of spring
Showers come, but also sun,
And a sense of peace.

Upcoming Youth Events:

March 18: Minecraft, 10:30AM to 1PM
Check in with your local Education Specialist for Spring Break activities!

(Continued on next page)

Behavioral Health Program



Odd ways to boost your mental health:

- 1) Drink a cup of tea every day.
- 2) Hug a tree, or yourself, for 3 minutes.
- 3) Brush your teeth every day.
- 4) Don't watch the news, or limit this activity to times when you are not alone.
- 5) Learn how to show yourself compassion like you would a dear friend.

ids rafting. Traditionally, our people would be out in canoes, fishing, gathering plants needed for basket-weaving, and collecting herbs and grasses for healing and smudging.

Traditional Coping

For the people of the Siletz tribe, spring is a time to get outdoors and be in nature. It is a time for ropes courses, and other adventure-based activities, such as white water rap-

Fridays: Advance Appointment Needed
Virtual Appointments Continue
(Portland/Salem Area Offices)
(503) 200-4340

TRANSPORTATION PROGRAM

Provides non-emergency medical transportation for Siletz Tribal Members in the 11 county service area

To request a transport please call:
Richard Faber
(541) 444-9633



Education Program

March 2023 Spring Break Activities

Sponsored Through the Siletz JOM Program



OMSI Visit

Monday, March 27, 2023

Meet Up at 10:30am

In partnership with Oregon Metro

Lunch will be provided.

A Trip to the Oregon Zoo

Wed., March 29, 2023

Meet up at 10:30am

Please contact Katy Holland as soon as possible to reserve your space and for meeting information for these activities.

Call or text:

(503) 238-1512 ext. 1418

Cell (541) 270-5124

or email katyh@ctis.nsn.us.

Oxbow Park Outdoor Adventure Day

Friday, March 31st at 10:30am

Stewardship with lots of fun activities! Archery, Scavenger Hunt in the outdoors (Prizes) Plant & Tree Identification, lessons in land stewardship—doing our part; bird spying with binoculars, and use of plants .

We will have limited transportation—and will try to make arrangements for everyone. Please call, text, or email Katy for transportation needs. We will have a few vans available.

Sign up early to reserve your spot for any of these activities!

Education Program

Spring Break Adventures.....with very little cost

- ◆ Visit one of Metro’s natural areas—for a hike or a picnic
<https://www.oregonmetro.gov/metro-parks-and-natural-areas>
 - ◆ Take a walk across the Tillicum Crossing Bridge
 - ◆ Visit Portland Central Library—the oldest library on the west coast with over 17 miles of bookshelves.
<https://multcolib.org/>
 - ◆ Visit the Oregon Rail Heritage Museum which tells the story of the Pacific NW Railroads. 2250 SE Water Ave.
<https://orhf.org/>
 - ◆ Browse the legendary Downtown Powell Book Store -
Check out their story times
- for youth
<https://www.powells.com/locations/powells-city-of-books>
- ◆ Hike Hoyt Arboretum; or Forest Park in SW Portland
 - ◆ Visit the Portland Art Museum—17 & young are free.
<https://portlandartmuseum.org/>
 - ◆ Visit Multnomah Falls—and other falls on Columbia Hwy.
https://www.oregon.com/attractions/multnomah_falls
 - ◆ For more ideas visit Travel Portland:
<https://www.travelportland.com/>



Provides up to \$150 per year to cover costs for extra curricular activities as well as cultural projects and/or educational and other needed supplies for Siletz tribal youth. For more information and the application please visit our tribe’s website: www.ctsi.nsn.us



Education Program

HIGH SCHOOL THROUGH GRADUATE SCHOOL

STUDENT GRADUATION STOLE PROGRAM

2023 GRADUATES CAN SUBMIT A REQUEST FORM
JANUARY 1ST, 2023 TO MAY 31ST, 2023.

CONTACT AN EDUCATION SPECIALIST FOR AN APPLICATION

Katy Holland Portland/Washington Area KatyH@ctsi.nsn.us	Jeff Sweet Siletz Area JeffS@ctsi.nsn.us	Sonya Moody-Jurado Salem Area SonyaMJ@ctsi.nsn.us	Candace Hill Eugene/Out-of-Area CandaceH@ctsi.nsn.us
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Applicant must be an enrolled Siletz Tribal member at time of completion/graduation.

Siletz Education Programs Serving Our Tribal Members

◆ **Higher Education:** Assists Tribal Members to attend college towards their Bachelors Degree (up to 5 years of educational support funding). Each year the deadline to apply is **June 30th**. Applications to apply for Federal student Aid (FAFSA—required) **opens October 1st**.

◆ **Adult Vocational Training Program:** Supports Tribal Members for up to two years of specific vocational training. Download

applications at www.ctsi.nsn.us

◆ **Adult Education Program:** For Siletz Tribal Members 16 years or older who are not already enrolled in a formal education program. This program can assist with GED, certificate and licensing programs, classes and more. The programs primary purpose is to improve and maintain employment status of all of our Tribal Members. No deadline applies to this.

For more information please contact Katy at the Portland area office (503) 238-1512 ext. 1418 or by email; katyh@ctsi.nsn.us.

Education Program



Hooked on Family Fishing Day!

Saturday, April 29th

Scholarship spots are still available for this year's event. Families are invited to learn about and practice all things angling. Participants will fish the stocked trout pond, make new friends, and participate in fun art and science activities led by volunteers.

For information, contact:
Grace Peterman
ORHabitat@nwf.org — 503-616-4280



Education Program



We would like to encourage all of our Tribal families with enrolled Siletz children from three years old through high school to sign up or our JOM Supplemental Education Program. JOM can assist youth to pay for registration for sports, music and/or other activities such as: academic supplies, sport specific shoes of up to \$50 per request and more. The program can also provide school supplies if you have not received school supplies this year. JOM can also help to purchase cultural supplies. Please email or call Katy for an application or get one online at <https://www.ctsi.nsn.us/youth/>

We would like to encourage all of our Tribal families with enrolled Siletz children from three years old through high school to sign up or our JOM Supplemental Education Program. JOM can assist youth to pay for registration for sports, music and/or other activities such as: academic supplies, sport specific shoes of up to \$50 per request and more. The program can also provide school supplies if you have not received school supplies this year. JOM can also help to purchase cultural supplies. Please email or call Katy for an application or get one online at <https://www.ctsi.nsn.us/youth/>



CHECK OUT OUR SILETZ TRIBAL YOUTH FACEBOOK PAGE. YOU WILL FIND UP TO DATE ANNOUNCEMENTS AND NUMEROUS OPPORTUNITIES FOR OUR YOUTH!

Education Program

2022-2023 CTSI College Information Nights

Sponsored by the Education Department 6PM VIA ZOOM

✦

College Information Night III

02/16/2023

- Re-cap from Night I & II
- Overview of CTSI Student aid programs
 - (STHD Temporary Student Housing Assistance; 477 Self Sufficiency Classroom training; Adult Ed.; AVT; HE; CTSI Student Laptop Program; Education Committee Scholarships)
- Guest Presenter: Learning Campus life
- Guest Presenter: Learn about a Voc. training program

✦

College Information Night IV

04/20/2023

- Re-cap of CTSI Student aid programs
- Deadline Reminders
- Guest Presenter: Learning Campus life
- Guest Presenter: Learn about a Voc. training program

Contact an Education Specialist to Sign Up!

Portland Area Siletz Tribal Members please contact: Katy Holland (503)-238-1512 ext. 1418 or katyh@ctsi.nsn.us



Virtual Culture/Language Nights

CTSI VIRTUAL CULTURE NIGHTS



ALL TRIBAL MEMBERS AND FAMILIES WELCOME

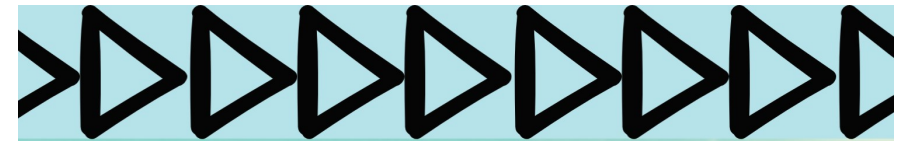
Upcoming Dates:

March 15 at 6 pm: Hazel

For more information or to sign up please contact Nick Viles at nickv@ctsi.nsn.us or call (541) 484-4234 ext. 1757.



Virtual Culture/Language Nights



SIGN UP TODAY FOR WINTER ON-LINE LANGUAGE CLASSES

LEARN
NUU-WEE-YA'
(OUR LANGUAGE)

TUESDAYS, JAN. 3-MARCH 7 **COMING SOON**

5:00 PM-BEGINNING CONVERSATION 1

5:45 PM- BEGINNING CONVERSATION 2

THURSDAYS, JAN. 5 -MARCH 2

5:00 PM-ONGOING CONVERSATION

SATURDAYS 1/28, 2/18, 3/4

NOON-IMMERSION CONVERSATION HOUR

SPRING SESSION CLASSES START EARLY-APRIL

TO SIGN UP CONTACT NICK VILES AT NICKV@CTSI.NSN.US OR 541-484-4234 X1757



Purchased Referred Care

Important PRC Information

Effective March 1, 2023: All tribal members that live within a 40 mile radius must receive Medical, Dental and Vision care and services at one of the 3 Indian Health Service (I.H.S.) or tribal health care facilities. If a tribal member is in the middle of dental treatment, they will be able to finish until completed. However, after the dental treatment is done, the tribal member will be required to be seen at one of the 3 Indian Health Service (I.H.S.) or tribal health care facilities. If you are unsure whether you live within the 40 mile radius, please con-

tact Siletz PRC at 800-628-5720 or email to SiletzPRC@ctsi.nsn.us. Contact numbers for the Indian Health Service (I.H.S.) or tribal health care facilities:
Siletz Community Health Clinic: 1-800-648-0449
Chemawa Health Clinic: 1-800-452-7823
Grand Ronde Health & Wellness Center: 1-800-422-0232
Utilization of these facilities is required, unless being referred out for Specialty Care.



Alternative Healthcare Benefits 2023

Alternate Healthcare benefits are available to all enrolled Siletz Tribal members in the 11-County Service Area. Dependents and descendants are not eligible for alternate healthcare benefits. You must have a current update on file to receive the benefits.

The available benefits are **Acupuncture, Chiropractic care, Naturopath and Massage therapy**. These benefits are available 4 times per year at the beginning of each quarter as long as funding is available. It is on a first come first served basis.

Purchased Referred Care

The patient will then receive a letter that lets them know what they are eligible for, how many visits, and the benefit \$ amount. The letter also provides information that they can give to their provider, so they are aware of the payment process. Each patient is eligible for a maximum of 3 visits up to \$75.00 per visit per day per quarter. Anything over that becomes patient responsibility.

To apply for the benefit please call 1-800-628-5720 or you can email Pur-

chased Referred care staff at SiletzPRC@ctsi.nsn.us.



How to Avoid Denials with PRC

•Make sure you have completed an annual update. If you are not sure you are due for an update, then you probably are.

•If the patient benefit coordinator reaches out for Oregon Health Plan information, please respond. If you do not have other insurance, you will not be required to pay for it, but if you qualify for OHP, then you must apply for it. If you do not participate with the patient benefits coordinator, you will not be eligible for services until that has been done.

•Call in all visits in to PRC immediately after the appointment is created or changed.

•Specialty care must go through the Gatekeeping Review Committee. Once you have received your approval letter in the mail, schedule your appointment then call Purchased Referred Care for your authorization number. Specialty care is anything that cannot be done at your Primary Care Providers office.

REMEMBER TO CALL PRC 541-444-1236 OR 800-628-5720 FOR AN AUTHORIZATION NUMBER OR EMAIL SILETZPRC@CTSI.NSN.US FOR YOUR AUTHORIZATION NUMBER.

Vocational Rehabilitation Program

March Awareness: Spotlight on the Oregon Medicaid Program

Oregon's **State Plan Personal Care Program (SPPC)** provides in-home personal care assistance for elderly (65+) and individuals with disabilities (18+) who require assistance with **activities of daily living** (ADLs) and **instrumental activities of daily living** (IADLs) in order to live independently. ADLs and IADLs are activities such as bathing, personal hygiene, dressing, transitioning (i.e., from the bed to a chair), preparing meals, and light housecleaning. Assistance may be hands-on, verbal reminders and prompts is beneficial for persons with cognitive impairments, i.e., Alzheimer's disease or Dementias.

The participant can receive assistance via a home care agency or directing their own care. The participant self-directed care means they are responsible for finding, hiring, managing, scheduling, and firing their own caregiver, which SPPC calls a "Homecare Worker". Friends and relatives can be hired as a homecare worker; however, a spouse cannot be hired to provide care.

Participants who cannot self-direct their own care can elect a Representative, i.e., a family member or friend, to do so on their behalf. A Representa-

tive cannot also be the "Homecare Worker" (a paid caregiver).

Participants can reside in their own home or the home of a friend or family member. They cannot live in an adult foster care home or an assisted living residence or facility. SPPC is an entitlement program. There is never a wait list to receive personal care assistance via this program.

The State Plan Personal Care (SPPC) Program is a regular state Medicaid program. Sometimes, **SPPC** is called **PC20**, which stands for Personal Care 20 hours / month. Medicaid in Oregon is called the Oregon Health Plan.

Benefits of the State Plan Personal Care Program

Program participants can receive up to 20 hours per month of personal care assistance. List of activities that might be provided:



Vocational Rehabilitation Program

- Cognitive Assistance—i.e., making decisions, memory, orientation
- Delegated Nursing Tasks
- Health Status Monitoring
- Homemaker Services—i.e., housecleaning, laundry, taking out the garbage
- Toileting/Bowel or Bladder Care
- Meal Preparation
- Medication/Oxygen Management
- Mobility/Transfer/Repositioning
- Personal Hygiene—i.e., bathing, shaving, washing hair, dressing
- Medical Appointment Assistance—i.e., scheduling appointments, arranging transportation

administers the State Plan Personal Care Program.

Oregon Health Plan Plus and Medicaid Eligibility (see links):

<https://www.medicaidplanningassistance.org/oregon-state-plan-personal-care>
<https://www.medicaidplanningassistance.org/in-home-care/>

Contact your local Job Development Specialist for more information on this program:

Makayla Jackson—Eugene Office
541-484-4234 ext. 1752

Toni Leija—Salem Office
503-390-9494 ext. 1861

Tamra Russell—Portland Office
503-238-1512 ext. 1411

Jamie Bokuro—Siletz Office
541-444-8213

To apply for SPPC, Elders and Disabled Adults should contact the Northwest Senior & Disabilities Services (Marion County) or call the Oregon Department of Human Services at **1-800-282-8096**. Individuals can also contact the Aging and Disability Resource Connection (ADRC) of Oregon at **1-855-673-2372**. **Department of Human Services** (ODHS) Office



Home Visiting Program

Virtual Parenting Workshop Series

Fatherhood is Sacred®
Motherhood is Sacred®

Topics

- Laying the Foundation
- The Creator
- Choice
- Vision
- Teachable
- Barriers to Being Teachable
- Wisdom
- Service
- Self-Identity
- Relationships
- Nurturing

8 Week Series

Tuesdays 6:00-7:30

April 4—May 23

RSVP by March 30th to

Lori Christy
loric@ctsi.nsn.us
503-390-9494

Or

Cathy Ray
catheriner@ctsi.nsn.us
541-484-4234

Weekly door prizes!

Grand prize drawing for those who attend minimum of 7 sessions

Workbook provided

Presented by:

Confederated Tribes of Coos, Lower Umpqua & Siuslaw, Cow Creek Band of Umpqua Tribe of Indians, Confederated Tribes of Siletz Indians, and The Klamath Tribes

Alcohol & Drug Program

Please Welcome Issac Palomo to Behavioral Health!

Siletz Behavioral Health is proud to announce our newest member to the team, Issac Palomo as the Re-entry mentor for Portland, Salem, Eugene Area. Siletz Re-entry program has been established to support Native people who are coming out of incarceration and in need of case management services such as, referrals to housing, re-entry into community skills, support with fees and developing a plan of successful self-sufficiency. If you have any questions or would like to reach Issac his direct cell phone number is 541-270-1403, or call Salem Area Office 503-390-9494 x 1852. Welcome aboard Issac.



NEED TO CHANGE YOUR ADDRESS?

NEED A TRIBAL ID CARD?

All of these requests need to go to the Enrollment Department. For access to the forms and instructions, please visit our Tribal website at: www.ctsi.nsn.us

Extras



We're Back!
Calling All Gamers K-12

CTSI
Minecraft Gathering
MARCH 18, 2023
10:30 AM

Contact
elizabethm@ctsi.nsn.us for registration or questions

211info ★

2-1-1

The easiest way to find health and human services.

 **TEXT**
zip to 898211
  **DIAL**
211
  **SEARCH**
211info.org

Free. Live. Confidential.



2022/2023 HUNTING/FISHING/ GATHERING INCENTIVES

Reminder to all Siletz Tribal Members: Please report all harvests of deer, elk, salmon and shellfish to the Natural Resources Department. The name on the tag/permit will be submitted into a drawing after the seasons end and could receive one of the following Cabelas Gift Card incentives.

HUNTING INCENTIVES

\$100 \$75 \$50
CABELAS GIFT CARDS

FISHING INCENTIVE

\$50
CABELAS GIFT CARD

SHELLFISH INCENTIVE

\$50
CABELAS GIFT CARD

Please report all harvests to:

Mike Kennedy
541-444-8232
mikek@ctsi.nsn.us

or
Rosie Williams at
541-444-8227
rosiew@ctsi.nsn.us

Portland Area Office Staff

Name/Title	Contact Information
Adam Caba Portland Area Office Supervisor	(503) 238-1512 x 1419 adamc@ctsi.nsn.us
Katy Holland Education Specialist	(503) 238-1512 x 1418 kathy@ctsi.nsn.us
Vacant Comm. Health Advocate	(503) 238-1512 x 1413
Dianna Edenfield Administrative Services Clerk	(503) 238-1512 x 1400 diannae@ctsi.nsn.us
Anna Renville Self-Sufficiency Counselor II	(503) 238-1512 x 1412 annar@ctsi.nsn.us
Tamra Russell Self-Sufficiency Counselor II	(503) 238-1512 x 1411 tamrar@ctsi.nsn.us
Rachel Zinn Mental Health Specialist	(503) 238-1512 x 1417 rachelz@ctsi.nsn.us
Andulia WhiteElk A & D Counselor	(503) 238-1512 x 1414 anduliaw@ctsi.nsn.us
Katrina Hudson Web Content Specialist	(503) 238-1512 x 1415 katrinah@ctsi.nsn.us



12790 SE Stark St.
Suite 102
Portland, OR 97233
Phone: (503) 238-1512
Fax: (503) 238-2436

Other Contact Numbers

Name/Program	Number	Name/Program	Number
Siletz Community Health Clinic	(800) 648-0449	Purchased Referred Care (PRC)	800-628-5720
Siletz Administration Building	(800) 922-1399	Angelina Artiago Portland Elders Rep.	(503) 760-3899
Non-Emergency Medical Transport	1-(541) 444-9633	Kay Steele Portland Elders Rep.	(503) 760-4746